

HANEP

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Taon 5 Blg.4

Hunyo 1-7, 2020

P10.00

DOH-CALABARZON, NAMAHAGI NG 98 AMBULANSIYA SA REHIYON

pahina 2



GINUNITA ang National Flag Day kamakailan sa Maynila na pinangunahan ni Mayor Francisco Isko Moreno Domagoso. (Christian Heramis)



MASAYANG MALUNGKOT
SI HEART EVANGELISTA?

pahina 9

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DOH-CALABARZON, NAMAHAGI NG 98 AMBULANSIYA SA REHIYON

AABOT sa 98 na mga bagong ambulansiya ang ipinagkaloob ng Department of Health (DOH)-CALABARZON (Cavite, Laguna, Batangas, Rizal, Quezon) sa 9 na ospital sa rehiyon.

Ayon kay CALABARZON Regional Director Eduardo C. Janairo, gagamitin ang nabanggit na mga ambulansiya ngayon panahon na may pandemic at sa programa ng Balik Probinsiya.

"These emergency vehicles will be used in responding to the present pandemic, in preparation of a surge or second wave of the virus, preparing for the new normal, preparing for the Balik-Probinsya program and preparing for the next epidemic/pandemic" ayon kay Janairo.

ADSUARA

Number 1 most wanted, timbog

Nadakma ng mga tauhan ng Manila Police District o MPD ang isang top 1 most wanted drug personality ng MPD-PS 10 sa Quiapo, Maynila.

Ang suspek ay kinilalang si Michael Guiriba, 44, binata, at residente ng 2140 Old Balagtas St., Pandacan, Maynila.

Si Guiriba ay naaresto sa kahabaan ng Arlegui St. sakop ng Brgy 387 Zone 39, Quiapo.

Sa ulat, nakatanggap ng impormasyon ang MPD-PS 10 mula sa regular na confidential informant sa kinaroroongan ng suspek.

Matapos ang isinagawang mga serye ng surveillance at validation ng Station Intelligence Branch (SIB), Pandacan Police Station (PS-10) sa pangunguna ni PCPT Geo A Colibao, hepe ng Intel sa ilalim ng super-bisyon ni PLTCOL Rolando Bumagat na Station Commander naman ng PS-10, isinilbi ang Alias Warrant of Arrest laban sa suspek na inisyu ni Hon. Judge Alma Crispina B. Collado-Lacorte ng Manila RTC Branch 21.

Paliwanag na Janairo na priority dito na bibigyan ay ang mga lugar na nagan-gailangan ng emergency vehicles at kasama rin dito ang pagbibigay ng training sa mga personnel na mago-operate at hahawak sa mga ambulansiya.

Ayon pa kay Janairo, importante na mayroong silang proper knowledge sa essential life support, gaya ng cardiopulmonary resuscitation o CPR.

"An ambulance driver must be able to travel in any

given traffic situations with caution and readiness and without risking the safety of the public or the patient. They should also ensure that the vehicle is sufficiently fueled and complete with the necessary medical supplies," paliwanag pa ng Regional Director.

Paalala pa ni Janairo na huwag itong gawing service ng opisina o personal na sasakyang at iwasan din na magpabayad o maningil ng pang gasolina sa paggamit ng mga pasyente ng ambulansya. **GENE**

ADSUARA

Cavite prepares for post-COVID 'New Normal' world

TRECE MARTIRES CITY,

Cavite (PIA) -- Cavite Governor Jonvic Remulla expressed his concerns on how classes could safely resume, how the province's economy could fully recover and how could the corona virus be eradicated and somehow bring normalcy to the province. Two measures were seen as immediate solutions to the first two concerns: targeted testing, and investment in a post-Covid world.

The governor emphasized the importance of testing everyone but not possible thus, the provincial government focused on targeted testing beginning with the frontliners who were tested this week.

As previously stated, succession for the targeted testing after the frontliners/healthworkers are the police personnel then followed by factory workers, some senior citizens, then public school teachers, and the students that should be tested before the school year starts on August 24, 2020.

Governor Jonvic reported the current testing capacity

of the De La Salle Medical Health Sciences Institute (DLSM-HSI) laboratory is about 300 tests a day but with the new laboratory, about 8,000 tests could be accommodated daily by next week.

"This will somehow speed up the completion of the targeted testing in the province, but then again the mass testing is not feasible," the Gov. said.

Delving on the issue on securing the confidence of the parents for the safety of their children during the resumption of classes, the governor thought of investments to be made to ensure the children's safety and the continuation of their education.

He saw the need to set up hand washing facilities in every school. The barangay basketball covered courts will be used as alternative remote learning centers due to imminent shortage of classrooms to allow social distancing in school, and investment for free WIFI with estimated cost of Php1B with about 15, 000 computers to be installed in the province.

Also, targeted testing for

the teachers and students will not be a onetime activity but should be year round to ensure their continued health and safety and control the possible infection in the school premises.

Likewise, part of the safety protocols would be the provision of mass transportation for the students to minimize the risk of exposure to the corona

virus and to any other accidents.

Governor Remulla said, "We will continue to talk to the mayors and congressmen about these concerns. Rest assured, we will continue to look for solutions to these problems." (Ruel Francisco, PIA-Cavite/with reports from the FB page of Governor Jonvic Remulla)

DA CALABARZON nagkaloob ng livelihood assistance sa mga magsasaka sa ilang bayan sa BonPen

LUNGSOD NG CALAMBA, Laguna (PIA)

--Nagkaloob kamakailan ang Department of Agriculture (DA) Region IV-CALABARZON ng livelihood assistance para sa mga backyard hog raisers na apektado ng African Swine Fever (ASF) sa ilang bayang nasasakupan ng Bondoc Peninsula sa lalawigan ng Quezon.

Sa pamamagitan ng Regional Livestock Program ng DA Region IV-CALABARZON, may 348 kambing ang ipinamahagi sa mga magsasaka sa mga bayan ng Catanuan (57 kambing), Mulanay (239 na kambing) at San Nicolas (52 kambing) noong Mayo 19, 2020.

Nauna rito, nagkaloob na rin ng mga baka ang DA Region IV-CALABARZON sa mga nabanggit na bayan noong Abril 22, 2020 sa pakikipag-ugnayan sa provincial veterinary office at sa mga municipal agriculture office sa bawat bayan.

Sinabi ni Regional Director Arnel de Mesa ng DA Region IV-CALABARZON na sila ay palagi na kahanda upang suportahan ang mga apektadong magsasaka sa pamamagitan ng pagkakalooob ng baka, kambing, manok at broiler bilang alternatibo-

ng hanapbhay kapalit ng pag-aalaga ng baboy.

"Bagamat wala pang ba-kuna laban sa nakamatay na sakit na ito ng mga baboy, kinakailangan suportahan ang mga backyard hog raisers sa pamagitan ng pagbibigay ng feeds, pambahay, kulungan ng mga hayop, gamot upang maipagpatuloy ang kanilang produksyon at mapagkakakitaan," ani ni de Mesa.

Maliban sa pagkakalooob ng mga livestock inputs, isa rin ang urban gardening na isinusulong para sa mga apektadong nag-aalaga ng baboy. Sa mga interesadong magsasaka, maaari silang makakuha ng urban gardening package na binubuo ng mga buto ng gulay, organic fertilizer, mga kagamitan sa pagtatanim at mga kinakailangan info-materials.

"Kaugnay ng rehabilitation program para sa mga magsasakang apektado ng ASF, ang regional office ay patuloy sa pagpapatupad ng mga kinakailangang precautionary measures at interventions upang mapigilan ang paglaganap ng ASF sa rehiyon," pagtatapos ni de Mesa. (CPG, PIA-4A at ulat mula sa DA-RFO IVA, RAFIS)

Lider ng drug group; tigbak, kumasa sa parak

Patay ang isang lider ng kilabot na drug group at tinaguriang top 3 most wanted person ng Manila Police District Level, matapos manlaban umano sa mga operatiba.

Sa ulat ng MPD, isisilbi ang warrant of arrest sa suspek na kinalalang si Dante Alvear sa Longos St., Brgy Bonuan Boquig, Dagupan City, Pangasinan nang mangyari ang insidente kamakailan.

Kasama si Manila Special Mayors Reaction Team P/Major Rosalino Ibay Jr, at iba pang operation units ng MPD sa koordinasyon ng SATT 2 Pangadian PFU-

Custodial and Detention ng Pandacan Police Station (PS-10) habang hinihintay ang paglabas ng kaniyang commitment order ng korte. (Leonard Basilio)

CIDG nang isilbi ang arrest warrant laban sa suspek.

Nang malaman umano ng suspek ang presensya ng mga awtoridad, agad itong nagpaputok sa mga pulis dahilin para gumanti naman ng putok si PCPL Bismarck Somera dahilan para tamaan sa ibat-ibang bahagi ng katawan ang suspek.

Nakuha naman kay Alvear ang idang kalibre 45 at ilang piraso ng sachet ng marijuana at hand grenade.

Si Alvear, alyas Balong, ay lider umano ng namarkahang drug group ng MPD na nag-ooperate sa Maynila, at sinasabing responsable sa serye ng pagpatay kabilang na dito ang pagkitil sa buhay ng isang barangay kagawad at dalawang MPD Police officers. (Leonard Basilio)

USAP LANG

JUNE BILLONES
0929-8127638

Kayabangan at kawalan ng tamang disiplina

NAKAKALUNGKOT

isipin na nitong mga nagdaang buwan ay marami pa rin ang naitalang kaso ng vehicular accident sa bansa.

Mga panahong maluwag naman ang bawat lansangan dahil limitado lamang ang mga sasakyen sa pagbibuyahe.

Dahil maluwag nga ang kalsada kaya naman may mga ilan tsuper na walang habas sa kanilang

pagmamaneho. Lyon bang tipong akala mo ay mauubusan ng daan na halos walang pakialam. Kunsabagay, kahit wala pa naman ang covid-19 ay kitang-kita na ang kawalan ng disiplina sa pagmamaneho ng ibang driver. Bakit nga ba na kapag nakahawak ng manibela ang ilan ay kakaiba na makaasta? Kapag nakadisgrasya ay isasagot at ikakatwiran na

hindi naman sinasadya dahil aksidente ang nangyari. Kumbinsido ba kayo sa mga ganitong sagot at katwiran?

Sa bawat paglabas ko, sa tuwing ako ay nasa biyahe ay hindi nakakaligtas sa aking paninig ang ilang tanawin.

Makakita ka ng sasakyen na palipat-lipat ng lane at sige lang sa pag-over-take.

Ang nagmamaneho naman niyon ay walang patid sa kabubusina, na para bang ibig pakuhulugan ay tumabi o magbigay daan sa kanya ang ibang sasakyen.

Napakaraming eksena sa mga lansangan mula sa mga kamay ng ilang driver na ang pagmamaneho ay idinadaan sa ala-tsamba.

Sa sampung tsuper sa lansangan, masuwerteng isa o dalawa rito ay tunay na may didiplina sa pagmamaneho.

Tayo po ay nananatili pa

rin sa abnormal o mase-lang sitwasyon sa kasalukuyan.

Hirap sa transportasyon dahil nga sa pinaiiral na mga alituntuning dulot ng virus na ito.

Nakikitang solusyon ay ang paggamit ng single motorcycle, e-bike at bisikleta.

Sabi ko nga, sa sampung tsuper na nasa lansangan ay masuwerte na may isa o dalawang matino magmamaneho.

Ibig sabihin ay nasa walo ang driver na balasubas sa pagmamaneho kaya paano na ang kaligtasan ng mga nagmomotor, nagbibisikleta at gumagamit ng e-bike?

Napakaliit sa katotohanan na ang sanhi ng vehicular accident ay bunga ng katagang 'aksidente' bagkus ito ay dulot ng katabangan at kawalan ng tamang disiplina sa pagmamaneho.

EDITORIAL

'Kalayaan'

ANG pagpapaliban para sa school year 2020-2021 ay isang napakasensitibong usapin.

Napakaraming makabuluhan at mahalagang dapat mabalangkas bago bitiwan ang kapasyahan.

Nakasalalay sa usaping ito ang mga guro, mga kawani ng bawat paaralan, at mga magulang.

Higit sa lahat ay ang mga bata o ang mga mag-aaral dahil kaligtasannila ang isinasaalang-alang.

Ang karaniwang bakasyon ay nakaukit na sa mga estudyante subalit paano ang isang buong taon?

Iba ang mentalidad ng mas nakararaming mag-aaral na ang pakiramdam ay magmistula silang bilanggo at ang hanap ay 'kalayaan.'

Isa lamang ito sa mga dapat mapag-aralan at mabigyan ng akmang kasagutan subalit dapat manaig ay ang kaligtasan ng mga mag-aaral.

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Kauna-unahang COVID isolation facility para sa PDLs, binuksan sa Batangas

IBAAN, Batangas (PIA)--Isinagawa ang pagbabasbas sa naturang pasilidad at sinundan ng isang simpleng seremonya kung saan iniabot ni Dra. Rozvilinda Ozaeta na kumatawan kay Batangas Governor Hermilando Mandanas ang kopya ng Memorandum of Agreement (MOA) at imbenitaryo ng kagamitan at service vehicle kay Department of Health (DOH) Calabarzon Regional Director Dr. Eduardo Janaire.

Ayon kay Janaire, hindi madali ang gumawa o bumuo ng isang isolation facility dahil madaming hamon ang kinakaharap ng isang lokal na pamahalaan sa pagtatayo nito.

"Ang lalawigan ng Batangas ang pinakaunang lalawigan na nagpasimula upang maisakatuparan ang paglalagay ng isolation facility para sa Persons Deprived of Liberty na magpopositibo sa COVID-19. Maaari silang alisin sa kaninilang kulungan at ilagay sa Batangas Medical Center.

US\$11.8M bahagi ng ayuda mula USAID, inilaan kontra COVID-19

LUNGSOD NG MALOLOS (PIA)-- Naglaan ng 11.8 milyong dolar ang Philippine Business for Social Progress o PBSP, sa pamamagitan ng ACCESS TB Project, bilang kontribusyon sa paglaban ng bansa sa coronavirus disease o COVID-19.

Sa katatapos na "Business-not-as-usual" webinar, inilahad ni PBSP ACCESS TB Project Program Manager Arnyl Araneta na nagmula ang naturang pondo sa 10 porsyento ng kabuuang 118.5 milyong dolar na ayuda ng United States Agency

Batay sa nakasaad sa MOA sa pagitan ng Pamahalaang panlalawigan ng Batangas at DOH Calabarzon, ang DOH ang mangangasiwa sa operasyon at pamamahala ng pasilidad, pagtatalaga ng empleyado, working capital at iba pang pangangailangan sa pasilidad upang labanan ang COVID pandemic.

Nakapaglaan naman ang pamahalaangpanlalawigan ng halagang P50M para sa conversion ng naturang pasilidad. Matatandaang ang pasilidad na ito ay ipinatayo ng pamahalaang panlalawigan upang mag- Provincial Rehabilitation and Detention Center at ginamit na pansamantalang kanlungan ng mga pamilyang naging biktima sa pagsabog ng bulkang Taal noong Enero 2020 bago ginawang isolation facility. (BHABY P. DE CASTRO-PIA Batangas)

for International Development o USAID para sa mga programa upang pagaltingin ang mga pasyenteng may tuberculosis o TB.

Ipinaliwanag ni Araneta na ang naturang alokasyon ay makakatulong upang proteksyon laban sa COVID-19 ang mga nangangalaga sa may TB at mismong pasyente nito.

2.4 milyong dolar dito ay inilaan na pambili ng mga personal protective equipment habang 1.1 milyong dolar para sa mga biosafety cabinet.

Linaanan din ng pondo ang para sa hazard pay, mga fit testing kit, Xpert Machines at ibang gastusin.

Sa Bulacan, inilahad ni Provincial Health Office o PHO Head Jocelyn Gomez na may isang unit ng biosafety cabinet ang ipagkakaloob mula sa nasabing pondo.

Tiniyak din niya na patuloy ang pagpapatupad ng mga public health programs sa lalawigan partikular na ang pagpapagaling sa mga may TB kahit ngayong may pandemya.

Sinusunod aniya ng PHO ang mga itinakdang minimum health standards ng Department of Health.

Sa kasalukuyan, ipinahahati na ng PHO, sa pamamagitan ng mga city at municipal health offices, ang mga gamot sa tirahan ng mismong pasyenteng may TB upang hindi na sumadya sa mga Directly Observed Treatment Short-course o DOTS Center ngayong bawal lumabas dahil sa umiiral na Modified Enhanced Community Quarantine. Layunin nito na hindi maputol ang gamutan. (CLJD/SFV-PIA 3)

MAG-INANG MAGKAKUTSABA, MODUS BUKING SA GROSERYA

ARESTADO ang mag-inang matapos na nag-umit ng tinatayang P3K halaga ng grocery items sa isang supermarket sa Dasmariñas City, Cavite.

Nakakulong ang mag-inang Nelia de Castro, 38, vendor; at anak nitong si Mandy, 18, cashier ng SM Hypermark Kadiwa branch, at kapwa residente ng Block 74 Lot 27, Brgy Esteban, Dasmariñas City.

Inireklamo ang mag-inang security guard na si Chreishel Ann Villajin, 25, ng SM Hypermark sa Brgy Burrol 1, Dasmariñas City.

Sa ulat ni Patrolman Rodriguez Bajado, ng Dasmariñas City Police Station, dakong alas-3:10 Linggo ng hapon nang pumasok sa nasabing supermarket si Nelia at nagpanggap na customer.

Napuna naman ng security guard na tila may iregularidad na ginagawa ang cashier sa Counter no. 22 na si Mandy kung saan ilan sa mga pinamili ni Nelia ay hindi ipina-punch at diretong pinapasok sa eco bag nito.

Paglabas ng matandang De Castro ay sinita ng guwardiya kung saan hinanap ang resibo ng ilan sa mga pinamili subalit walang naipakita dahil upang imbitahan sa security office at ipinatawag ang anak nito cashier.

Dito ay nabuking ang ginawang iregularidad at nalaman din na mag-inang dalawa.

Umabot sa P3,155 ang halaga ng pinamili at kasing Qualified Theft ang isinampa laban sa mag-inang. **GENE ADSUARA**

Parak 'swak sa kanal

SUGATAN ang isang parak nang nahulog sa kanal ang minamanehong motorsiklo matapos umanong bumangga sa mga tumpok ng buhangin sa Dasmariñas City, Cavite.

Ginamot sa UMC Hospital ang biktima si Patrolman Rodolfo Francisco, Jr., ng Dasmariñas City Police, at residente ng Core House Bancal, Carmona, Cavite. Sa ulat ni PSSgt Donato Almenario, ng Dasmariñas CPS, dakong alas-9:35 Lunes ng gabi nang

naganap ang insidente habang binabagtas ng biktima patungo sa direksiyon ng GMA at dahil madilim ang bahagi ng naturang kalsada ay hindi napansin na may mga tumpok na buhangin sa lugar kaya nawalan ng kontrol sa kanyang manibela kaya sumemplang patungo sa isang kanal.

Nakahiga pa ang biktima nang abutan ng mga rescuer ng Dasmariñas City at isinugod sa ospital. **GENE ADSUARA**



ARESTADO sina Leybe Reyes at Abubacar Siba sa buy-bust operation ng kapulisan ng Station Drug Enforcement Unit (SDEU) ng MPD Police Station-4 sa Ma. Clara St., Sampaloc, Maynila kamakailan. Narekober sa kanila ang apat na sachet ng hinihinalang shabu na tinatayang nasa halagang P340,000. **(J.ROBERT AMOROSO)**

Hontiveros backs livelihood, employment plan for OFWs who can't return to work after pandemic

WITH thousands of Overseas Filipino Workers (OFWs) forced to return home due to the novel coronavirus (COVID-19) pandemic, Senator Risa Hontiveros today urged government to establish a reintegration plan to help provide decent employment or other means of livelihood to OFWs who will not be able to return to their work abroad.

"Hindi dapat pabayaan ng pamahalaan ang libo-libo nating kababayan OFW na biglang pinauwi sa bansa at ngayon ay nasa alanganin ang kabuhayan. Government by now must have a comprehensive re-integration plan in place to assist OFWs who unfortunately, may no longer be able to resume their jobs overseas even after the pandemic eases," she said.

Hontiveros made her call after the National Task Force for COVID-19 recently confirmed that around 42,000 OFWs are set to return to the Philippines for the months of May and June, on top of the 27,000 overseas workers who have arrived in recent months. According to Hontiveros, government aid to all displaced OFWs should not be limited to medical services, food and lodging for their mandatory 14-day quarantine, and should include livelihood and employment assistance to connect workers with alternative means of providing for their families.

"The Department of Labor and Employment (DOLE), the Department of Foreign Affairs, and agencies like the Overseas Workers Welfare Administration (OWWA) must double their efforts to ensure the speedy return of OFWs to their jobs abroad, now that more countries are beginning to ease their lockdown protocols. However for those who will not be able to go back, we should have a reintegration program that will bridge OFWs to locally-available jobs or forms of livelihood that not only match their skills or competencies, but also offer decent income," she said.

Relevant agencies, Hontiveros added, must also offer retraining programs to enable displaced OFWs, particularly those with specified skillsets such as seafarers, to learn new trades or professions in agri-business or other promising industries: "Hindi man makabalik ang ilang kababayan natin sa kanilang trahabo sa ibang bansa, kung may ganitong skills-building at livelihood programs ay madali silang makahanap ng ibang paraan ng trabaho o negosyo para tuloy-tuloy lang ang kanilang kita."

In the meantime, the senator said government should extend and widen the distribution of financial aid to displaced OFWs under the DOLE-AKAP and the Balik-Manggagawa assistance programs. "It is undeniable that many OFWs, including those who lost their jobs but are stuck overseas, continue to need financial assistance to feed their families. Instead of stopping these programs, we should even upgrade them in anticipation of the many more OFWs set to return home in the weeks to come," she said.

Hontiveros warned that if government fails to implement the necessary reintegration programs and services, the sheer number of unemployed OFWs in the future will create a "full-blown labor crisis" that will complicate the nation's recovery from the pandemic.

Citing a recent paper from the Ateneo Center for Economic Research and Development, she said that as much as 300,000 to 400,000 OFWs may eventually lose their jobs or suffer from pay cuts due to the pandemic if government does not take decisive action.

"Kailangan maging handa tayo sa napipintong problema na ito. Sa dami ng naitulong ng ating mga OFW sa pamahalaan at sa ekonomiya sa mga nakalipas na dekada, dapat lang na tulungan natin sila ngayong ang mga "modern-day heroes" naman ang humaharap sa napakalaking pagsubok," she concluded. **PR**

BOC generates Php 375M revenue from disposition of overstaying containers

IN line with the Bureau's mandate on border protection, the Bureau of Customs-Assessment and Operations Coordinating Group (AOCG) recorded a total of 1,317 disposed containers constituting 23% of the total abandoned or overstaying containers recorded from January 2020.

The actions taken by 7 of 17 ports in the disposition of overstaying containers resulted to revenue generation from public auctions amounting to Php 375,796,466.77 from 656 containers, condemnation of 427 containers, and donation of the remaining 234 containers.

Overstaying containers are either seized or aban-

doned. Under CMO 10-2020, overstaying cargoes for more than 30 days from the date of discharge which have not been withdrawn within the specified period of time shall be tagged abandoned, and upon finality of the Decree of Abandonment, the Bureau shall then make the proper determination as to its disposition.

Under Section 1141 of the Customs Modernization and Tariff Act, goods subject to disposition may be donated, declared for official use by the Bureau, or sold at public auction, while goods suitable for shelter, or consisting of foodstuffs, clothing materials, or medicines may be donated to DSWD. **PR**

SK Imok, Calauan to start free student tutorials amidst pandemic

BAY, Laguna (PIA) — The Sangguniang Kabataan (SK) of Imok in the town of Calauan found a way to help students to have a productive stay at home amidst the Coronavirus Disease (COVID-19) pandemic.

SK Imok is offering a free home quarantine tutoring and homeschooling service dubbed as 'eSKwelantine 2020: A Home Quarantine Study Program' to students from their barangay and nearby villages that will start on June 7, 2020.

"Ginawa namin ang proyekto na ito sapagkat naniniwala kami na hindi natatapos sa loob ng silid-aralan ang pagkatuto ng mga bata. Nais namin na tuluy-tuloy ang pagkatuto ng mga bata kahit na may nararanasan tayong pandemya ngayon," SK Chair June Aldrin Gunio stated.

"We did this project because we believe that learning does not stop inside the school room. We want their learning to continue even amidst the pandemic we are currently experiencing."

He stressed their aim as representative of the youth in their community to help students enhance their knowledge academically and to gain new skills even under community quarantine.

In their official Facebook page, SK Imok pronounced that this 'eSKwelantine program' may also serve as a recreational activity and a form of bonding among parents and their children.

This program is comprised of two projects such as the Project Bulilit and Project Techy.

"The Project Bulilit aims to teach basic lessons about English, Math, Science, and Filipino to our Day Care, Pre-Elementary, and Grades 1 to 3

students," explained SK Treasurer Joseph John Glore.

On the other hand, he said the Project Techy targets Grades 4 to 6 and even high schoolers to learn the basic concepts of Information, Communication, and Technology.

The mode of learning will be a combination of homeschooling, modular, and asynchronous online distance learning. Members of the Sangguniang Kabataan of Imok will serve as the teachers and teaching personnel. They are also open to work with other volunteers who are willing to teach.

Glore said this is a continuation of SK Imok's Lakbay Aral Project which will be made to fit the current situation of the country where as much as possible there will no longer be face-to-face sessions and shall serve as preparation for the new normal.

He said the eSKwelantine was supposed to be exclusive for students who are residing in Brgy. Imok. But, due to the overwhelming feedbacks and support they are receiving from private individuals and various organizations even before the program starts, they have decided to expand the project's reach among nearby villages.

"We will be doing a house-to-house visitation to enroll the students, to gain the trust of the parents and to raise more awareness of our project," Glore added. Interested students, parents and guardians who have queries and need additional information about the program are advised to consult and contact the SK Imok Officials led by SK Chair Gunio through their Facebook Account Sangguniang Kabataan Ng Imok. **(Joy Gabriello/PIA4A)**

TESDA PARTNERS WITH DND TO PROVIDE LIVELIHOOD TRAININGS TO FORMER REBELS

CALOOCAN CITY (PIA)
--The Technical Education and Skills Development Authority (TESDA) in partnership with the Department of National Defense (DND) is set to provide livelihood training to former rebels who have returned in the folds of the law.

This after the two agencies signed a 3-year MOA on May 15, stating that TESDA will provide free skills training, assessment, and issue certifications to qualified DND personnel who have undergone skills training and Trainers Methodology Course.

The trained DND personnel will assist TESDA by conducting skills training programs to former rebels, Indigenous people (IPs), and residents in far flung areas of the country.

The two government agencies will also form a Joint Technical Working Committee (JWTC) and designate their representatives who will conduct regular meetings to formulate, monitor, implement, and evaluate collaborative training programs and activities.

TESDA Secretary Isidro Lapeña assured that the skills training that will be provided to identified DND personnel will be relevant and up-to-date.

"Our experts and trainers will give a free trainers methodology course for them to ensure that they would have the necessary competencies of a Technical-Vocational Education and Training (TVET) trainer," he said.

Lapeña also thanked DND for trusting TESDA

"I would like to thank Defense Secretary Delfin Lorenzana for allowing TESDA to train its trusted personnel so they in turn, could train IPs and former rebels which affirms their mandate of being a reliable partner in national development and promotion of the welfare of the Filipino people," he added.

The DND also agreed that it will allow the use of its

facilities and equipment for training and assessment, including the use of its vehicles to implement mobile training programs in far-flung areas in cooperation with TESDA Technology Institutions.

Lorenzana shared that TESDA and DND have been planning for a stronger partnership to create a secured and stable environment on conflict-affected areas to foster progress in far flung communities of the country.

"We've been talking about this for a long time and we recognize the importance of TESDA. Now that we are seeing a better implementation of the TESDA mission, I convey my sincerest gratitude for its whole trust and confidence to DND and AFP," he said.

Both agencies are active members of the National Task Force to End Local Communist Armed Conflict (NTF-ELCAC), a convergence of government agencies tasked by President Rodrigo Duterte to end insurgency in the country through whole-of-the-nation approach. (TESDA/PIA-NCR)

Php10.1 Million Worth of Smuggled Cigarettes Seized in Zamboanga City

A joint team led by the BOC- Port of Zamboanga together with elements of Zamboanga City Police Station 8 and Joint Task Force Zamboanga intercepted 300 cases of assorted cigarettes bearing the brands Gundang Baru, Cannon White, Famous, Canyon, Berlin and Fort cigarettes at Istambak, Brgy. Lower Calarian, Zamboanga City on May 26, 2020.

Accordingly, the smuggled cigarettes with an estimated value of Php 10,125,000.00 most likely came from Malaysia or Indonesia and will be distributed in ZAMBA-SULTA area.

The operation stemmed from the information received that certain individuals are engaged in cigarette smuggling at Lower Calarian near the Petron Depot.

DTI warns public against business name fixers

CITY OF SAN FERNANDO, Pampanga (PIA)--

Department of Trade and Industry (DTI) warns the public from engaging the services of unauthorized individuals who promise to facilitate the registration of their business name, whether online or personal transaction.

"We give this warning against illegal fixers after reports of individuals charging fees for the online registration of the business names of micro, small and medium enterprises. This is illegal and insensitive at this time of the coronavirus disease pandemic," DTI Regional Director Judith Angeles said.

While the DTI is now providing online business name registration, the agency does not authorize any individual or organization to facilitate business name registration and charge exorbitant registration fees.

"Registrants should ask for

an Official Receipt as proof of payment for their business name registration.

The registration can be done online and fees can be paid through Paymaya, GCash or registrants can pay at the nearest provincial office in their area," Angeles added.

Fees for business name registration depend on the geographical scope of the business name.

The authorized fee is PhP200 + PhP30 for documentary stamps for those barangay in scope, PhP500 + 30 for those municipal/city in scope, PhP1,000 + 30 for those regional in scope, and PhP2,000 + 30 for those national in scope. "Businessperson can go online to www.bnrs.dti.gov.ph to download the application form and apply for their business name. Inquiries may also be made at helpdesk@bnrs.dti.gov.ph," Angeles furthered. (CLJD-PIA 3)

Plant, Plant, Plant Program, pormal na inilunsad sa Calapan

LUNGSOD NG CALAPAN, Oriental Mindoro (PIA)--

Alinsunod sa pagdiriwang ng ika-122 taong anibersaryo ng Department of Agriculture (DA) at paggunita sa Buwan ng Magsasaka at Manggingisa,

inilunsad kamakailan ng ahensya ang Plant, Plant, Plant Program sa Lungsod ng Calapan.

Pangunahing adbokasiya ng nasabing programa ang pagtiyak ng pagpapanatili ng seguridad at kahandaan ng pagkain sa loob ng bakuran ng bawat kabahayan ngayong panahong ipinatutupad ang quarantine bunsod ng pandemyang COVID-19.

Pinangunahan nina Agricultural Program Coordinating Officer - Oriental Mindoro (APCO-OrMin) Coleta Quindong, Calapan City Mayor Arnan C. Panaligan, Vice-Mayor Gil Ramirez ang paglunsad ng nasabing programa sa Brgy. Sta. Maria Village (SMV) kasama ang Punong Barangay, Kapitan Dave Cabrera.

Ayon kay APCO-OrMin Quindong, "ang paggunita sa Buwan ng Magsasaka at Manggingisa ay isang pagpupugay sa kanilang kontribusyon sa patuloy na produksyon ng pagkain para sa sambayanan. Ang Plant, Plant, Plant Program ay inilunsad sa panahon ng COVID-19, sa panahon ng quarantine ay makaganap tayo sa pagtatanim sa ating mga bakuran at

Pacquiao supports single EDSA bus route, pushes for Central Bus Terminals

CALOOCAN CITY (PIA)--

Boxing great turned politician Senator Manny Pacquiao has welcomed the move by the Department of Transportation (DOTr) and the Metro Manila Development Authority (MMDA) pushing for a single EDSA bus route, also called the "bus rapid transit project" aimed to streamline the bus operations in Metro Manila.

In a statement sent to the PIA-NCR, Pacquiao expressed his support following the announcement of officials of both government agencies that only a single bus route dedicated to EDSA would be allowed out of the 61 existing routes once strict quarantine rules in Metro Manila relaxes. Under the plan, buses shall occupy the median lane, complementing Metro Rail Transit 3 which runs along EDSA. "This move is foreseen to drastically reduce the number of buses plying EDSA from 5,000 buses to just a little over one thousand. With this scheme, it is expected that traffic congestion in the busiest thoroughfare will be greatly reduced," Pacquiao said.

It can be recalled that sometime December last year, Senator Paquiao came out with a similar proposal and conducted a trial run with some transport department and MMDA officials present.

"I am very glad that Secretary Tugade and Chair-

man Lim are embarking on the project at this time. We share the same vision and I will submit, once needed, the senate resolution to ensure that such a plan be realized and supported immediately," he said.

At the same time, the senator also calls on officials of the DOTr as well as the MMDA for the immediate opening and operations of the integrated bus terminals for northern and southern Luzon provincial buses entering Metro Manila roads.

Pacquiao was referring to the plans of the executive branch to require all bus companies to cease their individual city terminals and terminate at central bus terminals outside Metro Manila.

These provincial terminals are located at the FTI Taguig and Sta. Rosa Laguna that will cater to the southern Luzon buses and the Philippine Arena and Valenzuela terminals for the northern Luzon buses.

The move was meant to help decongest Metro Manila with the planned closure of more than 70 provincial terminals, most of them located in EDSA and implementation of the ban on provincial buses from plying EDSA. A Quezon City court issued a preliminary injunction against the ban in July, last year.

Pacquiao, however, has another point for backing the terminals' immediate opening.

"At this time of pandemic, we need to ensure that all entry and exit points in Metro Manila can be controlled and where we can do the proper monitoring, cleaning and even contact tracing to prevent the further spread of the virus," said Pacquiao. "Imagine the difficulty if all the 16,000 provincial buses will be allowed to go inside Metro Manila once the travel restrictions is lifted?"

On the legal impediment on its implementation, he said "this should be no reason for the executive branch not to act on this at this point in time."

"The Bayanihan Act has given the executive branch the needed authority to ask the courts for the immediate lifting of the restraining order. The courts should listen as this is now about doing all that we can to fight this pandemic," he added. (PIA NCR)

hindi na kailangang lumabas ng ating mga bahay.

Sa sariling tanim natin tayo ay may pakikinabangan."

Sa ginanap na programa ay nakapagtagtanim sa isang bahagi ng lupang sakahan sa Brgy. SMV ng iba't-ibang gulay tulad ng sili, kangkong, patola, kalamis, sitaw at upo ang mga tauhan ng DA at lokal na pamahalaan ng Calapan.

"Ang kasalukuyang COVID-19 pademya at quarantine ay nagpakita ng kahalagan ng sektor ng agrikultura sa kabuhayan ng bansa. Ang krisis na apektado ang buong mundo ay nagpatunay na ang isang bansa tulad ng Pilipinas ay hindi dapat umasa lamang sa importasyon ng mga pagkain kundi dapat ito'y mag-ing food sufficient", ani ni Mayor Panaligan. (LC/

PIAMimaropa/Calapan)

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You can now have your favorite restaurant specialties from SM City Dasmarinas delivered to your doorstep with its recently launched TO-GO food delivery service. With that, you can now enjoy the culinary specialties you love from the mall's resto at the comfort of your home.

- Delight in modern Filipino comfort food with The Aristocrat Restaurant, Max's Restaurant, Mesa, Razon's of Gua Gua, Bacolod Chicken Inasal or Bulalo World.

- Have an authentic steak treat with Prime Steak House.

- Travel around Asia with menu must-haves from Boteyju, Samgyup Korean Restaurant, Oishi Maki, Classic Savory, Jim's

- Recipe or Karate Kid.
- Indulge in your pizza and burger cravings with Pizza Hut, Sbarro, Shakey's, Yellow Cab or Zark's Burgers.
- Quench your thirst, be refreshed and be energized with Serentea, Starbucks Coffee, Macao Imperial Tea, Dakasi, Infinitatea or Black Scoop Café.

- Enjoy our everyday favorites with easy and fast service from Jollibee, Mc Donald's, Greenwich, KFC, Burger King, Lechon Haus, Tokyo Tokyo, Bonchon Chicken, Shawarma Shack, Potato Corner or Purple Beetle Cafe.

- Spoil your taste buds with our sweet and delicious cakes, bread and pastries from Red Ribbon, The French Baker, Mister Donut, Dunkin Donuts, Goldilocks, Krispy Kreme,

- Auntie Anne's, or Breadtalk

- Get plenty of bites of chicken from Bianca's Firebrick Chicken and Buffalo Wings N' Things

Ordering is easy:

1. Check online: Browse the restaurant guide on SM City Dasmarinas Facebook Fan page, Instagram, and SM Viber community for the complete restaurant guide,

menu, contact details, updates, and promotions.

2. Call to order: Enjoy a more personalized and efficient experience by simply calling the restaurant to place your order and other meal requirements. The restaurant will coordinate delivery to your doorstep with Fastrack Courier Service riders stationed in the mall. Delivery fees

are based on customer's location.

3. Pay and collect: Customers can opt to pay for orders and delivery fee via cash on delivery or contactless payment methods in

mariñas are open for pick-up and take-out.

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Macao Imperial Tea's Milk Tea



Dakasi's Creamy Oreo Milk Tea



Extra ordinary Milk Tea from Black Scoop Café



Sweet Double Dutch Cake from Goldilocks



Aside from firebrick-cooked-chicken, Bianca's Firebrick Chicken also offer Pasta for sharing.



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Mga hindi contact na sports para sa GCQ tuloy sa MGCQ okey sa IATF

Ang Inter-Agency Task Force para sa Pama-mahala ng umuusbong na Nakakahawang sakit (IATF) ay nagbigay ng berdeng ilaw para sa pagpapatuloy ng mga hindi pakikipag-ugnay sa mga aktibidad na pam-palakasan sa mga lugar sa ilalim ng isang pang-kalahatang quarantine ng komunidad (GCQ) dahil sa sakit na coronavirus 2019 (Covid-19).

Sa Resolusyon ng IATF 38 na ipinasa at ginawang publiko, ang mga atleta at mahilig sa pagtakbo, pagbibisikleta, golf, paglangoy, tennis, badminton, Equestrian at skateboarding bukod sa iba pa sa mga rehiyon ng GCQ ay maaari na ngayong maglaro ng palakasan na minamahal nila muli "ibinigay na ang pinakamababang paman-tayan sa kalusugan ng publiko tulad ng pagsusuet ng mga face mask at pag-papanatili ng mga protocol sa paglalakbay ng pisikal at walang pagbabahagi ng kagamitan kung naaangkop ang sinusunod."

Sinabi rin ng resolusyon na ang mga pasilidad na tumutugon sa nasabing isport ay maaaring magbukas ngunit sila ay "limitado sa pangunahing operasyon."

Nauna nang pinayagan ng IATF ang mga aktibidad sa paglalakad, pag-jogging, at pagbibisikleta sa mga lugar sa ilalim ng isang binagong pinahanusay na komunidad (MECQ).

Samantala, ang mga kaganapan sa palakasan ay maaaring magpatuloy sa mga lugar na nakatakdang mailagay sa ilalim ng isang binagong GCQ (MGCQ). Ang ganitong mga kaganapan, kasama ang iba pang mga pagtitipon ng masa, ay maaaring magpatuloy sa panahon ng MGCQ, kahit na ang 50 porsyento na limitasyon ng kapasidad ng lugar ay inilagay din.

Tanging ang Metro Manila, Laguna, Bataan, Bulacan, Nueva Ecija, Pampanga,

Zambales (lahat sa ilalim ng MECQ), at ang mga lungsod ng Cebu at Mandaue (kapwa sa ilalim ng ECQ) ay hindi inilalagay sa ilalim ng GCQ, bagaman maaaring mabago ito sa pagtatapos ng buwan depende sa kung ano ang inirerekumenda nila sa IATF na may kaugnayan sa kanilang sitwasyon sa pagyuko sa curve ng Covid-19.



(PHOTO BY: RGN)



(PHOTO BY: RGN)

Bagong talaan ng Tokyo Olympics 2021 inilabas na

Matapos maipaggaliban sa isang taon dahil sa coronavirus, ang 2020 Tokyo Games, kailangang kensemahan kung hindi gaganapin sa susunod na tag-araw, ayon sa pinuno ng International Olympic Committee. "Hindi mo maaaring magpakailman kumilos ang 3,000 o 5,000 katao sa isang organisasyong komite," sinabi ni Kyodo News na mula naman kay Thomas Bach kamakailan. "Hindi mo mababago bawat taon ang buong iskedyul ng palakasan sa buong mundo ng lahat ng mga pangunahing federasyon.

Hindi ka maaaring magkaroon ng kawalang-katiyakan para sa mga atleta," dagdag niya.

Sinabi ni Bach na ang Punong Ministro ng Hapon na si Shinzo Abe ay "nilinaw sa kanya na walang plano B" kung ang mga laro ay mas maantala. Ayon sa bagong iskedyul, ang Olimpiada ay magsisimula sa Hulyo 23, 2021 at tatakbo hanggang Agosto 8.

Ang Tokyo Olympics ay susundan ng China na nagho-host sa 2022 Beijing Winter Olympics.

Tinanong kung ang paligsahan ay maaaring gagamipin sa likod ng mga nakasarang pinto, sinabi ng pangulo ng IOC: "Hindi ito ang gusto namin."

"Sapagkat ang diwa ng Olimpiko ay tungkol din sa pag-iisa ng mga tagahanga, at ito ang gumagawa ng mga laro kaya natatangi... ngunit kapag darating ang desisyon, hihilingin ko sa kanila na bigyan ako ng mas maraming oras para sa konsultasyon sa mga atleta, kasama ang ang World Health Organization, kasama ang mga kasosyo sa Hapon," dagdag niya.

Ang Olimpiada ay huling kinansela noong 1944 dahil sa World War II ngunit ang mga laro ay hindi kailanman naantala sa kanilang 124-taong modernong kasaysayan.



PFF magsusumite ng protocol sa GAB para sa posibleng pagbabalik ng PFL

Nakatakdang isumite ang Philippine Football Federation (PFF) na magsumite ng "bagong normal" na mga protocol sa Games and Amusements Board (GAB) sa lalong madaling panahon na ngayon ay nakikitang isang simula ng Hulyo para sa season ng Football sa Pilipinas (PFL). Sinabi ng pangulo ng PFF na si Nonong Araneta na nakatanggap siya ng mga protocol mula kay Secretary-General Ed Gastanes para sa isang pagsusuri, at isusumite ito sa GAB sa lalong madaling panahon sa sandaling maaprubahan niya ang nasabing mga alituntunin.

"Kung isusumite namin sa GAB at kung i-endorse ito ng GAB sa IATF (Inter-Agency Task Force kung gayon maaari natin simu-

lan ang session sa Hunyo 15. Matapos ang isang buwan ng pagsasanay, magsisimula kami sa Hulyo 15 kung kana-is-nais sa amin," sinabi ni Araneta sa panahon ng Eat, Sleep, Breathe Football podcast.

Dagdag pa ni Araneta, magkakaroon ng hiwalay na protocol para sa pagsasanay at isa pa para sa mga tugma.

Sinabi niya na hihingi siya ng tulong sa Philippine Sports Commission (PSC) upang ang PFL ay maaaring magsimula sa wakas pagkatapos ng tatlong mga pagpapatuloy dahil sa coronavirus disease 2019 (Covid-19).

"Nais naming hilingin ang suporta ng PSC upang ang aming liga ay magbubukas o [hindi bababa sa] ang mga koponan ay maaaring magsanay na," dagdag ni Araneta.

Inaasahan ni Araneta na walang manlalaro ang makontrata sa Covid-19 sa sandaling magpapatuloy ang pagsasanay, kumpiyansa na makakakuha siya ng clearance para sa pagsisimula ng PFL season kung ang lahat ng mga footballer ay mananatiling Covid-19 na libre pagkatapos ng isang mahabang panahon.

"Kung walang kasu ng COVID-19 sa panahon ng mga sesyon ng kasanayan - sabihin nating tatlo o apat na linggo ng mga sesyon sa pagsasanay - kung gayon marahil ay mas mainam na buksan ang liga," aniya.

Sa kasalukuyan, ang mga kaganapan sa palakasan tulad ng PFL ay pinapayagan lamang sa mga lugar sa ilalim ng isang binagong GCQ.



(PHOTO BY: RGN)

HANEP SHOWBIZ

MASAYANG MALUNGKOT SI HEART EVANGELISTA?



UMUGONG kamakailan ang tungkol sa sinasabing pagbubuntis ni Heart Evangelista. Pero mismong si Heart ang bumasag sa naturang

usapin at tinawag na 'fake news' ito.

Meaning ay peke ang balita at walang katotohanan ang usaping siya ay buntis. Nuong umalingawngaw



ang naturang usapin ay marami na agad ang nagpaabot ng pagbatay kay Heart. Masaya siya dahil pagpapakita o pagpapatunay ito ng pagmamahal sa kanya. Kaya naman ay nagpaabot pa rin si Heart ng kanyang pasasalamat sa mga ito. Maaaring malungkot si Heart dahil wala naman itong katotohanan. Lalo pa at nagbigay ng pahayag si Heart na isang sensitibong usapin ang tungkol sa pagbubuntis. Alam naman natin na

TINANONG si Mikel kung bitin ba siya o nakulangan sa mga paliwanag sa kanya.

Kuntento naman si Mikel kaya nagpaalam na at niyaya na si Lea para umalis.

"Sabi mo eh oks ka na, tapos may mga tanong ka pa pala."

Sa biyahe ay may mga itinatanong si Mikel kay Lea tungkol pa rin sa kanyang panaginip.

"Ganito na lang, 'pag may nabago o nadagdag sa panaginip mo eh babalik tayo sa kanya."

Wala naman kasing maisasagot dahil hindi rin alam ni Lea ang mga kahulugan ng panaginip ni Mikel.

"Ang mabuti pa ay kumain muna tayo at medyo nagutom uli kasi ako eh." May nadaanan na restoran kaya nagyaya si Lea at sumang-ayon naman si Mikel.

"CR muna ako Ate Lea habang wala pa 'yung mga order natin."

Matapos maibigay ang kanilang mga order ay nagpaalam si Mikel kay Lea para magpunta ng banyo.

Paglabas ng banyo ay natanaw ni Mikel ang isang lalaki na nasa table nila ni Lea.

"Sino ang lalaking 'yun Ate Lea?" Papunta na sa kanilang

noong 2018 ay nakunan sa pagbubuntis si Heart. Kambal pa naman sana ang dapat na iluluwal ni Heart sa kanyang mister na si Francis 'Chiz' Escudero, na kasalukuyang gobernador ng Sorsogon.

@@@
KASALAN NA...

Engaged na si DJ Mo Twister sa kanyang nobyang si Angelika Schmeing. Ang inaabang kasunod ay ang pag-iisang dibdib lalo at may alok ng kasal si DJ Mo. Sa nangyaring engage-

lamesa pero hindi naabutan ni Mikel ang lalaki. "Nakikipagkilala lang, naganahan daw sa akin kaya lumapit."

Sa sinabi ay matagal na tinitigan at pinagmasdan ni Mikel ang mukha ni Lea.

Ngayon lang napagtanto ni Mikel na maganda naman pala talaga si Lea. "Bigla naman tumayo at umalis 'nung tinanong ko pangalan, siguro nakita ka."

"Pero teka, bakit ganyan ka makatitig sa akin ha? Tama ba 'yung lalaki sa sinabing maganda raw ako?"

Hindi sumagot si Mikel sa halip ay ngumiti lang at tinawag ang waiter para i-follow-up ang kanilang order.

Habang kumakain ay pasimpleng tumitig sa mukha ni Lea si Mikel.

Hindi maaaring magkaila si Mikel na may kagandahan naman talaga si Lea. Pansin naman iyon ni Lea subalit hindi na lamang siya kumikibo at nagsasalita.

Hinahayaan na lamang niyang magpakasawa sa katitig sa kanya si Mikel.

Basta si Lea sige lang sa kinakain kaya naman mas nauna siyang natapos.

(Itutuloy)

ment ay kinasapat ni DH Mo ang producer niyang si Anj. Umaktong 'caller' si Anj sa podcast ni DJ Mo at nagkaroon ng hamunan.

As in hinahom ni caller si DJ Mo na kailangan ay alukin na ng kasal ang kasintahan nitong si Angelika. Kasalan na...

@@@

KELAN ANG KASAL?

Speaking of wedding, kelan naman kaya magaganap ang kasalang Sam Milby at nobya niyang si Miss Uni-

totoong sagot n'yo na-kasalay ang inyong kaligtasan."

Hindi alam ni Bernard ang isasagot at natatakot siya kung mali o kasinungalingan ang sasabihin.

Si Cecile ang una niyang naka-sex nang siya ay mapadpad ng Maynila. Pero paano niya masasabi iyon na nakaharap si Jane, alam niyang labis na magugulat ang kanyang nobya.

"Ang nobya mo bang ito ang unang nakatalik mo simula ng napunta ka ng Maynila?

Mahigpit ang bilin sa kanya, dapat ay totoong sagot para sa kaligtasan nilang magkatipan.

Ang pagkakaalam ni Jane ay kamag-anak at tiyahan niya si Cecile.

"Hindi...hindi" Hindi nag-atubiling sabihin ni Bernard na hindi si Jane ang kanyang unang nakatalik sa Maynila.

"Magaling, ganyan nga at mga totoo lamang ang kailangang sagot."

Bahagyang natigil sa pag-sasalita ang may hawak ng video kaya inakala ni Bernard na tapos na ang pagtatanong.

"Kung hindi ang nobya mong 'yan ang unang sex mo sa Maynila eh sino ang babaing nakatalik mo?"

(Sundan)

verse 2018 Catriona Gray. Last May 23 ay inilantad na ni Sam ang relasyon nila ni Catriona.

Sa petsang iyon ay eksaktong 36th birthday ni Sam kaya aniya ay iyon ang pinakaespesyal niyang kaarawan.

Last year pa kung tutuusin ay kalat na ang tungkol sa relasyon ng dalawa.

Kaya lang ay kapwa nila pinabubulaanan nuon pero at least now ay kinumpirma na nila kaya ang tanong ay kelan naman ang kasal.

Itinapat ang video kay Jane at tinanong siya kung hindi na nga ba virgin nang makipagtalik kay Bernard.

Naguguluhang si Jane bakit ganoon ang klase ng mga tanong sa kanila. Wala naman siyang magagawa kundi ang magsabi ng totoo kaya sinagot niyang hindi na virgin.

Muling ibinalik ang pagkakatutok ng video kay Bernard.

Kinakabahan na rin si Bernard sa hinihintay na panibago na namang tanong.

"Ikaw, may karanasan ka na ba sa sex 'nung unang pagtatalik ninyo?"

Tumango si Bernard bilang palatandaan na mayroon na siyang karanasan sa sex.

"Saan at sino ang unang sex mo?"

Sinagot ni Bernard ay sa probinsiya at ang kanyang unang sex ay sa dating nobya.

"Ah, galing ka pala ng probinsiya. Eh dito sa Maynila sino naman ang unang nakatalik mo."

"Siyá ba?"

Itinuro ng lalaking nagvideo si Jane.

"Uulitin ko, bawal magsisungaling dahil sa mga

SM CITY BACOOR, SM CITY DASMARIÑAS AND SM CITY MOLINO OBSERVE STRICT ORDER AND SANITATION FOR #SAFE MALLING EXPERIENCE

As we once again open our doors for you to grab your essentials in the midst of the pandemic, SM City Bacoor, SM City Dasmarinas and SM City Molino are keeping its promise to put your safety first with our strict mall safety protocols. In compliance with the directives of the LGU and the National Government, the following are the new normal which are strictly implemented and observed within the malls:

Safe Social Distancing through markers painted on mall entrances and surrounding premises

No Valid Quarantine Pass, No Entry protocol

No Mask No Entry protocol

Temperature Check Hand sanitation on all entrances

Regular Sanitation especially on doors, hand rails, washrooms and ATMs

Visible Safety Officers and Sanitation Team to keep everything in order

In this fight against Covid-19, we hope that we could work hand in hand to maintain our safety and protection while we shop for our necessities.



SM City Molino's Food Styling Challenge, Now on Week 4!

KFC

Still Open, Still Fryin'.

KFC SM Molino is open to serve you safely via our takeout, pick-up, delivery, and Grab order service.

**OPEN
10 AM to 5 PM**



For pick-up and delivery orders, please visit kfc.com.ph or call 09178016978.



SM CITY MOLINO, CAVITE - The Colonel is here to serve our customers and communities through our clean and safe Contactless protocols. We are available for take out, online pick-up, delivery, and Grab from 10AM-5PM. Visit KFC at the Ground Floor or call 09178372264 now!

ORGANIC AGRI DEVELOPMENT AND PROMOTION TO BE INTENSIFIED IN CALABARZON

CALAMBA CITY, Laguna (PIA) --The Department of Agriculture (DA) CALABARZON is set to intensify the development and promotion of organic agriculture by consolidating organic farming activities as well as establishing and implementing a cohesive and integrated organic agriculture agenda in the Region.

With this aim, the DA CALABARZON, through its Organic Agriculture Program, recently met with Cavite Responsible Organic Producers (CROPs), one of the components of the CALABARZON Organic Exchange (CORE), an organic stakeholder network in the provinces of Cavite, Laguna, Batangas, Rizal, and Quezon.

"We began organizing consultation and roundtable discussion among farmers, players, stakeholders, organic practitioners, and cooperatives to address the gaps, advantages, and benefits of organic farming to the agricultural sector," said Eda F. Dimapilis, Regional Organic Agriculture Coordinator.

Dimapilis in her latest meeting with Ruy Valente Polistico, Gabriel Arubio, and Engr. Manolete Flores of CROPs, discussed issues and concerns in the value chain segment, production of seeds and fertilizers, and processing, postharvest, and marketing of organic produce.

"We have also cropped up a plan for possible strategies and interventions needed," she added.

The plan is to put up seed production areas, livestock, concoction laboratory, and fertilizer production facilities for the maintenance of organic crop production.

"We will work with other organic agriculture proponents and stakeholders from other provinces in CALABARZON, who have a wide range of interests and put them together in a structured and working unit to serve their interests and to prepare for a better organic world," Dimapilis

shared.

About 200 farmer-beneficiaries in CALABARZON received the livelihood assistance package on broiler production composed of 50 heads of day-old chicks, a 3 ft x 8 ft x 4 ft cage, one bag each of chicken booster and chicken grower mash, and 10 sachets of veterinary drugs.

Meanwhile, 12 farmer-beneficiaries received 60 heads of goat.

Based on the predetermined allocation of small and large ruminants, farmer-beneficiaries from Tanauan City shall receive a total of 100 cattle, 30 carabao, and 60 goats. (PIA-4A/DA-RFO IVA, RAFIS)

DOH CALABARZON assures Ibaan residents' health & safety from COVID-19

CALAMBA CITY, Laguna (PIA) --Department of Health (DOH) - CALABARZON (Cavite, Laguna, Batangas, Rizal and Quezon) Regional Director Eduardo C. Janairo has allayed fear and panic among residents of Ibaan town in Batangas and assured them of their health safety from COVID-19 during his visit to the municipality May 21, 2020.

"Nauunawaan ko ang inyong pangamba at makaasa po kayo na hindi kakalat ang COVID-19 sa inyong lugar dahil magiging ligtas at pagbubutihin namin ang pagbabantay at pangangalaga sa kalusugan ng mga kababayanan natin na mailalagay sa ating quarantine at isolation facility na nasa inyong bayan, katuwang natin dito ang ating kapulisan at ang inyong lokal na pamahalaan," he stated during the turn-over and MOA signing ceremony of the Provincial Isolation and Quarantine Facility Isolation Facility for Persons Deprived of Liberty (PDLS).

He added the isolation facility is located in Barangay Malainin which is far from residential area. "Residents need not to be afraid because it is safe and well-equipped".

DOST okays research fund for sanitizing cubicle of front-liners

MANILA – To increase health and safety protocols for health care workers, the national government is supporting research and development (R&D) to develop sanitizing cubicles for those in the frontlines against the deadly virus. In his ninth report to Congress on the government's Covid-19 response, President Rodrigo Duterte said the Department of Science and Technology (DOST) has approved the funding of a PHP4.70-million R&D project to develop "Sani-Pod", a self-containing cubicle with air shower meant for sanitizing front-liners as they exit Covid-19 patient wards.

"The technology development is an R&D partnership between medical doctors of the UP Manila and engineers of the UP Diliman," the report read.

There will be five prototypes initially produced to be used at the UP-Philip-

pine General Hospital. According to the DOST-Philippine Council for Health Research and Development (PCHR), the Sani-Pod uses advanced features such as acrylic walls for easy cleaning and disinfection of external and internal surfaces when placed in highly contagious and dense areas in the hospital.

The sanitization cubicles

also have automatic motion sensors to activate the entrance and exit doors, with different disinfectants coupled with UV light and uses a foot sanitation unit to disinfect the undersurface of shoes.

This decreases contact

with the surfaces of the

cubicle, leading to lesser

chances of microbes stay-

ing on the surfaces.

DOST-PCHR said the Sani-Pod would ensure that medical personnel are given an extra layer of protection from Covid-19 as they are more efficient than the existing sanitation tents in terms of disinfection.

It can also provide psychological assurance to health care workers, and a means of disinfection for Filipinos in crowded areas, the agency said.

More than 100 units are expected to be distributed to various hospitals after development, it added.

The DOST also approved the establishment of a testing facility at the DOST Electronics Product Development Center for ventilator prototypes, which will include a breathing simulator acting like an artificial lung, with sensors and recorders to simulate different lung conditions.

The facility will also house the development of other ventilator prototype projects with funding support from DOST.

In the same weekly report, Duterte gave updates on the government's efforts to enhance the country's health facilities and resources against the pandemic.

As of May 20, the Department of Health (DOH) has approved 6,546 slots for emergency hiring in 184 health facilities. Out of this number, 2,536 persons have been hired with a total of 1,159 or 45.70 percent to be assigned in Metro Manila.

The government is also increasing the country's capacity to handle Covid-19 cases with 1,905 Covid-19 referral and accepting hospitals across the country, with 24 designated DOH

Covid-19-referral hospitals and 50 other DOH accepting hospitals as of May 21. There are 3,368 temporary treatment and monitoring facilities for Covid-19 related cases across the country with a total bed capacity of 42,798.

The Bureau of Quarantine is manning a total of 70 quarantine facilities catering to 11,109 repatriates as of May 20.

There are 33,726 repatriates from 422 repatriate vessels of which 28,570 or 85 percent have completed their respective quarantine, while the rest are still in quarantine.

Of the 12,655 land-based repatriates, 4,144 or 33 percent have completed their respective quarantine and the rest are still in quarantine as of May 19. On test kits, testing centers, and expanded testing,

a total of 259, 172 tests have been conducted on 239,739 individuals with an average daily testing output of 9,096 tests as of May 20.

There are 37 active testing laboratories after the DOH accredited three more laboratories.

The DOH facilitated the creation of mega swabbing sites to ramp up and widen access to testing.

Twenty-four hospitals are currently participating in the World Health Organization solidarity trials, an international clinical trial to test the effectiveness of a possible vaccine for Covid-19.

Detection and isolation are also being enhanced by contact tracing. As of May, a total of 63,306 close contacts have been traced, corresponding to an increase of 3,720 contacts traced from May 14. (PNA)



BUHAY KARERA
MARLON BAGUS
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KICKBACK, GRADUATE SA MAIDEN

Narito ang ilang takbuhan na ating nasilip sa naganap na pakareera sa pista ng MetroTurf sa Malvar, Batangas. Simulan natin sa unang takbuhan na kung saan ay nakadiskarte ng maayos ang hineteng si Sadam Pilapil para mahanapan ng butas na madaraanan ang pinaremataing niyang sakay na si Victory Dance. Magiging mahigpit sana nilang nakalaban kung hindi lang napadpad ng husto sa kalabas- labasan ang pumangalawang si Crystal Creek ni Mark Lanot ay maaari sana masilat sina Sadam Pilapil dahil sa naging mas malakas ang kamot nung dala ni Mark. Tamang bitaw lang ang nagawang diskarte ni Claro Pare Jr. sa kabayong si Hold Me Tight Baby matapos na nagkaroon ng mainitang bakkalan sa harapan ng iba nilang mga kalaban, kung kaya't pagdating sa huling diretsahan ay sila na lamang ang may magandang paghakbang na dumarating habang inisa-isang lagpasan ang mga napagod nang kalaban kabilang sina Sabtang Island at Kay Tagalog. Sa sumunod na takbuhan ay halos pameta na lamang nang lumagpas ang paborito sa lahat na si King Gil ni Marlon Laloma. Medyo nakiputan lang ang sumegundong si Oh Neng na may malaki rin sana ang tiyansang manalo. Pinarekta lang ni Tameng Tanagon ang sinakyang niyang si Twilight Ingrid kontra sa nakalaban nilang nagdikta ng harapan na sina Attila na kinulang lang at Born Unto Battle na naunahan salundang Marahan na nirendahan lang ni Jesse Guce ang kabayo na si Backdoor Cover na tumapos ng tiyempong 1:24.8 (13'-23'-22'-25') para sa distansiya ng 1,400 meters. Pinakita ni apprentice Mark Lanot kung paano niya pinaremataang paborito sa lahat na si Cats Dream na talaga namang nasa wastong kundisyon sa kasalukuyan, dahil dumarating sa meta na marami pang maibubuga. Pumangalawa si Show The Whip ni Oneal Cortez at pumangatlo ang bumanderang si Real Steel ni Mark Alvarez. Sa huling takbuhan ay hogandong nagwagi ang outstanding favorite na si Kickback na sinakyang ni Oneal Cortez upang makagradweyt na sa kanilang maiden race assignment. Tinapos niya ang nasabing pakareera ng tiyempong 1:25.6 (13'-23'-22'-25') para sa 1,400 meters na takbuhan.

SANIB-PUWERSA VS. GUTOM

"KUNG may itinanim, may aanihin."

Ito ang nais ng pamahalaang lungsod ng Maynila na matutunan ng mga na-relocate na pamilya Manileno upang may pagkunhan sila ng kanilang makakain sa araw-araw. Nakipagpulong kay Manila City Mayor Francisco 'Isko Moreno' Domagoso si Agriculture Secretary William Dar upang talakayin ang Nutrition Box project kung saan nagpaabot ito ng tulong sa pamamagitan ng mga 'vegetable seedlings' na ipapamahagi sa bawat na-relocate na pamilya. Sa ilalim ng Resettlement and Governance Assistance Fund ng Department of the Interior and Local Government (DILG), patuloy na sinusuportahan ng Pamahalaang Lungsod ang pagtaguyod ng kabuhayan ng mga informal settlers na ngayon ay nanirahan sa in-city relocation site sa Paradise Heights, Barangay 128, Smokey Mountain, Tondo, Manila. Ayon kay Secretary Dar,

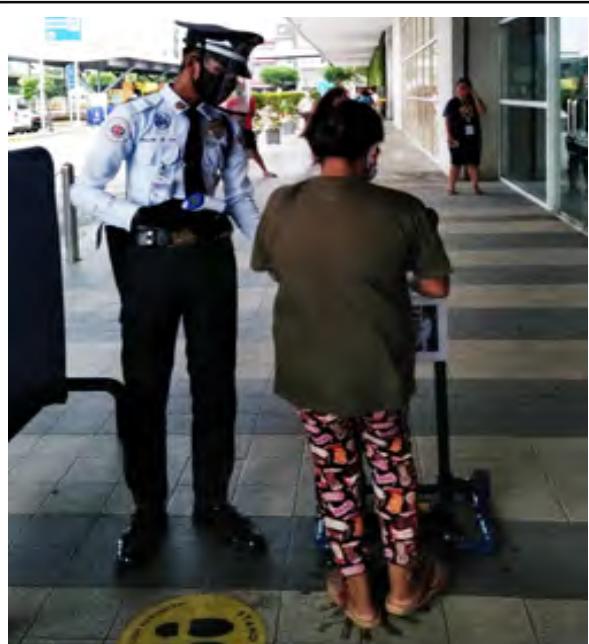
maaari nila itong itanim, anihin at maging tuloy-tuloy na pagkukuhanan ng pagkain.

"We are now doing this nationwide, all for the purpose that we would like to ensure household food security, na p'wede naman palang magtanim, anihin, lalo na yung mga gulay," ani Secretary Dar.

Nagpasalamat naman ang alkalde sa pagmamasakit ng departamento sa lungsod, lalong lalo na sa mga mahihirap na pamilyang nasasakupan nito.

"We are always grateful, please extend our gratitude. For example, Smokey Mountain, isa po ito sa nagbebepisyo mula sa national government at sa local government," ani Domagoso.

Tiniyak naman ni Secretary Dar na tuloy-tuloy ang suporta ng Department of Agriculture sa mga programa ng lungsod at kampanya nito upang palawigin ang urban gardening sa Kamaynilaan. (**leonard basilio**)



DUMADAAN sa thermal scanner at pagpahid ng alcohol ang bawat pumapasok sa mall na limitado lamang ang pamamalagi sa loob dahil binibigyan isang coupon na nakasaad ang takdang oras sa paglabas. Ang naturang coupon ay ibibigay sa nakatalagang guard sa exit ng mall. Mayroon ding mga security personnel na umiikot at nangangasiwa sa loob ng mall. Sa labas ay sumusunod ang mga tao sa social distancing sa pagpila upang makapasok subalit ito ay may kaukuluan lamang na bilang o limitasyon. Habang nakapila ay sinusuri na ng roving security officer ang dalang quarantine pass kalakip ang valid ID upang matukoy kung karapat-dapat na papapasukin gayundin ang suot na facemask. Kuha ito ng HANEPE lensman sa SM Rosario sa Cavite at sa pamamagitan ng gamit na megaphone ay ipinababatid na ng security na ang tanging makakapasok lamang ay ang mga may quarantine pass mula sa apat na lugar na kinabibilangan ng mga bayan ng Noveleta, Rosario at Kawit, at mula sa Cavite City.

DOH, DTI urge public to strictly follow health protocol in malls

CALOOCAN CITY (PIA) --

The Department of Health (DOH) and the Department of Trade and Industry (DTI) called on the public and mall operators to strictly implement the official guidelines set by the national government for mall operations.

This came after reports of shoppers flocking to malls after the easing of ECQ in Metro Manila.

Health Undersecretary Maria Rosario Vergeire in a recent virtual press briefing stressed the importance of maintaining the minimum health standards particularly in public spaces such as malls and department stores under the Modified Enhanced Community Quarantine (MECQ) and General Community Quarantine (GCQ).

Vergeire said that the virus hasn't left the country, "The virus is there, though we may now be under Modified ECQ or when we were in GCQ!"

"There is no vaccine yet against the virus so we must take always take the necessary precautions by following the health protocols," added Vergeire

"The government has crafted and is enforcing guidelines, and the mall owners are complying with these protocols; so what is left is for all of us to recognize that we have our own responsibilities in this pandemic,"

Vergeire further said. Meanwhile, DTI Undersecretary Ruth B. Castelo, reiterated the DTI guidelines dated April 30, 2020, specifying the measures that need to be established, strictly implemented, and maintained by shopping mall operators under the MECQ and the GCQ.

Under the guidelines, strict monitoring of foot traffic and enforcing of physical distancing inside mall premises should at all times be implemented.

Malls are also advised to limit the number of people by reducing the number of available customer seats in shops, reducing open entrances, creation of one-way flows inside premises, and limiting elevator access to senior citizens, persons with disabilities (PWDs), and pregnant women only with one companion each. Air conditioning inside malls are also to be kept at 26 degrees Centigrade, free WI-FI and marketing events are also suspended.

Malls are also directed to assign a large area as the centralized pick-up location for stores with delivery or pick-up services.

"This is the new normal. We need to be ready to implement the protocols that the government has set for everyone's protection," Castelo noted. (**DOH/PIA-NCR**)



MAKIKITA ang marked money at apat na plastic ng shabu bilang mga ebidensya sa tatlong suspek na sina Edz Jason Alfara, Rod Carlo Garcia, at Javier Gallent; pawang residente ng Room-404, Orange Apartelle, Brgy. San Dionisio, P'que City, sa buy bust operation ng SDEU PNP, P'que City Police. Kinasuhan sila ng paglabag sa Sec. 11, Article ng R.A. 9165. (**JIMMY HAO**)

HANEPE *Basahin Mo Ito!*

KALIBRE

ROMY SANTOS
0977-7844136



Bulag, pipi at bingi

HUMAHAWAK ka o nahi-rang para sa isang mase-lang posisyon bilang lider.

Ibig sabihin ay ikaw ang namumuno at nakasalay sa iyong pamamalakad ang ikatatacgumpay nito. Bilang pinuno ay may-roon kang mga galamay, sila ang iyong mga kasa-mahang opisyal.

Masakit sabihin subalit minsan ang ilang galamay ay nagsisilbing anay. Kumbaga dahil sa mga ganitong klase ng galamay kahit anong husay ng liderato ay mauwi sa 'zero.'

Kinuha mo sila bilang galamay dahil ang iyong pagtitiwala ay nasa kanila.

Ulitin ko, masakit sabihin na may lilitaw na anay o mga anay mula sa hanay ng iyong mga galamay.

Maaaring humantong ito sa pagkakabagsak ng iyong magandang liderato.

Bilang galamay, nasa kanya o nasa kanila ang iyong lubos na pagtitiwala.

At dahil nga nagtitiwala ka ay naroon ang iyong kumpiyansa sa kanya o sa kanila.

Ang katanungan lamang ay hanggang saan ang ti-wala at kumpiyansa mo? Kung hantad na ang kapalpakan o maling gawain niya o nila pero nananatili ka pa ring bulag, pipi at bingi...ano na ang tawag sa iyo?

Kayo na po ang sumagot.

Maging sa simpleng mag-kakasama o magkakai-bigan ay nangyayari ito kahit walang lider o mga galamay.

Ang dahilan....

May ilan na nabubulag sa kamalian.

Nabibingi sa katahimikan...

At natitikom ang bibig sa katotohanan.



ANG mga saku-sakong bigas at relief goods na panibago na namang ayuda na ipinakaloob kamakailan ni Paranaque City Councilor Tess de Asis. Kabilang ang mga residente ng Barangay San Dionisio, sa ilalim ni Chairman Pablo Olivares, ang benipisaryo nito. (**JIMMY HAO**)