

HANEP

Basahin Mo Ito!

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(Larawan mula sa Presidential Communications Office)

MGA OPISYAL NG PAPI, NANUMPA KAY PBBM

p. 2



DOST empowers 3 island communities in Dagupan City thru S&T program---p.11



1 libong trabaho abroad para sa Caviteño at SM City Rosario
 Together with the Provincial Government of Cavite, the Department of Migrant Workers, the Philippine Army, the Philippine National Police, PESO of Cavite LGU, United Filipino Global and SM City Rosario, successfully held a job fair! With more than 20 companies offering careers to 3,000 applicants, these diverse job opportunities abroad will surely open doors to many Filipinos.



SM Marketmall and SM City Dasmariñas hold blood donation drive
 Philippine Red Cross, SM Foundation, SM Marketmall and SM City Dasmariñas recently held a blood donation drive. Shoppers, Tenant and SM employees participated in the event.



Employees of SM City Tanza participate in simultaneous fire drill by the Bureau of Fire protection Tanza Cavite in line with the celebration of Fire Prevention Month.

ACCEPTING ADS, PLEASE CALL: 0977-7844136/ 0968-7122921

MGA OPISYAL NG PAPI, NANUMPA KAY PBBM

PERSONAL na nanumpa kay Pangulong Ferdinand 'Bongbong' Marcos, Jr. ang mgabagonghalalnaopisyal ng Publishers Association of the Philippines, Inc.

Ang oath-taking ay isinagawa sa Palasyo ng Malakanyang nitong Marso 14.

Pinangunahan ni Nelson Santos, bilang pangulo ng PAPI, kasama ang lahat ng opisyal ng asosasyon ang naturang panunumpa.

Sa nasabing okasyon ay nagsasalamat si PBBM sa isinusulong at pagbibigay ng proteksyon ng PAPI sa karapatan ng lahat sa pamamagitan ng tamang impormasyon at malayang pamamahayag.

Binigyang-diin naman ni Santos na buo ang suporta ng PAPI sa pinupursiging

papapalaganap ng makatotohanan at makabuluhang mga impormasyon para sa masa ng kasalukuyang administrasyon.

Matatandaang inihayag ng Chief Executive na hindi lamang pagkakaloob ng suporta sa halip ay ang pagbibigay ng proteksyon nito sa mga miyembro ng media.

Sinaksihan naman ni Johnny Dayang, chairman emeritus ng PAPI, ang nasabing oath-taking gayundin si Atty. Sarah Antolin, legal adviser ng PAPI.

Gayundin ang isa pang legal adviser ng PAPI na si Atty. Bodeck Fernando, ang consultant ng PAPI na si Dr. Lily Lim at iba pa. (R. Santos)

P19.9-B drugs, sinunog sa Cavite

MAHGIT sa P19 bilyon halaga ng hinhinalang droga ang sinunog sa Integrated Waste Management Inc. (IWMI) sa Brgy Aguado, Trece Martires City, Cavite Huwebes ng umaga.

Ang naturang mga droga ay kabilang sa iba't ibang drug evidence na nakumpiska mula sa mga drug operations na isinagawa ng Philippine Drug Enforcement Agency (PDEA) at kanilang mga counterparts na law enforcement at military units.

Sinira sa pamamagitan ng thermal decomposition, o thermolysis, ang isang proseso kung saan sinusunog ang mga ito na may 1,000 degrees centigrade na init nito.

Ang pagsira sa mga iba't ibang droga ay pagsunod sa ipinapatupad na panuntunan sa kustodiya at pagtatapon sa mga nakumpiskang mga droga na nakasaad sa Section 21, Article II of Republic Act 9165, o ang Comprehensive Dangerous Drugs Act of 2002, and Dangerous Drugs Board Regulation No. 1, Series of 2002. **GENE ADSUARA**

P5 PROJECT NUMBER 5

Alam mo ba na ang morphine, isang gamot na pinagbabawalsamaraming lugar, ay pinapayagang gamitin para sa mga taong may malubhang karamdaman? Ang gamot na ito ay isang painkiller na nirereseta para sa mga pasyenteng naaksidente, may cancer na kararanas ng matinding sakit sa katawan, at mga na-stroke o inatake sa puso. Ang paggamit ng morphine ay mahigpit na binabantayan upang maiwasan ang ibang epekto, katulad ng adiksyon.

Sa parehong paraan, may mga naglalayong maisabatas ang paggamit ng medical cannabis, o marijuana. Ayon sa kanila, panahon na para sa paggamitngmabenepisyo nito bilang panggamot sa mga karamdamang tulad ng cancer, depression, epilepsy, Parkinson's disease, at iba pa. Iba't ibang clinical trials ang nagpapatunay na ang maliit na sangkap ng halamang ito na nagdudulot ng "high effect" ay maaaring makontrol upang masigurado na ang kapakipakinabang lamang sa medisina ang magamit. Sa ngayon, mayroon nang ilang isinusulong na batas para sa paggamit ng medical marijuana na ipinasa mula sa senado at kongreso, sa opisina ni Senator Robinhood Padilla, Congressman Antonio "Tonypet" Albano, at Congressman Pantaleon Alvarez. Sa bersyon na ipinasa ni Congressman Alvarez, nakasaad ang pagtanggap sa marijuana sa mga ipinagbabawal na sangkap sa ilalim ng Dangerous Drugs and Substances under the Comprehensive Dangerous Drugs Act of 2002 (RA 9165), habang sa bersyon ni Congressman Albano, nakasaad ang medical use ng cannabis.

Ang Padilla Bill ay mas komprehensibo at nagsasaad ng importansa hindi lamang sa medical use ng cannabis, maging satamang implementasyon ng paggamit nito. May ilang tumutol pa rin na maisabatas ang mga nabanggit na bills, sa kadahilangan may kahinaan ang gobyerno ng Pilipinas sa

implementasyon ng mga batas. May pangamba na maabuso ang magandang hangarin ng batas na ito at ipakalat upang maggamit sa iba pang bagay. Ngunit, kung maging lamang ang magandang benepisyo nito kompara sa panganib at masigurado ang tamang paggamit, pagpapatunay lamang mas dapat bigyang-katwiran ang panukalang batas.

Upang maging bukas ang isipan ng publiko sa mga benepisyo ng marijuana, kailangan ng mga mahahalagang puntos na makapagpapaintindi sa tamang paggamit nito. Una, ang paggamit lamang ng marijuana para sa medisina ang dapat isulong at hindi ang paggamit nito bilang isang libangan. Pangalawa, ang pagpapatunay lamang ng cannabis ay sasaalalim sa mahigpit na regulasyon, na piling plantasyon lamang sa bansa ang papayagan. Pangatlo, ang implementasyon para sa maingat na paggamit upang maiwasan ang adiksyon.

Sa naging panayam mula sa isang segment ng AgriNegosyo kay Scientist/Inventor Richard Nixon Gomez ng Bauertek Corp. noong Pebrero 27, naibigay ang mga importanteng puntos para sa konsiderasyon patungkol sa pagsulong ng medical cannabis.

Kailangang bigyang-diin na ang pagsusulong ng paggamit ng cannabis ay para sa medisina at hindi sa iba pang bagay, lalo na bilang libangan. Kahit pa maisabatas na ang medical cannabis, magiging ilegal pa rin ang ibang paggamit nito, tulad ng paghitit nito. Hindi ang paggamit ng cannabis sa pang-araw-araw ang layuning maisulong, kundi para sa kapakanan ng mga taong dumaranas ng malubhang karamdaman, na nasa puntong halos ikamatay na ang sakit na nararamdaman.

Pinag-uusapan dito ang paggamit ng medical cannabis, kahalintulad kung paano gamitin ang iba pang kinukonsiderang dangerous drugs upang maibsan ang matinding sakit dulot ng kanilang karamdaman, na ayon sa kanilang pangangailangan.

Kaugnay sa posibilidad na maging laganap ang pagtatanim ng cannabis, katulad sa kanya-kanyang bakuran ay tinuturing na ilegal. Ang mga plantasyon lamang na lisensyado ng gobyerno ang maaaring magtanim at gumawa ng medical cannabis. Walang sinoman ang papayagang magkaroon ng personal na taniman, kahit pa ilang patubo lamang. Ang mahuhulang gagawa nito ay sasaalalim pa rin sa kasong possession of dangerous drugs and substances.

Ang pinakaimportante sa lahat, ang cannabis ay daraan sa masusing proseso. Ang THC o ang component ng cannabis na nagdudulot ng "high effect" ay kontrolado, babawasan, o tuluyang aalisin, habang ang CBD o ang component na nagdudulot ng "medical relief" ay gagawin bilang pills, tablet, oil, at iba pa.

Kahit pa ito ay nailbebenta na sa drugstore, ang pagbili ay hindi basta pwede sa kahit na sino. Ang medical cannabis, tulad ng morphine at iba pang dangerous drug ay maaari lamang ireseta nag lisensyadong doktor. Ang S2 license na doktor ay ang pinapayagan ng PDEA para sa pagkontrol at paggamit nito para sa mga pasyenteng lubhang nangangailangan ng painkillers; tulad ng mga naaksidente, stroke patient, at cancer patient na nakararanas ng matinding sakit. Isipin na lang kung gaano kahirap makakuha ng resita ng antibiotics mula sa doktor, paano pa kung mula sa S2 licensed doctor?

Kaugnayan sa tamang paggamit at pagbili, ang pasyente ay magkakaroon ng QR code bilang katibayan na sila lamang ang pinapayagang bumili ng mga produkto o gamot na gawa sa cannabis sa mga botika o drugstore. Ang code na ito ay daraan sa database ng PDEA, at malalaman din kung sinong S2 license na doktor ang nagreseta ng gamot.

Sa mga susunod pang artikulo, pag-uusapan ang ilan pang mahahalagang bagay patungkol sa tamang paggamit ng cannabis. Maging buksan ang ating isipan sa marami pang posibilidad at benepisyo ng medical cannabis, na noong sinaunang panahon

Karagdagang P1K na SSS pension, pag-aaralan ng ahensiya

BAGUIO CITY (PIA) -- Tiniyak ng pamunuan ng Social Security System (SSS) na pag-aaralan nila ang posiblengpagdaragdag ng P1,000 na pension ng mga pensioners.

"Pag-aaralan namin nang maayos 'yan para matugunan natin 'yan. Hindi 'yan basta-basta," git na SSS President and Chief Executive Officer (CEO) Rolando Macasaet sa ginanap na press briefing nitong Huwebes (March 16).

Binigyang-diin nito na malaki ang financial impact sa SSS ng P1,000 pension increase. Sinabi nito na kung sa tingin ng mga tao ay maliit na bagay lamang ang P1,000, para sa SSS ay malaking bagay ito. Sakaling ipatupad ang P1K pension increase ay kinakailangan aniya ang halos P40 billion na pondo sa isang taon upang matugunan ang pensyon ng mga pensioners.

"There are around 3.3 million pensioners. Ang 1,000 pesos each, that's 3.3 billion pesos a month, that is roughly times 12 (months), almost 40 billion pesos a year," paliwanag ni Macasaet.

Ayon naman kay SSS VP for Benefits Administration Division Joy Villacorta, binabalanse nila ang lahat ng aspeto upang masiguro ang tuloy-tuloy na pagbibigay nila ng serbisyo.

While we want to continue to be relevant at maging adequate ang mga benefits, binabalance ho natin 'yan sa sustainability ng pondo, aniya.

Dagdag pa nito, nakasaad sa batas na kailangang may garantiya ng pondo ang anumang pagtataas ng pensyon.

Sinabi ni Villacorta na may auctorial group na sila na nagsasagawa ng evaluation kung kakayinan ng pondo ng SSS na ibigay ang karagdagang P1,000 pension. (DEG-PiA CAR)

ay ginagamit nang paggamot sa iba't ibang sakit at karamdaman.

Lolo, dedo sa motorsiklo

BINAWIAN ng buhay ang 71-anyos na lolo na nagtutulak ng kariton makaraang nabangga ng motorsiklo sa Kawit, Cavite Lunes ng madaling araw.

Hininalang dahil sa katandaan kaya hindi na kinaya ang tinamong sugat sa katawan at idineklarang dead on arrival sa Kawit Kalayaan Hospital ang biktima si Marino Condaloy Arminal, ng 2114 Realica st. Brgy. Kanluran, Binakayan, Kawit.

Kinilala naman ang driver ng Honda Wave 110 na si Kobee Monzon y David, 24; habang ang backride ay si John Brix Papa y Muega, 25, na kapwa nagtamo rin ng mga sugat sa katawan.

Minamanehon Monzonang motorsiklo sa kahabaan ng Binakayan Road Brgy Tramo Bantayan, Kawit, patungo sa direksyon ng Bacoor northbound.

Nabangga nito ang biktima na nagtutulak ng kariton patungo rin sa nasabing direksyon.

Naganap ang insidente dakong alas-3:30 ng madaling araw.

Isinugod sa Kalayaan Hospital ang biktima subalit idineklarang dead on arrival habang sa Binakayan Hospital naman ang dalawang rider na parehong nilalapatan ng lunas dahil sa tinamong sugat sa katawan. **GENE ADSUARA**

Supermarket, nilooban

ISANG kilalang supermarket hinoldap ng dalawang lalaki sa Bacoor City, Cavite Lunes ng hapon.

Naaresto naman ang isa sa dalawang suspek na nakilalang si Alex Manuquil y Ali, nasa wastong edad, habang pinaghahanap pa ng awtoridad ang kasama nito.

Sa ulat ni PSSgt Edilberto Reyes Jr., ng Bacoor City Police, dakong ala-1:41 ng hapon ay pumasok ang dalawang suspek sa Puregold, Magdiwang branch sa Brgy. San Nicolas 3, Bacoor City, at nagpanggap na mga

customer.

Ilang sandali pa ay naglabas ng baril ang mga suspek na nagdeklara ng holdap at tinangay ang 'di pa nabatid na cash mula sa cashier.

Mataposang panghoholdap ay tumakas ang mga suspek at sumakay sa get away na motorsiklo at pinaharuot papalayo.

Sa isinagawang hot pursuit operation ng awtoridad ay naaresto si Manuquil at nakuha sa kanyang pag-iingat ang motorsiklo na ginamit na get away vehicle, isang revolver na baril at isang granada. **GENE ADSUARA**

2 nalagutan ng hininga, 1 sugatan sa aksidente

NASAMATAY ang dalawang rider habang sugatan ang backride ng isa sa insidente ng motorsiklo sa Naic, Cavite.

Kinilala ang mga namatay na sina Jericho Renzo Benzon y Tumlos, Filipino, 24, ng Blk 10 Lot 33 Maliki Pasong Kawayan Gen. Trias City; at Fernando Tandas y Cacayuran, 42, ng Brgy., Santulan, Naic, habang ang sugatan ay si Billy Joe Ojas, 19, ng Blk 25 Lot 24 Maliki, Gen. Trias City, na nakaangkas sa motorsiklo ni Benzon. Sa ulat, dakong alas-12:58 ng hatinggabi naganap ang insidente sa kahabaan ng Governors Drive, Brgy Sabang Naic.

ang itim na motorsiklong Yamaha NMax at angkas nito si Ojas habang itim na Yamaha N-Max din ang minamanehong motorsiklo ni Tandas.

Madilim at walang street light sa pinangyarihan ng insidente, walang Closed Circuit television (CCTV) sa lugar at wala ring nakasaksi kung paano naganap ang insidente.

Inabutang na lamang ng mga kagawad ng MDRRMC ang mga biktima sa pinangyarihan ng insidente na duguan at wala ng buhay ang dalawa sa kanila habang si Ojas ay nagtamo ng mga sugat sa katawan kaya agad na isinugod sa ospital. **GENE ADSUARA**

The Godfather

Paulo Flores
09451470533
09287181677
09087869697



Patuloy ang Pagbabago, Tuloy ang Ikot ng Mundo

PATULOY ang mga programa ng lehitimong gobyernong Republikang Pilipinas para mahikayat ang ilang grupo at indibidwal na magbalik loob sa pamahalaan. Kamakailan lamang apat na miyembro ng Alliance of Filipino Workers (AFW), isang sectoral group ng Communist Terrorist Group (CTG) ang sumuko na sa gobyerno kasunod ng kanilang pagtalikod at pagbawi ng kanilang suporta sa Communist Party of the Philippines – New People's Army – National Democratic Front (CPP – NPA – NDF). Sa isang simpleng seremonya na ginanap sa 9th Avenue corner 40th Street, Bonifacio Global City, Taguig City ay nagsagawa din ng kanilang Oath of Allegiance to the Philippine Government ang nasabing apat na miyembro ng AFW. Isa na naman accomplishment ito ng National Capital Region Police Office (NCRPO) sa ilalim ng pamumuno ni PMGEN EDGARALAN OOKUBO at sa bagong Chief, PIO, NCRPO PLTCOL LUISITO C ANDAYA, JR.

At binabati ko din ang mga nagdiwang ng kani-kanilang mga birthdays tulad nina PCAPT JOHANNA LAVARIAS ang PIO, QCPD; PCAPT MHARCY PINO ang Community Affairs Development Division / PIO ng Caloocan City Police Station at si PCpl Ruby Cayabyab ng DRDO, NCRPO.

Editoryal

Seryosong pagpapatupad

ANG ikatatagumpay ng pagsasakatuparan ng motorcycle lanes sa kahabaan ng Commonwealth Avenue sa Quezon City ang maaaring magiging susi upang ito ay gagawin na rin sa iba pang pangunahing kalsada sa Kalakhang Maynila.

Nakikitaan ng posibilidad dahil sa nagtagtaglay na disciplina hindi lamang sa panig ng mga rider kundi maging sa iba pang tsuper.

Ang nasabing lane ay ekslusibo lamang para sa mga motorsiklo at may kaukulang multa sa lalabag.

Senayales na bunsod ng multang halagang P500 sa paglabag ay ang ikatatagumpay nito.

Maganda ang layunin para sa mga rider at may kaakibat ding benepisyo sa lahat ng driver sa pribado o pampubliko man.

Iyanay mangyayarisa pamamagitan ng seryosong pagpapatupad ng mga kinauukulan kaagapay ng disciplina sa lahat ng nagmamaneho.

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Publisher/Editor-in-Chief

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Member: Publishers Association of the Philippines, Inc.



Sentro ng Wika at Kultura (SWK) at KWF, Magkatuwang sa mga Proyektong Pangwika at Pangkultura

Magkatuwang ang Sentro ng Wika at Kultura (SWK) at Komisyon sa Wikang Filipino (KWF) sa mga proyektong pangwika at pangkultura kabilang ang mga saliksik hinggil sa pambansang wika, katutubong wika, at pangkulturang saliksik para sa madla na gumagamit nito.

Inilatag ng mga direktor ng SWK ang mga proyektong pangwika kabilang ang mga tertuya, webinar, workshop, at saliksik sa katatapos at matagumpay na pagpaplanu para sa taóng 2023 na ginanap mula 8–10 Marso sa City State Asturias Hotel, Puerto Princesa, Palawan. Pinangunahan naman ni Tagapangulong Arthur P. Casanova ang panunumpa ng bagong pamunuan ng SWK na sinaksihan nina Kom. Carmelita C. Abdurahman at Direktor Heneral Atty. Marites B. Taran. Nahalalal si Dr. Alvin De Mesa, pangulo; Dr. Rodello Pepito, Pangalawang

Pangulo; Prop. Ryan Rodriguez, kahilim; Dr. Lourdes Quijano, Ingat-yaman; Dr. Felisa Marbella, ang awditor; Dr. Romeo Espedion Jr., Tagapagbalita. Naitalaga naman bilang kinatawan ng Luzon si Dr. Mary Ann Macaranas, Visayas naman si Dr. Lita Bacalla, at sa Mindanao ay si Dr. Radji Macatabon. Ang SWK ay patuloy na lalahok at mangunguna sa pagsusulong ng mga katangiang pangkultura ng pook (bayan, lalawigan, o rehiyon) na kinalalagyan nito. Naniniwala ang SWK at KWF na ang wika ay imbakan ng karunungan at karanasan ng lipunan na dapat pinahahalagahan ng bawat Pilipino. Ang matagumpay na pagpaplanu ay naisagawa sa pangunguna nina Dr. Jose Evie G. Duclay at Gng. Minda Blanca L. Limbo na patuloy ang pagbibigay suporta sa mga direktor ng SWK sa buong bansa.

Honorary Consulate of Poland, kauna-unahang konsulado sa Palawan

PUERTO PRINCESA, Palawan (PIA) -- Pormal nang binuksan ang kauna-unahang konsulado na naitatag sa Lungsod ng Puerto Princesa at Lalawigan ng Palawan nitong Marso 14, 2023. Ito ay ang Honorary Consulate of Poland na matatagpuan sa 2nd Floor ng True Care Building sa Solid Road, Bgy. San Manuel.

Mismong si Chargé D' Affaires Ad Interim Mr. Jarosław Szczepankiewicz kasama ang kanyang maybahay at delegasyon nito ang nanguna sa pagbubukas ng nasabing tanggapan.

Kasabay nito ay ang pormal ding pagkakatalaga kay Mr. Juan Andre Lacson bilang Honorary Consul ng nasabing konsulado.

Ayon kay Honorary Consul Lacson, ang presensiya ng konsulado

sa Puerto Princesa at Palawan ay hindi lamang upang maprotektahan ang Polish Community at mga bisita sa rehiyon kundi ito ay testament ng pagkakaibigan, mutual commitment at progreso. Sa datos ng Provincial Tourism Promotion and Development Office ng Pamahalaang Panlalawigan ng Palawan, nasa 6,463 mamamayan ng bansang Poland ang bumisita sa lalawigan ng Palawan noong 2019 kung saan pinakamarami sa mga ito ang tumundo sa Puerto Princesa.

Ayon kay Provincial Tourism Officer Maribel Buñi, natigil ang pagbisita ng mga mamamayan ng Poland sa Palawan noong taong 2020 at 2021 dahil sa pandemya. Ngunit nitong 2022 ay nakapagtala muli ng nasa 1,060 na mga dayuhan mula sa Poland

DICT, nagkalooob ng internet connection sa Incident Command Post ng Oriental Mindoro

LUNGSOD NG CALAPAN, Oriental Mindoro (PIA)

-- Upang maagap na makapag-update ng pinakabagong detalye hinggil sa estado ng pagkalat ng oil spill sa mga apektadong mga bayan sa lalawigan ng Oriental Mindoro, nagkalooob ang Department of Information and Communication Technology (DICT) MIMAROPA sa pamamagitan ng DICT Oriental Mindoro Field Office ng internet connection sa Incident Command Post (ICP) na matatagpuan sa lumang Municipal Health Office ng Pola, Oriental Mindoro. Sa pamamagitan nito ay

mabilis na makatatanggap at makapaglabas ng impormasyon ang mga kawani na naka istasyon sa ICP sa mga punong ehekutibo at iba't-ibang mga pinuno ng mga ahensiya upang makapagsagawa nang naaayon at napapanahon na desisyon sa paglaban sa banta ng oil spill.

Pasasalamat naman ang ipinaabot ng mga kawani ng Oriental Mindoro Provincial Disaster Risk Reduction and Management Office (PDRRMO) sa naging tulong ng DICT sa pagtatayo ng maaasahang koneksyon sa ICP. (JJGS/ PIA MIMAROPA)

Bulacan Farmers/Fisherfolks Training Center kinilala

LUNGSOD NG MALOLOS (PIA)

-- Kinilala ang pamahalaang panlalawigan dahil sa Bulacan Farmers/Fisherfolks Training Center nito. Nasungkitng Kapitolyo ang Gintong Tropeo sa 2022 Outstanding LGU Project – Public Infrastructure Category sa kakatapos na Fédération Internationale des Administrateurs de Bien-Conseils Immobiliers o FIABCI Philippines Property and Real Estate Excellence Awards.

Ayon kay Provincial Engineer's Office Head Glenn Reyes, ang Bulacan Farmers/Fisherfolks Training Center ay dalawang palapag na gusali na mayroong minimalist at modernong approach na disenyo. Ginamitanang 15.5milyong pisong imprastruktura ng mga aluminum cladding at glass curtain walls upang pumasok ang natural na liwanag

na magpapabawas sa konsumo ng elektrisidad. Ang akwal na training center ay nasa unang palapag habang sa ikalawang palapag ang bagong tanggapan ng Provincial Agriculture Office.

Sa isang pahayag, sinabi ni Gobernador Daniel Fernando na bahagi ng kanyang People's Agenda 10 na tiyakin na maisasaktuparan ang lahat

Inklusibong kampanya kontra iligal na droga, tampok sa BIDA Fun Run sa Laguna

SANTA ROSA CITY, Laguna (PIA)

-- Mahigit 10,000 katao mula sa iba't ibang ahensiya ng gobyoerno at mga organisasyon ang nakilahok sa BIDA (Buhay ay Ingatan, Droga ay Ayawan) Fun Run na inorganisa ng Department of the Interior and Local Government (DILG) Region IV-A at pamahalaang lungsod ng Santa Rosa, noong Linggo, Marso 12. Ang BIDA Fun Run ay bahagi ng kampanya ng DILG na himukin ang mga Pilipino na talikuran ang paggamit ng iligal na droga at bigyang prayoridad ang maayos na pangangatawan.

Pinangunahan ni DILG Secretary Benhur Abalos ang aktibidad na dinaluhan naman ni Santa Rosa City Mayor Arlene Arcillas, DILG

IV-A Regional Director Ariel Iglesia, Police Regional Office (PRO) Calabarzon Director, PBGen. Melencio Nartatez, Laguna Provincial Administrator Dulce Rebanal, at ilan pang mga alkalde mula sa Laguna, Batangas, at Quezon. Kabilang sa mga lumahok sa kampanya ang mga kawani ng DILG Region 4A, PRO Calabarzon, Bureau of Fire Protection (BFP), Philippine Public Safety College (PPSC), Bureau of Jail Management and Penology (BJMP) at iba pang ahensiya.

Dinaluhan rin ito ng mga civic groups tulad ng mga samahan ng kabataan, kababaihan, mga guro, at iba pang sector na nagpaabot ng kanilang buong suporta sa layunin ng pamahalaan na maging 'drug free' ang mga komunidad.

Itinanghal na kampeon sa 3K Male Category si Ginoong Mendioro na nakumpleto ang 3 kilometrong track sa loob ng 10 minuto at 35 segundo, at sinundan nina Jackson Chirchir (11:09) at Eric John Briones (12:37).

Itinanghal naman na kampeon sa 3K Female Category si Jovelyn Cantos na kinumpleto ang nasabing track sa loob ng 17 minuto at 20 segundo, at sinundan nina Shiera Veedelicanno (20:26), at Marilyn Villagracia (20:29). Binuksan din para sa lahat ang BIDA Fun Run bilang bahagi ng inklusibong kampanya ng DILG laban sa ipinagbabawal na gamot.

Kabilang sa mga lumahok sa BIDA Fun Run ng tatlong taong gulang na si Jeff Nathan Macasib, habang ang 71-taong gulang na si Anastacia Berroya naman ang pinakamatandang runner.

Matapos ang BIDA Fun Run ay nilibot rin ni Abalos ang Santa Rosa City Drug Rehabilitation Center, na siyang pinakaunang drug rehabilitation center sa bansa na ipinagawa ng isang lokal na pamahalaan.

Ditoniyanibinigyangpagkilala ang mga inisyatibo ng pamahalaang lungsod sa kanilang kampanya laban sa iligal na droga. (PB)

BFAR Mimaropa at Romblon Prov'l Gov't, nagpulong sa pagsasaayos ng Marine Research and Breeding Center

ROMBLON, Romblon (PIA)

-- Nakipagpulong kay Romblon Governor Jose Riano nitong Martes si Bureau of Fisheries and Aquatic Resources (BFAR) Mimaropa Regional Director Emmanuel Asis upang pag-usapan ang mga kasalukuyang programa ng kanilang ahensiya sa lalawigan ng Romblon.

Napag-usapan sa pagpupulong ang pagkakaroon ng Memorandum of Agreement (MOA) sa pagitan ng BFAR at ng Pamahalaang Panlalawigan kaugnay sa operasyon ng Marine Research and Breeding Center (MRBC) sa Barangay Canduyong sa bayan ng Odiongan. Ayon sa BFAR, ang

kanilang ahensiya ang mangunguna sa operasyon at management ng MRBC habang ang Pamahalaang Panlalawigan ang magpapanatili ng kaayusan ng gusali at lugar. Sa ngayon, ang MRBC ay mayroong mga alagang mga bangus at tilapia. Mahalaga ang MRBC sa lalawigan dahil dumarami na ngayon ang naglalagak ng puuhunan sa pangisdaang negosyo sa probinsya lalo na sa mga bayan na maraming fish cages na ibinigay ang ahensiya ng BFAR.

Kasama ni Asis ang ilang kawani ng BFAR Mimaropa at mga kawani ng BFAR Romblon sa pangunguna ni Provincial Director Louie Manes. (PJF/PIA MIMAROPA)

MATANDANG BINATA, KALABOSO SA PANG-AABUSO NG DALAGITA

ARESTADO ang 62-anyos na matandang binata matapos umanong abusuhin ang Grade 7 na estudyanteng babae sa bahay ng huli sa Imus City, Cavite Martes ng umaga. Nakakulong sa Custodial Center ng Gen Trias City Police ang suspek na si Condet Almanor y Oquendo, binata, security guard, at residente ng Nato Compound, Pasong Buaya, Imus City, dahil sa reklamo ng 13-anyos na dalagita. Sa salaysay ng biktima kay PSMS Aileen Abunda, ng Imus City Police, nagising siya sa pagkakatulog dakong alas-8:00 ng

umaga dahil pumasok ang suspek sa loob ng kanilang bahay at tinanong kung sino ang kanyang kasama sa bahay. Nang sinagot na "ako lang po" agad na nilapitan siya ng suspek, hinalikan at gumapang ang kamay nito sa ari ng biktima. Tinangkang sumigaw ang biktima subalit tinakpan ang bibig nito at pagkatapos ng panghahalay ay lumabas ang suspek na tila walang nangyari. Nagsumpong ang biktima sa magulang nito na nagresulta sa pagkakaaresto sa suspek. **GENE ADSUARA**

Tigbak sa sablay na overtake

PATAY ang isang rider na bumangga sa nakaparadang jeepney matapos sumablay sa pag-overtake sa Gen Trias City, Cavite Lunes ng madaling araw. Isinugod pa sa Gen Trias Medicare Hospital ang biktima si John Ramel Abayon Gaspar, ng 62 Don Carlos Revilla St. Pasay City subalit idineklarang dead on arrival. Minamaneho ng biktima ang kanyang motorsiklong Suzuki Raider 150 dakong

alas-2:30 ng madaling araw sa kahabaan ng Gov. Ferrer Drive sakop ng Brgy Pasong Kawayan 1, Gen Trias City. Tinangka umano nitong mag-overtake sa shoulder lane sa isang sasakyang subalit nawalan ng kontrol sa manibela at tumama sa nakaparadang jeepney. Tinangka pang isalba ang buhay ng mga sumaklolo subalit binawian na ito ng buhay bago pa man dumating sa ospital. **GENE ADSUARA**

2 'nadale' sa aksidente

PATAY ang 61-anyos na lola at isang rider sa naitalang aksidente sa magkahiwalay na lugar sa Silang, Cavite Miyerkules ng madaling araw. Namatay habang ginagamot sa Perpetual Medical Center sa Biñan City ang biktimang si Ma. Fe Franco y Bornes, 61, vendor, ng Brgy. Pulido Extension, GMA, Cavite; habang dead on arrival sa Estrella Hospital si Fidel Benosa, 46, ng Mendez. Sa ulat, minamaneho ni Marlon Angeles Pucio, 28, ng Gate 1, Multinational, Riverside Santo Nino, Paranaque City ang kanyang Isuzu Rebuilt na may lifter Aluminum Wing Van at may plakang CAT 4944 sa kahabaan ng Governor's Drive, Brgy. Bulihan, Silang. Pagsapit sa intersection ay pinatigil siya ng traffic enforcer dakong alas-4:30

ng hapon. Sa mulung pag-anda ng sasakyang ay dito niya nasabitang matanda na natatayo sa pedestrian. Minamaneho naman ni Benosa ang kanyang motorsiklong Yamaha Mio habang isang Isuzu Giga dump truck namang minamaneho ni Jerel Trinidad De Leon, 31, ng Sta Maria, Bulacan sa kahabaan ng Aguinaldo Highway galing north patungong South direction (Tagaytay City) dakong alas-2:10 Miyerkules ng madaling araw subalit biglang nag-signal ng red light kaya tumigil si Benosa. Nakabuntot naman ang minamanehong dump truck ni De Leon na hindi kaagad nakatigil dahilan upang mabangga ang rider na nagresulta sa kamatayan nito. **GENE ADSUARA**

2 babae, patay sa pamamaril

DALAWANG babae ang napatay ng mga hindi nakilalang salarin kamakailan sa magkahiwalay na bayan sa lalawigan ng Quezon. Ang mga biktima ay nakilalang sina Elena Medalla, 62, ng Sitio Tiwiwi, Barangay San Diego, Buenavista; at Angelina Limen, 46, ng Sitio Sineguelasan Barangay Janagdong, Sariaya. Nabatid na si Medalla kasama ang ilan kaanak ay kasalukuyang nasa balkonahe at masayang nag-iinuman.

Bigla ay nakarinig sila ng putok ng baril na umano'y nagsimula sa likurang bahagi ng bahay. Nagtamo ng tama ng bala ng baril sa likuran na umano'y tumagos sa dibdib kaya hindi na umabot pa ng buhay ang biktima na naisugod sa pagamutan. Isang 12 gauge shotgun ang sinasabing ginamit sa pamamaril ng suspek. Samantala, si Limen naman

kasama ang kinakasama nitong si Wilfredo Fajarda Estable ay naalimpungan sa pagkakatulog. Nagising umano ang dalawa bunsod ng likhang ingay mula sa kusina at dala na rin sa pagtahol ng mga aso. Tumayo si Limen upang matukoy ang nasabing ingay kasunod ay biglang nakarinig ng putok ng baril ang live in partner nito. Tumambad kay Estable ang nakahandusay na si Limen na sinasabing nabaril sa leeg at nagpapasaklolo. Naisugod sa ospital si Limen gayunman ay idineklarang dead on arrival.

Pinaniniwalaang kalibre 45 ang ginamit sa pamamaril ng salarin.

Nagsagawa ang mga awtoridad ng imbestigasyon upang matukoy ang mga suspek sa pamamaril at pagkamatay ng dalawang biktima. **(MARCK BADION)**

MT Princess Empress, naglayag kahit walang Certificate of Public Convenience

LUNGSOD NG CALAPAN, Oriental Mindoro (PIA) -- Napag-alaman sa isinagawang hearing ng Senate Committee on Environment, Natural Resources and Climate Change na ang lumubog na MT Princess Empress ay walang kaukulangang Certificate of Public Convenience (CPC) na iniisyu ng Maritime Industry Authority (MARINA).

Bukod dito, ay nakaligtaan na beripikahan ng Philippine Coast Guard (PCG) ng pagkakaroon ng naturang sertipiko na isa sa mga pangunahing dokumentong kinakailangan bago bumiyaha ang anumang uri ng sasakyang pandagat. Dagdag naman ni Maritime Industry Authority (MARINA) Administrator Atty. Hernani Fabia, wala ring kaukulang permit to operate ang naturang barko kung kaya't hindi dapat ito pinapahintulutan bumiyaha. Sa kabuoan ay nakapagbiyahe na ang MT Princess Empress ng siyam (9) na beses; bagay na kinuwestyon ng mga senador sa pamunuan ng naturang oil tanker dahil sa kakulangan ng mga

permiso ng paglalayag. Bukod naman sa kakulangan ng CPC, napag-alaman din na mayroon pang kakulangan na pitong (7) dokumento o sertipiko na kinakailangan bago maglayag ang MT Princess Empress sa isinagawang pagtatangon ni Senator Chiz Escudero sa may ari ng oil tanker.

Samantala, naglabas naman ng hinaing si Oriental Mindoro Governor Humerito 'Bonz' Dolor sa kakulangan ng komprehensibo at malinaw na plano hinggil sa nangyaring incidente. Ani ng gobernador' k i n a k a i l a n g a n g mayroon namumuno sa pangkalahatang operasyon patungkol sa oil spill, dahil aniya, ito ay isang multi-faceted na pangyayari. Ito naman ay sinegundahan ni Senator Loren Legarda.

Inaabahan naman na sa mga susunod pang mga araw ay magkakaroon na ng kalinawan kung sino ang mamumuno sa operasyon kontra oil spill sa Oriental Mindoro at upang maagapan na rin ang paglawak ng pinsala nito sa kalikasan at kabuhayan ng

2 'tulak' bagsak sa buy bust

BUMAGSAK sa mga awtoridad ang dalawang umano'y tulak sa magkahiwalay na bust operation na isinagawa ng kapulisan sa Bacolod City kamakailan. Kinilala ang dalawang suspek na sina Mark Salmingo, 26, ng Rizal Extension, Purok Star Apple, Barangay 27; at Ian Alindog, alyas Patto, 37, ng Grandville 2 Subdivision, Barangay Mansilingan. Sa ikinasang operasyon laban kay Salmingo ay nakuha sa kanyang pag-iingat ang 12 medium at 45 small sachets ng

hinihinalang shabu na nasa 150 gramo at tinatayang nagkakahalaga ng P1.02 million.

Samantala, Si Alindog na itinuturing na high-value individual ay nakuhanan ng umano'y 52 gramo ng shabu sa kanyang bag at nasa halagang P353,600. Kumpiskado rin sa kanya ang itim itim na coin purse, disposable lighters at mga drug parahernalias.

Ang dalawang suspek ay naharap sa kasong paglabag sa Republic Act 9165 o ang Comprehensive Dangerous Drugs Act of 2002. **RUBEN LACSA**

Kelot, todas sa kapitbahay

NAMATAY ang isang lalaki makaraang pagsasaksikan ng kanyang kapitbahay dahil nakapagbitaw umano ng hindi magandang salita ang asawa ng biktima sa suspek sa Gen Trias City, Cavite Martes ng gabi. Isinugod pa sa General Trias Hospital ang biktima na si Vergel Ariate Cadiz Jr., nasa wastong edad, ng B5 L29 Phase 4 Tierra Nevada, Brgy San Francisco, Gen. Trias City, dahil sa saksak sa leeg. Ginamot naman sa Gentri Medical Center and Hospital ang suspek na si Margesar Hernandez Y Lagmay, 27, ng B1 L 24 Ph-4 Tierra Nevada Brgy San Francisco, Gen. Trias City, dahil sa tama ng bala

mga mamamayan sa mga karatig na mga lalawigan at rehiyon. **(JJGS)**

sa kanyang hita matapos barilin ng awtoridad sa tangkang paglaban.

Sa ulat ni Corporal Jhocel Dayumat, ng Gen Trias City Police, bago naganap ang insidente ay nagbitiw umano ng hindi magandang salita ang asawa ng biktima sa suspek.

Dito nagsimula ang komprontasyon sa pagitan ng biktima at suspek na nauwi sa mainitang pagtatalo dakong alas-9:45 ng gabi sa Phase 4 Gate 2 Tierra Nevada, Brgy San Francisco.

Kumuha ng kutsilyo ang suspek at pinagsasaksak sa leeg at lalamunan ang biktima na nagresulta sa kamatayan nito.

Tinangka namang tumakas ang suspek sa mga awtoridad subalit nakorner at tinangkang manlaban kaya binaril siya sa hita. **GENE ADSUARA**

Ambulansiya vs motor, rider tepok

NAMATAY ang 26-anyos na rider makaraang nakabanggan ang ambulansiya sa Bacoor City, Cavite Lunes ng B1 L23 P1A Cityhomes, Brgy. Molino 4, Bacoor City. Sa ulat, nagkabanggaan motorsiklong Honda RS at ambulasiya sa inner lane ng Daang Hari Road, Molino 4, Bacoor City dakong alas-2:10 ng madaling araw na patungko sa direksyon ng South bound.

Dahil sa lakas ng impact ay nagtamo ng matinding sugat sa katanwan ang biktima kaya namatay habang ginagamot sa ospital. **GENE ADSUARA**

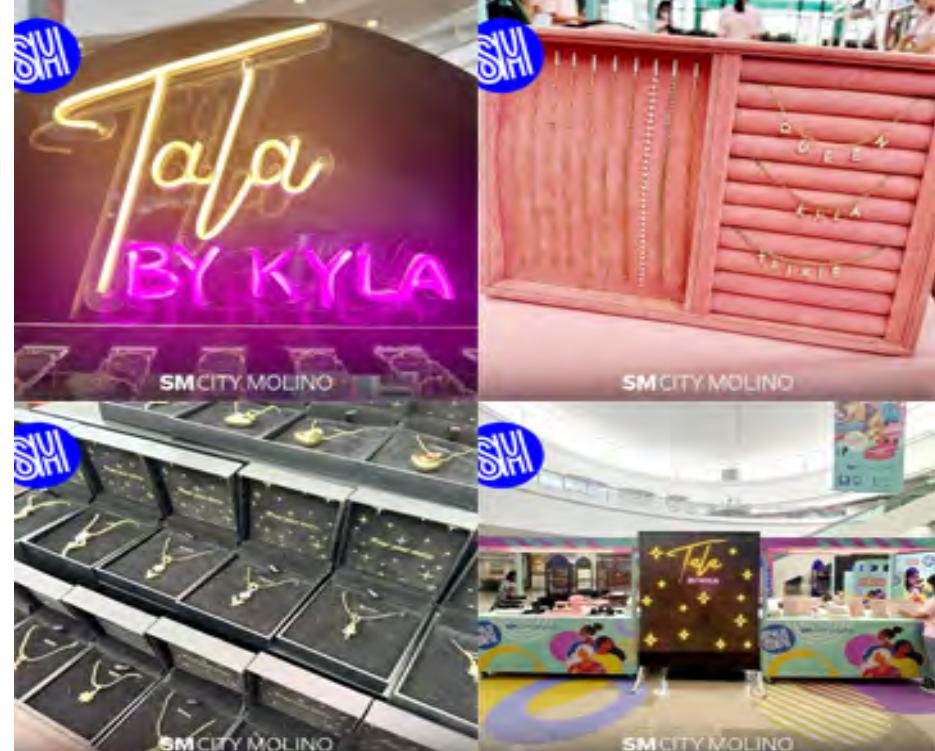
SM CITY BACOOR CONDUCTS FIRE DRILL WITH BACOOR CITY BFP

SM CITY BACOOR, CAVITE – In partnership with Bacoor City's Beaureau of Fire Protection, SM City Bacoor recently conducted a fire drill to better equip its tenants, employees, and agency personnel on the prevention of fire incidents and the proper conduct shall fire accidentally happen in the mall. Equipped with fire truck and equipments, the Bacoor City BFP carefully inspected the mall's Fire Brigade and Emergency Response Team as they guide 185 participants in evacuating the premise during the drill, ensuring that the assigned personnel are prepared in case of fire emergencies. The tenants also joined the early morning drill to ensure the safety of the shoppers.

Aside from this, SM City Bacoor also conducted the recently concluded National Simultaneous Earthquake Drill where 253 participants including the tenants, employees, agency personnel and security forces joined to ensure that shoppers will be safe in the mall in case an earthquake happen. True to its promise to welcome shoppers with care, SM Supermalls also conduct regular trainings and seminars to strengthen their Business Continuity Management System which aims to keep their employees equipped in case of any emergency.



CELEBRATE WOMEN WITH SM CITY MOLINO'S WOMENPRENEUR FAIR



SM CITY MOLINO, CAVITE – It's time for empowered women to shine! SM City Molino is giving you a lot of reasons to drop by, enjoy, and celebrate women! Catch their Womenpreneur Fair at the Event Center and enjoy exclusive promos and deals from Tala by Kyla. Check out these amazing deals and #FeelAweSM only at SM City Molino.

BE FAB AND COMFY WITH FORME AT SM CITY BACOOR



Wonderful and unique women gathered at SM City Trece Martires to celebrate women's power at SM. We celebrate women's month on the month of March to celebrate women's role in history as stated in Presidential Proclamation No. 227 series of 1998.



SM CITY BACOOR, CAVITE – It's time to #CelebrateWomenPowerAtSM and enjoy great discounts this whole month of March! Visit ForMe at the 2nd Level of SM City Bacoor and score great discount on OOTDs with your bestie for your next get-together or office OOTDs! Hurry and grab the latest and comfiest fashion pieces at ForMe – SM City Bacoor today!

8H NA ATLETA AT 5 BANSA NA KALAHOK SA PH ATHLETICS CHAMPIONSHIPS 2023

Nakatakdang track para sa pagtatanghal ng ICTSI Philippine Athletics Championships mula Marso 21 hanggang 26 sa Ilagan City, Isabela. May 800 atleta, kabilang ang 80 mula sa Malaysia, Vietnam, Thailand, Indonesia, at Brunei, ang sasali sa tournament na mag-aalok ng world ranking points. Maliban kina world No. 3 pole vaulter EJ Obiena at William Morrison III ng shotput, lahat ng medalists ng 2022 Vietnam Southeast Asian (SEA) Games ay nakikapig-aksyon sa event na dating kilala bilang Philippine Open. Mayroon 165 medalya na igagawad sa men's at women's Open Elite, Under-20 at Under-18 categories. Sinabi ni Philippine Racing Commission chair Reli de Leon, na nagsisibiling special assistant ni Philippine Athletics Track and Field Association (PATAFA) president Terry Capistrano, na ang torneo ay isang "magandang preview" ng Cambodia SEA Games sa Mayo, kasama ang partisipasyon ng bansa, potensyal na pambansang pool, kabilang ang 15 Filipino-foreigners. "Pagkatapos ng kaganapan ito, malaman natin kung

saan tayo patungo sa SEA Games," sabi ni De Leon sa Philippine Sportswriters Association (PSA) Forum sa Rizal Memorial Sports Complex sa Maynila. Dumalo rin sa lingguhang sesyon sina PATAFA secretary general Edward Kho at national team head coach Jojo Posadas. "We're ready to go. No stone left unturned. Magandang labang ito (This would be a good fight) and could be a preview of what's in store for the SEA Games," ani Kho.

Ang mga taya ng Team PH ay Filipino-American sprinters Eric Cray (gold, 400-meter hurdles), Kayla Richardson (gold, 100m; bronze, 200m), Kyla Richardson (silver, 200m), Robyn Brown (bronze, 400m hurdles), at homegrown Clinton Kingsley Bautista (gold, 110m hurdles); Hocket delos Santos (silver, pole vault), Janry Ubas (silver, long jump; bronze, decathlon), Ariès Toledo (silver, decathlon), Mark Harry Diones (silver, triple jump), Christine Hallasgo (silver, marathon), Sarah Dequinan (silver, heptathlon), Jelly Dianne Paragile (bronze, 100m hurdles), Joida Gagnao (bronze, 3000m steeplechase), Evelyn

Palabriga (bronze, javelin throw), Alfrence Braza (bronze, 1500m), Melvin Calano (bronze, javelin throw), Sonny Wagdos (5000m); at Edgardo Aljean, Bernaly Bejoy, Joyme Sequita at Jessel Lumapas (bronze, 4x400m mixed relay). Fil-Ams A Sina lyana Nicolas (pole vault) at Umajesty Williams (200m at 400m) ay nakikapagkumpitensya rin kasama ang mga atleta mula sa national training pool,

collegiate leagues at standouts mula sa Palarong Pambarangay at Batang Pinoy. Si Philippine Sports Commission chair Richard Bachmann ang magiging paunahing pandangal habang si long jump queen Elma Muros-Posadas ang magdadala ng sulo sa pagbubukas ng seremonya sa Ilagan City Sports Complex.



PSA FORUM RELI DE LEON

MAGIGING bahagi ng preview ang kaganapan ng PH Athletics Championships para sa nalalipat na Cambodia SEA Games sa Mayo, ayon kay Reli De Leon PATAFA Special Assistance na ilan lamang ito sa naging tampo na usapin sa lingguhang PSA Forum sa PSC conference room. Kasama sa larawan sina PATAFA Secretary General Edward Kho at Jojo Posadas National team coach. (REY G. NILLAMA)

QUEZON HUSKERS BUENA MANO SA MPBL DEBUT

NAKABAWI mula sa malamyang simula ang bagitong Quezon Huskers para maitakas ang makapigil hiniling 82-80 panalo laban sa matikas na Negros Muscovados sa pagbubukas ng 5th Season ng Mahalika Pilipinas Basketball League (MPBL) sa dinumog na Lucena Convention Center sa Lucena City. Hindi magkamayaw ang mga kababayang host team sa bawat pagkakataon na nakakahabol at naididikit ng Huskers ang iskor matapos maibaon sa pinakamalaking kalamangan na 17 puntos sa unang yugto ng laro, ngunit ang ikatlong three-pointer ni Mark Joseph Pangilinan para sa 10-0 run ng Quezon na bumura sa bentahe ng karibal para sa 79-78 bentahe ang halos dumurog sa morale ng karibal tungo sa huling tatlong minuto ng laro.

Nagawang mabawi ng Muscovados ang bentahe sa 80-79 mula sa jumper ni Jason Melano, ngunit nakaganti muli ng sariling opensa si Huskers point guard Tomas Torres bago tuluyang sumilakbo ang pagdiriwang ng Quezonian sa mahigpitang labanan sa huling isang minuto ng laro matapos mailagay ni Simone Sandagon ang iskor sa 82-80 mula sa split free throw sa foul ni Edrian Lao.

Nakakuha pa ng pagkakataon ang Negros na maitablas ang iskor o maagaw ang kalamangan sa dalawang pagkakataon, ngunit ang pagtatangka sa third point area ni Lao ay napigilan ni Sandagon bago ang kontroversyal na tawag ng referee sa 'out of bound' na inilagay sa 'coaches challenge' na hindi naman naging matagumpay sa Negros may 1.2 segundo ang nalalabi.

"We're so happy, very happy and proud. Kahit kulang kami ng ensayo, wala pa yung familiarity sa isat isa, they show the character of not giving up and give the best for the team and for the supporters," pahayag ni Huskers head coach Eric Gonzales.

"Dami nilang jitters sa simula dahil puro bago. I continued to encourage them just play the right game. Take the challenge and responsibility. Yun untuti nagtulungan naman sila. Hopefully, makita natin ang same intensity in our coming games not just here but on the

road," aniya.

Sama-samang naggidiwang sa center court matapos ang final buzzer ang mga players, coaching staff, mga tagahanga, team owners na sina Quezon 4th District Congressman Kit Micah Tan at San Andres Mayor Ralph Edward Lim, team manager Atty. Donn Kapunan, mga local na opisyal sa pangunguna ni Quezon Gov. Helen Tan, na umukit ng kasaysayan sa nakalipas na halalan bilang kauna-unahan na naging Gobernador sa kasaysayan ng Lalawigan.

"Masaya tayo, masaya ang ating mga kababayang dahil first time natin sa MPBL at nanalo tayo, despite the fact na kulang sila sa preparasyon at ensayo dahil kailan lang talaga nabuo ang team. Thank You Lord. Talagang ang husay ng ating team pati si Mayor Alcalá ay nagbibigay ng saya sa ating mga kababayang Panawagan ko lang sa ating mga kababayang na narinirahan na sa ibang lugar na suportahan ang ating Quezon Huskers once na maglaro ang team sa lugar ninyo," sambit ni Tan patungkol kay Lucena City Mayor Alcalá sa malaki ang naibahagi sa panalo ng koponan.

Ang ikalawang three-pointer ni Alcalá ang tuluyang nagpangingsa sa maalab na ratsada ng Huskers sa third period kung saan nakuhang ng Quezon ang kauna-unahan tikim sa bentahe 49-46 may 3:45 sa laro. Muling nakontrol ng Negros ang momentum, subali matikas na nagagawa ng sere ng scoring run ang host team kabilang ang 7-0 run tampok ang lay-up ng 27-anyos na Alkalde may 3:53 sa huling yugto ng laro.

"Nagpapasalamat ako kay Senator Pacquiao dahil naaisman tayo sa liga na talagang kailangan namin para lalo pang maipakilala ang Lalawigan sa bawat sulok ng Pilipinas. Napakaraming mapupuntahan dito sa amin, kaya hinihiyayat namin kayong magtungo sa Quezon," aniya.

Pinangunahan ni Tan, kasama si MPBL founder Senator Manny Pacquiao, Commissioner Kenneth Duremedes ang iba pang opisyal ng lokal na pamahalaan ang ceremonial jump ball matapos ang palabas sa opening ceremony kung saan itinampok ang mga naggagandahang



PINAS SAMBO AT UST NAG UWI NG GINTONG MEDALYA MULA SA 15TH ANNIVERSARY NG JAGSPORTS INVITATIONAL TOURNAMENT

Pitong medalya kabilang ang tatlong ginto ang naiwi ng Pilipinas Sambo at University of Santo Tomas team na mas kinatumpakan ng double-gold performance ni national team member Aislinn Yap sa katatapos lang na 2023 National Open and Team Trials kaantabang ang 15th Anniversary ng Jagsports Invitational Tournament nitong Marso 11-12 sa Heartbeat at Bedok sa Singapore.

Binokya ng 24-anyos na Graduate School student-athlete mula UST si Jezamine Chua ng Meerkats Wrestling Club sa Finals ng Sports Sambo women's under-80kgs category sa iskor na 8-0, habang muli silang naggatapat sa women's wrestling under-76kgs sa bisa naman ng 3-0 panalo. Nagbulsa naman ng tansong medalya si 85th UAAP season judo championships silver medalists Casey Gwyn Tolosa sa sports sambo under-80kgs division.

"Satisfying siya kasi first international competition ko siya and it's an honor to represent the Philippines sa field ng Sambo. Masaya rin ako na despite having little background lang sa wrestling and facing a difficult opponent, nanalo pa rin ako and nakapagdala ng medal for Philippines," pahayag ni Yap na naghahanda rin sa mga darating na international tournament tulad ng Asian Indoor Martial Arts Games sa darating na Nobyembre sa Bangkok, Thailand.

Gintong medalya rin ang kinubra ni first-timer at UAAP champion Aurnaegel Princess Cortez ng Sambo national team ng talunin si dating 2019 Southeast Asian Games sport sambo bronze medalist Sarah Yong ng Jagsport Singapore sa pamamagitan ng 8-0 sa Finals, gayundin si Jane Lee na tinapos lamang nito sa 30 segundos sa 8-0 dominasyon.

Kinilos naman sa championship round ang tatlito pang pambato ng bansa kabilang si national team member Jedd Andre Kim ng masilat sa huling segundo ng laro laban sa pambato ng Singapore na si Joshua Mercadal sa

mga muses at ang mini konsierto nina Marlito Pomoy at Master Rapper Andrew E.

Ang Quezon Huskers at Negros Muscovados ang dalawang pinakabagong koponan sa liga na kinabibilangan din ng defending national champion Nueva Ecija, Bataan, Bulacan, Caloocan, Makati, Manila, Marikina, Pampanga, Paranaque, Pasay, Pasig City, Quezon City, Rizal, San Juan, and Valenzuela sa Northern Division. Sa Southern Division ay Bacolod, Bacoor, Batangas, Bicol, Cebu, GenSan, Iloilo, Imus, Laguna, Mindoro, Muntinlupa, Negros, Quezon, Sarangani at 2023 MPBL preseason champion Zamboanga.

GINAWAD ni PLDT High Speed Hitters spiker Dell Palomata ang kanyang pag atake sa bola si Madeleine Yreneal Madayag ng Choco Mucho Flying Titans. Kung saan ay nagwagi ang Hitters sa 4 sets kontra Titans 21 - 25, 25 - 23, 25 - 23, 25 - 16. (REY G. NILLAMA)



SMB VS NLEX San Miguel Beer import Cameron Clark sa harap ng depensa ni Paul Samerad ng NLEX Road Warriors sa kasagasan ng kanilang laro sa 2022 - 23 PBA Governor's Cup sa PhilSports Arena, Pasig City. Panalo ang Beermen sa Road Warriors 120 - 106. (REY NILLAMA)



Quezon Governor Doktor Helen Tan na ngagaawag ng bola Masayang nagpaawag ng bola si Quezon Governor Doktor Helen Tan habang nasa half time ang laro ng koponan Quezon Huskers at Negros Muscovados sa katatapos na 5th Season ng Mahalika Pilipinas Basketball League (MPBL) na ginanap sa Lucena Convention Center sa Lucena City. (REY G. NILLAMA)



HINDI na kakailanganin pang umasa sa foreign-breed swimmers ang bansa kung matuturing at mabibigyan ng sapat at tamang kaalaman ang mga lokal coaches na siyang tunay na sandata para makapagsanay nang mas maraming magagaling na 'homegrown' athletes na mailalaban sa international competition sa hinaharap upang makamit ang tagumpay.

Ayon kay swimming coach at dating National player Marites Espinosa-Escobar ang maibahagi ang kanyang karanasan bilang atleta at kaalaman bilang coach sa iba't ibang swimming club sa Amerika ang nagtulak sa kanyang magbalik-bayan matapos ang 30 taong panirahan sa abroad para maiusulong ang 'Trained-the-coach' program.

"Kapag nakapag-produce tayo nang mahuhusay na coach, walang duda na marami tayong mapro-produce na magagaling na homegrown swimmers na maipagmamalaki nating mailabanan sa kompetisyon sa abroad," sambit ni Espinosa-Escobar, bahagi ng National Team noong dekada 70 sa panahon ng 'Gintong Alay'

"Very good example natin ang batang ito na si Pia, (Magat) at her young age may nakaiba tayong potensyal dahil mahusay ang coach na nagturo. Mas mapapataas pa natin ang kalidad nyan kung patuloy ng training hindi lamang ng mga swimmers but also the coaches," pahayag ni Espinosa-Escobar sa Tabloids Organization in Philippine Sports, Inc. (TOPS) 'Usapang Sports' sa PSC Conference Room sa Malate Manila.

Tinukoy ni Espinosa-Escobar ang bagong 'swimming wonder' na 5-year-old na si Pia Magat na humukot ng pitong gintong medalya at tinanghal na Most Outstanding Swimmer sa kanyang age category sa Asian Open School Invitational Aquatics Championship kamakailan sa Bangkok, Thailand. Ang kindergarten student ng St. Joseph



TOPS USAPANG SPORTS SWIMMING COACH MARITES ESPINOSA - ESCOBAR

ISINALARAWAN ni swimming coach at dating National player Marites Espinosa-Escobar ang kahalagahan ng tamang kaalaman ng ating mga local coaches kung saan ito ay napapatunahan na rin ng mga mahuhusay na swimmers ng bansa. Inihalimbawa ni coach ang batang si Pia Magat na sa murang edad pa lamang ay kinakitaan na ngusay sa swimming makaraang magkarititong medalya at tanghaling bilang Most Outstanding Swimmer sa kanyang age category sa Asian Open School Invitational Aquatics Championship kamakailan lang. (REY G. NILLAMA)

PIA Calabarzon on board Army 2ID's multi-sectoral advisory panel

CALAMBA CITY, Laguna (PIA) — Aside from being Philippine Army's partner in achieving lasting peace in the region, the Philippine Information Agency (PIA) Calabarzon is taking a new role as member of the 2nd Infantry Division's Multi-Sectoral Advisory Board (MSAB).

In a briefing held Tuesday, March 7, PIA Calabarzon Regional Director Cristina Arzadon welcomed the 2ID's invitation to be one of its advisors and accountability partners in pursuing reforms and professionalizing its ranks under the Army Transformation Roadmap (ATR) 2040.

The ATR seeks to institutionalize genuine reforms based on good governance, performance excellence, and enhanced public-private partnerships. The expanded roadmap, to be pursued until 2040, envisions Philippine Army to be world-class, multi-mission ready, and cross-domain capable.

The 2ID, the major peacekeeping force in the Calabarzon region, also serves the Bicol region and the provinces of Mindoro, Marinduque, and Romblon.

Lt. Col. Kim Evangelista, chief of the 2ID's strategy alignment section, who led the briefing for PIA Calabarzon employees, said Arzadon had been chosen to be part of the MSAB given the PIA Calabarzon's significant contributions in attaining peace and development in the region.

Evangelista explained that the MSAB was established to advise and assist the Philippine Army in implementing projects that serve the Filipino people and enhance the army's capability in various areas. He said the MSAB had been one of the 2ID's steady and reliable partners since its establishment in 2015.

Arzadon fully supported the ATR and expressed hope that PIA would be able to share its expertise in strategic and development communication. She also commits to sharing

platforms of the PIA to boost awareness of the military's transformation agenda.

PIA Calabarzon and 2ID have worked for various peace efforts under the Regional Task Force to End Local Communist Armed Conflict, where PIA Calabarzon sits as Chairperson of the Strategic Communication Cluster. Arzadon's membership to the MSAB is set to be formalized in the coming weeks. (**FSC, PIA4A**)

SC orders Manila trial for Degamo slay suspects

MANILA — The Supreme Court (SC) has granted the request of the Department of Justice (DOJ) to transfer to Manila the trial of the suspects in the killing of Negros Oriental Governor Roel Degamo and eight others.

DOJ Secretary Jesus Crispin Remulla wrote to Chief Justice Alexander Gesmundo and Court Administrator Raul Villanueva on March 9 that it "anticipate(s) the filing of other cases related thereto, considering the number of victims who are yet to file their complaints."

The DOJ chief cited logistical difficulties of conducting the trial in Negros Oriental province since the respondents are already detained at the National Bureau of Investigation custodial center in Manila.

Remulla added that the facilities in the province may not be adequate and could cause security issues.

After deliberating en banc, the SC statement on Tuesday said Villanueva "is completely in agreement and convinced that, taking into account the reasons cited by Secretary Remulla, the venue of the cases should be transferred to the RTC (Regional Trial Court) of Manila."

The Court Administrator said "a change of venue to Manila would be in the best interest of all parties involved" and it "will provide a neutral venue where the

PhilHealth benefits available for pregnant women – Ledesma

MANILA — As the country celebrates National Women's Month this March, the Philippine Health Insurance Corporation (PhilHealth) reminded that women about to give birth may avail themselves of a variety of PhilHealth benefits to help protect them from financial risks. PhilHealth acting president and chief executive officer Emmanuel R. Ledesma Jr. said expectant mothers may avail of the Maternity Care Package (MCP), Normal Spontaneous Delivery (NSD) Package,

or Antenatal Care Package (ACP).

Ledesma said MCP is a benefit that covers the complete essential health care services for women about to give birth during the antenatal period, entire stages of labor, normal delivery, and immediate post-partum period, including follow-up visits within 72 hours and one week after delivery.

"This package may be availed in hospitals for a case rate of PHP6,500, or in infirmaries, dispensaries, birthing homes, and maternity clinics for an PHP8,000 case rate," he said in a news release on Tuesday.

He said 40 percent of the case rate would be allotted for professional fees, while the remaining 60 percent is for facility fee.

The NSD Package, meanwhile, covers essential health services for normal low risk vaginal deliveries and post-partum period within the first 72 hours and seven days after delivery.

Besides normal spontaneous delivery, other procedures covered by the assistance package in accredited hospitals include caesarian section, complicated vaginal delivery, breech extraction and vaginal delivery after caesarian section.

He said the case rate for caesarian section is PHP19,000, PHP9,700 for complicated vaginal delivery, and PHP12,120 for breech delivery and vaginal delivery after caesarian section.

Ledesma said mothers who wished to practice family planning after giving birth may also avail of post-partum intrauterine device (IUD) insertion, which the state insurer also covers.

"The case rate of IUD insertion is PHP2,000, which may be claimed as a second case rate," he said.

"Maaari po itong i-avail sa (This can be availed of at) accredited health care institutions, kasama na ang (including) birthing homes, lying-in or maternity clinics, and infirmaries/ dispensaries," Ledesma said. (**PNA**)

DOH 4A reaffirms commitment to end rabies in Calabarzon

CALAMBA CITY, Laguna (PIA) — The Department of Health (DOH) Region 4A renewed its commitment to end the rabies disease through a strengthened awareness campaign and providing technical assistance to local government units.

DOH 4A Regional Director Ariel I. Valencia made the remark after the health agency recorded a continuous drop in rabies cases in the Calabarzon region.

DOH 4A reports showed that only seven rabies cases were recorded from January 1 to March 4, 2023, which is 42% lower compared to 12 reported cases in 2022. Rabies from dog bites remains the main source of the virus for all the reported cases in the region.

With the lower reported cases, Valencia said that their intensified efforts have reaped a positive impact on communities in the region.

"This is a good sign that our interventions are effective. Through our Regional Rabies Prevention and Control Program, technical assistance to Animal Bite Treatment Centers has been provided, and awareness-raising activities amongst communities to end human deaths from dog-mediated rabies have been intensified," the DOH Region 4A chief said.

Among the activities spearheaded by the DOH 4A include the provision of training on handling rabies cases for doctors and nurses in hospitals, city health offices, and rural health units. They also distribute free anti-rabies vaccines and equine rabies immunoglobulins to Animal Bite Treatment Centers (ABTC).

Inter-agency efforts in controlling and eliminating rabies in the region also remain steadfast through the Department of Agriculture's mass dog vaccination and animal population control activities. The DOH 4A also intensified its advocacy and information campaigns on Responsible Pet Ownership and the Republic Act 9482 or the Anti Rabies Act of 2007.

The DOH 4A said they also provide pre-exposure prophylaxis to high-risk personnel such as veterinarians, veterinary students, dog vaccinators, and health personnel in all ABTC and rabies laboratories.

Moreover, certification of ABTC in the region remains continuous to ensure the quality of services as the DOH envisions a rabies-free Philippines by 2030 and eliminating human rabies by 2027.

Dreaded but preventable According to DOH 4A, rabies is a 100% fatal viral disease though 100% preventable, most often transmitted through the bite of a rabid animal. Symptoms may include headache, fever, muscle spasms, paralysis, and hydrophobia. If bitten, go immediately to the nearest ABTC to receive primary care.

The DOH continues to encourage high-risk individuals and school children aged 2-10 years old in high-incidence areas to receive pre-exposure prophylaxis because of their increased risk and severity of animal bite exposure.

Moreover, responsible pet owners are likewise advised to have their pets vaccinated against the deadly viral disease. The DOH also urged the public to join the activities set by their LGU in line with the observance of Rabies Awareness Month this March. (**CH/FSC/MCA**)

Bataan-Cavite bridge construction to start late this year - DPWH

MANILA – The construction of the PHP175.7-billion Bataan-Cavite Interlink Bridge Project will start towards the latter part of the year, the Department of Public Works and Highways (DPWH) said Tuesday.

In a Palace press briefing, DPWH Secretary Manuel Bonoan said the 32-kilometer project, which was initially expected to begin construction in the first quarter of 2024, will break ground earlier than expected.

"Detailed engineering [design] is now ongoing—it's about 70 percent complete and we told the President it will be ready within the year to ground break the implementation of this very significant bridge," he told reporters following his meeting with President Ferdinand R. Marcos Jr. at Malacañan Palace.

He said the DPWH aims to finish the project before the end of the President's term.

"We intend to start construction towards the latter part of this year 'siguro' (perhaps). If we are able to procure the civil works then it will take maybe about anywhere between five years... We'll try to have this completed before the term of the President," he added.

Bonoan said the project is expected to significantly improve economic development not only in Luzon but the entire country.

"No less than the Asian Development Bank (ADB) has indicated that the economic rate of return of this bridge is more than 25 percent and that's big," he said.

The Bataan-Cavite Interlink Bridge Project is a cable-stayed bridge to be built over Manila Bay to reduce the travel time between the provinces of Bataan and Cavite from five hours to 20 to 30 minutes.

Its starting point will be in Barangay Alas-asin in Mariveles town, Bataan, crossing Manila Bay, and ending in Naic town, Cavite.

It is being developed with funding from the ADB.

Meanwhile, Bonoan also bared that the DPWH is going to implement more than 70,000 major and local projects all over the country.

with a budget allocation of about PHP890 billion. He said the agency will also prioritize the construction of more classrooms, farm-to-market roads, roads leading to tourist destinations and production areas, among others.

Bonoan likewise expressed hope that there would be minimal delays to the construction of the projects.

"We cannot discount the fact that the Philippines is vulnerable to calamities. The Philippines is visited by about 20 typhoons a year, so we just hope that it will not significantly affect the implementation period of these projects," he said. "Some of these projects will require acquisition of right of way and actually inuunahan na namin yung pag acquire ng right of way so that hindi tayo maantala doonsapag-iimplement (we prioritized the acquisition of right of way so that there would be no delays in the implementation) when civil works start," he added.

He is also hopeful the DPWH will get "good contractors" that could speed up the implementation of projects. From July to December last year, the DPWH implemented, maintained, constructed and improved about 1,500 kms of national roads and local roads all over the country.

The DPWH has also undertaken the construction of 161 bridges along national and local roads as well as 851 flood control projects during the past six months.

In a Facebook post, Marcos welcomed the DPWH report that more roads and bridges are being constructed across the country.

"Ipinagmamalaki nating ibahagi ang magandang simulan ng pamahalaan sa pagpapabuti ng mga daan at tulay sa iba't ibang parte ng Pilipinas! Layunin nating siguruhin na konektado at samasamang umuunlad ang ating mga lalawigan (We are proud to share the good start of our government in improving roads and bridges in different parts of the Philippines! Our goal is to ensure that our provinces are connected and develop together!)" he said. (PNA)

Release of Test Permits

The Provincial Public Employment Service Office (PPESO) in partnership with Overseas Workers Welfare Administration (OWWA) spearheaded the Release of Test Permits for the 2023 OWWA Educational Development Scholarship Program and Congressional Migrant Workers Scholarship Program on March 10, 2023, at the Provincial Capitol Grounds, Trece Martires City.

Mr. Eric Val Miranda, Team Supervisor of OWWA 4-A, Cavite team, Ms. Imelda D. R. Corpuz, family Welfare Officer and Ms. Rizalie Pinpin-Enero, head of PESO led the distribution of exam permits to 113 OWWA member beneficiaries who are graduating senior high school students.

The successfully qualified out of the 235 examinees screened.

The scholarship

examination is scheduled on March 18, 2023 at Cavite State University-Indang Campus.

Successful passers in the examination will be entitled to the grant amounting to Php30,000 per semester for their college education in their chosen school.

Check pay-out for various OWWA Programs were also held during the activity including the five (5) beneficiaries of Education and Livelihood Assistance Program for the Dependents of Deceased OFW Members (ELAP), amounting to Php5,000 - Php8,000 each, four (4) medical assistance with the amount of Php 5,000 - Php 20,000 each, five (5) Bereavement assistance worth Php20,000 each and eight (8) Balik Pinas! Balik Hanapbuhay! Program with the amount of Php5,000 - Php20,000 each. **PICAD**

PEZA eyes investments from SMEs in China's Yiwu Market

MANILA – Small and medium enterprises (SMEs) from China's Yiwu Market, the world's largest wholesale market, is exploring opportunities in the Philippines.

In a statement Monday, the Philippine Economic Zone Authority (PEZA) said the agency received a delegation from Zhejiang province last March 7.

PEZA officer-in-charge Tereso Panga invited the SMEs from Yiwu to locate their hubs in economic zones in the Philippines.

"The economic cooperation with Yiwu will surely increase investment and trade for the country as we attract Yiwu's small commodity manufacturers to set up their production facilities ideally in the ecozones," Panga said.

He said the Corporate Recovery and Tax Incentives (CREATE) law has allowed PEZA to register SMEs locating inside ecozones to cater to the domestic market.

"These ecozone

manufactured products can be readily made available to the domestic market, which are expected to be cheaper as compared to imported products and thus, benefiting the Filipino consumers," he added.

Yiwu Market, also known as Yiwu China Commodities City or Yiwu International Trade City, is a complex with 75,000 stores and small commodity producers of 2.1 million items.

"PEZA hopes to attract more Chinese investors to add to its current 160 Chinese RBEs that generated by far a total of PHP25.446 billion investments, USD1.367 billion exports, and 15,724 direct jobs," Panga added. Aside from the SMEs and manufacturers, the delegation is also composed of representatives from the Zhejiang Department of Commerce, Yiwu Municipal People's government, Bank of China, Export-Import Bank of China and China-Philippines Chambers of Commerce. (PNA)

REPUBLIC OF THE PHILIPPINES
Regional Trial Court
Fourth Judicial Region
BRANCH 120
City of Imus, Cavite

HOME DEVELOPMENT MUTUAL FUND
(PAG-IBIG Fund)

Mortgagee/Assignee,

-versus-

Extra-Judicial Foreclosure of Real Estate Mortgage Under Act 3135, as Amended, Republic by act 4118

ELMA F. QUIAMBAO married to ROY N. QUIAMBAO,

FC CASE NO. 17342-22

Mortgagors.

NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by **HOME DEVELOPMENT MUTUAL FUND (PAG-IBIG Fund)**, mortgagee, with principal office address at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, against **ELMA F. QUIAMBAO married to ROY N. QUIAMBAO**, mortgagors, with residence and postal addresses at Lot 49 Block 9, Tierra Grande, Brgy. Manggahan, Gen. Trias, Cavite, and Lot 1 Block 22 The Istana (Barklane), Brgy. Malagasang I-E, Imus, Cavite, to satisfy the mortgage indebtedness which as of October 28, 2022 amounts to **SIX HUNDRED THIRTY THREE THOUSAND NINE HUNDRED PESOS & 79/100 (Php 633,900.79)**, Philippine Currency, including interest but excluding penalties, attorney's fees, sheriff's fees, and all other charges incidental to this foreclosure and sale, the undersigned Sheriff IV will sell at Public Auction on **April 11, 2023** at 10:00 a.m. or soon thereafter at the main entrance of the Office of the Clerk of Court, RTC-Imus, Bulwagan Ng Katarungan, Aguinaldo Highway, Imus, Cavite, to the highest bidder for cash and in Philippine Currency, the following property with all the improvements therein, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 057-2011020855

"A PARCEL OF LAND (LOT 1 BLOCK 22 OF THE CONS.-SUBD. PLAN, PCS-04-024408, BEING A PORTION OF LOT 2382-F, (LRC) PSD-207775, LOT 2384-A, PSD-04-198262 AND LOT 5896, IMUS ESTATE (RS-04-004664) SITUATED IN MALAGASANG, IMUS, CAVITE, ISLAND OF LUZON. BOUNDED ON THE SW., ALONG LINE 1-2 BY ROAD LOT 4; ON THE NW., NE., ALONG LINE 2-3-4 BY ROAD LOT 9; ON THE SE., ALONG LINE 4-5 BY LOT 3 BLOCK 22, ON THE SW., ALONG LINE 5-1 BY LOT 2 BLOCK ALL OF THE CONS.-SUBD. PLAN. X X X CONTAINING AN AREA OF FIFTY (50) SQUARE METERS. X X X"

All sealed bids must be submitted to the undersigned on the stated time and date.

In the event the public auction should not take place on the said date, it shall be held on **April 18, 2023** at 10:00 a.m. without prior notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon if any there be.

Imus, Cavite, Philippines, January 26, 2023.

BENITO A. CARRASCAL
Sheriff IV

APPROVED: **ARMIE A. FRANCISCO**
Clerk of Court VI

COPY FURNISHED:
HOME DEVELOPMENT MUTUAL FUND (PAG-IBIG Fund),
The Petron Mega Plaza Building
No. 358 Sen Gil Puyat Avenue, Makati City

PAULINO E. CASES, JR.
CASES COLLECTION MANAGEMENT, INC.

Attorney-In-Fact
c/o Cases Chun & Associates Law Offices
Unit 408 Cityland Condominium 10 Tower II
154 H.V. Dela Costa Street, Salcedo Village, Makati City

ELMA F. QUIAMBAO married to ROY N. QUIAMBAO
Lot 49 Block 9, Tierra Grande, Brgy. Manggahan,
Gen. Trias, Cavite
Lot 1 Block 22 The Istana (Barklane),
Brgy. Malagasang I-E, Imus, Cavite

Publication: HANEP March 20, 27 & April 3, 2023

Republic of the Philippines
Fourth Judicial Region
Regional Trial Court of Cavite
Office of the Clerk of Court & Ex-Officio Sheriff
New Justice Hall, J.P. Rizal Avenue,
Kaybagal South, Tagaytay City

BDO UNIBANK, INC.,
Mortgagee,

-versus-

EJF NO. TG-22-096
FOR: Extra-Judicial Foreclosure
of Real Estate Mortgage Under
Act No. 3135, as amended

THELMA D. TAMAYO,
Debtor/Mortgagor

X ----- X

NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial foreclosure sale under Act 3135, as Amended by Act No. 4118, filed by Mortgagee, **BDO UNIBANK, INC.**, a universal banking corporation duly organized and existing under laws of the Republic of the Philippines, with principal office and place of business at 11th Floor, BDO Towers Valero, 8741 Paseo De Roxas, Makati City, pursuant to the terms and conditions of the Real Estate Mortgage ("MORTGAGE") executed and notarized on May 17, 2017 by Debtor/Mortgagor, **THELMA D. TAMAYO**, of legal age, Filipino, with residence and postal address/es at (1) Unit 1807-II Wind Residences Condo Emilio Aguinaldo Hi-Way, Brgy. Maharlika West, Tagaytay City and (2) Firefly St., Valle Verde VI, Ortigas, Pasig City, in favor of the Petitioner/Mortgagor, over a real estate property including improvements thereon, described in and covered by **CONDOMINIUM CERTIFICATE OF TITLE NO. 076-2016001045** of the Registry of Deeds for Tagaytay City in order to satisfy the outstanding loan obligation of the Borrower/Mortgagor in the amount of **ONE MILLION FOUR HUNDRED THIRTY-FOUR THOUSAND FIFTY-EIGHT PESOS AND 97/100 (PhP1,434,058.97)**, as of November 4, 2022, the undersigned Clerk of Court & Ex-Officio Sheriff of the Regional Trial Court of Cavite thru her deputy, Baby Leem B. Maristela, will sell at public auction on **April 18, 2023 at 10:00 o'clock in the morning** or soon thereafter, at the New Hall of Justice of Tagaytay City, to the highest bidder, for Cash or Manager's Check and in Philippine Currency, the following property with all its improvements thereon, to wit:

**CONDOMINIUM CERTIFICATE OF
TITLE NO. 076-2016001045**
Registry of Deeds for Tagaytay City

"IT IS HEREBY CERTIFIED that the unit identified described as:

TOWER 2 – 18TH FLOOR-
UNIT - 1807
RESORT RESIDENTIAL UNIT – 2
UNIT AREA – 26.62 SQ. M.

in the diagrammatic floor plan appended to the enabling or master deed of the condominium project annotated on TRANSFER CERTIFICATE OF TITLE 2012004157; 2012004158; 2012004159 which embraces and describes the land located at MARLIKA WEST, TAGAYTAY CITY with an area of SEVENTEEN THOUSAND SIX HUNDRED SIXTY TWO (17,662) Square Meter, is registered in the name of:

Owner: **THELMA D. TAMAYO, WIDOW, OF LEGAL AGE, FILIPINO**

Address: NO. 7 FIREFLY STREET, VALLE VERDE VI, ORTIGAS, PASIG CITY, PHILIPPINES"

In the event the public auction should not take place on the said date, it shall be held on **April 25, 2023** without further notice.

Prospective bidders or buyers are hereby enjoined to investigate and verify for themselves the **CONDOMINIUM CERTIFICATE OF TITLE NO. 076-2016001045** the encumbrances thereon, if any there be.

NBI cracks down on human traffickers in Pasay, Cavite

MANILA – The National Bureau of Investigation (NBI) on Tuesday announced recent arrests in Pasay City and Cavite province following concerns over rising incidents of human trafficking in the past two months. In a statement to the media, the NBI said female Chinese national Wen Fangfang was nabbed for human trafficking by operatives of the NBI - International Operations Division (NBI-IOD) in Pasay. Wen allegedly ran her operations in several condominium units using the secure messaging app Telegram to send photographs with the corresponding price tags of women to foreigners. A separate operation of the

NBI's Cybercrime Division in General Mariano Alvarez, Cavite resulted in the arrest of two male suspects who offered female sex workers, including minors, through social media. Rodel Miranda, alias Gigzo, and Jesus Manuel Genio, alias Buboy, who were nabbed in an apartelle, operated under the Facebook account name Gigzo Anap Reyes. Nine women were rescued and have been transferred under the supervision of the Department of Social Welfare and Development. On Monday, an inter-agency meeting in Malacañang was held to discuss the reported 2,000 cases of human trafficking in January and February, which is nearly the

total for 2022. Justice Secretary Jesus Crispin Remulla said most

of the victims, predominantly women, were spirited away to Myanmar via Thailand. (PNA)



TAZAMA, BUMIDA! SAVE MY SAVINGS, WAGI SA "3YO MAIDEN STAKES RACE"

PaBumida ang malayong tersero liyamadong kabayo na si Tazama nung nakaraang linggo sa ginanap na Philracom Rating Based Handicap System (RBHS) Class 4 (28-33 Split) na pinakawalan sa karerahan ng Metro Manila Turf Club Inc. (MMTCI) sa Malvar Tanauan, Batangas. Sakay ng hineteng si J.E. Apellido ay ginulat at binigo ni Tazama ang mga liyamadista lalo na ang mga tumaya at sumuporta sa super outstanding favorite na si Euroclydon na bumenta ng halos dalawang milyon sa winner take all. Sa umpsa ng laban ay nakauna sa paglundag ang putting kabayo na si My Boy Lollipop na nirendahan ni John Alvin Guce, kasabay sa tabing balya ang imported na kabayo na si Euroclydon na pinatungan ni Ryan Base, pangatlo sa gawing labas ang ating bida na si Tazama, kasunod si Eutychus na sinakyen ni Jonathan Calagos, panlima si El Mundo na ginabayani ni Mart Gonzales, pang-anim ang kulay abo na kabayo na si Bisyo Mag Serbisyo na pinatrubayan ni Conrad Henson, pampito si Work From Home na dinala ni Jr De Ocampo, habang ang bahagyang nasaalto sa largahan na si Mandatum na Iulan ni Rey Adona ang bugaw sa simula. Pagpilih sa back stretch ay bandera pa rin ang quinto liyamado na si My Boy Lollipop, kasunod pa rin ang outstanding favorite na si Euroclydon, nakapanuod sa ikatlong puwesto ang tersero liyamado na si Tazama, dumidiket naman sa ika-apat na posisyon ang kuarto liyamado na si El Mundo, kasabay ang ika-anim sa liyamado na si Bisyo Mag Serbisyo, pang-anim ang segundo liyamado

DOLE: Private firms have until May 31 to submit 2022 wage report

MANILA – Private sector establishments have until May 31 to file their Annual Establishment Report on Wages for the year 2022, the Department of Labor and Employment (DOLE) said Tuesday. In Labor Advisory No. 4-2023 signed by Secretary Bienvenido Laguesma, the agency reminded private companies to submit their wage reports online. "All private establishments are required to register, log-in, and submit their reports as of 31 December 2022 to the Annual Establishment Report on Wages (AERW) online portal <https://annualwagereport.nwpc.dole.gov.ph>," it said. "The online portal shall

All sealed bids must be submitted to the undersigned on the above stated time and date.

Tagaytay City, Philippines, March 9, 2023.

ATTY. VARBRA ANN A. VARIAS-DIMAYUGA
Clerk of Court & Ex-Officio Sheriff

BABY LEEM B. MARISTELA
Sheriff-in-Charge

WARNING:

IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF SHERIFF'S SALE ON OR BEFORE THE DATE OF THE AUCTION SALE UNDER THE PENALTY OF LAW

Copy Furnished:

BDO UNIBANK, INC.,
Mortgagee
BDO Towers Valero, formerly Citibank Tower,
8741 Paseo De Roxas, Makati City 1226, Metro Manila

THELMA D. TAMAYO
(1) Unit 1807-II Wind Residences Condo Emilio Aguinaldo Hi-Way, Brgy. Maharlika West, Tagaytay City
(2) Firefly St., Valle Verde VI, Ortigas, Pasig City

Publication: HANEPE March 20, 27 & April 3, 2023

DOST empowers 3 island communities in Dagupan City thru S&T program

By: Monique C. Esguerra

To empower the most economically challenged communities and improve the quality of life through science and technology in the province of Pangasinan, the Department of Science and Technology Region I (DOST-I) through the Provincial Science and Technology Office (PSTO)- Pangasinan has expanded its implementation of the Community Empowerment thru Science and Technology (CEST) program to Dagupan City for 2023.

The three island communities identified by the Local Government Unit (LGU) of Dagupan City to be the CEST beneficiaries are Sitio Patalan of Barangay Pantal, Sitio Talaib of Barangay Calmay and Sitio Tukok of Barangay Lucao. The DOST-I, through the PSTO- Pangasinan, is implemented in partnership with the Pangasinan State University (PSU), Universidad de Dagupan (UdD), and Bureau of Fisheries and Aquatic Resources Provincial Fisheries Office - Pangasinan (BFAR PFO-PANG). The initial activity was the conduct of a community needs assessment (CNA) held on recently.

DOST-I core group led by the CEST Project Leader Decth-1180 P. Libunao spearheaded the CNA together with DOST-PSTO Pangasinan Director Engr. Arnold C. Santos, BFAR Fishing Regulation Officer I Chris B. Cantor, PSU Director for Extension Services Office Dr. Armando D. Junio, UdD Director of Research Services Dr. Ruby Rosa Cruz, UdD Director for Special Projects Conrad Quintos III with PSU and UdD experts.

"The CEST program will be launched with the aim to combat poverty and promote resiliency among marginalized communities," said Libunao. Also, he mentioned the cooperation and participation of the community in giving information as they are

important for the planning of proper interventions that will be given to them. "Magtulungan tayo para may maiwan kaming footprints sa community (Let's work together so we can leave footprints in the community.)"

The CEST program is one of the flagship programs of the DOST that aims to empower the poor and the marginalized sector and to improve their quality of living through science and technology. Packaged S&T interventions are focused on Health and Nutrition, Water and Sanitation, Basic Education and Literacy, Economic Enterprise & Development, and Disaster Risk Reduction/ Climate Change Mitigation. It is being implemented by the 16 regional offices of the DOST across the country. The data gathered will be consolidated and will be used in crafting the field study report. This field study report will then serve as the basis for the provision and deployment of appropriate Science & Technology-Based Interventions to alleviate poverty in the less privileged communities of Dagupan, Pangasinan.

Ternate residents hail PNP for leading mangrove planting

By Prof. Julio O. Castillo Jr.

MANILA — Local folks in Ternate cannot help but commend the recent effort by Police Brig. Gen. Romaldo G. Bayting and the Philippine National Police (PNP) Maritime Group to come up with an activity that is timely and relevant to today's environmental challenge and that coincided with their 32nd founding anniversary celebration.

It is not easy to command participation from different cause-oriented non-government organizations (NGOs) and other environmental groups to participate in this kind of activity to protect the environment. Part of President Ferdinand R. Marcos Jr.'s priority agenda is to give assurance that our environment and our country's resiliency and adaptation to the new normal of climate change must be given utmost importance.

The good weather on a Tuesday morning (March 7) provided the impetus for the active participation of the local community in barangay Población 1A in Ternate, Cavite. After a brief orientation by the Department of Environment and Natural Resources

(DENR) representative, the PNP Maritime Group initiated the mangrove planting on the nearby riverbank. One cannot help but noticed the excitement shown by volunteers to be part of this event.

The government's effort in propagating the advocacy of mangrove planting, especially in the province of Cavite, helps build awareness on climate resiliency among the coastal communities. These actions encourage other cause-oriented groups in cascading the advocacy in the entire coast of the Philippines. This kind of advocacy activity is a learning curve for the newbies who are interested in propagating the mangrove.

The help of the government on this kind of program will encourage further the interest of the cause-oriented groups and will easily arouse the interest of volunteers. This will eventually give participants a wider knowledge about the value of the mangroves in reducing vulnerability to climate change impacts.

Talking to one of the volunteers, Alfredo Guarino shared that: "We, as Akbay Kalikasan/Project Luntian

Cavite warriors want to positively influence the members of the community to improve the status of our province. By sustaining the planting of mangroves, we are not only protecting the environment, but also sustaining the community's livelihood and providing opportunities for future generations."

A glimpse of his thoughts provided a notion of strength in character of the person and a strong dedication to help promote their cause in protecting the environment.

The Kabalikat Civicom of Cavite, the 42nd Infantry Brigade and the Philippine Army Reserve Command, local barangay, and the other cause-oriented groups were very encouraging. One can feel the atmosphere of belongingness and pride in helping promote the preservation of the environment.

Considering that the huge landmass of the entire province of Cavite -- a total land area of 1,407 square kilometers -- with 316 barangays are situated along the coast. These coastal areas of Cavite are approximately 93,679.38 hectares with a shoreline

length of 122.57 kilometers with around 350,000 people are living along the coast. The folks living in the area's main sources of income are fishery, carpentry and vending. These folks experience the impact every typhoon season.

Mangroves as revenue generation, eco-protection Noticeably, mangrove areas are sources of sea products. It is a haven for fish, prawns, crabs, and shellfish and are the best source of income for the coastal residents of the province. In maintaining mangroves, it helps provide ecological services such as preventing erosion, shoreline protection, climate regulation, among others.

The DENR and LGU's must actively support the cause-oriented group in helping and maintaining this kind of activity. The decline of mangrove forests in Cavite is due to the rapid conversion into fishponds, salt beds and building up of settlement areas. Some settlers use mangroves as wood for charcoal-making. The initiative of the stakeholders in helping create awareness to help survive the decline of mangroves, is being addressed through the strong voices of the different advocacy groups, emphasizing the efforts mostly in coastal town of Cavite. (PNA)

PBBM to PNPA Graduates: Commit yourself to protecting, defending peoples' rights

SILANG, Cavite (PIA)

— President Ferdinand Marcos Jr. on Friday urged graduates of the Philippine National Police Academy's (PNPA) MASIDTALAK Class of 2023 to help restore the public's trust in the uniformed personnel by protecting and defending the peoples' rights regardless of the police force's circumstances.

"As the citizen's peacekeeping force, be just, be morally upright, and commit yourself to protecting and defending the rights of our people notwithstanding the current challenges faced by the PNP organization," President Marcos, Jr. said during the PNPA's 44th Commencement Exercises at the Camp General Mariano Castañeda in Silang, Cavite.

As new members of the government's public safety agencies such as the Philippine National Police (PNP), Bureau of Fire Protection (BFP), and Bureau of Jail Management and Penology (BJMP), President Marcos also reminded the graduates to use their past experiences and live up to the name of their class MASIDTALAK — "Maaasahang Tagapagsilbing Inang Bayan na may Dangal at Katapatan na ang Layunin ay Kapayapaan."

"I also ask you to be catalysts for restoring public trust in the Philippine National Police, and to be recognized as protectors and defenders of peace, order, and human rights; the Bureau of Jail Management and Penology, as safekeepers of the general welfare of those persons

deprived of liberty; and the Bureau of Fire Protection, as protectors of the nation from fires and other emergencies," the Chief Executive stressed.

The President, who was an honorary member of the TAGAPAGBUKLOD Class of 1989, reminded the graduates to fulfill their duties and responsibilities 'with fairness and impartiality, regardless of status in society.'

"Remember that your diligence, perseverance, and commitment have led you to this moment. But know that this is only the beginning of your ceaseless pursuit of honor, integrity, and service," the President added.

He lauded the graduating class and the PNPA administration for completing their cadetship

program amid the Covid-19 pandemic.

"I applaud the PNPA for continuing to set the highest standards in education, training, and research to produce competent and patriotic leaders who will ensure our nation's peace and security from this day on," the Chief Executive said.

The President assured the MASIDTALAK class of his administration's support for their plans and programs in delivering 'more responsive, efficient, and effective services' to the people.

He thanked the officers and personnel from the PNP, BJMP, and the BFP for their continuous service especially during the height of the pandemic, and for their dedication to address crimes and the spread of

illegal drugs in the country. "With your help, we were able to reach out to our people in far-flung areas and remote communities to provide them with the assistance and service they need to overcome the worst of the COVID-19 pandemic."

With 208 graduates including 174 males and 34 females, the PNPA MASIDTALAK Class of 2023 will be deployed in various government public safety agencies with the ranks of Police Lieutenant, Jail Inspector, and Lieutenant Inspector. (PB)

MGA BARANGAY TANOD SATONDO, ISINAILALIM SA TRAINING AT SEMINAR

SINAILALIM sa pagasanay ang mga barangay tanod at iba pang opisyal ng barangay sa unang distrito ng Maynila sa Tondo upang maging bihasa at magkaroon ng kaalaman kaugnay sa kanilang tungkulin. Ang nasabing pagasanay ay inilunsad ng kapulisan sa pangunguna ni Manila Police District (MPD) Station 1 commander P/Lt. Col. Rosalino Ibay, Jr. na nilahukan ng may 2,500 tauhan ng barangay sa buong distrito na nagnanais na matuto ng kaalaman, hindi lamang sa wastong pagpapatupad ng batas, kundi maging sa mga programang may kaugnayan sa panahon ng panganib, kagipitan, kalamidad at iba pang uri ng sakuna.

Dahil maganda ang layunin, naglaan ng kaukulang pondo si 1st District Congressman Enrix Dionisio upang tustusan ang halos isang buwan na gagawing pagasanay ng mga tauhan at opisyal ng barangay na sinimulan noong Marso 2. Isinagawa ang karamihan sa mga pagtuturo at pagasanay sa Patricia Sports Complex sa Gagalangin, Tondo kabilang ang paghubog sa kanilang kakayahang at kaalaman sa iba't ibang mga programa ng pamahalaan at mga law enforcement agency.

Tumulong at nagpadala naman ng kinatawan ang National Task Force to End Local Communist Armed Conflict (NTF-ELCAC) at ang National Intelligence Coordinating Agency (NICA) upang ibahagi sa mga tauhan ng barangay ang wastong pagtugon, pati na ang pagangat sa kanilang kaalaman sa patuloy na paghahasik ng rebelyon ng mga komunistang grupo sa Pilipinas.

Malaki rin ang naibahagi ng Barangay Anti-Drug Abuse Council (BADAC) ng Philippine Drug Enforcement Agency (PDEA) na ituro sa mga tauhan ng barangay ang mga tamang pamaraan para makatulong sa pagsugpo ng ilegal na droga sa kanilang lugar.

Hindi lamang iminulat sa kaalaman sa batas at mga umiiral na ordinansa ang mga barangay tanod kundi tinuruan din sila ng wastong pagtatanggol sa kanilang sarili sakaling malagay sa panganib ang kanilang buhay sa pagtupad sa tungkulin, pati na rin sa pagresponde sa mga kalamidad at iba pang uri ng sakuna.

Nitong Marso 18 ay idinaos naman ang Tanod Olympic Festival kung saan inilaan ang premyo sa bawat grupo ng barangay tanod na mula sa P10,000.00, P50,000.00 hanggang P100,000.00 premyo.

Nakaagapay dito sina Manila Mayor Honey Lacuna-Pangan at Vice Mayor Yul Servo-Nieto.



HANEP

Basahin Mo Ito!

4 HVI huli sa P714K droga

TINATAYANG mahigit sa P700K halaga ng hinihinalang shabu ang nasamsam sa pagkakaaresto sa apat na hinihinalang tulak at nasa listahan ng High Value Individual (HVI) sa isinagawang buy bust operation sa Imus City, Cavite Miyerkules ng gabi.

Kinilala ang mga naaresto na sina Rhown Monzon Del Rosario, alias "Rowin", 20, ng 258 Medicion 2-B, Imus City; Rhon Jacob Santos Hilario, alias "Rhon", 28, ng 385 Medicion 2-B, Imus City; Maria Cristina Tacus Quinto, 37, dalaga, ng Daang Amaya 2, Tanza; at Reynald Abello Arca Jr, 21, ng Daang Amaya 2, Tanza.

Ang apat na naaresto ay pawang nasa listahan ng HVI.

Sa ulat, dakong alas-11:40 gabi ay nagsadawa ng buy bust operation ang mga operatiba ng Regional Police Drug Enforcement Unit (RDDEU) 4A, Philippine Drug Enforcement Unit, Cavite Police Provincial Office (PDEA CAVPPO) at Imus City Police Station sa Advincula Road, Brgy Medicion 2-F, Imus City. Nakuha mula kay Del Rosario ang tinatayang 55 gramo ng hinihinalang shabu at buy bust money habang 30 gramo naman ang nasamsam kay Hilario at itim na motoriskong Honda PCX; 10 gramo ng hinihinalang shabu ang nasamsam naman kay Quinto at 10 gramo ng hinihinalang shabu mula kay Arca.

Sa kabuuan, tinatayang 105 gramo ng hinihinalang shabu ang nasamsam sa mga suspek na may street value na P714,000.00. **GENE ADSUARA**

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Oath-taking ng PAPI kay PBBM, Congrats Sec. Garaful; at 'wag 'saksakin' patalikod ang kasama

ISANG malugod na pagbatí sa matagumpay at makabuluhang oath-taking ng mga bagong halal na opisyal ng Publishers Association of the Philippines Inc.

Kay Pangulong Ferdinand Marcos, Jr. nanumpa ang mga opisyal ng PAPI nitong Marso 14 sa Palasyo ng Malakanyang.

Pinangunahan ang panunumpa ng aming pangulo na si Mr. Nelson Santos.

2nd District Rep. Manuel Sagarbarria, karapat-dapat si Atty. Garafil bilang PCO Secretary dahil sa pagiging dating mamamahayag nito. Dating journalist ang ating PCO Secretary, way back early 1990's ay minsan ko na rin nakasama sa beat of assignment si Atty. Garafil. Sa broadsheet newspaper noon si Secretary Garafil habang ako naman ay nagsusulat sa isang daily tabloid.

Nakatakuwa pa ang dating

Santos. Akò po ay kasapi ng naturang asosasyon, a proud member of PAPI. Labis ang pasasalamat ng PAPI kay President Marcos Jr. kasabay na rin ng pagtiyak ng asosasyon ng suporta sa kasalukuyang administrasyon.

Nakakatuwâ na ang dating nakasama ay tumatahak sa ibang direksiyon. Bukod kay Secretary Garafil ay marami pa rin tayong dating nakasama sa beat of assignment at kahit sa mismong newspaper na ngayon ay matagumpay na sa kapilaan mundong

Batiin ko na rin si Atty. Cheloy Velicaria-Garafil sa ipinalabas na kumpirmasyon ng Commission on Appointments sa kanyang appointment bilang bagong kalihim ng Presidential Communications Office nitong Marso 15.

Sabi nga ni CA panel chairperson Negros Oriental na sa karuang muriadong ginagalawan.

Dapat naman na tayo ay maging proud sa ating nakasama o mga nakakasama.

Kung maaari ay huwag 'saksakin' ng patalikod na dapat pa nga ay paggabay sa bawat kasama.

Muli, congrats Sec. Garafil at mabuhay ang PAPI.