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DIY BIKE REPAIR STATIONS: GENTRI SK PROJECT FROM THE HEART

GENERAL TRIAS, Cavite (PIA) -- The Sangguniang Kabataan (SK) council of Barangay Bacao II here thought long and hard on what project they need to develop that will make a big impact to people not just within their barangay but to all those who would need their service.

As the quarantine protocols loosened and the city as well as the province's economy started to reopen, workers return to their livelihood particularly those employed in the Cavite Export Processing Zone (CEPZ) and in Rosario town.

Hundreds of workers travel each day using bicycles as their means of transportation, since public transportation were allowed to operate with limited passenger capacity and to save what little they earn with the reduced working hours, effect of the ongoing pandemic.

"Nung nagsimula ang lockdown at nagbalik ang trabaho sa aming lugar ay naging pangunahing transportasyon ang bisikleta. Nag-isip ako kung ano ang pwede kong itulong sa aking mga kabataan na nagwo-work. Nakita ko ang mga nagba-bike na tulak-tulak at flat ang gulong at sira ang kadena, every day ganun ang nakikita ko. Kaya umisip ako ng paraan upang makatulong sa ating mga nagtatrabaho at yung mga namamalengke gamit ang bisikleta," shared SK Chairman Carlo dela Cruz. (Since the start of the lockdown and work resumed in our area, bicycles became the primary means of transportation. I pondered on how I could be of help to my fellow youth who are working. Then I saw people pushing their bicycles with flat tires and broken chains. I saw the same scenario every day. So I thought of how I could be able to help these workers including those people who ride their bikes in going to the market.)

This inspired SK Chairman dela Cruz to put up DIY (Do-It-Yourself) bicycle

repair stations along the stretch of the Centennial road which are equipped with air pumps and tools.

Dela Cruz revealed that, "This project did not use any amount from the SK funds. This was funded from my three months' salary."

The youth group plans to put up 8 repair stations but initially set up 4 which are now being used by bikers and cyclists for troubleshooting. All 8 repair stations will be completed by November said the SK chair.

Aside from this, the SK members also distributed anti-radiation glasses to online class learners to protect the students' vision from long hours of exposure to laptops, and other gadgets during online classes. **(Ruel Francisco/Dennis Abrina)**

PILIPINAS IN ACTION GRANTS BIKES TO CAVITENOS

Ten bicycles with complete safety gear were received by the Provincial Government of Cavite through Provincial Administrator Alvin S. Mojica from Sen. Pia Cayetano's Pilipinas in Action – Buy a Bike Program in partnership with the Filipino Indian Commerce and Welfare Society, Inc. (FICWSI) on October 16, 2020 at the Provincial Capitol Building, Trece Martires City.

Beneficiaries were members of the United Solo Parent Association of Cavite, Inc. and students from Cavite State University and Emilio Aguinaldo College.

On behalf of Gov. Jonvic Remulla, PA Mojica welcomed and expressed his appreciation to the representatives of Pilipinas in Action for choosing Caviteños as among the beneficiaries of their program. Pilipinas in Action is a social movement which aims to mobilize response and cooperation during COVID-19 pandemic. **PICAD**

Contact Tracers Training isinagawa sa Batangas Capitol

LUNGSOD NG BATANGAS (PIA) --Bilang bahagi ng kampanya laban sa COVID-19, isinigawa ang dalawang araw na oryentasyon ng mga contact tracers para sa Lalawigan ng Batangas noong ika-8 hanggang 9 ng Oktubre 2020 sa DREAM Zone, Capitol Compound, Lungsod ng Batangas.

Sa panayam kay Ginoong Joel B. Gaona, Local Government Operations Officer II ng Department of the Interior and Local Government (DILG) Batangas Province, ibinahagi nito na nasa 400 contact tracers ang sumailalim sa pag-sasanay na isinagawa ng mga kawani ng DILG, Department of Health at Philippine National Police.

Dagdag ni Gaona, may 800 contact tracers ang kailangan para sa buong probinsya na idedestino sa iba't ibang lungsod at bayan.

Ilan sa mga kwalipikasyong

hinanap para maging contact tracer ang pagiging tapos ng allied medical courses o Criminology; at may kakayahang magsagawa ng data gathering, research at documentation. Binibigyan din ng pagkakataon ang mga Overseas Filipino Workers (OFW) na nawalan ng trabaho dahil sa pandemya.

Ang mga mapipiling contact tracers ay magiging mga job order staff ng gobyerno, na may kontrata hanggang katapusan ng Disyembr 2020, at makatatanggap ng buwanang sahod na katumbas ng Salary Grade 9 para sa mga government employees o mahigit ₱18,000. Makatatanggap din sila ng communication at travel allowance, Personal Protective Equipment (PPE) at vitamins. **(PIA-Batangas/Jayne Elarmo – Batangas Capitol PIO)**

Women judges' group in Bicol condemns shooting of member, aide

LEGAZPI CITY – The Philippine Women Judges Association (PWJA) in Bicol has condemned the shooting of Branch 56 Regional Trial Court (RTC) Judge Jeanette Gaminde San Joaquin and her aide Rocelle Marinez in Libmanan, Camarines Sur on Tuesday afternoon.

The victims were shot several times while on board their service vehicle by still unidentified suspects riding a motorcycle in Barangay Puro Batia. Both of them survived the attack.

In a statement on Wednesday, Ave Zurbito-Alba, PWJA regional director for Bicol, asked the police to conduct a thorough and speedy investigation on the ambush incident for the immediate arrest of the suspects "so that the rule of law will govern

and justice be served upon them".

Alba is a former chief of the Legal Affairs Division of the Philippine National Police (PNP) Regional Internal Affairs in Bicol.

San Joaquin, on the other hand, is the acting vice executive judge in Camarines Sur.

The lady judge and Martinez were heading towards Naga City when the suspects attacked them at around 2:30 p.m.

San Joaquin is reportedly handling sensitive cases in her sala.

The attack against San Joaquin was also strongly condemned by the Integrated Bar of the Philippines, Camarines Sur Chapter.

Earlier, the Supreme Court also ordered an immediate investigation on the incident. **(PNA)**

To avoid spike in COVID-19 cases, QC plans to tap citizens to report violators of health protocols

CALOOCAN CITY (PIA)

--To avoid a spike in coronavirus disease 2019 (COVID-19) with the impending opening of the economy and enforcement of relaxed quarantine guidelines, the Quezon City government plans to elicit the cooperation of its citizens in reporting establishments that violate minimum health standards.

Mayor Joy Belmonte said stricter monitoring is a must with more people expected to go out on the streets.

"Dahil mas marami nang tao ang lalabas sa kanilang mga tahanan, kailangan mas paigtingin pa natin ang pagbabantay, lalo na sa mga establisimyento na pupuntahan ng karamihan. The key to prevent a spike in cases is to ramp up our surveillance and enforcement efforts, and this is where we need the help of QCitizens because our frontliners can only do so much," Belmonte said.

"Kaya kailangan natin ang tulong ng lahat upang maiparating sa amin ang mga hindi sumusunod sa mga itinakdang patakaran upang mapigil ang pagkalat ng COVID-19," she said.

Belmonte said the city government will open a link on its official website where residents can report violators.

"Mauwi lang sa wala ang ating mga nakamit na tagumpay laban sa COVID-19 kung muli na namang tataas ang kaso sa ating lungsod," Belmonte said.

The city recently reported that 90 percent of its confirmed COVID-19 cases have recovered while its reproduction number is now at 0.67, which is closer to the World Health Organization ideal number of 0.50.

Aside from planning to open the economy, the

city is also finalizing a more relaxed community quarantine guidelines, in accordance with the Inter-Agency Task Force (IATF) directives and regulations.

The city plans to shorten public safety hours to 12 midnight to 4 a.m. with the exemption of essential activities that operate on a 24-hour basis, such as market operations, food take-out and delivery, pharmacies, hospitals, convenience stores, and delivery of goods.

Persons aged 18 to 65 will be allowed to leave home, provided they have company ID, government-issued ID, school ID, Authorized Person Outside Residence (APOR) ID, barangay ID or certification. They will not be required to present quarantine passes, but it will be honored as an alternative to the previously mentioned IDs.

The shortened curfew period and the allowing of 18 to 65 years old to go out have been approved earlier by Metro Manila mayors.

Religious gatherings will be allowed up to 30 percent of the church's capacity while work-related gatherings and other unavoidable gatherings must not exceed 50 percent of a venue's capacity or 100 persons, whichever is lower. Attendees must always observe minimum health standards, such as use of face masks, disinfecting of hands and physical distancing.

Restaurants, hotels and other tourism establishments may operate until 12 midnight, but orders of alcoholic beverages will only be allowed until 10 p.m. Duly licensed liquor dealers will be allowed to sell on retail or delivery from 8 am to 10 pm. **(QC PAISD/PIA-NCR)**

Pekeng empleyado, arestado

INARESTO ang 31-anyos na nagpakilalang empleyado ng isang telecom company sa aktong nagpapalit ng modem sa customer sa Dasmariñas City, Cavite. Kasong paglabag sa RA 8484 (An Act Regulating the issuance and use of access devices, prohibiting fraudulent acts committed relative thereto, providing penalties and for other purposes) ang kinaharap ng suspek na si Carlo Gonzales dahil sa reklamo ni Neri Medina, ng Langkaan Dasmariñas City. Sa ulat ni Corporal Aaron John Golo, ng Dasmariñas City Police Station, dakong alas-3:00 ng hapon ay nagpakilala ang suspek kay Medina bilang empleyado

ng Globe Telecom at mag-sasagawa siya ng upgrade para sa internet connection kabilang dito ang pagpapalit ng kanilang modem. Hiningan ng biktima ng pagkakakilanlan ang suspek subalit wala itong naipakita kaya nagduda ang una at tumawag sa hotline ng nasabing telecom company. Dumating ang mga barangay tanod at representative ng telecom company at naaktuhan ang suspek na nagpapalit ng modem dahil ng kanyang pagka-kaaresto. Nalaman sa suspek na hindi siya empleyado ng nasabing telecom company at narekober sa kanya ang dalawang unit ng Huawei modem. **GENE ADSUARA**

UPLB promotes art as de-stressing activities

LOS BAÑOS, Laguna (PIA) – Experts at the University of the Philippines - Los Baños (UPLB) are promoting art as a way to relax and de-stress during this pandemic. In an online lecture hosted by UPLB's Learning Resource Center, Visayas State University (VSU) Department of Development Communication faculty member June Nonie Sales has suggested art as a form of therapy in managing behaviors, reducing stress and anxiety, and increasing self-esteem. More than 800 participants registered for the webinar. During the onset of the pandemic in March, students and workers have been airing their concerns on the added stress brought about by the distance learning and work from home setups. According to Sales, art related activities help individuals ex-

press their feelings and subconscious thoughts. In fact, this method has provided him a source of inspiration and stress relief when he was pursuing his PhD Development Communication degree. It is a form of meditating that uses the coordination of one's senses that can bring them to a meditative state. He also encourages his students to find creative hobbies as a healthy way to de-stress. The American Journal of Public Health noted that artistic engagement has significant health benefits, as it decreases anxiety, stress, and mood disturbance. Another study published in Art Therapy: Journal of the American Art Therapy Association found that regardless of the person's talent, 45 minutes of creative activity significantly reduces stress in the body. **(PB)**

MNC: Cremate, libing; tuloy lang

MULING nanawagan sa publiko ang pamunuuan ng Manila North Cemetery (MNC) hinggil sa pansamantalang pagsasara ng sementeryo alinsunod na rin sa panuntunan ng Inter-Agency Task Force (IATF) upang mapanatiling ligtas sa COVID-19. Sarado ang MNC ng Oktubre 29 hanggang Nobyembre 4 alinsunod sa panuntunan ng IATF. Sinabi ni MNC Director Roselle "Yayay" delos Reyes na bagama't sarado sa naturang panahon ang sementeryo sa lahat ng dadalaw ay tuloy naman ang operasyon nila sa paglilibing at pag-cremate. Aniya, sa paglilibing ng mahal sa buhay ay nasa hanggang 30-katao la-

mang ang maaring makapasok sa sementeryo at mahigpit na ipatutupad ang physical distancing lalo na ang pagsusuot ng face mask. Mahigpit din na ipinagbawal na makapasok sa MNC ang mga bata partikular na ang edad 20 pababa gayundin ang mga senior citizen. Nagpaalala ang opisyal sa mga pupunta sa puntod na bawal ang pagdadala ng alak, gamit na pang-sugal at maiingay na kagamitan sa loob ng sementeryo. Sa oras na masita ng mga nakatalagang awtoridad sa MNC ang mga bitbit nilang gamit na kabilang sa kanilang ipinagbabawal ay agad itong kukumpiskahin. **(Leonard basilio)**

USAP LANG

JUNE BILLONES
0929-8127638

'Wag igiit ang sarili

DARATING at darating ang kapaskuhan kahit mayroon pa ring pandemiya.

Isa sa mga tradisyunal na ginagawa at talagang na-kaugalian na ay ang Simbang Gabi.

Dahil nga sa kinakaharap na pandemiya ay limitado lamang ang pagpapahintulot sa pagpasok sa simbahan.

Sa puntong ito ay mayroon na rin namang mga kaukulang hakbang o plano ang simbahan hinggil dito.

May mga precautionary measures na ilalagay ang simbahan upang maiwasan ang virus.

Sa Maynila ay nabanggit nga ni Mayor Isko Moreno ang balak na limitasyon sa mga dadalo sa Simbang Gabi.

Bagay na sinang-ayunan naman ito ni Fr. Douglas Badong, ang parochial vicar ng Quiapo Church.

Alam naman natin na isa ang simbahan ng Quiapo na dinudumog kapag ganitong okasyon.

Taglay rin ng mga Pinoy na isakatuparan ang ganitong tradisyon at hindi alintana kung may pandemiya man.

Lalo na iyong mga tunay na deboto na sadyang nasa puso at isipan ang

pagsisimba.

Mayroon naman kasing dumadalo sa Simbang Gabi subalit hindi nakatuon sa misa ang atensiyon.

Iyon bang kung tawagin ay dahil sa barkadahan lamang at mistulang ginagawang tipanan ang simbahan sa panahon ng Simbang Gabi.

Kung tawagin nga sila ay 'Simbang-Tabi' na kahit nasa loob ng simbahan o nasa tabi o gilid lamang ay panay ang kuwentuhan at abala sa kanilang mga cellphone.

Kaya kung kayo ay kabilang sa 'Simbang-Tabi' ay huwag na ninyong igiit muna ang inyong sarili sa Simbang Gabi lalo at ganito pa ang sitwasyon ng ating bansa.

Ang Baclaran Church ay isa rin sa pamoso tuwing panahon ng Simbang Gabi.

Sakaling pahihintulutan ang Baclaran Church ay tuloy ang kanilang misa ng alas-kwatro ng madaling-araw.

Sakop nga lamang ng curfew ang oras na iyon kaya kung hindi man papayagan ay susunod ang Baclaran Church sa misa na ala-singko ng madaling-araw o ala-sais ng umaga.

Kelot na may kasong droga, tigbak; nanlaban sa parak?

PATAY ang isang hindi nakilalang lalaki na sinasabing nanlaban sa mga pulis sa loob ng kanilang opisina sa Tondo, Manila.

Inilarawan ang lalaki na may sapat na edad, katamtaman ang katawan, may mga tattoo sa kanyang katawan.

Ayon sa pulisya dakong 9:15 ng gabi nang naganap ang insidente sa loob ng SDEU office sa Mariones Police Station (Station-2.)

Nabatid na ang biktima ay naaresto dahil sa kasong

paglabag sa Section 11 ng RA 9165 sa Tondo dakong 8:50 ng gabi.

Habang nasa loob ng opisina at ilang minutong nakalipas ay naglabas ang lalaki ng kalibre 22.

Sinasabing nagkaroon ng komosyon at naunahan ng pulis ang lalaki sa pagbaril.

Gayunman ay mabilis naman isinugod ng pulisya ang lalaki sa Mary Jhonson Hospital ngunit binawian ng din ito ng buhay. **(Leonard Basilio)**

EDITORIAL

Estudyanteng piniling wakasan ang buhay

NAKAKALUNGKOT na may ilang mag-aaral na pinili ang pagkitil sa kanilang sariling buhay.

Ang dahilan ng pagpapakamatay ay bunsod ng kasalukuyang sistema ng pag-aaral dulot ng pandemiya.

Sadyang ang nangyayaring pandemiya ay may malaking epekto sa kaisipan ng tao, bata man o matanda.

Ang mga matatanda nga o iyong may sapat ng gulang ay labis na naapektuhan kaya paano pa ang mga bata.

Sa kabila ng pandemiya ay tuloy ang pag-aaral upang maipagkaloob sa mga estudyante ang edukasyon.

Sa mga bata o mag-aaral, harapin ang pag-aaral at hindi dapat pagagapi sa pandemiya.

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PAPI

NASA 200K BATA, HINDI NABAKUNAHAN KONTRA POLIO SA CALABARZON

MAY kabuuang 198,686 na mga bata sa CALABARZON (Cavite Laguna Batangas Rizal Quezon) ang hindi pa nababakunahan kontra polio matapos ang isinagawang kampanya na "Sabayang Patak Kontra Polio (SPKP)" na isinagawa nitong nakaraang buwan.

Ayon kay DOH Regional Director Eduardo C. Janairo na base sa kanilang October 12, 2020 na report, mula sa target na 1,185,005 na mga bata mula edad 0-59 buwan na dapat mabakunahan, umabot lamang sa 83.23% ang nabakunahan o kabuuang 986,319.

Sa ulat, ang Cavite ang may pinakamababang naitalang hindi nabakunahan kontra polio na 76.94% o 452,105 o kabuuang 104,264 ang hindi nabakunahan, sumunod ang Rizal na 86.34% 9 o 369,303 o kabuuang 50,408 habang ang Laguna ay 87.91% o 363,597 o kabuuang 43,964.

Paliwanang ni Janairo na kableng sa mga dahilan

kung bakit hindi nabakunahan ang mga bata ay wala sila sa kanilang bahay nang isinagawa ang kampanya kontra patak polio, habang ang ibang nanay ay hindi makapagdesisyon at kinakailangan ipaalam sa kanilang asawa o may sakit ang bata.

Dagdag pa ni Janairo na ang iba ay takot sa bakuna at sa maaring magiging epekto nito dahil na rin sa pangyayari sa kaso ng Dengvaxia at ang iba naman ay tumanggi ang kanilang mga magulang na pabakunahan.

Paalala ni Janairo na kinakailangan mabakunahan kontra polio ang mga bata para mabigyan sila ng proteksiyon at pangangalagang kinakailangan nila.

"That is why we still continue to seek these unvaccinated children and explain to their parents the importance of the polio vaccine because we need to give them protection from a very contagious virus that can lead to paralysis," ayon pa kay Janairo. **GENE ADSUARA**

DOST-4A hosts webinar on dengue, COVID-related

CALAMBA CITY, Laguna (PIA)—Dengue and various mental health concerns are some of the health issues other than the coronavirus disease 2019 (COVID-19) that the government is addressing.

As part of the National Science and Technology Week celebration, the Department of Science and Technology - CALABARZON (DOST-4A) hosted a two-day webinar series entitled, '#BANGON: Bayanihan Tungo sa Pagbangon', which aimed to address public health concerns brought about by the COVID-19 pandemic.

University of the Philippines - Philippine General Hospital (UP-PGH) Hospital Infection Unit Head Dr. Regina P. Berba explained that the similarities between the two diseases made their diagnosis and treatment more challenging.

"Interestingly, in areas with high incidence of dengue

fever cases, such as Brazil, the rate of spread of COVID-19 is significantly slower," Berba said.

The physician also shared her hypothesis that persons who have contracted dengue in the past may have developed immunity to COVID-19 to a certain degree.

She also introduced 'Biotek M', an affordable yet effective dengue detection kit designed and developed by a team of Filipino inventors led by Dr. Raul V. Destura, and funded by the DOST-Philippine Council for Health Research and Development.

Dengue virus carrier *Aedes aegypti* is known to thrive in stagnant water, which prompted inventor Lyle Herbosa to develop the larvicide, Kiti-KitiX.

According to Herbosa, Kiti-KitiX is effective for 11 months and is non-toxic to humans and animals, ex-

43 Cavite and Quezon mentees complete DTI's KMME-MME program

CALAMBA CITY, Laguna (PIA) --Forty-three micro, small, and medium enterprises from the provinces of Quezon and Cavite had completed the Online KAPATID Mentor Me-Money and Market Encounter (KMME-MME) Program of the Department of Trade and Industry Region 4-A, in partnership with the Philippine Center for Entrepreneurship-Go Negosyo on 13 October 2020.

Launched on 4 August 2020, the mentees completed the 10-module program, Government Services Forum, and presented their Business Improvement Plan (BIP) on 7-9 October 2020 to the panelists composed of the government sector, certified mentors, business sector, and financial partners. The mentees were graded based on the effectiveness of their presentation such as the organization, flow, time, and effectiveness to response to audience questions and comments, including their application of learning from the modules such as market

opportunity, competitive advantage, management capability, financial understanding, and innovation.

"We are now having online graduations for our KMME-MME program nationwide, and this is part of going digital as the New Normal during the pandemic. It is very important that we always think out of the box in

these times of crisis, so we are very happy to have our first batch of graduates this year in the CALABARZON region. This shows the determination of our MSMEs and their passion to reboot their businesses to survive the pandemic. There's always a way, and we do it the right way," said DTI Secretary Ramon Lopez in

his video message.

Presidential Adviser (PA) for Entrepreneurship and PCE-Go Negosyo founder Joey Concepcion in his video message mentioned that they carefully choose business experts as mentors to provide the mentees high-quality education about the aspects of business for free. On the other hand, PCE Adviser Merly Cruz congratulated the mentees for being resilient and recognized the hard work and effort they exerted to be able to finish the program.

"Sa panahon na halos tumigil ang mundo kasama ang aming mga negosyo, naging kaagapay naming mga mentees ang bawat isa at ang KMME-MME program. Maraming salamat sa DTI dahil sa panahon ngayon, ito ang kailangan naming mga negosyante. We thank the DTI for showing us a light of hope," said Weira Blanca Mortilla, owner of M&M Yema Cake and Pasalubong.

"Through the KMME-MME program, we learned to recreate our brand and our business, to innovate and give more value in our business, to be more passionate in what we do to grow our business, and most of all, to rise up amidst adversity," added Mortilla.

DTI CALABARZON Director Marilou Toledo expressed her happiness and excitement to the graduates. She assured them that DTI's intervention does not end from the program, as there will be more wonderful opportunities that await the mentees.

To survive and thrive amid the COVID-19 pandemic, a blended KMME-MME program for the New Normal is developed as a practical delivery mechanism for the same mentorship modules for the micro, small, and medium enterprises. The program addresses the urgent need for the continued access of mentees to Money, Market, and Mentorship (3Ms). **(PIA-4A/DTI-CALABARZON)**

DBP backs public transport sector recovery

CALAMBA CITY, Laguna (PIA) --State-run Development Bank of the Philippines (DBP) is working with the Department of Transportation (DOTr) and the Land Transportation Franchising and Regulatory Board (LTFRB) in coming up with financial interventions to help the transportation sector get back on track after reeling from the ill-effects of the pandemic, a top official said.

DBP President and Chief Executive Officer Emmanuel G. Herbosa said the assistance includes government subsidies to public utility vehicle (PUV) operators to cover revenue gaps during the period when a temporary ban on PUVs were imposed as part of community lockdowns.

"DBP is one with the DOTr and LTFRB in finding suitable and sustainable solutions to assist the transport sector as it steadily begins to recover from the devastating losses spawned by this pandemic," Herbosa said.

DBP is the seventh largest bank in the country in terms of assets and provides credit support to four strategic sectors of the economy – infrastructure and logistics, micro, small and medium enterprises (MSMEs), social services and community development, and the environment.

The bank's assistance to the transport sector

would be implemented through its Rehabilitation Support on Severe Events (RESPONSE) program, which extends financing support for the rehabilitation efforts of both public and private firms adversely affected by calamities such as the latest national public health emergency.

As of end-June, DBP has provided a total of P19.16-billion in credit assistance and payment deferment under DBP RESPONSE, which benefitted 606 clients of which 19 clients are from the transport sector.

Herbosa said DBP recognizes the essential role of the transport sector in the country's economic recovery as it caters mostly to workers belonging to the MSME sector, which is considered the backbone of the local economy. (PIA-4A/DBP) He said industry stakeholders should collaborate and muster the needed resources to implement innovative approaches and adapt to new regulations to ensure the health and safety of commuters.

"This an opportune time for the public transport sector to examine its future role in the country's mass transportation system while optimizing available resources to meet the growing demand for cleaner and more efficient modes of transport," Herbosa said.

CHRISTMAS IN OCTOBER AT SM APPLIANCE CENTER

Christmas comes early to SM Appliance Center as it brings holiday cheer with its **Christmas In October Sale**.

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There are family entertainment centers that will bring the cinema-experience to your home, energy saving inverter air conditioners to refresh the air in your room and high performance washing machines to help make all your laundry chores a breeze.

SM Appliance Center's stylish inverter refrigerators which not only keep your ingredients fresh and odor free but also make your home energy efficient and elegant looking. Durable and versatile ovens are also best kitchen partners for family dinners.

Check out other items on sale and view our complete catalogue at <http://bit.ly/ChristmasInOctoberCatalogue>. You can shop and order these items at all SM Appliance branches nationwide (except Boracay), or via Order To Deliver service / Concierge in your area. You may also join SM Appliance Center's Viber community at <https://bit.ly/SMApp-Viber>. With our easy & secure home delivery service, you can Stay Home and Stay Safe.

You may also shop online at www.smappliance.com. For more updates, you may also want to like us at facebook.com/smappliance or follow us at [instagram account/smappliance](https://instagram.com/smappliance).



This **LG 15.4 cubic feet Platinum Silver Refrigerator** features include moist balance crisper, hygiene fresh and multi air flow to keep your foods fresher, longer and odor free. **Original Price: 39,495.00 Christmas In October Price: 24,995.00** Cash/straight payment transaction only.



LG 10.5 / 7kg Frontload Inverter Fully Automatic Combi Washer Dryer. An all in one washer and dryer combo inverter washing machine which you can remotely operate your laundry, download additional cycles and interact with it with its Smart ThinQ features. **Original Price: 66,995.00 Christmas In October Price: 43,995.00** Cash/straight payment transaction only.



Cook your family's favorite meal with this **La Germania Free-Standing Oven** with 3 gas burners and 1 electric hotplate. It also has a gas oven with electric grill. **Original Price: 39,550.00 Christmas In October Price: 35,995.00** Cash/straight payment transaction only.



Keep your home cool and energy efficient with this **TCL 1.5 HP Inverter Split Type Airconditioner.** **Original Price: 34,995.00 Christmas In October Price: 20,990.00** Cash/straight payment transaction only.



American Home **1HP Inverter Window Aircon.** **Original Price: 25,995.00 Christmas In October Price: 18,990.00** Cash/straight payment transaction only.



This **Samsung Exclusive 340W 3.1 Channel Soundbar with Subwoofer** is a perfect addition to your home theater. **Original Price: 19,990.00 Christmas In October Price: 12,990.00** Cash/straight payment transaction only.



This **Samsung 7Kg Top Load Fully Automatic Washing Machine** provides ultimate fabric care and washing power with its Wobble Technology. **Original Price: 14,495.00 Christmas In October Price: 10,995.00** Cash/straight payment transaction only.



This **Samsung 65" Crystal UHD Curved LED TV** features a HDR processor for powerful picture quality, remote access which lets you mirror your computer's display on the TV screen wirelessly and Bixby which allows you to control your smart TV using voice commands technology. **Original Price: 63,990.00 Christmas In October Price: 47,990.00** Cash/straight payment transaction only.



Watch your favorite movies in super resolution with this **Sony 55 inch Triluminos 4K X-Reality Pro LED TV.** **Original Price: 39,990.00 Christmas In October Price: 31,990.00** Cash/straight payment transaction only.



This **Samsung Inverter Side by Side 24.7 cubic feet Refrigerator** last longer with up to 50% energy savings. **Original Price: 76,995.00 Christmas In October Price: 49,990.00** Cash/straight payment transaction only.

THE BODY SHOP IS NOW ONLINE

Shopping for your favorite cruelty-free essentials is just a few clicks away as the Body Shop goes on-line at www.thebodyshop.com.ph. Add to your cart The Body Shop's new products your skin will absolutely thank you for.

- Autumn is coming, and The Body Shop has brewed up the cosiest scent with Special Edition Vanilla Pumpkin collection. Like sugar, spice and everything nice, these body care treats are sure to keep you feeling toasty warmed with notes of pumpkin, hazelnut caramel, maple syrup and almond milk.

- Refresh your body care and bath time routine with The Body Shop's instantly cooling new collections. The Special Edition Cool Cucumber range feels instantly cooling on skin and smells unbelievably refreshing; while the zingy Special Edition Zesty Lemon range keeps things fresh and is the perfect way to kickstart your morning.

- Inspired by superfood ingredients from around the world, the new The Body Shop Hair & Body Mist collection are cute and colorful feel-good spritzes for that gives instant 'ahhh' feeling.

- The new Ginger Scalp Serum is the latest addition to the Ginger Haircare collection. A few drops of this potent formula will help rebalance, nourish and soothe dryness of the scalp giving you the confidence to come close, let loose and free your hair.

- Your skin will be ready to take on the day with round-the-clock protection against UVA and UVB rays, and pollution with the new and improved The Body Shop Skin Defence Multi-Protection Lotion SPF 50+ PA++++. This lightweight triple threat facial lotion contains red algae extract and

the antioxidant vitamin C leaving your complexion looking healthy and radiant.

- Give your skin some love and hydration with the new Tea Tree In-Control Hydrator. This new addition to the Tea Tree range is perfect for giving hydration to those with oily and blemish-prone skin. Made with Community Fair Trade tea tree oil from Kenya and natural salicylic acid from wintergreen.

Visit our online store at www.thebodyshop.com.ph 24/7, add to cart, and check out anytime of the day. Also get offers and deals that are exclusively online. The Body Shop's cruelty-free and vegan products are also available in The Body Shop stores, Call & Deliver, Lazada, Shopee and ShopSM. The Body Shop now accepts SM Advantage Card for points earning and redemption, SM and Sodexo premium pass in all The Body Shop stores nationwide.

About The Body Shop

The Body Shop was founded in 1976 by Dame Anita Roddick in Little Hampton, England. The beauty brand pioneered corporate activism and was built on a philosophy that business can be a force for good. With its brand expression, Beauty with Heart, the company continues to be focused on five core values: Against Animal Testing, Support Community Fair Trade, Activate Self Esteem, Defend Human Rights and Protect The Planet.

All products are created using the finest ingredients sourced from the four corners of the globe, which are not tested on animals and are 100% vegetarian. The Body Shop has been in the Philippine market for eighteen years with over 55 strategically located stores nationwide.



Cleanse and cool off with the richly lathering **Cool Cucumber Shower Gel** made with juice from wonky cucumbers and organic sugar.



Buff that beautiful body with the invigorating **Zesty Lemon Body Scrub** and hydrate your skin with ridiculously refreshing zingy **Zesty Lemon Body Yogurt**.



Cute and colorful feel-good hair and body mist spritzes: in **Lime and Matcha** for a refreshing citrusy boost, **Coconut and Yuzu** for a tropical scent that feels like holidays, and **Apricot and Agave** when you need a little on-the-go sweetener.



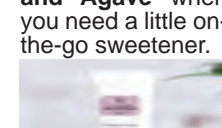
Have an indulgent shower with **Vanilla Pumpkin Shower Gel**, richly infused with vanilla extract from Madagascar, notes of pumpkin, hazelnut caramel and maple syrup.



Cool things down with hydrating **Cool Cucumber Body Yogurt** made with Community Fair Trade organic almond milk that smooths skin and absorbs instantly for 48 hours.



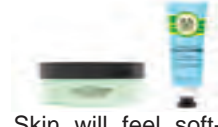
The **Zesty Lemon Shower Gel** that richly lathers to leave skin smelling refreshingly zingy and squeaky clean.



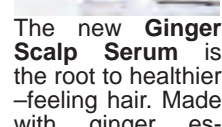
Add the **Skin Defence Multi-Protection Lotion SPF 50+ PA++++** to your morning mantra and protect your skin against UVA and UVB rays and pollution.



The intensely hydrating **Vanilla Pumpkin Body Butter** is made with Community Fair Trade shea butter from Ghana, Brazilian babassu oil and sesame seed oil from Nicaragua.



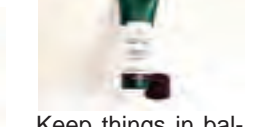
Skin will feel softer, smoother and instantly cooler with light and non-greasy **Cool Cucumber Body Butter** and **Cool Cucumber Hand Cream**.



The new **Ginger Scalp Serum** is the root to healthier-feeling hair. Made with ginger essential oil from Sri Lanka, white willow, and birch bark, helps rebalance scalp from excess oils and sebum to leave it feeling intensely nourished.



Lightweight and non-greasy **Vanilla Pumpkin Hand Cream** absorbs fast into the skin, helping to protect and hydrate on the go.



Keep things in balance with The Body Shop's **Tea Tree In-Control Hydrator** a light and purifying moisturizer that sinks effortlessly into skin for a shine-free hydration.

HANGAD NA KARAGDAGANG PONDO PARA SA OLIMPIKO TINALAKAY



Ang Pangulo ng Komite ng Olimpiko ng Pilipinas (POC) na si Rep. Abraham "Bambol" Tolentino ay humingi ng karagdagang PHP510 milyong badyet para sa mga piling tao sa palakasan para sa 2021 habang ang bansa ay nakakuha ng isang malinaw na posibleng pagwawagi sa una o kahit na higit pang gintong medalya ng olimpiko sa itinakda ulit na Tokyo Games.

"Ang Tokyo ay maaaring ang host city na kung saan ang bansa ay maaaring manalo ng hindi isa, hindi dalawa, ngunit marahil mas maraming medalya ng gintong Olimpiko 2021. At sa linya na ito, kailangan ng mga atleta ang lahat ng suporta sa kanilang hangarin na magawa ang hindi pa nakakamit dati," Sinabi ni Tolentino matapos ang interpellation nito sa panukalang badyet ng Philippine Sports Commission (PSC) para sa 2021.

Ang PSC ay iminungkahi para sa isang tradisyonal na Kagawaran ng Budget Management-inindorso ng PHP207 milyon na 2021 na badyet na inilaan para sa pagpapatakbo at sahod at ng mga tauhan ng ahen-sya.

Bukod dito, isang karagdagang PHP510 milyon ay iminungkahi bilang karagdagang pondo na pangunahing nilalayan para sa mga atletang Pilipino na nagsasanay at naghahanda para sa Tokyo Olympics at para sa mga kwalipikasyon sa Palaro.

"Kailangan ng PSC ang buong suporta ng Kongreso — ang Kamara at Senado — sapagkat ang 2021 ay ang taon kung kailan nag-beckons ang medalyang

gintong olimpiko," sabi ni Tolentino. "Sigurado ako na ang mailap na gintong medalya ay makakamtan sa Tokyo."

Sinabi ni PSC Chairman William Ramirez tungkol sa dagdag na budget na PHP510 milyon, PHP150 milyon ang para sa kampanya sa Tokyo Olympics, habang ang PHP100 milyon ay para sa paghahanda at pakikilahok sa Timog Silangang Asya kung saan ipagtatangol ng bansa ang pangkalahatang kampeonato kapag ang Vietnam ang nagho-host ng mga larong biennial mula Nobyembre 21 hanggang Disyembre 2 sa susunod na taon.

"Ang SEA Games ay nangunguna sa mga prioridad habang ipinagtatangol namin ang pangkalahatang pamagat na nakamit namin noong nag-host kami ng kaganapan sa 2019," sabi ni Tolentino.

Ang natitirang PHP250 milyon ay ilalaan para sa Asian Beach Games, Asian Indoor Martial Arts Games, Asian Youth Games, Asian Youth Para Games, SEA

Para Games, Tokyo Paralympics, at Asean Youth Games.

Tiningnan ni Tolentino ang kampeonato sa gymnast na si Carlos Yulo at ang naging boksidor na si Eumir Felix Marcial bilang pinakamaliwanag na tsansa para sa gintong medalya, kasama ang mabilis na umuusbong na si Earnest John "EJ" Obiena at babaeng boksingero na si Irish Magno.

Naghihintay sa kampeon ng pambansang boksing sa mundo na si Nesthy Petecio at ang Rio 2016 weightlifting silver medalist na si Hidilyn Diaz, na ang kani-kanilang mga kwalipikadong Tokyo ay ipinagpaliban para sa unang bahagi ng 2021 ng coronavirus disease na 2019 (Covid-19) pandemya.

Si Mariano "Nonong" Araneta, ang chef de mission ng Pilipinas sa Tokyo, ay inatasan ang kanyang inaasahan na hindi bababa sa 18 mga Pilipinong kwalipikado para sa Palaro na itinakda mula Hulyo 23 hanggang Agosto 8 sa susunod na taon.

Ang 1st batch ng mga 'Calambubble' players ay na-clear sa Covid-19

Ang mga unang koponan na pumasok sa tinaguriang "Calambubble" ng Chooks-To-Go Pilipinas 3x3 President's Cup ay nalinis mula sa coronavirus disease 2019 (Covid-19).

Ang komisyoner ng liga na si Eric Altamirano ay inihayag noong Huwebes na ang pitong koponan na na-

karating sa Inspire Sports Academy sa Calamba ay sumubok ng negatibo para sa kinakatakutang virus.

"Masaya kaming inihayag na ang lahat ng 33 mga manlalaro na pumasok sa aming bubble ay sumubok ng negatibo para sa Covid-19 at handa nang mag-simulang magsanay sa

Negatibo sa Covid - 19 ang referee ng PBA bubble

Ang Philippine Basketball Association (PBA), Bases Conversion Development Authority (BCDA), at ang Clark Development Corporation (CDC) ay naniniwala na ang referee ay una nang nasubok na positibo para sa coronavirus disease 2019 (COVID-19) kamakailan lamang na swab test ay maaaring magiging isang maling positibo kaso.

Ito ay matapos na ang opisyal ng laro ay nagbunga ng isang negatibong resulta sa isang pagsubok ng antigen na isinagawa.

"Ang isang referee ng 2020 PBA Philippine Cup na ginanap sa Clark na naunang naulat na isang 'suspect case' ay maaaring isang kaso ng maling positibo matapos ang pagsasagawa ng pagsusuri ng antigen ay nagbigay negatibo sa pagkakaroon ng Covid-19 virus," basahin ang isang pinagsamang pahayag mula sa tatlong mga samahan.

Agad dinala ang referee

Biyernes," sabi ng betera-nong mentor.

Ang mga manlalaro mula sa mga Family's Brand Sardines - Zamboanga City Chooks, Uling Roasters - Butuan City, Bacolod Master Sardines, Nueva Ecija Rice Vanguard, Palayan City Capitals, Big Boss Cement - Porac MSC Green Gorillas, at Pasig - Sta. Dumating si Lucia Realtors sa Inspire noong Miyerkules at mabilis na sumailalim sa reverse transcription - pagsubok ng polymerase chain reaction (RT-PCR) pagkatapos.

Sa mga negatibong resulta na nakumpirma, ang pitong pulutong ay maaaring simulan ang kanilang mga kasanayan.

Ang Zamboanga City, na na-tag bilang pinakamabigat na paborito upang mamuno sa season-opening conference, ay binubuo nina Joshua Munzon at Alvin Pasaol, dalawang miyembro ng pambansang koponan sa FIBA 3x3 Olympic Qualifying Tourna-



sa New Clark City Athlete's Village sa Capas para sa antigen test.

Sa kabila ng negatibong resulta, ang opisyal, ayon sa PBA, BCDA, at CDC, ay mananatili sa Athlete's Village para sa kanyang 14 na araw na kuwarentenas. Ang isa pang reverse transcription-polymerase chain reaksyon na pagsubok ay gagawin sa kanya upang

kumpirmahin ang negatibong resulta ng antigen.

Sa kabilang banda, nilinaw sa pahayag na ang bawat isa ay mahigpit na sumusunod sa mga protocol na itinakda para sa nagpapatuloy na mula sa Angeles.

"Ang integridad ng bubble ay hindi nakompromiso. Ang mga protokol ay hindi nalabag," dagdag nito.



Himutok ni Ronalyn Redima Greenlees, (PLBA) Officer-in-Charge dahil sa kanyang mga hayagang salita na "masaklap man sa damdamin na mas tinitingala pa sa ibang bansa ang koponang nagbibigay ng karangalan sa tinubuang lupa" na ilan lamang ito sa naging pahayag sa lingguhang TOPS: Usapang Sports via Zoom sa Sports on Air. (RGN)

ment sa susunod na taon, Troy Rike, at Santi Santillan.

Kabilang sa mga koponan na maaaring magbigay sa Zamboanga City ng malaking hamon ay si Nueva Ecija, na binubuo nina Jai Reyes, Gab Banal, Tonino Gonzaga, Mac Sabellina, at panauhing manlalaro na si Juan Gomez de Liaño. Ang Butuan ay nagtayo din ng isang solidong listahan para sa paligsahan, na nagtayo sa Franky Johnson, Karl Dehesa, at Chris de Chavez, kilalang mga numero sa lokal na 3x3 circuit, at dating mga pro 5-on-5 na beterano na sina Chico Lanete at JR Alabanza.

Sa kabilang banda, ang

limang iba pang mga club na

nakikipagkumpitensya sa Presidential Cup, Zamboanga Peninsula Valientes MLV, Pagadian City - Rocky Sports, Petra Cement - Roxas City Rockies, Sarangani Marlins, at Bicol Pro 3x3, ay nakarating sa "Calambubble" bilang well.

Ang mga resulta ng RT-PCR ng mga koponan na ito ay inaasahang ilalabas at ang mga sumubok ng negatibo para sa Covid-19 ay maaaring ng magsanay.



HANEP SHOWBIZ

MATUTO NGAYONG PASKO: JAMIE RIVERA



HINDI lamang akma ang kasalukuyang awitin ay sadyang tama rin ang kanyang mensahe para sa nalalapit na kapaskuhan.

Kahit tayo ay nasa pandemiya ay sadyang darating at darating ang Pasko. Hindi naman kaila na ang Pasko ay panahon din ng regalo bilang simbolo ng pagbibigayan.

Ngayong Pasko sakali mang walang makukuhang regalo eh sabi nga ni Jamie dapat ay okey lamang. Isa sa dapat matutuhan ngayong kapaskuhan ay ang umunawa dahil nga sa ating kasalukuyang sitwayon.

Well, for me ay isang big check dito si Jamie.

Tama lamang na matuto tayo ngayong darating na Pasko.

Damhin at ilagay natin sa puso ang nilalaman ng awiting 'Ber Months Na Naman' ni Jamie.

Buong pusong iniaalay ni Jamie ang nasabing kanta sa mga Pinoy lalo tayo ay nasa pandemiya.

Tumutugma ang naturang kanta sa kasalukuyang kinakaharap natin.

Sa awiting ito ay naroroon ang mensahe kaugnay ng tradisyon ng kapaskuhan.

Asahan at tanggapin natin na ibang Pasko ang harapin para sa pagseselebra nito.

'Ika nga ng naturang singer, ang mahalaga ay ipanatili natin ang tradisyon ng



(35)

LABIS na nagtaka si Mikel sa kanyang mga marinig mula sa manghuhula.

Nagtataka si Mikel kung bakit ang tanong sa kanya ay kung sino ba daw siya.

Isa pa sa sobrang nalilito si Mikel sa tanong sa kanya kung ano ba talaga ang nais niya.

"Naguguluhan po ako sa mga tanong ninyo, 'di ko po maintindihan."

"Bakit po ninyo ako tinatanong ng mga ganyan? Ano po ang ibig sabihin ninyo?"

Sa halip na magsalita o sumagot ay isang halakhak ang pinakawalan ng manghuhula.

"Hahaha...Ikaw naman iho masyado kang seryoso."

Doon pa lalo nagtaka si Mikel sa ginawang pagtawa ng kanyang kausap. "Sabi mo ay walang mukha ang taong nakaharap at nakausap mo sa panaginip."

"Ibig sabihin niyon ay ikaw mismo ay patuloy pa rin sa paghahanap ng iyong sarili."

Medyo napakunot ng noo si Mikel sa pag-iisip,

naguguluhan siya.

"Nangangahulugan na mismong sarili mo ay hindi mo pa kilala o alam."

"Kaya nga tinanong kita kanina kung sino ka ba, ibig sabihin ay kilala mo na ba ang sarili o pagkatao mo?"

"Ang tanong ko pa sa iyo kanina ay kung ano ba talaga ang nais mo."

"Ang ibig sabihin ay 'di mo pa nakikita ang iyong true identity, kailangng malaman mo kung sino ka para malaman mo kung ano ang 'yung gusto."

Malabo pa rin kay Mikel ang mga ipinapaliwanag sa kanya ng manghuhula.

"Ito pa ang isa, may mga tao kang nakakasalamuha subalit 'di mo tiyak kung sino ba talaga siya o sila."

"Ibig sabihin ay hirap kang alamin ang tunay na karakter ng 'yung kausap."

"Hirap ka ring tuklasin kung ano ba talaga ang nasa saloobin ng kinaharap mo."

"Mahal mo...Gusto mo..."

(Itutuloy)



Pagkakaibigan... hanggang kailan?



Ika-12 Labas

TAGUMPAY ang unang deal ng tatlo para sa kanilang 'bisnes na buy and sell.

Kagaya ng kanilang unang napag-usapan ay nanggaling ang pera kina Rica at Marsha.

Isang Lancer ang binili nina Marsha at Rica na pagkatapos medyo bihisan o pagandahin pa ang kotse ay si Hazel ang humanap ng buyer.

"Ayo! Yes! Yes na yes." Kaya naman nang magkapirmahan na ng deed of sale at maiabot ang bayad sa sasakyan ay abot ang tuwa ni Hazel.

"Pagaganahin ko ang mga kontak ko para sa mga susunod pa nating mga benta."

Ang saya ni Hazel ay may kahalo pang konting yabang para kina Marsha at Rica.

"Yes! Tumatagiting na twenty five thousand pesos ang sobra o kinita natin."

Labas ang lahat ng nagastos ay malinis na P25,000 ang kitang pera. Naghati-hati sila ng P8,000 bawat isa na dahil tatlo sila kaya P24,000 lahat.

"Ilapang na lang natin 'yang sobrang isang libo- ng piso, eksakto tanghalian na naman eh."

Nagkasundo ang tatlo at naghanap ng restoran na kanilang makakainan.

"Umpisa pa lang 'yan, more benta pa ang mangyayari at kikitain nating tatlo."

Kapag magkakasama silang tatlo ay medyo natatabunan ang pagkaboka ni Marsha.

Sadyang mas madaldal sa kanilang tatlo si Hazel, halos boses niya ang nangingibabaw.

Sa tatlo ay sadyang tahimik si Rica na kung kailan lang naising magsalita.

Si Rica kasi iyong tipo na seryoso kaya kapag siya naman na ang nagsasalita ay bahagyang tiklop ang dalawa.

"Magtrabaho lang tayo at 'wag nagbibilang kaagad ng sisiw habang 'di pa nabibiyak ang itlog."

Ganyan ang mga klase ng pagsasalita ni Rica na talaga namang malalalim.

Kung susuriin lang ni Hazel ay patama o pahaging iyon sa kanya ni Rica.

(Sundan)

kapaskuhan lalung lalo na ang tunay na diwa nito.

In other words, matuto tayo ngayong Pasko na kahit walang regalo.

Napakalaking regalo na mula kay Kristo na nanatili pa tayo sa mundo sa bawat Pasko.

@@@

GOODLUCK CLINT

Nananatili pa rin sa Amerika ang Cebuanong si Clint Ramos at siya ay isa sa mga nominado para sa 74th Annual Tony Awards.

Nominado siya sa Best Costume Design in a Play para sa The Rose Tattoo at Best Scenic Design in a Play para naman sa Slave Play.

Kung papalarin ngayon ay pangalawang Tony Award

na ang maibubulsa ng multi-awarded Cebuano theater designer.

Nakuha kasi ni Clint ang Tony Award for Best Costume Design sa Broadway production na Eclipsed last 2016.

Si Clint ay nagtapos sa University of the Philippines-Diliman sa kanyang kursong Theater Arts.

Sa kasalukuyan ay tatlong Pinoy pa lamang ang nanalo ng Tony Awards.

Sila ay sina Lea Salonga at Jhett Tolentino na ikatlo nga iton si Clint.

Sinusulat ito ay hindi pa payak ang petsa para sa ceremony ng 2020 Tony Awards.

Good luck Clint!

GOING BIKE-FRIENDLY AT THE SM MALLS

Long known for its health and environmental benefits, biking has since emerged as a choice way to commute during the recent pandemic. With bicycles becoming more widely used, SM Supermalls through SM Cares is creating bike-friendly infrastructures and facilities to give the growing number of bike commuters and enthusiasts a safe, convenient, and enjoyable experience.

The **Bike-Friendly SM** initiative will roll out at the SM Mall of Asia this September, and across all SM malls nationwide in the coming months.

“By transforming our malls into bike-friendly establishments, we hope to support inclusive and safe mobility, and promote a culture of cycling,” says SM Engineering, Design, and Development President Hans Sy Jr. who conceptualized and spearheads the project. “It is part of a comprehensive plan to make communities where SM malls are located, more inclusive, livable, and sustainable.”

The SM Mall of Asia (MOA) is leading the way with bicycle lanes in the MOA Complex complete with bike-centric street signs. In addition, SM will enhance its bike parking capacity, install repair stations, a helmet depository, and bike supply and refreshment stations.

“We have designed our bike facilities to be enjoyed by all members of the community across all ages and biking abilities, whether it be for utilitarian or recreational purposes”. Sy added, “SM hopes that this will encourage more people to take up biking as a healthy and environment-friendly mode of transportation”.

Through this initiative, SM will build a connected network of bike lanes on all roads in the MOA Complex stretching up to 18 kilometers, including a dedicated bike lane along J.W Diokno Boulevard. Future plans consist of connecting SM’s network of bicycle lanes to major roads in the metro.

Likewise, clearly visible bike-centric road signs will also be installed to provide riders and motorists with easy and orderly routing within the Complex. SM’s road signage is based on NACTO (National Association of City Transportation Officials) US Standards implemented by member cities such as Boston, Los Angeles, New York, and Washington, DC.

Here’s what cycling enthusiasts can look forward to as SM goes bike-friendly:

- Convenient, safe, and accessible bicycle parking. SM will ramp up its bike parking capacity in MOA by fifty per cent, with additional bike racks and new street-level bike parking zones steps away from mall and shop entrances.

- Bike Repair Stations will be placed in strategic locations to assist the pedaling public for their emergencies and maintenance. Each Repair Station is equipped with a bike stand, floor pump, and essential tools which customers can also use for free.



SM will build a connected network of bike lanes on all roads in the Mall of Asia Complex stretching up to 18 kilometers, including a dedicated bike lane along J.W Diokno Boulevard.



SM Mall of Asia’s new street-level bike parking zone is steps away from mall and shop entrances for convenience and accessibility.



SM Mall of Asia’s newly installed bike racks offer secure and convenient parking for cyclists.



As an added service, SM will provide a Helmet Depository for a worry-free, end-of-ride experience. Bikers can leave their helmets at no cost at the Helmet Depository located at Ocean Drive for their trips to the mall.

- A Helmet Depository for a worry-free, end-of-ride experience. Bikers can simply leave their helmets at no cost at the Helmet Depository located at Ocean Drive for their trips to the mall.

- Bike Vendo Machines carrying ride essentials such as bike tubes, lights/blinders, bike locks, repair kits, tire patch kits, hand wipes, ponchos, gloves, and multitools. A separate vending machine for hydration and energy snacks will also be available. A Seaside Bike Kiosk offering a wider range of accessories and gear will be available for sale.

In addition to bike infrastructure, SM will spearhead information sessions on road safety, first aid, basic bike repair, and biker and motorist etiquette in partnership with biking communities.

With the Bike-Friendly SM initiative, customers can now look forward to a safe, convenient, and enjoyable riding experience. The project is also one of the highlights of SM’s Green Movement campaign promoting environment-friendly initiatives for sustainable communities.



24/7 Bike Support. SM will install vending machines offering a range of essential bike supplies and gear, as well as energy-boosting snacks and hydration.



Bike emergency essentials from the Bike Vendo Machine include a bike pump, tire patch kit, and multi-tools.



Track your cycling adventures with a cyclometer, a bicycle computer to measure and record distance and speed. Available at the Bike Vendo Machine.



Convenient, safe, and accessible bicycle parking is an important component of the initiative. SM will ramp up its bike parking capacity in MOA by fifty per cent, with additional bike racks and new street-level bike parking zones.

SM CINEMA MOLINO

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FREE POPCORN for every ticket purchase

#SafeandFunMovieWatching

*Pursuant to Executive Order No. 36, 40 Series of 2020. Seated and drinks shall not be allowed inside cinema theaters.

The 011 Fun Book Promos are FTES 100101, Series of 2020.

SM CITY MOLINO, CAVITE – Take home your popcorn experience with SM Cinema Molino! Get your free popcorn for every purchased ticket as SM Cinema welcome you back at the big screen starting on October 14, 2020!

Mechanics:

- Guest must present the purchased movie ticket at the Snack Time counter to claim the FREE regular-sized bag of POPCORN (Only for take home)
- Promo redemption is valid on the same date indicated on the ticket only.
- Pursuant to Executive Order No. 36 #10 Series of 2020, food and drinks shall not be allowed inside the cinema.
- This promo is not valid to other conjunctions and discounts.
- Block screening and seat reservation are not entitled for this promotion.

Have a safe and Fun Movie Watching!



#EverythingLocal at SM City Trece Martires

Grab all your favorite locally made goodies at SM City Trece Martires as they go local! The Bazaar features hand-made bags and baskets good for storage and for planters; native Christmas decors, lamps and accessories are also some of the attractions. Locally made food such as dried pusit, danggit and mushrooms and sweet delicacies are the best-seller. Visit #EverythingLocal Bazaar at the event Center of SM City Trece Martires.

DTI OPENS CARES FUND FOR MSME LOAN TO PAY WORKERS' 13TH MONTH

MANILA – Same terms will be applied for small-scale business owners that would like to borrow from the Covid-19 Assistance to Restart Enterprises (CARES) fund for the 13th month pay of their employees, Trade Secretary Ramon Lopez said.

This is after Labor Secretary Silvestre Bello III bared that the Department of Trade and Industry (DTI) committed some PHP4 billion that can be tapped by micro and small enterprises (MSEs) as loan to pay for their workers' 13th month benefit.

Lopez told reporters in a text message Tuesday the PHP4 billion will come from the CARES program funded by Bayanihan 2 Act.

Under the Bayanihan 2, the government allotted PHP10 billion to DTI's financing arm, Small Business (SB) Corp., to fund its loan program for micro, small, and medium enterprises (MSMEs).

Of the total fund, PHP6 billion was allotted for MSMEs in the tourism sector.

"(It will be the) same procedure as other MSMEs borrowing for working capital and operations," the DTI chief said.

Under the CARES program, existing MSMEs with at least one year of operation can avail the zero-interest loan.

SB Corp. only collects service fee of 4 percent for loans payable within a year, 6 percent for two-year loan, and 7.5 percent for three-year loan.

With the Bayanihan 2, CARES program offers loans from PHP10,000 to PHP200,000 depending on the asset size of the enterprises.

Those with a minimum asset size of PHP50,000 to PHP1 million can apply for loan.

The Department of Labor and Employment (DOLE) last week ruled out the deferment and exemption of employers to give 13th month pay to their workers.

Presidential Decree 851 mandated all employers to give 13th month pay on or before Dec. 24.

Bello earlier said the government would need up to PHP13.7 billion to subsidize the 13th month pay of employees working in dis-

tressed businesses due to the coronavirus pandemic. Last week, Lopez said the government was still studying how to provide assistance to MSEs to pay their workers' 13th month pay, whether through loans or subsidy. (PNA)

2 studies suggest blood type O at less Covid-19 risk

ANKARA – Two medical studies have suggested that people with blood type O may be at lower risk of contracting the novel coronavirus.

A Danish study, conducted by 11 researchers based on information of 473,654 individuals tested for Covid-19, found that blood group O was associated with a decreased risk of coronavirus infection.

"We demonstrate that blood group O is significantly associated with reduced susceptibility to SARS-CoV-2 infection," said the study published Wednesday on Blood Advances, a peer-reviewed medical journal of the American Society of Hematology.

The research indicated that individuals with blood types A, B, and AB were also at higher risk of exhibiting thrombosis -- the clotting of blood inside a blood vessel -- and cardiovascular diseases, which are significant co-occurring conditions among hospitalized Covid-19 patients.

Similar results were found by a Canadian medical study conducted by 14 researchers based on data collected from intensive care unit patients in six metropolitan Vancouver hospitals.

"Covid-19 patients with blood group A or AB appear to exhibit a greater disease severity than patients with blood group O or B," found the study, which was published in the same journal, adding that individuals with blood group O were reported to be "less susceptible to SARS-CoV-2 infection."

The study also noted that Covid-19 patients of blood group A or AB had a higher risk of requiring mechani-

MMC may allow Christmas bazaar, night market-GM Garcia

PARAÑAQUE CITY (PIA)

-- Metro Manila Council (MMC) is not entirely averse to the possibility of Christmas bazaars and night markets for the last quarter of the year, an official of the Metropolitan Manila Development Authority (MMDA) said Tuesday.

During his Laging Handa interview, MMDA General Manager Jose Arturo "Jojo" Garcia said the MMC have

not discussed the likelihood of the conduct of Christmas bazaars and night markets in Metro Manila, but the MMC will consider as long as the minimum health standard is in place.

"We will support kung ano yung pwedeng makatulong sa atin, pero yung health protocols talaga nandoon pa," Garcia said.

"Lagi po tayong namimili between health and economy, kung ngayon natutunan na natin yan, it should be health and economy," he added.

He said sales and 'tiangge' may be allowed with the proper coordination with the Department of the Interior and Local Government.

Garcia said the country's economic team have the 100% support all of the 17 mayors in the National Capital Region. Citing the council's recommendation to shorten the curfew in Metro Manila, except for Navotas, as a way to boost the economy.

The council composed of Metro Manila mayors and national government officials recently recommended to the Inter-Agency Task Force for the Management of Emerging Infectious Diseases (IATF-EID) to extend the region's general community quarantine (GCQ) status until December 31, 2020. (PIA-NCR)

cal ventilation and longer duration in intensive care, compared to those with blood group O or B.

While 84 percent of patients with blood groups A or AB required mechanical ventilation in SARS-CoV-2 infection, that level was 61 percent for patients with blood types O or B, according to the research.

The median length of staying in intensive care units was 13.5 days for patients with A or AB blood types, while it was only nine days for patients with O or B blood types, the study found.

The number of Covid-19 cases in the world stood around 38.5 million and deaths close to 1.1 million on Thursday, according to Johns Hopkins University data. (Anadolu)

Digital money brings benefits, risks: IMF

ANKARA – The International Monetary Fund (IMF) said Monday the push by central banks to develop digital currencies entails both risks and benefits at the global and local levels. According to a new report by the international financial body, rapid progress in digital technologies has increased the likelihood of adopting new forms of digital currencies for both domestic and international transactions.

These include central bank digital currencies (CBDCs) and so-called global stable coins (GSCs) proposed by big technological companies, the report said.

It said these will increase competition, reduce transaction costs, expand access to services, and encourage financial participation via mobile devices. "CBDCs and GSCs could make cross-border payments less costly and make it easier for households

and small firms to have access to financial services," the report said.

But it added it can also reduce the ability of local governments to conduct monetary policy and control domestic financial conditions.

"Digital money adoption across borders also entails risks and policy challenges," it said, noting this could increase pressures for currency substitution.

Without appropriate measures, foreign CBDCs and GSCs could facilitate illicit flows, it said, adding this will make it difficult for regulatory authorities to enforce exchange restrictions and capital flow management measures.

The scale of digital money adoption will rely on strong network effects but will also depend on design features, country circumstances, legal frameworks, and regulation, the report said. (Anadolu)

Turismo sa Coron, Palawan, unti-unting bubuksan sa publiko

PUERTO PRINCESA, Palawan (PIA)

-- Unti-unting nang bubuksan sa publiko ang mga sikat na tourist spot o tourist destinations sa Coron, Palawan. Ayon ito sa rekomendasyon ng Coron Local Inter-Agency Task Force on COVID-19. Sa pabatid na inilathala ng Coron Municipal Tourism Office sa pamamagitan ng kanilang 'Turismo ng Coron at Coron Public Information Office's Facebook' page, ang unti-unting pagbubukas ng turismo sa nasabing bayan ay magsisimula na sa Oktubre 26.

Sa pagbubukas nito, tangi ang mga residente ng Coron lamang ang unang papayagang pumasyal sa mga tourist destination na sakop ng Bayan ng Coron. Simula naman sa Nobyembre 16 ay bubuksan na ito sa mga residente ng Calamianes area o mga karatig

bayan ng Coron at sa Disyembre 1 ay bubuksan na ito para sa lahat ng turista maging sa mga banyaga nationwide.

Ang lahat naman ng tourist destination sa Coron ay inoobliga na makapagsumite muna ng kanilang 'tourist destination operational management plan against COVID-19' sa Pamahalaang Lokal bago papayagang muling tumanggap ng mga panauhing mga ito.

Para matiyak ang kaligtasan ng bawat isa at ng mga bisita kaugnay sa unti-unting pagbubukas ng turismo sa Coron ay pinapayuhan ang lahat na hintayin muna ang opisyal na panununtunan ukol dito na inaasahan namang mailalabas ng LGU-Coron ngayong linggo. (OCJ/PIA-Mimaropa)

SEARCA CEO integrates agri biotech in variety development to commercialization

LOS BAÑOS, Laguna (PIA)

--The importance of integrating omics in a crop breeding program from variety development up to commercialization was discussed by Dr. Glenn B. Gregorio, Director of the Southeast Asian Regional Center for Graduate Study and Research in Agriculture (SEARCA), at the recent Mindanao-wide webinar on "Omics Research, Moving Past Pandemics: Omics in Agriculture."

Omics is an emerging field of scientific technology that involves the study of molecular interactions found in living organisms, Dr. Gregorio explained.

Organized by the Philippine Genome Center Mindanao, the webinar focused on potential applications, challenges, and solutions of omics technologies in mitigating impacts of the COVID-19 pandemic.

Dr. Gregorio proposed a modern breeding program that includes laying out breeding strategies in a crop master plan that will also include crop market analysis or market intelligence, and strength-weakness-opportunity-threat analysis by market segment.

"The future for crop improvement in the tropics is incredibly bright, built on a strengthening collaboration between the academic community and commercial crop breeders. Crop improvement seems slow in the view of business and other disciplines since developing commercially ready products takes a long process. Many are impatient with this process and offer better techniques

and tools to shorten it but still fail in the implementation of a new breeding program and much more in the commercialization stage," he said.

Dr. Gregorio noted that omics research has been adversely affected by issues in agriculture, including increased productivity, product quality, resistance to pest and diseases, market of produce, climate change, and the ASEAN Economic integration.

Moreover, he pointed out that "the recent levelling off in rice yields highlighted the need to introduce new sources of germplasm, genetic variation, and modern breeding techniques into existing rice breeding program."

"Even with no change in harvested area, what needs to be done is to increase the rice production or cereal demand in the next 10 years. We need to mechanize our farmlands and adapt digital agriculture; use smart seeds which are high-quality, pest and disease resistant, and climate change ready," Dr. Gregorio said.

He emphasized the innovative ways in conducting research and extension by considering the business component, value addition to produce, and market-driven and product-oriented research for development.

"The reality of genomics in agriculture is won or lost at the farmer and consumer level, where applicability and sustainability are tested," Dr. Gregorio concluded. (PIA-4A/SEARCA)

VICE MAYOR NG AMADEO, 8 PA; TIKLO SA BARIL?

IBA'T IBANG kalibre ng baril at mga bala ang nakumpiska ng Cavite police sa pagkakaaresto sa vice mayor ng Amadeo at walong tauhan nito sa isinagawang sabayang operasyon sa Amadeo at Gen. Trias City.

Kasong paglabag sa RA 10591 ang kinaharap nina Vice Mayor Conrado Viado; Roberto Gonzaga; Cristobal Catimon; Arnel Atienza; Guillermo Viado; Romeo Ambata Jr; Jarinya Trinidad; Florencio Dimaano at Neil Tibayan y Dinglasan. Sa ulat ng Cavite Police Provincial Office (CPPO), naghain ng search warrant ang mga miembro ng Provincial Intelligence Unit of Cavite na inisyu ni Executive Judge Cynthia R. Marino-Ricablanca, ng RTC 4A Branch 27, Sta Cruz, Laguna sa Purok 5, Brgy Maymangga, Amadeo, na nagresulta sa pagkakaaresto sa mga tauhan ni Viado.

Narekober sa lugar ang (4)

units na M-14 rifles; (3) units na M-16 rifles; (1) unit na Shotgun; (1) unit na Cal 30 Carbine; (7) units na Cal 45 pistols; (1) unit na Cal 22; pistol; (2) units na Cal 22 rifles; (1) unit na Cal 380 pistol; (1) unit na Cal 38 revolver; (3) piraso na 40 mm (M203 ammo); (2) rifle scopes; (20) magazines for M-16; (10) magazines ng M-14; (16) magazines ng Cal 45 pistol; at iba't ibang bala. Nabatid na wala si Viado sa nasabing lugar pero inaresto ito sa Gen Trias City dahil sa pagdadala umano ng baril na walang permit to carry firearms outside residence.

Nabatid pa na iniimbestigahan din ang grupo ni Viado kung saan si Dimaano na isa sa kanyang tauhan nito ay miembro ng Asiong Group.

Sinusulat ito ay kasalukuyang hawak sila ng Provincial Intelligence Unit.

GENE ADSUARA

Koreano, huli sa online gambling

ARESTADO ng Cavite police ang isang Korean national habang pinaghahanap ang kasama nito na sangkot sa illegal online gambling sa isinagawang search warrant operation sa isang hotel sa Tagaytay City.

Kasong paglabag sa RA 8484 (Access Device and Regulation Act of 1998) and Violation of P.D 1602 as amended by RA 9287 (An Act Increasing the Penalties for Illegal Numbers Game, amending Certain Provision of PD 1602, and for other purposes) in relation to RA 10175 (Cybercrime Prevention Act of 2012) ang isinampa laban sa suspek na si Jaeyong Choi, habang pinaghahanap ang kasama nito na si si Hae Jung Chun, kapwa nasa hustong gulang, at naka-check-in sa Unit A101 Lakeview Suites 5705 Calamba Road, Barangay Iruhin West, Tagaytay City.

Sa ulat ni Pat Richmond Francia, ng Tagaytay City Police Station, dakong alas-5:00 ng hapon ay naghain ng search warrant na inisyu ni Hon. Cynthia R. Marino-Ricablanca, Executive Judge, RTC 4th Judicial Region, Office of the Executive Judge, San-

ta Cruz, Laguna ang mga operatiba ng Regional Anti-Cybercrime Unit Region 4A at Tagaytay CPS sa tinutuluyang hotel ng dalawa kung saan naabutan si Choi sa aktong nao-online gaming.

Wala naman ng mga oras na iyon si Cun nang islibi ang search warrant.

Narekober dito ang iba't ibang uri ng mga cell-phones, laptops, computer units at iba pang ebidensya. **GENE ADSUARA**

1,709 students benefit from DOLE's SPES program in Quezon

LUCENA CITY, Quezon (PIA)- A total 1,709 students from 29 municipalities in the Province of Quezon benefited from the Department of Labor and Employment's (DOLE) Special Program for Employment of Students (SPES) this year.

The program is being administered by DOLE-Quezon Provincial Office in partnership with the provincial government and the different local government units (LGU). Genecille Aguirre of DOLE-Quezon Provincial Office said SPES is DOLE's youth employment-bridging program that aims to provide temporary employment to poor but deserving students, out of school youths and dependents of displaced or would be displaced workers during summer and/ or Christmas vacation or anytime of the year.

The temporary employment of students is designed to augment the family's income and at the same ensure that student-beneficiaries are able to continue their education. According to DOLE-Quezon, the DOLE allotted more than P7.1M counterpart fund for the implementation of SPES in Quezon Province. Said amount covers salaries of students enrolled in SPES and payment for the GSIS accident insurance. The municipalities with SPES program counter-

Lalaki, nasawi sa hit and run

NASAWI ang isang lalaki nang sagasaan ng isang sasakyan habang tumatawid dahil sa halip na tulungan ay tumakas ang driver sa Carmona, Cavite.

Inisugod pa sa Pagamutan Bayan ng Carmona ang biktimang si Jose Galolo Sison pero idineklarang dead on arrival.

Sa ulat ni PSSgt Charles Virtudez, ng Carmona Municipal Police Station, da-

kong alas-9:00 ng gabi nanaganap ang insidente kung saan tumawid ang biktima sa kahabaan ng Governors Drive sakop ng Brgy Bancal ng naturang bayan at nahagip ng hindi naplakahang sasakyan.

Pero imbes na tulungan ng driver ng sasakyan ay pinasibad papalayo patungo sa direksiyon ng General Mariano Alvarez (GMA).

GENE ADSUARA

part thru the Public Employment Service Office (PESO) of the provincial government are Dolores, Sariaya, Lucban, Infanta, Patnanungan, General Luna, Gumaca and Tagkawayan.

Other municipalities with SPES program counterpart are Atimonan, Calauag, Gumaca, Infanta, Lopez, Mauban, Mulanay, Pagbilao, Real, Tagkawayan, Guinayanagan, Polilio, Burdeos, Panukulan, Tayabas City, Unisan, Agdangan, Alabat, Patnanungan ang

Sampaloc.

Meanwhile, three municipalities and two private employers have cancelled their participation in SPES this year in accordance with SPES Advisory No. 04-2020. The Advisory states among others, the continuous deferral of SPES implementation in areas under Enhanced Community Quarantine (ECQ) and Modified Enhanced Community Quarantine (MECQ). **(Ruel Orinday, PIA-Quezon)**

BOC Signs Inter-agency MOU for Border Security and Management

AS part of the Bureau of Customs' (BOC) commitment to border protection, the Bureau on October 20, 2020 signed a Memorandum of Understanding (MOU) via a virtual meeting with thirty Agencies and Departments to further advance border security and management.

Among the participating Departments with respective Agencies were the Department of Finance (BOC, BIR, SEC), Agriculture (BAI, BFAR, BPI, NMIS, NFA, NTA, SRA), Trade and Industry (IPOP, PEZA, FTEB, BIS, STMO, BPS, Environment and Natural resources (EMB, MGB, BMB), Health (BOQ, FDA, Interior and Local Government (PNP), Justice (NBI, BI), Science and Technology (PNRI), Labor and Employment (PRC), National Defense (PCG),

Information and Communications Technology (NTC), BSP (AMLC) and PDEA.

On the part of the BOC, the delegation was headed by Commissioner Rey Leonardo B Guerrero together with the Bureau's Assistant Commissioner and Chief of the Post Clearance Audit Group (PCAG), Deputy Commissioners for the Internal Administration Group (IAG), Intelligence Group (IG), Enforcement Group (EG), Assessment and Operations Coordinating Group (AOCG), Revenue Collection Monitoring Group (RCMG) and the Directors for the Management Information Systems and Technology Group and the Customs Intelligence and Investigation Service (CIIS).

Under the MOU, the participants aim to establish a comprehensive and

systematic mechanism in information sharing and strengthening border control capabilities. It also aims to create a harmonious working arrangement between all parties involved and strengthen inter-agency coordination and cooperation in the utilization of data and information resources.

In his statement BOC Commissioner Rey Leonardo B. Guerrero said that the interaction between and among the agencies has been ongoing for some time now. Through the MOU, we are strengthening the alliance to cast a bigger net, and bring about more decisive action against illegal activities. He also stressed the importance of continuously enhancing the alliance between concerned agencies to further improve public service. **PR**

Blood-letting activity sa Batangas Capitol,

LUNGSOD NG BATANGAS (PIA) --Sa kabila

ng umiiral na pandemya, ipinakitang muli ng mga Batangueño ang pagiging matulungin at mapagkawang-gawa sa matagumpay na Blood Donation activity na ginanap sa Provincial DREAM Zone, Capitol Compound, Lungsod ng Batangas noong ika-14 ng Oktubre 2020.

May temang "Blood Sparks for Life – Give Blood, Spark A Life" ang blood-letting project kung saan 40 na bag ng dugo ang nakalap sa ng Batangas Provincial Blood Council, sa pangunguna ng Provincial Health Office.

Nagmula ang mga donors sa mga Lungsod ng Batangas at Lipa; Bayan ng Bauan, Malvar, San Pascual, San Jose at Alitagtag; Pamahalaang Panlalawigan ng Batangas, Ospital ng Lipa at Philippine Air Force.

Pinasalamatan naman nina Gov. DoDo Mandanas at Provincial Health Officer, Dr. Rose Ozaeta, ang mga nagbigay ng dugo at tumulong upang maisakatuparan ang nasabing aktibidad, kabilang ang mga miyembro ng Batangas Blood Council at mga student organizations ng Unibersidad ng Pilipinas na Scintilla Juris Fraternity, Astrum Scientis Sorority at Stell Juris Sorority.

Ayon naman kay Dr. Mark Gamon, medical specialist sa Batangas Medical Center, na kabilang sa mga sumuporta sa gawain, malaking tulong ito upang masigurong may sapat na dugo sa lalawigan para sa mga pangangailangang medikal. **(PIA Batangas/Mon Carag – Batangas Capitol PIO)**

SENATOR GO, NANINIWALANG MARAMI PA RING MATINO SA BI

NANINIWALA si Senator Christopher "Bong" Go na marami pa rin namang matitino at malilinis na kawani sa Bureau of Immigration kaya hiniling niya kay Commissioner Jaime Morente na linisin ang hanay nito.

"Nandiyan rin po si Commissioner Jaime Morente, I'm challenging you na linisin mo po ang hanay o 'yung opisina dahil mataas po ang expectation ng mahal na Pangulo sa 'yo, kaya ka po nilagay diyan," ani Go.

Anang senador, kinakailangang matumbok kung sinu-sino ang mga sangkot at utak sa katiwalian o sa "pastillas scheme" sa BI.

Sinusulat ito ay kinalampag ng senador ang National Bureau of Investigation na magtrabaho ng 'double time' sa isinasagawang imbestigasyon sa talamak na katiwalian sa BI partikular sa "pastillas scheme." Ayon kay Go, maging si Pangulong Rodrigo Duterte ay hinihintay na rin ang resulta ng imbestigasyon sa 'pastillas scheme' lalo't pakay ng administration na mabura na ang sistemang kurakutan sa pamahalaan.

"Sa NBI po, please work double time sa inyong imbestigasyon. Naghihintay na po ang ating mahal na Pangulo at nakahanda na po 'yung pastillas na ipapakain niya po sa mga sangkot," ani Go.

"Parati niya pong tinatantong sa akin, sino ba 'yung mga sangkot? Gusto nating malaman, sino ba talaga 'yung totoong sangkot dito. At itong pastillas na ito ay hindi po ito ganoon katamis at sigurado po akong mahirap lunukin ang pastillas na ito," aniya pa.

Nanawagan ang senador sa mga pinuno ng bawat ahensiya at departamento ng gobyerno na linisin ang kanilang hanay sa "systemic corruption" para maisaayos ang pagsisilbi sa mga tao.

"Let us not be afraid to investigate, prosecute, audit, lifestyle check, and put in jail those who must account for their transgressions. [...] Nakiusap ako na hanapin ang tunay na may sala at lahat ng involved sa scheme na ito

at panagutin. It has been dragging already. Kailangan pong malaman na po ng taumbayan kung ano ba talaga ang puno't dulo dito, at sino ba ang mga may kasalanan," iginii ni Go. Dismayado siya dahil sa kabila na naibigay na augmentation pay sa immigration employees ay nagpatuloy ang katiwalian sa kawanihan.

"Nakalulungkot na hindi pa pala sapat ang tulong namin ni Pangulong Duterte noon para mabigyan kayo ng augmentation pay noong mawala ang inyong express lane pay. Ito pa pala ang nag-udyok sa inyo na pumasok sa kalokohan at wala pong ano mang dahilan na pumasok sa korapsyon dahil talagang galit kami ni Pangulo sa korapsyon," sabi ni Go. **(Leonard Basilio)**

Tricycle driver, kalaboso sa 'bato'

KALABOSO ang isang 51-anyos na tricycle driver matapos mahulihan ng ipinagbabawal na droga sa isinagawang buy bust operation sa Tondo, Maynila.

Nakapiit sa Manila Police District station seven (Jose Abad Santos) ang suspek na si Aquilino Basic y Dela Cruz (watchlisted) at residente ng 1018 Pilar Hermosa St., Tondo.

Ayon sa isinagawang imbestigasyon ng pulisya dakong 12:30 ng umaga ay naaresto ang suspek sa Hermosa St.

Nabatid na nagsagawa ng buy bust operation ang pulisya sa nabangit na lugar at nang kanilang puntahan dito nabilhan ang suspek ng ipinagbabawal na shabu na may halagang dalawang daan piso na naging dahilan upang siya ay arestuhin.

Nakumpiska sa suspek ang tatlong plastic na naglalaman ng shabu na nagkakahalaga P13,600 at dalawang pirasong tigisang daan piso na buy bust money.

Kasong violation of 5 and section 11 sa RA 9165 ang kinaharap ng suspek. **(Leonard Basilio)**

Google PH launches free listing of products for MSMEs

MANILA – Google Philippines now allows businesses to list their products on the Google Shopping tab for free to help micro, small, and medium enterprises (MSMEs) recover. Bernadette Nacario, Google Philippines country director, said in a Google online event Wednesday that this is part of Google's initiatives to help Filipino businesses bounce back amid the Covid-19 pandemic.

With the free product listing on the Google Shopping tab, Filipino merchants can get more exposure for their products. It also means that there will be more choices of stores for shoppers when they search for certain products.

Aside from free listing on the Google Shopping tab, Google Philippines has committed to continue the MSME Caravan partnership with the Department of Trade and Industry (DTI). The MSME Caravan was launched last February to train MSMEs to grow their businesses using digital tools such as Google My Business and Prime app as well as getting advice from experts.

Google Philippines said it will continue this program online.

To date, over 14,000 business owners have participated in the MSME Caravan.

"Economic recovery is a critical moment for the Philippines and Google is committed to supporting the country through the best of our technology and programs like the MSME Caravan. We will continue

to empower Filipinos and our partners with the right digital knowledge and tools so the benefits of technology can be harnessed for the safe rebuilding of our economy," Nacario said.

DTI Secretary Ramon Lopez also underscored the critical role of digitalization for MSMEs to thrive amid the global health crisis.

"Digitalization is one of the keys to help our MSMEs cope with the Covid-19 pandemic. This will help small businesses reap the benefits of the growing digital economy, including reaching and engaging customers while prioritizing their well-being. We're glad our partnership with Google Philippines will enable us to conduct webinars and offer other resources to help small businesses digitalize at this important time," Lopez said.

Google Philippines also bared that it has partnered with the Department of Tourism (DOT) to support the recovery of local tourism.

The Explore tab on Google Maps will soon list DOT-recommended things to do and places to go in the country.

"The revival of local tourism plays a significant role in the recovery of our economy. The strategic use of technology will help us reopen our destinations while ensuring the health and safety of Filipinos," bounce back," DOT Secretary Bernadette Romulo-Puyat said. "The DOT is excited with the possibilities ahead for Google Maps in helping our tourism establishments." **(PNA)**

172 barangays in Manila remain COVID-free since September 1

CALOOCAN CITY (PIA) -- Manila Mayor Francisco "Isko Moreno" Domagosa announces that 172 barangays in the City of Manila remain COVID-free since September 1.

"Nananatili pong zero ang COVID infections sa 172 na barangays sa lungsod, sana po ay ma-maintain nila ito sa pamamagitan ng pakikipagtulungan nila sa mga alituntuning ipinapatupad ng Pamahalaang Lungsod," Domagosa said. To recall, the mayor announced last August 31 that the local government will award P100,000 to any barangay with zero new COVID-19 infection until

the end of October.

In this regard, Manila City Health Officer Dr. Arnold "Poks" Pangan reminded Manilaños to remain vigilant as the COVID-19 virus continues to infect people inside and outside Manila, aside from aspiring to get the P100,000 cash incentive.

"Hindi po tayo dapat mag-ing kampante. Mahalaga po na mapanatili natin ang disiplinang ating mga sarili. Ugaliin pa rin ang paghuhugas ng kamay, pagsusuot ng mask at pag-papractice ng social distancing. Tulong-tulong po tayo sa pagsugpo sa COVID-19," Dr. Pangan said.



WORK BELL, WAGI SA 1ST LEG JUVENILE STAKES RACE., OTB, PINAYAGAN NA!

Walang kahirap hirap na pinag wagian ng kabayong si Work Bell ang 2020 PHILRACOM "1st Leg Juvenile Fillies & Colts Stakes Race noong nakaraan sa pista ng Santa Ana Leisure Park sa Naic, Cavite. Sa simula ng karera ay agad na kinuha ng kabayong si Meteora sakay ng hineteng si RC Suson ang unahan, kasunod ang liyamadong kabayo na si Kevlar sa ikalawang puwesto sakay ng hineteng si Dunoy Raquel Jr., habang nasa ikatlong posisyon ang segundo liyamado na si Work Bell sakay ng hineteng si Unoh Hernandez, nasa ika- apat na puwesto naman ang kabayong si My Sweet Lord sakay ng hineteng si RA Base, habang nasa ikalimang posisyon ang kabayong si Kiss Muna sakay ng hineteng si RG Fernandez, at nasa ika- anim naman si Senyorita na sakay ni John Alvin Guce. Bago sumapit ang huling likuan ay kinuha na ng pambato ng Bell Racing Stable na si Work Bell ang unahan kasunod ni Meteora, habang nasa ikatlo si My Sweet Lord at malakas na rumeremate si Kiss Muna, habang ang liyamadong si Kevlar ay unti- unting nawawala sa eksena. Pag lagpas sa huling kurbada ay unti- unti ng lumayo si Work Bell habang si Kiss Muna ay patuloy pa rin ang pag remate sa gawing balya. Tinapos ni Work Bell ang karera ng may halos limang kabayong agwat laban sa nasegunda na si Kiss Muna. Naorasan si Work Bell ng tiyempong 1:18.4 (7'-22'-22'-26') para sa distansiyang 1,300 meters na takbuhan. Nasungkit ni Work Bell ang 600,000 na premyo bilang 1st prize, 225,000 naman para kay Kiss Muna bilang 2nd prize, 125,000 naman ang nauwi ni Meteora bilang 3rd prize at 50,000 ang para kay My Sweet Lord bilang 4th prize. Samantala, natuwa naman ang Bayang karerista matapos marinig at napanuod ang magandang balita mula kay Presidential Spokesperson Harry Roque matapos na ipahayag na pinapayagan nang mag operate ang mga OTB's sa mga lugar na nasa ilalim ng Modified General Community Quarantine o MGCQ. Sinabi ni Roque sa press briefing na aprubado na ng Inter-Agency Task Force (IATF) ang pag- cooperate ng mga OTB's. May mga inilatag na health protocols ang IATF na dapat sundin ng mga karerista kapag tataya sa OTB's. Sana ay maging disiplinado at responsible ang lahat sa pagsunod sa mga health protocols upang maging ligtas ang Bayang karerista.

Manila Barangay Bureau (MBB) Chief Romy Bagay also emphasized the importance of the city's continuous efforts to curb the spread of COVID-19 through its consistent policies.

"Tuloy tuloy lang tayo sa pagpapatupad ng mga programa at panuntunan upang epektibo nating maiwasan ang paglagaan ng COVID-19 sa ating mga barangay, kabilang dito ang mga ordinansa mula sa Pamahalaang Lungsod," he said.

The department has provided assistance to the

city government's mass testing and contact tracing efforts while it also led the enforcement of COVID-19 guidelines set by both the national and local government to the city's communities across its six districts. Meanwhile, the City Government of Manila continue to intensify its COVID-19 response by conducting mass testing, improving its healthcare facilities, providing support to the medical frontliners and making sure that contact tracing is done effectively. **(MPIO/PIA-NCR)**

PNP TO SKIP CHRISTMAS PARTIES THIS YEAR

MANILA – The Philippine National Police (PNP) would not be holding Christmas parties this year as funds for the celebration would be given out to help coronavirus patients, Philippine National Police (PNP) Chief Gen. Camilo Cascolan said on Wednesday.

Police offices and units are also not allowed to hold Christmas parties.

"I am actually contemplating for no Christmas party in the Philippine National Police. They will understand that, instead of using the funds for our Christmas party, we will be giving it out for Covid patients or the Covid fund," Cascolan told reporters at the sidelines of the opening of Civil Security Group's satellite office in Manila Police District.

Interior Secretary Eduardo Año said holding of Christmas parties in areas under general community quarantine (GCQ), like Metro Manila, will not be allowed to prevent the spread of Covid-19.

"Under GCQ, bawal pa ang mga parties so ang ating NCR nagkasundo 'yung ating mga mayors na hanggang GCQ muna tayo at magluluwag lang para makatulong sa ekonomiya pero hindi muna mag-modified GCQ kasi ang MGCQ kasi complete package 'yan. Kapag bigla ka nag shift diyan automatic lahat ng activities 50 percent capacity pati 'yung mga get together diyan sigurado gagawin nila diyan (Under GCQ, parties are not allowed. NCR mayors have agreed that the region would remain

under GCQ. If we shift to MGCQ, all activities would be at 50-percent capacity, even get-togethers would surely be done under that status)," he said in a radio interview.

"Sayang 'yung gains natin for the past 7 months kung magkaroon tayo ng surge ulit (Our gains for the past 7 months would be put to waste if [the number of cases] would surge again," he added.

Año also clarified that individuals aged 15 to 65 years old will be allowed outside their residence in areas under the MGCQ.

He pointed this out to avoid confusion as the Metro Manila mayors decided to impose the restrictions outside their homes for those within the 18 to 65 years old range.

He added that what was approved by the President is the "gradual expansion from 15 to 65 years old to be allowed to go out."

"So meaning to say gradual siya. Sa mga lugar ng MGCQ sa malalayong lugar na wala na masyado Covid cases puwede na ipatupad 'yung 15 to 65 (It means that it is gradual. In places under MGCQ, in areas with less Covid-19 cases, persons 15 to 65 years old will be allowed [to go out])," Año said.

If the situation improves, Año said it is up to the local government units to decide whether to allow individuals in that age range to go out.

During the holiday season, Cascolan said the deployment of police personnel on the ground would be

augmented, especially on places of convergence for the strict implementation of quarantine guidelines, particularly the ban on Christmas parties.

He said this is to prevent any kind of mass gatherings, especially in areas under GCQ, as well as crime incidents and terrorism.

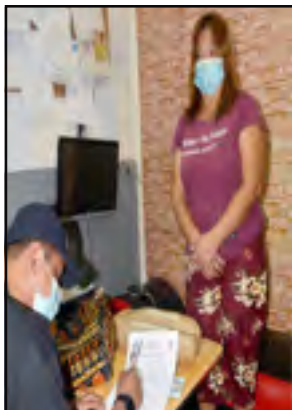
"We have to rationalize the deployment of our forces. When we say proper deployment of our forces and resources, kailangan natin 'yung mga lugar talaga na kailangan ang pulis hindi lang 'yung basta basta mo nilagay ang pulis diyan (those in places that police are needed, and not just deploying them haphazardly)," Cascolan said. (PNA)



NAGSAGAWA ang mga tauhan ng Special Drugs Enforcement Unit (SDEU) ng buy bust operation sa pamumuno ni P/Major Anthony Alising sa Irasan, Brgy. San Dionisio sa lungsod ng P'que na nagresulta sa pagkakaaresto sa tatlong suspek na sina Alia Manampan, Barfing Kasim at Haron Guiabel. Nakuha sa kanila ang 11 pirasong plastic sachet ng hinihinalang shabu. Naging seizing officer si PSMS Agner Talingdan. (JIMMY HAO)



KAHIT nasa loob ng sementeryo ay seryoso sa kanyang online class ang 7-anyos na Grade 1 student na si Maika Kate Lopez. Kuha ito sa Manila South Cemetery sa Makati City at katabi ni Maika ang kanyang inang si Lyka Eusebio na mayroong tindahan sa naturang mga puntod kaya nagagabayon nito ang anak sa pag-aaral habang naghahanapbuhay. (Christian Heramis)



HULI sa buy Bust operation na isinagawa ng mga operatiba ng SDUE Manila Police Station 2, ang suspek na si Aida dela Cruz matapos mabilihan ng dalawang kilong marijuana naka selyado na may street value na P240,000 sa pag-uutos ni MPD Station-2 chief. PL TC. MAGNO GALLORA JR. Isinagawa ang operasyon kamakailan sa Brgy. 6 Zone 1, Juan Luna St, corner Moriones Tondo, Manila. (Christian Heramis)



NAGSAGAWA ng OPLAN GALUGAD ang mga tauhan ng PCP -2 sa pamumuno ni P/Major Jolly C. Soriano sa isang construction site sa 724-Quirino Ave., Brgy. Tambo, Paranaque City at arestado ang construction worker na si Christopher El-lazo y Eman na nahulihan ng isang maliit na pirasong plastic sachet ng umano'y shabu. Naging seizing officer si PcpL Frank Julius Cesima. (JIMMY HAO)



HINDI nakapalag ang suspek na si Rowena Lauton Cancellang nang nagsagawa ng buy bust operation ang mga tauhan ng SDEU sa Brgy. San Antonio Valley 1. Nahulihan siya ng 3 pirasong plastic sachet ng umano'y shabu. Ang seizing officer ay si Pat Noel Engay Jr. (JIMMY HAO)




NAGSAGAWA ang mga tauhan ng SDEU ng buy bust operation sa Brgy. Tambo at dinakip ang suspek na si Jolly Acosta Cruz na nahulihan ng may 21 pirasong sachet ng umano'y shabu. Ang seizing officer ay si PCPL dela Cruz. Habang isinasagawa ang inventory ay maiyak-iyak ang suspek. (JIMMY HAO)

HANEP

Basahin Mo Ito!

KALIBRE



ROMY SANTOS

0977-7844136

Motor sa motor?

MISMONG si Pangulong Rodrigo Duterte ay nabahala na sa paglobo ng krimen sa mga lansangan. Nasambit ito ng pangulo sa isa sa kanyang isinagawang public address. Nang buksan ang ekonomiya at luwagan ang mga quarantine restrictions ay mistulang nagpiyesta ang mga itinuturing na riding in tandem. Sila ang binabanggit ni Digong na gumagawa ng krimen sa kalsada. Dahil gamit ang motor-siklo sa paggawa ng karahasan ay mayroong kautusan si Duterte sa Department of Interior and Local Government. Nais ng Chief Executive na sanayin ng DILG ang nasa 250 police riders bilang pantapat sa mga riding in tandem. Kumbaga ay motor sa motor ang labanan. Nahihirapan daw kasi ang mga pulis sa paghahabol sa mga magkaangkas sa motorsiklo na gumagawa ng krimen.

Siempre nakamotor kaya madaling makas-ingit sa trapiko at kahit saan ay nakakadaan. Paano nga naman habulin kung ang mga awtoridad ay lulan ng police car. Kaya naman ang gusto ng presidente ay maging bihasa ang mga police riders. Ang mga pulis na ito ay dapat nakasibilyan lamang upang hindi sila makikilala ng mga riding in tandem. Maganda naman ang layunin ng pangulo subalit ang tanong lamang ay gaano ito kaepektibo sa pagsugpo ng krimen sa lansangang kinasangkutan ng mga riding in tandem? Abangan na lamang natin ang kasagutan o kahihinatnan pero sana ay bumalangkas pa ng iba pang plano dahil ang krimeng dulot ng riding in tandem ay labis na nakakabahala na. Baka may mungkahi po kayo.



NAGSAGAWA ng buy bust operation ang SDEU P'que City police station at ang limang suspek na sina Arvin Arganda, Thalia dela Cruz, Gary Balbuena, Mark Lawrence Velayo at Ian Marvin dela Cruz ay nahulihan ng 7 pirasong plastic sachet ng hinihinalang shabu. Nakumpiska rin ang isang caliber 45 at limang pirasong bala na pag-aari umano ni Ian Marvin dela Cruz. Ang buy bust ay ginawa sa Barangay Marcelo Green, Paranaque City at naging seizing officer si Pat Randolph Arlos. (JIMMY HAO)