

# HANED

*Basahin Mo Ito!*

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## MGA PAGKAIN SA FAST FOOD CHAIN SA CAVITE, LALAGYAN NG CALORIC CONTENT

PLANO ng Department of Health (DOH)-CALABARZON (Cavite Laguna Batangas Rizal Quezon) ang paglalagay ng caloric content sa mga kinakain sa mga fast food chain at restaurant sa Cavite.

Ayon kay DOH-CALABARZON Regional Director Eduardo Janairo, makikipag-ugnayan sila sa local government upang gu-mawa ng isang ordinansa upang maglagay ng caloric content sa mga pagkain sa lahat ng fast food chain at restaurant sa naturang probinsiya.

Layout nito na malaman ng isang tao sa pamagitan ng kanyang mga kakainin kung ilang calories content sa isang pagkain o inumin ang dapat nitong i-intake upang mapanganagaa niya ang kanyang kalusug-an.

Paliwanang ni Janairo na nakahiligan na ng mga tao ang kumain sa mga fast food chain partikular

### Rider patay, angkas sugatan

**MINSAN** pang napaturunan na walang idulot ang pagmamaneho ng lasing nang banggain ng isang motorcycle rider at angkas nito ang isang pampasaherong jeepney at tumama sa poste ng Meralco na nagresulta sa kamatayan ng rider sa General Mariano Alvarez (GMA), Cavite.

Namatay habang ginagamot sa Philippine General Hospital ang biktima si Mohamad Sultan, 26, binate, ng Brgy. F. Reyes, GMA, habang ginagamot naman sa CARSIGMA Hospital ang angkas nitong si Raymond Perez, 27, ng Brgy. F. Reyes, GMA, Cavite.

Kinilala naman ang driver ng pampasaherong jeepney (DXC 363) na si Anthony Rojo, 53 ng Block 1 Lot 12 Brgy Elis-es, GMA.

Sa ulat ni PO2 Bobbie Balazo, ng GMA Municipal Police Station, mina-maneho ni Rojo ang kanya ng pampasaherong

ang French fries kung saan ito ay may 300 calories intake.

"Paano yan kung kakain ka ng tatlong beses na French fries, nangangahulugan na 900 calories content na ito, paano pa yung pagkain mo ng chicken at pag-inom ng soft drink eh ang required lamang sa katawan natin ay 1,200 calories intake per person/day" ayon kay Janairo.

Dagdag pa ni Janairo na isa itong awareness sa tao, dahil kung kakain siya, malaman niya kung ilang calories content ang required niyang i-intake sa kanyang katawan o yung tinatawag na BMI (body mass index) at makokontrol niya ito.

Positibo si Janairo na mai-implement ito dahil bukod sa isa itong necessity ay lumalabas sa data na malala ang problema ng environment health sa Cavite. **GENE ADSUARA**

### Yes, There's Life After Retirement: Kumikitang Kabuhayan ng mga Lolo't Lola ng Tanza, Navotas City

By Earl Matthew SD. Sabile

Tuwing sasapit ang panahon ng Kapaskuhan, sagana ang iba't ibang negosyo, malit man o malaki. Peak Season ika nga kung ituring ang panahong ito, lalo na at naghahanap ang mga tao ng magaganda at kakaibang mga bagay para ipangregalo.

Kabilang sa mga makabuluhang produktong pwedeng-pwedeng ipangregalo ngayong Pasko o maging sa ibang okasyon ay ang mga likha ng senior citizens ng Tanza, Navotas City. Kaya't malaki ang pasasalamat ng mga senior citizens ng Barangay Tanza Office of Senior Citizens Affairs (OSCA) sa ibinibigay na tulong sa kaniling Department of Science and Technology-National Capital Region (DOST-NCR).

Pagpasok pa lamang sa kanilang opisina, bubungad na ang iba't ibang tela at ang ilang makinang panahi. Abalang-abala ang mga tao sa paggawa at pagtatapos ng mga order para sa Kapaskuhan. Ayon sa mga masisipag na lolo't lola, hindi na nila kailangan pang pumunta kung saaan para ilako ang kanilang produkto, dahil sila na mismo ang pinupuntahan ng mga parokyano sa kanilang opisina upang mamilii. Biro nila, sa ganda ng takbo ng kanilang negosyo, at sa bilis ng pag-asenso ng pananahi ng mga senior citizens ng Tanza, ay mukhang kakailanganin na raw nilang mas palakihin pa ang kanilang opisina.

Sa kasalukuyan ay 20 mananahi ang direktang nakikinabang sa projektong ito. Karamihan sa kanila ay nagtrabaho sa sarili nilang mga tahanan at sa sarili nilang bakanteng oras. Kabilang sa mga produktong tinatati nila ang mga punta ng unan, kobre-kama, kurtina at maging mga T-shirt. Naglalaro ang kanilang presyo mula sa 30 pesos para sa punta ng unan, hanggang 450 pesos para sa magandang klase ng kobre-kama. Ang kinikita mula sa bawat produkto ay hinahati sa tatlong bahagi: humigit-kumulang 70 porsiyento ang ibinabalik bilang puhanan, 25 porsiyento ang napupunta sa mananahi, at ang natitirang 5 porsiyento ay napupunta sa OSCA para sa mga gasatos sa operasyon ng opisina.

Ayon kay Gng. Violy Reyes, presidente ng Barangay Tanza Senior Citizens Chapter, "Napakalaking bagay ang naitulong sa amin ng DOST. Hanggang ngayon, mayroon pa rin silang itinutulong sa amin. Una, binigyan kami ng makina; ngayon pati materyales binigyan na rin kami. Hanggang ngayon kumikita kami. Nakakatulong ito nang malaki sa mga mananahi at sa mga kapwa ko senior."

Taong 2016 nang ipagkalooob ng DOST-NCR sa Barangay Tanza Senior Citizens Chapter ang ilang makinang panahi: tatlong single needle high-speed sewing machines, at tig-iisang edging machine, computerized embroidery machine, at cutting machine. Ang mga nasabing makina ay patuloy pa ring nagbibigay-tulong-pinansiyal sa mga senior citizens ng Tanza kahit pa nga sila ay mga retirado na.

Nito lamang buwan ng Disyembre ay muling binigyan ng tulong ang mga senior citizens ng Tanza sa pamamagitan ng mga karagdagang tela at materyales na magagamit nila sa kanilang mga likhang produkto. Ang lahat ng mga ito ay bahagi ng programa ng DOST na Community Empowerment thru Science and Technology o CEST na naglalayong makapagbigay ng kabuhayan at makatulong sa pagbawas ng kahirapan sa mga komunidad sa pamamagitan ng siyensiya at teknolohiya.

Dagdag pa ni Gng. Reyes, "Ginugol ko ang buhay ko para rito (sa organisasyon ito). Wala na akong iniisip kundi diyan na lang sa mga senior. Pero umuuwi ako nang masaya... nagtrabaho kami habang nagtatawanan lang, naglililbang, pero pagkatapos, abal, mayroon na kaming pera. Para sa akin, hindi dapat yung umaasa lang ang mga matatanda sa bahay. Ang dapat ay iniisip natin kung ano pa ba ang magagawa natin habang malakas pa tayo. Mag-o-otsenta na ako sa March, pero natutuwa ako at pinapayagan pa rin ako ng mga bata kasi nakikita nilang nag-e-enjoy ako. Pakiramdam ko ay may silbi pa ako; at kahit may edad na, tuloy pa rin ang buhay."



Ilang miyembro ng Barangay Tanza OSCA



Si Gng. Violy Reyes (gitna), kasama ang ilang mananahi ng OSCA

Tunay ngang tuloy at higit pang makabuluhang ang buhay para sa mga lolo at lola na kasapi sa Barangay Tanza Senior Citizens Chapter ng Navotas City. Nguni't ang CEST ay isa lamang sa mga programa ng DOST para sa iba't ibang sektor ng lipunan. Bawa't isang sektor ay may naghintay na mas magandang bukas sa tulong ng teknolohiya at inobasyon, lalo pa nga't nagbukas na ng san-

gay\* ang DOST-NCR sa iba't ibang bahagi ng Metro Manila.

(Ang DOST-NCR CAMANA Cluster Office ay pinangungunaan ni G. Warren Gomez at matatagpuan sa City of Malabon Polytechnic Institute Campus, Gov. Pascual Ave., cor. A. Reyes St., Barangay Baritan, Malabon City. Maaari rin silang tawagan sa numerong (02) 571-0403).

# USAP LANG

## JUNE BILLONES

0929-8127638

### Rider na lasing at walang lisensiya, dapat bang posasan?

PAGTUNTONG ng alas dose ng hatinggabi nitong Linggo (Enero 13) ay simula ng implem-tasyon ng Commission on Elections gun ban nationwide.

Sinabayani ito ng pag-lalatag ng checkpoint ng kapulisan sa iba't ibang bahagi ng bansa.

Para kay Philippine National Police chief Director General Oscar Albayalde ay tagumpay at mapayapa ang unang araw.

Sinusulat ko ito ay nasa 4,447 checkpoint operations ang isinagawa sa buong bansa.

Nagresulta ito sa pag-kaaresto sa 25 katao at pagkumpiska sa 27 firearms, 168 rounds ng ammunition, pitong bladed weapons, at 22 gun replica.

Pati droga ay mayroon nakumpiska sa mga naturang operasyon.

Umabot sa 70 sachets ng hininbihinal shabu at dalawang glass pipe na may marijuana.

Asahan na rin naman natin na nagkakaroon ng madugong eksena at sa mga unang bugso pa nga lamang ay naitala na ang tatlong patay sa checkpoint operations.

Mahaba-haba ang election period kaya hindi na tayo magtatako sa paglobo ng bilang na mahuhuling lababag sa gun ban.

Ang sabi ng ating kapulisan, ang mababang bilang na naitala sa unang araw ng election period ay pagpapakita at patunay na ganap ang kaalaman ng mga tao sa ipinapatupad na gun ban.

Ibig bang sabihin nito ay hindi alam ng mga nahuli na mayroon ng gun ban?

Komento ng ilang na-kausap natin na 'tanga' raw ang magdadala ng baril at droga sa mga ganitong panahong mahigpit ang pagpapatupad ng checkpoint.

May katwiran ang mga 'mokong' hahaha...

Lalo at tiniyak ng PNP na lalo pa nilang papaigtingin ang seguridad sa mga ipapatupad nilang checkpoint para hindi makakalusot ang sino mang may bitbit na armas, improvised explosive device at iba pang mga ipinagbabawal na armas.

Argabyado nga lamang sa mga checkpoint ang mga nagmamaneho ng single motorcycle.

Kung tutuusin 'ika' nga

ng nakakarami ay mas nakakalamang ang mga tunay na kriminal na nasa loob ng sasakyang kumpara sa nakamotorsiklo.

Sige nga, halimbawang ikaw ay may bitbit na baril ay magagawa mo pa bang magmotor?

Siyempre mas pipili-in mong sasakyang iyong gagamitin, iyan ay kung may kotse ka.

Kung wala ka naming sasakyang, sabi nga ng mga 'mokong' ay tanga ka na magdadala ng baril habang nakamotorsiklo.

Naaalala ko iyong akting nakita o napanood sa video na naka-post sa facebook.

Isang nagmamaneho ng motorsiklo na pinahinto sa checkpoint na kalaunan ay nalaman ang walang driver's license at nasa impluwensiya pa ng alak.

Ang rider na lasing at walang lisensiya ay inutos ng opisyal sa kanya ang mga pulis na posasan.

Tama po ba iyon? Ganoon lamang ang kaso subalit kinabitinan ng posas na parang isang tunay na kriminal.



**AWARDING OF 4<sup>TH</sup> QUARTER TOP 5-S IMPLEMENTERS:** Top offices of the Provincial Government of Cavite with the highest ratings for the 4<sup>th</sup> Quarter of 2018 Workplace Inspection received Certificates of Recognition during the Monday Flag Raising Ceremony on January 14, 2019 at the Provincial Gymnasium in Trece Martires City. Governor Boying Remulla who led the simple rites, congratulated the awardees including the Provincial Housing Development and Management Office, Provincial Youth and Sports Development Office, Provincial Planning and Development Office, Office of the Provincial Governor and the Sangguninang Panlalawigan for consistently ensuring implementation of 5S programs in the workplace. The awarding was also witnessed by guests former DILG Secretary Rafael Alunan together with Gen. Arturo Lomibao, Gen. Edilberto Adan, Mr. Rafa Alunan and Mr. Gabo Ignacio of One Philippines, thanking the governor for the warm welcome while delivering his message with focus on national unity to protect the people and rebuild the nation. (PICAD)

# EDITORIAL

## Kaligtasan ng mga mananakay

**PINAGTATALUNAN** kung ang 'Angkas' ba ay tama o makatwiran bilang bahagi ng pampublikong behikulo.

Kung sina BUHAY Party-list Rep. Lito Atienza at Negros Oriental Rep. Arnulfo Teves ang tatanungan, para sa kanila ay malaki ang naitutulong ng Angkas sa mga mananakay.

Pinuna ang kaluwagan ng pamahalaan sa ride sharing app na Grab at Uber kaya ang sabi ay ganoon din umano dapat ang trato sa Angkas.

Ano po sa inyong palagay, tama ba ang pananaw ng mambabatas?

Sinasabing ang main concern dito ay ang kaligtasan ng mga mananakay.

Pero tinitiyak ng Angkas na mahigit 90 porsiyentong ligtas ang mga gumagamit sa kanilang serbisyo dahil sumailalim sa mahigpit na pag-sasanay ang mga driver nila bago pinayagang makabiyahe.

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# HANEP

*Basahin Mo Ito!*

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**JUNE BILLONES**  
Managing Editor

**JOJO DEMETILLA**  
Advertising Manager

**MARLON BAGUS**  
Associate Editor

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**PAPI**

# GO BATS EMPOWERMENT OF BARANGAY TANODS VS. DRUGS CRIME

CAVITE — Former Special Assistant to the President (SAP)

Christopher Lawrence "Bong" Go on Tuesday cited the need to empower barangays by allowing them to hire more tanods (village watchmen) as they need.

"Minsan, kulang talaga ang tanod para mapanatili ang kapayapaan at kaayusan sa isang lugar, lalong-lalo na sa mga malalaking barangay at sa mga lugar na sadyang mas maraming kaso ng droga at krimen," Go said during the Ugnay-

**REPUBLIC OF THE PHILIPPINES  
FOURTH JUDICIAL REGION  
REGIONAL TRIAL COURT  
BRANCH 16  
CAVITE CITY**

**IN RE: THE MATTER OF SETTLEMENT OH ESTATE OF THE DECEASED JOSE JIMENEZ WITH PRAYER FOR THE ISSUANCE OF A LETTER OF ADMINISTRATION IN FAVOR OF EDUARDO JIMENEZ AND ARNEL JIMENEZ AND THE ISSUANCE OF A TEMPORARY RESTRAINING ORDER AND/OR WIT OF PRELIMINARY INJUNCTION**

**EDUARDO JIMENEZ and ARNEL JIMENEZ,**  
Petitioners,

**SP. PROC. NO. N-8983**

X \_\_\_\_\_  
**JOSEPHINE JIMENEZ, FREDECITA JIMENEZ MORFE, NORBERTO JIMENEZ, EDUARDO JIMENEZ, ERLINDA JIMENEZ RICAFRENTE, ARNEL JIMENEZ, ARMANDO JIMENEZ, ARLAN JIMENEZ, ARDIN JIMENEZ, ARCHIE CHAN, MARICEL JIMENEZ, JILL JIMENEZ JR., JAYSON JIMENEZ, MA. JESSA JENNIFER AUNZO, JAQUELINE JIMENEZ, CHERYL JIMENEZ, JORDAN JIMENEZ AND MENCHIE JIMENEZ PERTO,**  
Necessary Parties  
(all heirs of Jose Jimenez)

X \_\_\_\_\_  
**MARTINA MENDOZA,**  
Necessary Parties  
Alleged wife of Jose Jimenez in (TCT) No. RT-1842/RT-1150

X \_\_\_\_\_  
**FREDECITA JIMENEZ-MORFE, FRELENE MORFE LAURENT,**  
Respondents.  
X \_\_\_\_\_

## NOTICE OF HEARING

A verified petition was filed by Eduardo Jimenez and Arnel Jimenez, praying that after due notice and publication, an order be issued for the settlement of estate of Jose Jimenez and for the issuance of letters of administration and for the issuance of a Temporary Restraining Order and/or Writ of Preliminary Injunction.

It appearing that said petition is sufficient in form of substance, the hearing of this case is set on February 7, 2019 at 8:30 in the morning, on which date, hour and place, interested parties may appear and show cause why the same should not be granted.

Let this Notice be published once a week for three (3) consecutive weeks in a newspaper of general circulation within the Province and the City of Cavite.

Furnish the Office of the Solicitor General, the Register of Deeds for the City of Cavite petitioner and the respondents with copies of this notice and petition.

**WITNESS** the Honorable AMY ANAL DE VILLA-ROSER, Acting Presiding Judge of this Court, this 17<sup>th</sup> day of December 2018.

**MARINELA M. RAMOS**  
OIC, Branch Clerk of Court

Publication: HANEP January 7, 14 and 21, 2019

## Foreman, tinarakan ng tauhan

**TINIYAK** ng isang 33-anyos na obrero na matigil na ang pambu-bully ng kanilang foreman sa kanyang mga tauhan nang pagsasaksikan hanggang sa napatay habang natutolog matapos ang inuman sa Silang, Cavite.

Hindi na umabot ng buhay sa Estrella Hospital ang biktima si Ricardo Silao, 51, may-asawa, ng Brgy. Pulong Bunga, Silang, dahil sa tinamong saksak sa katawan ng suspek at tauhan nito na si Ramil Caneso, binate, ng Bry. Adlas, Silang.

Sa ulat ni PO3 Aries Mendoza, ng Silang Municipal Police Station, da-kong alas-2:50 ng hapon nang nagkayayaang mag-inuman ang biktima, suspek at isang Marlon Gustillo sa loob ng isang Day Care Center na kanilang ginagawa sa Brgy. Pulong Bunga.

Sa kalagitnaan ng kanilang inuman nang natalo ang biktima at suspek hinggil sa kanyang sahog subalit naayos naman ito nang may namagitan sa kanila.

Nang natapos ang kanilang inuman ay nakatulong umano ang biktima sa isang upuan kahoy at dito nakahanap ng tiyem-

If elected to the Senate, Go said he would legislate for the establishment of Malasakit Centers in more provinces and urban centers throughout the country.

Go also guaranteed local officials and residents of Barangay Queens Row Central that he would continue serving as the people's link to President Duterte.

"Magkakaron talaga kayo ng Malasakit Center dito sa Cavite," Go told event attendees.

"Kung may Malasakit Center na po kayo sa loob ng ospital, sa iisang kuwarto, (naroon) na po 'yung repre-

sentative ng DOH, DSWD, PAGCOR PCSO, at Phil-

Health," Go added.

The Malasakit Center is a one-stop shop initiative started by the former presidential aide and President Rodrigo Duterte where affordable and quality healthcare services are made accessible to everyone.

In the center, satellite offices of Philhealth, DOH, DSWD, PCSO, and other relevant government agencies are housed in one location, making application and processing faster and easier for patients in need.

po ang suspek at kumuhang kutislyo at pinagsasak-sak ang biktima saka mabilis na tumakas.

Gayunman, sinundan siya ni Gustillo kung saan napadaan sila sa isang kasalan kaya sumigaw ang huli ng "sinaksak si Ramil" habang itinuturo ang tumatakbong suspek dahil upang harangin sila nina Brgy. Councilor

Arnold Patawe at BPATS Alex Javier na narooron sa lugar at nagresulta sa kanyang pagkakaaresto.

Ayon kay PO3 Mendoza, may galit umano ang suspek sa biktima dahil sa reklamo nito sa kanyang suweldo at ang pambu-bully nito sa kanyang mga trabahador. **GENE AD-SUARA**

## Ospital ng Imus fully operational by Jan. 24

**IMUS CITY, Cavite** — The city's public hospital, Ospital ng Imus (ONI), would be fully operational by Jan. 24.

An advisory from the city mayor's office said the hospital would start admitting patients to its 22 wards and 19 private rooms with 130 beds.

The PHP300 million, three-story hospital, which stands on a donated 4,000 square meter lot, had its soft launch on October 12 last year, with services limited to emergency and outpatient care.

ONI, a level 1 hospital with major and minor operating capabilities, pro-

vides ancillary services such as laboratory, x-ray, and ultrasound.

The new state-of-the-art hospital, the first public hospital in the district, aims to provide quality, affordable and accessible healthcare.

Dr. Edgardo Figueroa, hospital chief, will lead a team of at least 20 doctors, 25 nurses and 15 consultants, including specialists on its services.

There are also plans to construct a Medical Arts Building worth PHP35 million near the hospital. **(Gladys Pino-PNA)**

on agriculture, housing, improved health service delivery, education, long-term sports development, localized peace talks, anti-drug and crime drive, anti-corruption drive, fire protection and prevention, creation of a Department of OFWs, as well as the creation of an office for senior citizen concerns. **(PR)**



## MOU FOR SILANG GREEN ENERGY PROJECT SIGNED

**SILANG, Cavite —** Waste management will no longer be a problem for this municipality after its local government signed a memorandum of agreement (MOU) with Trashtalk Phil. (Waste Management and Green Solution Inc.) for the implementation of a green energy project.

Under the MOU forged on Tuesday, the investor Trashtalk will put up waste-to-energy facilities in Barangay Biluso for the biodegradable-to-energy plant that can be used by households, the national grid or independent power suppliers.

"It's a big help to our town. It will address the pressing waste problem of our town and the whole nation, as well," Mayor Lourdes 'Omil' Poblete said in

an interview.

"We want the municipality of Silang to be the first local government unit to have a green energy project," she said.

Plant construction will start this month and is expected to be completed by the end of the year.

The green energy project will be undertaken in cooperation with the Department of Environment and Natural Resources, Department of Science and Technology, and Department of Energy.

Dr. Crispina Corpuz, consultant to the mayor, said when this project goes in full operation, it will reduce by 30 percent to 40 percent some 150 tons of waste collected and will save about PHP20 million of the PHP80 million annual budget on waste.

The LGU this year will



**GREEN ENERGY PROJECT.** Silang, Cavite Mayor Lourdes 'Omil' Poblete and Avelia Lipata, Chief Executive Officer (CEO) of Trashtalk Phil. (Waste Management and Green Solution Inc.), together with Atty. John Erwin Reyes and Cory Poblete, signed a memorandum of understanding (MoU) for the Silang green energy project Tuesday at the Municipal grounds in town proper. (**PNA Photo by Dennis Abrina**)

disseminate information on the project to 64 villages of the locality so the municipality can comply with the tons of waste requirement for conversion into energy. (**Dennis Abrina/PNA**)

## PDEA eyes saving street children hooked on solvent

**QUEZON CITY (PIA)** — The Philippine Drug Enforcement Agency (PDEA) is eyeing on saving street children hooked on solvent with the launching of its "Sagip Batang Solvent"

project soon.

PDEA Director General Aaron N. Aquino said "Sagip Batang Solvent" will rescue street children sniffing solvent and provide relief from

their addiction so that they could become productive citizens in the future.

He said the primary objectives of the project include: saving children involved in illegal drug activities (CIIDs); provide shelter/facility to CIIDs; provide reformative and reintegrated interventions to CIIDs; and develop resistance to drug use among CIIDs; and change CIIDs to productive citizens.

"Just go around the thoroughfares of the metropolis and you see children sniffing inhalants like a normal display of feat," Aquino said.

The PDEA chief also said that the street children will be provided with reformative and reintegrated interventions like education, counseling, and values formation, skills development, livelihood and entrepreneurship training.

Besides rescuing solvent-sniffing street children, Aquino sees the project as one of the measures to prevent ju-

## PRO 3 reshuffles 16 chiefs of police in Central Luzon

**CITY OF SAN FERNANDO, Pampanga (PIA)** — Police Regional Office 3 reshuffled a total of 16 chiefs of police in Central Luzon as election period begins.

"The revamp does not automatically mean that the chiefs of police are underperforming in their duties instead they have already stayed in their position for the maximum allowable period of two years," Police Regional Director PC Supt. Joel Napoleon Coronel clarified.

Nueva Ecija has the most reshuffled with nine followed by Zambales with four, Bulacan-two, and Bataan-one.

"We are adhering to the

directives of higher headquarters and this movement was deliberated and approved by our Regional Oversight Committee, at the same time it is the nature of police work, especially police officials to be assigned to different fields to further test their capabilities," Coronel added.

"I also gave directives to all our provincial/city police offices to go 'tooth and nail' in our aggressive operations against criminals and gun-for-hire syndicates as well as stern implementation of gun ban to ensure the peaceful holding of credible and fair elections this May," the official furthered. (**CLJD-PIA 3**)

## Olongapo court places Hanjin under corporate rehab

**MANILA** — An Olongapo court has formally declared cash-strapped shipbuilder, Hanjin Heavy Industries and Construction Philippines Inc. (HHIC Phil.), under corporate rehabilitation.

In a four-page "commencement order" dated Jan. 14, Olongapo Regional Trial Court Branch 72 Judge Richard A. Paradeza acted on the firm's petition filed under Republic Act 10142, otherwise known as the "Financial Rehabilitation and Insolvency Act of 2010".

In the stay/suspension order, which formed part of the court directive, the Olongapo court suspended all actions or proceedings in court or otherwise for the enforcement of all claims against HHIC Phil. Inc.

It also "suspects all actions to enforce any judgment, attachment or other provisional remedies against HHIC Phil. Inc., and prohibits HHIC Phil. Inc. from selling or disposing (of) its properties except in the ordinary course of business", as well as prohibits the firm from making any payment of its outstanding liabilities.

The court also ordered the creditors, government agencies and all interested parties to file a comment on Feb. 8 and prohibited HHIC Phil. Inc.'s suppliers of goods and services from withholding the supply of the goods and services in the ordinary course of business for as long as HHIC Phil. Inc. makes payment for the said goods and services.

The court also authorized HHIC Phil. Inc. to pay its regular administrative expenses as they become due and ruled that contracts not confirmed in writing by HHIC Phil. Inc. within 90 days following the issuance of the commencement order shall be considered automatically terminated.

The firm located in Subic Bay in Zambales employed up to nearly 28,000 persons at its peak before financial woes forced it to trim down its workforce to around 20,000 last year.

Hanjin revealed that it has USD1.3 billion in outstanding loans — USD400 million from Philippine banks and USD900 million from South Korean lenders. (**PNA**)

### AFFIDAVIT OF SELF-ADJUDICATION

I, CECILLE BAYTA-COLEBROOK, Filipino, of legal age, widow and a resident of Suite 704 Antel Seaview Tower C. 2626 Roxas Boulevard, Pasay City, under oath, hereby depose and say that:

1. I am the only legitimate surviving heir of **MULFORD JAY COLEBROOK**, who was my legitimate spouse/husband;
  2. The aforementioned deceased died in the City of Pasay, Metro Manila, which was his residence at the time of his death, on August 18, 2018;
  3. The said deceased died without leaving any will nor debts;
  4. The deceased left a Bank Account in Banco de Oro at SM Hypermarket Adriatico Branch with the following Direct Deposit Account No.:
- a. Account No. 104471163186 in the amount of US\$ 4,037.53
  - b. Account No. 104470061304 in the amount of US\$ 8.37
  - c. Account No. 4478000960 in the amount of PHP 873.56
5. By virtue of Rule 74, Section 1 of the Rules of Court, I hereby adjudicate to myself the entire estate above-described. Further I say none.

Executed and signed this 3<sup>rd</sup> day of January 2019 at Pasay City

CECILLE BAYTA-COLEBROOK  
Affiant

**SUBSCRIBED AND SWORN** to before me this 3<sup>rd</sup> day of January 2019 affiant exhibiting her Non-Professional Driver's License No. N26-09023298 with expiry on 01 February 2023.

Doc. No. 10  
Page No. 3  
Book No. III  
Series of 2019  
**ATTY. HENRY D. ADASA**  
Notary Public  
City of Pasay  
Valid until Dec. 31, 2019



## YAWYAN ROMBLON FIGHTERS SABAK SA NATIONAL KICKBOXING TRYOUT

Puspusan ang pag-sasanay ng mga Pambato ng Yawyan Romblon na sina Dexter Fajilan Faeldonia at Kenneth Fortu Foja, sa nalalapit na pagsagupa sa National Kickboxing Try-out na gaganapin ngayong Pebrero 2019.

Ang mapipiling manlalaro ay makakasali sa qualifying tournament at may pagkakataong makapaglaro sa 30th South East Asian Games ngayong November 30 hanggang Disyembre 11, 2019 na gaganapin dito sa Pilipinas na kung saan kasali ang kickboxing sa mga sports na napili sa ilalim ng category 3 #9.

Samantala ang kickboxing ay kauna-unahang masisilayan sa SEA Games ngayong taon, na naging bagong kaikibat na laro ng National Sports Associa-

tion, sa ilalim ng WAKO Asia (World Association of Kickboxing Organization).

Habang dalawang pambato ng Yawyan Romblon ay nasa ilalim ng pag-sasanay ni Maestro Bobby Flores, at mga guro Ernie at Gary Faeldonia na nasa kalinga ni Maestro Gene Del Rosario ng Yawyan Roskalyon Aklan Chapter.

Matatandaang pinalanganap ni Grandmaster Napoleon A. Fernandez ang Yawyan isang uri ng Filipino Martial Arts noong 1972.

Kaugnay nito nagkaroon ng sangay sa ibat ibang panig ng Pilipinas, at maging sa ibang bansa.

Isa sa mangangasiwa ng kickboxing tryout ay isaring Yawyan na si Maestro Rennie S. Ross, multi-awarded Martial Artist Hall of Famer, ang founder ng Yawyan Kampilan. (Marlon Bernardino)

## CHESS EXHIBITIONS SA MAPUA ISASAGAWA NI GM EUGENE TORRE

NAKATAKDANG magsasawa si Asia's first chess grandmaster Eugene Torre ng simultaneous exhibition games bahagi ng Mapua Foundation Day sa

Enero 26, 2019 (Sabado), dakong alas-onse ng umaga na gaganapin sa Mapua Institute of Technology (MIT) Gym sa Muralia Street, Intramuros, Manila.

Makakalaban ni Torre ang piling estudyante at alumni sa event na inorganisa at nagsilbing punong abala ang Mapua Filipino-Chinese Alumni Association sa gabay nina President, Edmond Aguilar at former President Victor Lau sa pakikipagtulungan nina Mapua head coach Boyet Tardecilla at Nelson Laroza Salazar, Board 1 ng Mapua Chess Team at miyembro ng 1st NCAA Chess Team Champion noong 1976.

Ang mga naibitahan na 16 chess players na kumakatawan sa alumni at students ay sina 1) Nelson Laroza Salazar, Alumni (Sword & Castle), 2) Resito David, Alumni (CE-EnSe), 3) Alumni (FIL-CHI), 4) Alumni (EE), 5) Alumni (ECE-COE) 6) Paolo Angelo Garcia (ME), 7) Jaime Cacho, Alumni (CHE-CHM) based in California, USA and will participate thru chess.com, 8) Melchor Pilones (FACULTY-CE), 9) Kasparob Andres

(EE) Varsity Sr., 10) Aldus Austria (IE) Varsity Sr., 11) Paul Relativo (GE) Varsity Sr., 12) Paolo Medina (K12) Varsity Jr., 13) Stephen Von Estavillo (K12) Varsity Jr., 14) Kenzo Suarez (K11) Varsity Jr., 15) Christian Thompson (K11) Varsity Jr. at 16) John Reggie Salinas (K11) Varsity Jr.

Sa 2010 edition na ginanap sa Mapua Library ay nakapagtala si Torre ng 14 Wins at 2 Draws (Nelson Laroza Salazar at board 3 player ng MIT team). (Marlon Bernardino)



ANG traditional na ceremonial toss na ginampanan ni Kuya Bong Go sa unang laro sa pagitan ng Ginebra at TNT KaTropa sa pagsisimula ng 44TH Season PBA Philippine Cup sa pagitan ng Ginebra at TNT KaTropa kasama sa larawan ang ibat pang board of governor at PBA Commissioner Willie Marcial na ginanap sa Philippine Arena, Bulacan. (RGN)



SI PSC Chairman William Ramirez habang kinakapanayam ng mga sports writer kaugnay ng gaganaping Batang Pinoy 2019 matapos ang MOA signing nito para hosting ng naturang okasyon na magaganap sa Davao Del Norte, Iloilo City at Iligan, Isabela kung saan nakatakdada namang magsimula sa darating na Pebrero at Marso taong kasalukuyan ng ganapin ang press conference sa PSC Conference room. (RGN)



TUMALAKAY si PSC Commissioner Celia Kiram kaugnay ng magaganap na 2019 SEA Games sa bansa kung saan ay may apat na venue na pagdaraosan ang Clark, World Trade, Subic at Philippine Arena maging women's sports PWD kasama sa larawan sina GAP President Cynthia Carreon at TOPS President Ed Andaya sa lingguhang TOPS Usapang Sports sa NPC Intramuros Manila. (RGN)



NAKUHA pang makapag spike ni Mapua University spiker Jonina Fernandez habang todo sa sabayang depensa ang dalawang manlalaro ng St. Benilde sa kanilang maaskyong laro sa NCAA Season 94 Women volleyball sa Fil Oil Flying V Arena San Juan wago ang St. Benilde ang Mapua University sa 3 set 25-16, 25-11 at 25-21 (RGN)

## BANYERANG ‘PUTOK NA ISDA’ NALAMBAT SA BACOOR CITY

**BANYERANG** isda ang nasamsam ng mga miembro ng Bantay Dagat matapos na naaresto ang dalawang manginisda habang nasa aktong gumagamit ng dinamita sa Bacoor City, Cavite.

Hawak ng Bacoor police ang naarestong suspek na sina Jayson Reyes, 31, binate; at Gerry Tulipas, Jr., 28, binata, kapwa residente ng 42 M Rodriguez St., Brgy. Lahuerta, Paranaque City dahil sa reklamo nina Maximo Cadavis, Jr., 56; at Melchor Daigo, 56, kapwa miembro ng Bantay Dagat.

Kasong paglabag sa RA 10654 ng Section 92A Fishing through Explosive ang isinampang kaso laban sa mga naarestong suspek. **GENE ADSUARA**

**BUHAY-KARERA**

**MARLON BAGUS**  
0999-7060160  
email: champ22mb@gmail.com



## METRO TURF, MAGSASARA?

Mainit na naging usapan ng mga karerista ang napabalitang pagsasara o paghinto ng pakarera sa MetroTurf sa Malvar, Batangas.

Marami sa mga karerista ang nakapagsabi na hindi sapat na dahan ang train law tax na idinagdag upang lumiiit ang dibidendo at papremyo dahil noon pa man na kahit tumaas o lumaki ang buwis ay balewala iyon sa kanilang mga karerista. Dagdag naman ng isa pang grupo na pawang mga manlalaro rin sa sabong ay hindi rin iyon ang dapat na sisihin dahil noon pa man nung parehong nasa kamaynilaan pa ang naunang dalawang karerahan ay may malapit na kilalang sabungan sa San Lazaro at maging sa Hermosa, Maynila.

Kinilala ang suspek na

nied him to the lost and found section. The dollar bills were counted and documented in their presence.

Almoguerra will be among the airport workers to be recognized by MIAA in a ceremony in February.

Every month, the agency recognizes NAIA employees for their honesty, efforts and accomplishments.

Since Almoguerra is an employee of Philcare Manpower Services, MIAA General Manager Ed Monreal is urging service contractors to recognize their employees for these simple acts or achievements.

“Take care of them because they set good examples,” Monreal said. **(PNA)**

## Big-time pusher arrestado sa P120,000 halaga ng shabu

**KALABOSO** ang isang 23 anyos na lalaki matapos na mahulihan fifty grams na shabu sa isinagawang Simultaneous Anti Criminality and Law Enforcement Operation (SACLEO) ng grupo ng Station Anti Crime Unit (SACU) ng Manila Police District Station sa Hermosa, Maynila.

Ayon sa isinagawang imbestigasyon ni PO1 James Van Pebenito, ng MPDPS Sdet, dakong 9:30 ng gabi nang naaresto ang suspek sa Herbosa St., Tondo.

Si John Frely Macaraeg, alias Jhon Jhon, walang asawa at trabaho, ng Building4 Permanent Housing Tondo, Manila.

Nabatid na nagsagawa ng SACLEO ang pulisya sa nasabing lugar nang sitahi nila ang suspek ngunit tumakbo.

Dahil dito hinabol ang suspek at nang maabutan dito na nadiskubreng sa kanya ang sumpang pirasong plastic na naglalaman ng shabu na may timbang na fifty grams.

Ang nakumpiskang droga ay nagkakahalaga ng P120,000 at iba’t ibang klaseng paraphernalia na gamit sa shabu.

Paglabag sa RA 9165 o dangerous drugs Act Comprehensive ang kinaharap na kaso sa Manila City Prosecutor Office laban sa suspek. **(Leonard Basilio)**

**ENSURING QUALITY PUBLIC SERVICE FOR SILANGEÑOS:** In its firm commitment and deep compassion to deliver quality public service and address the basic needs of constituents, the Provincial Government of Cavite thru the Office of the Provincial Governor led the Ugnayan sa Barangay held at Old Bulihan Zone 6 Covered Court in the municipality of Silang on January 14, 2019. On behalf of Cavite Governor Boying Remulla, Governor Jonvic Remulla visited the locals and ensured that the local government is continuously exerting efforts to implement programs that are beneficial to the community. 7th District Board Member Ivey Jayne Reyes together with Silang Mayor Emilia Lourdes Poblete, Vice Mayor Adel Belamide and municipal councilors also took their time to join the event and imparted words of inspiration and motivation.—**PICAD**



Base naman sa mga karerista na kapag magtuloy na mga horse owners ang magmay-ari sa Metro Turf ay mas walang mangangarera sa kanila, na malamang ay lalong mauwi sa mga kalokohan at yarian sa karera.



## ANGEL LOCSIN, MAY TAKOT PERO PALABAN

MATAGAL-tagal din na hindi nasilayan sa mundo ng teleserye si Angel Locsin.

Nasa limang taon ding napahinga ang aktres na binansagang primetime queen ng Kapamilya.

Pero ngayong Enero 21 ay masasakihang muli ang aktres ng mga humahanga at sumusubaybay sa kanya.

Pagbibidahan ni Angel ang primetime tele series na 'The General's Daughter' ng ABS-CBN at Dreamscape Entertainment.

Hindi matatawaran kung acting at acting lang naman ang pag-uusapan kay Angel.

Bilib din tayo sa aktres sa pagpapahayag ng katoohanan sa kanyang sarili.

Calibrated actress si Angel pero hindi itinatagong nakaramdam ng kaba o takot sa pagsabak muli sa teleserye.

Pero ang takot o kaba na iyon ay hindi makakayang tinagin ang palabang Angel.

May ibubuga at ipinagmamalaki naman si Angel kahit ang kanyang kasama sa teleserye ay pawang may tahid na sa industriya.

Nariyan ang dalawang mahusay na aktor na sina Tirso Cruz 111 at Albert Martinez.

Ang mga premyadong

aktres na sina Janice de Belen, Eula Valdez at Diamond Star Maricel Soriano.

Speaking of Maricel, isa siya sa medyo nakaramdam ng kaba para kay Angel.

But in the end ay napahanga si Angel sa nakitang generosity ng nag-iisang Diamond Star.

Hindi siya pinabayaan ni Maricel sa halip ay tinuruan at tinulungan pa.

Nabanggit naman ni Maricel ang paghanga sa isa pa sa mga cast ng teleserye.

Ang gwapon ang anak ni Sylvia Sanchez na si Arjo Atayde ang tinutukoy natin.

Appreciate ni Maricel ang acting ni Arjo, na siyempre ay nakuha o namana ang kahusayan sa kanyang ina.

Kaya naman super proud si Sylvia sa anak na si Arjo, na magiging anak naman ni Maricel sa teleseryeng ito.

Bukod kay Arjo ay bahagi rin dito sina Loisa Andalio, Ronnie Alonte at Ryza Cenon.

Tiyak na walang lipatan ng channel pagkatapos ng 'FPJ's Ang Probinsyano' ay kasunod ang naturang teleserye na nasa ilalim ng direksyon nina Manny Palo at Mervyn Brondial.



## Pahiram ng Oras

ni Ate Josie

### (ika- 100 labas)

"ALAM mo ba na masaya nga na malungkot ako."

Biglang bumanat ng ganitong salita si Kardo na sinabayhan ng malumanay na tinig.

Ang mukha pa ni Kardo na bukod sa biglang pinalungkot ay animo'y luluhu.

"Año na naman 'yan? Naguguluhan ako sa 'yo ha Kardo."

Tiklop konti si Lyka nang mapansin ang ekspresyon ng mukha ni Kardo.

"Kanina tumatawa tapos ngayon ay biglang malungkot na parang iiyak pa 'ata ah."

Sinadya ni Kardo iyon para mawala ang konsektasyon ni Lyka na dapat ay nagsisimula ng mabanans.

"Patay kasi 'yung last na nanalo kaya nagkaroon ng pagkakataon na makapasok ako."

Nalilito pa si Lyka sa sinasabi ni Kardo kaya diniresto ng lalaki ang pagpapaliwanag.

"Nakakalungkot nga pero isa lang ang ibig sabihin n'yan, talagang nakalaan sa 'yo na mag-ing konsehal."

Doon lang napagtan-to ni Lyka na kaya pala patawa-tawa kanina si Kardo.

Dahil nga sa pangyarying iyon ay kabilang si Kardo sa pormal na nanumpa bilang isa sa mga konsehal ng lungsod sa kanilang distrito.

"Congrats 'konsi."

Kung dati ay 'kap tawagin si Kardo, nang makapanumpa ay 'konsi na ang bansag sa kanya.

Sabak na sa bagong trabaho o tungkulin si Kardo at sa mga unang bugso ay talagang pakitung gilas siya.

"Kumain ka na ba? Ipaghahain muna kita at mukhang gutom at pagod ka eh."

Hindi lamang sa trabaho kundi pati sa kanyang misis ay pakitung gilas din si Kardo.

Trabaho-bahay si Kardo at ilang buwang diretso rin siya hindi nakakapunta kay Lyka.

"Año na kaya ang nangyayari sa lalaking 'yun?"

Panay na lamang ang tanong ni Lyka sa sarili dahil hindi nakakapunta sa kanila si Kardo.

Bago kasi ang ganap na panunumpa ang huling pagpunta ni Kardo kay Lyka.

"Parang wala siyang anak sa akin dito ah, pati anak niya ay natitiis na matagal na 'di nakikita."

(Itutuloy)



## MANANANGGOL

Sa panulat ni Kuya Arman

### (ika-99 labas)

PAGKAPASUK na pagkpasok ay namangha si Aling Tita sa itsura ng kanyang bahay.

"Teka...teka...bahay ko nga ba 'eto? Ito ba talaga ang aking bahay?"

Hindi halos nakilala ni Aling Tita ang kanyang sariling bahay pagkapsok.

Ang laki-laki ng pinakaiba ng itsura ng loob ng bahay ni Aling Tita.

Medyo kinabahan naman ang tatlong magkakapatid sa nakikatang ekspresyon ng kanilang auntie.

Hindi nila alam kung natutuwa ba o nagagalit si Aling Tita sa ginagawang pagtatanong.

"Bakit po auntie? May problema po ba?"

Hindi nakatiis si Dagul kaya napilitan ng tanungin si Aling Tita.

"Problema! Asus anong problemang sinasabi mo, wala ah."

Natutuwa lamang ako dahil ang gandang pagkakaayos ng loob ng bahay ko."

"Imagine eh puro kayo lalaki pero nagawa ninyong maiayos ng gani-to ang loob ng bahay."

Babae si Aling Tita subalit hindi nya na-gawang pagdahin ng ganoon ang loob ng bahay niya.

Hindi naman masisi-

si si Aling Tita dahil na-pakaabala nya sa kanyang karinderya.

Inaalagaan lamang ni Aling Tita sa paglilinis ang bahay dahil ang oras nya ay halos kulang sa karinderya.

Maging ang tatlong magkakapatid ay sobrang napahanga sa malaking pagbabago sa loob ng bahay ni Aling Tita.

"Hahaha, naku eh kaya naman pala eh. Akala ko pa naman eh kayong tatlo ang gumawa nito."

Napatawa si Aling Tita nang sabihin ng tatlo na si Maribeth ang nagayos sa loob ng bahay.

Masayang-masaya rin ang magkakapatid sa nakikatang pagtawa ng auntie nila.

"Teka nga pala muna, aakyat muna ako para makita ko ang itsura ng kwarto ko."

Nang makaakyat si Aling Tita ay pigil ang hinlinga ng magkakapatid.

Sa ibaba ay hinihatay nila ang kung ano ang magiging reaksiyon ni Aling Tita sa sandaling masilayan ang silid.

Sila rin kasing tatlo ay hindi alam kung ano baa ng itsura ng kuwarto ni Aling Tita.

"Oh my gosh!"  
(Sundan)



REPUBLIC OF THE PHILIPPINES  
REGIONAL TRIAL COURT  
FOURTH JUDICIAL REGION  
BRANCH 23  
TRECE MARTIRES CAVITE

HOME DEVELOPMENT MUTUAL FUND  
Mortgagee,  
-versus-

**FORECLOSURE CASE NO. F-123-18**

JOAQUIN G. MARCELO III  
married to JESSICA R. MARCELO,  
Mortgagor/s,

x ----- x

**NOTICE OF EXTRA-JUDICIAL SALE**

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by Mortgagee, **HOME DEVELOPMENT MUTUAL FUND**, with business address at 14<sup>th</sup> Floor, JELP Business Solution Center, No. 409 Shaw Boulevard, Mandaluyong City, against the Mortgagor/s **JOAQUIN G. MARCELO III married to JESSICA R. MARCELO**, with residence and postal address at Lot 9 Block 6 Dahlia St., Springville Garden II, Molino, Bacoor, Cavite to satisfy the mortgage indebtedness which as of October 9, 2017 amounts to **SEVEN HUNDRED SEVENTY EIGHT THOUSAND SIX HUNDRED ELEVEN PESOS and 60/100 (P 778,611.60)**, Philippines Currency including interest and penalty charges as of said date but excluding foreclosure expenses and all other charges incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on **April 2, 2019** at 2:00 o'clock in the afternoon at the main entrance of the Government Center Building, located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder, for **CASH** and in Philippine Currency, the following property/ies with all the improvements thereon, to wit:

**TRANSFER CERTIFICATE OF TITLE No. 077-2015000018**

"A parcel of land (Lot 7, Blk.19, of the cons., subd. plan, Pcs-04-023167, being a portion of Lots 2455-N, 3615 & 3619-B, Fls-1839, Sta. Cruz de Malabon Est.) situated in the Barangay of Cabuco, City of Trece Martires, Prov. of Cavite, Island of Luzon. Bounded on the SW., along line 1-2 by Lot 6, Block 19; on the NW., along line 2-3 by Lot 9, Block 19; on the NE., along line 3-4 by Rd. Lot 16 and on the SE., along line 4-1 by Lot 5, Blk. 19 all of the cons. subd. plan. Beginning at a point marked "1" on plan. x x x containing an area of **FIFTY (50) SQUARE METERS**" x x x

All sealed bids must be submitted to the undersigned on the above stated time and place.

In the event the public auction should not take place on the said date and time, it shall be held on **April 9, 2019** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property/ies and encumbrance thereon if any there be.

Trece Martires City, **January 14, 2019**.

LUCIO C. ALEJO III  
Sheriff IV

**COPY FURNISHED:**  
**HOME DEVELOPMENT MUTUAL FUND**  
14<sup>th</sup> Floor, JELP Business Solution Center  
No. 409 Shaw Boulevard, Mandaluyong City

**JOAQUIN and JESSICA R. MARCELO**  
Lot 9 Block 6 Dahlia St., Springville Garden II,  
Molino, Bacoor, Cavite

**WARNING:** It is absolutely prohibited to remove, deface or destroy this Notice of Extra-Judicial Sale on or before the date of sale

Publication: HANEPE January 21, 28 and February 4, 2019

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Located at Town Plaza  
Noveleta, Cavite

REPUBLIC OF THE PHILIPPINES  
REGIONAL TRIAL COURT  
FOURTH JUDICIAL REGION  
BRANCH 23  
TRECE MARTIRES CAVITE

HOME DEVELOPMENT MUTUAL FUND  
Mortgagee,  
-versus-

**FORECLOSURE CASE NO. F-125-18**

NORY D. MONTON  
married to FREDERICK P. MONTON,  
Mortgagor/s,

x ----- x

**NOTICE OF EXTRA-JUDICIAL SALE**

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by Mortgagee, **HOME DEVELOPMENT MUTUAL FUND**, with business address at 14<sup>th</sup> Floor, JELP Business Solution Center, No. 409 Shaw Boulevard, Mandaluyong City, against the Mortgagor/s **MARIDEL A. MIGUEL married to EDWIN D. MIGUEL**, with residence and postal address at Lot 13 Block M-10 Emmanuel DBBE, Dasmariñas, Cavite to satisfy the mortgage indebtedness which as of October 25, 2017 amounts to **SEVEN HUNDRED FORTY SIX THOUSAND FIFTY FIVE PESOS and 99/100 (P 746,055.99)**, Philippines Currency including interest and penalty charges as of said date but excluding foreclosure expenses and all other charges incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on **April 2, 2019** at 2:00 o'clock in the afternoon at the main entrance of the Government Center Building, located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder, for **CASH** and in Philippine Currency, the following property/ies with all the improvements thereon, to wit:

**TRANSFER CERTIFICATE OF TITLE No. T-1324098**

"A parcel of land (Lot 37, Blk.1, of the subd. plan, Pcs-04-020925, being a portion of Lots 2565 and 3484 (Rs-04-082981) San Francisco De Malabon Estate, LRC Record No. 5984), situated in the Barangay Santiago, Municipality of Gen. Trias, Prov. of Cavite, Island of Luzon. Bounded on the SE., along line 1-2 by Lot 36, Block 1 of the cons. subd. plan; on the SW., along line 2-3 by Lot 3482-B, Psd-11187; on the NW., along line 3-4 by Lot 38 Block 1 and on the NE., along line 4-1 by Road Lot 1 both of the cons. subd. plan. Beginning at a point marked "1" on plan. x x x containing an area of **FIFTY (50) SQUARE METERS**" x x x

All sealed bids must be submitted to the undersigned on the above stated time and place.

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Trece Martires City, **January 14, 2019**.

LUCIO C. ALEJO III  
Sheriff IV

**COPY FURNISHED:**  
**HOME DEVELOPMENT MUTUAL FUND**  
14<sup>th</sup> Floor, JELP Business Solution Center  
No. 409 Shaw Boulevard, Mandaluyong City

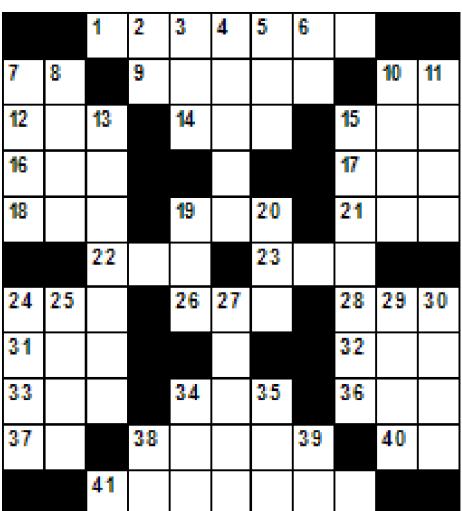
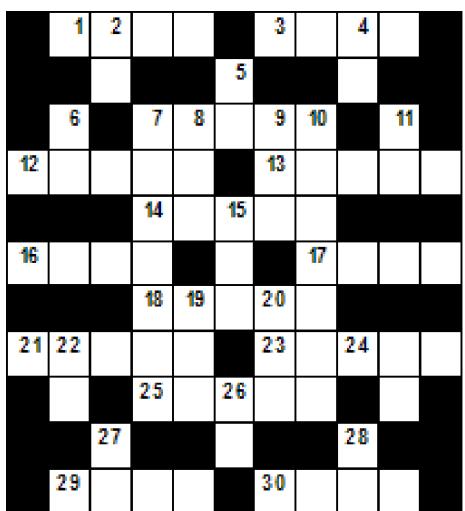
**NORY and FREDERICK P. MONTON**  
Lot 5 Block 16, Camachile Subdivision,  
Pasong Camachile I, General Trias, Cavite

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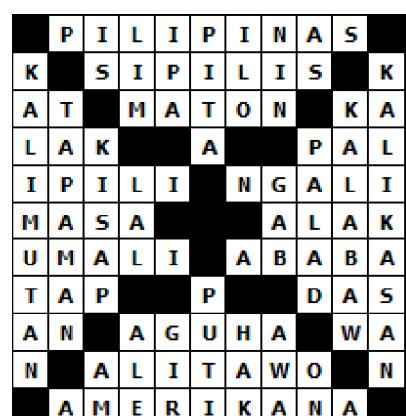
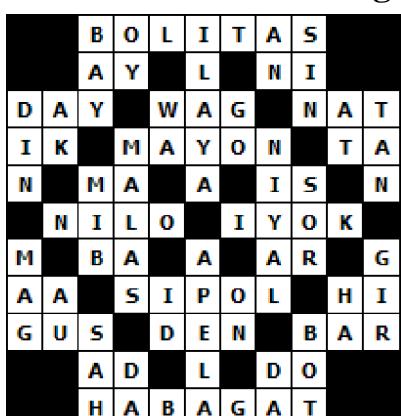
# CROSSWORD

**PAHALANG**

- 1 Duwende  
3 Pagkagiba  
7 Kasalungat ng mura  
12 Gaway  
13 Magkabilang panig ng giligid sa gawing ibaba  
14 Pag-aari ng hari o Reyna  
16 Kulay ng dugo  
17 Sinasambit pagkatapos ng dasal  
18 Maskot  
21 Peklat  
23 Umaasam  
25 Tining  
29 Gulo  
30 Amoy ng sunog na sinaing

**PABABA**

- 2 Makapangyarihang bansa  
4 Bating banyaaga  
5 Adolf Hitler  
6 Koponan sa UAAP: inisyal  
7 Parang hayop ang ugali  
8 Boss  
9 Barkilyos  
10 Titining  
11 Lokal na tarzan  
15 Kasalungat ng No  
19 Negrito  
20 Unang bilang  
22 Huni ng daga  
24 Kurso sa STI o AMA  
26 Notang musical  
27 kahol ng aso  
28 Upper Ground

**Sagot sa nakaraan:**

# WORD SEARCH

AIRLINE AIRPORT AISLE ARRIVAL BAGGAGE FLIGHT GATE MEAL SEAT TAKEOFF TIME TICKET

P A S S E N G A E R K E S E I S  
H G Y L L A V I R R A R E C B  
E A P B E A T G B T O R H A L  
F P O T D P I A N E I E A D T  
F E A T R A I R E I D M E G Y  
O G B I O S E G L U D P E A T  
E Q U A L B A L L I A N T M T  
K D T E G G N E N R N R A O N  
A A C H G G E T T N O E H L A  
T C B U G C A U E P O A P C D  
H O L M B I R G R K L I I S N  
E V R L E E L I E Y C B L K E  
N A A C I A A F B A N I O A T  
U G K F B D L T B B C R T C T  
B O A R D I N G P A S S B L A

BOLTS CLAMPS GLUE NAILS PENCIL PLIERS RULER SANDER SAWDUST SCREWS SOCKET

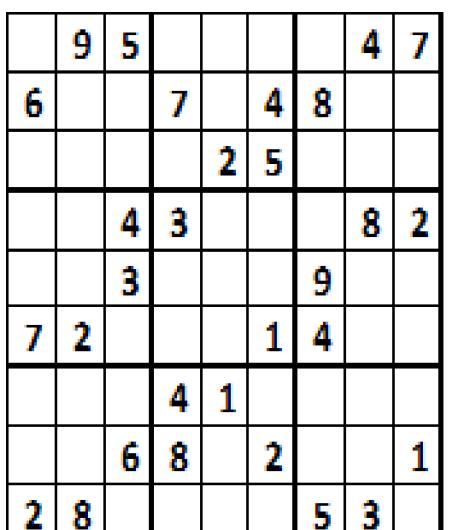
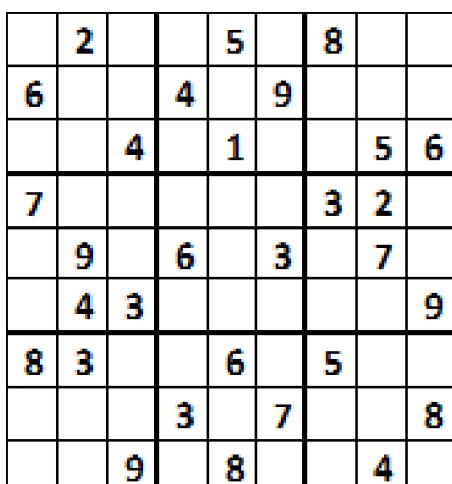
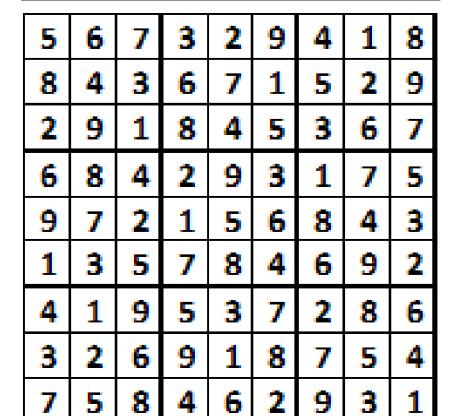
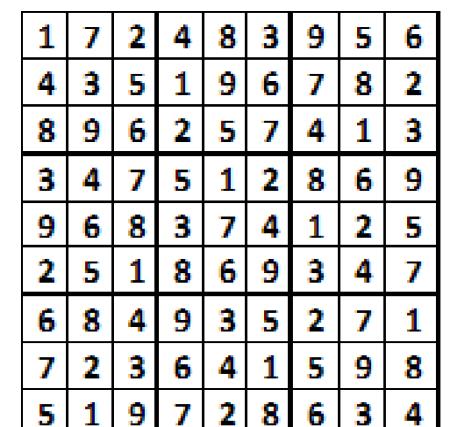
H L N O E R U S A E M E P A T  
C N A I L S M B S I F I E R E  
N E N U S I N C O M O D E X A  
E A O N L A R S S A E I R O W  
R S H S O E N P R R R A M B T  
W O S A W I M D I E T D H R C  
N C S S M A R V E C I L S E S  
W K R T L M A E H R I L A T A  
O E E C S T E E L C L D P I W  
R T L D I U T R N P V S G M H  
D A U V I Y D E V E A A O S O  
W R R E S O P W R E T T T O R  
B I S R L A M B A W B L S Z S  
A P R G L U E T A S O V E P E  
S C O E L O Q U I B L I S M K

**Sagot sa nakaraan:**

V R E N S A B U C K E Y E I A  
E G Y B N D R U M S T I C K B  
G A I B A S T P R Y O L E E L  
E R O Y R P E E O E A S A R O  
T E B S R A G G H T U C S M Y  
A T N I P R T O A O A I A A B  
B O O T U O T W H S R T L C H  
L D M B B D H R U L U E O H S  
E A L A O O E C O R T A H I I  
S C A G T T N I K U S A S C F  
H O S G R E N E R R L T O K B  
T V R O O N N E M Y O B O E R  
N U P C I R K A E T S P N N O  
U G N F B D N T B K A B O B W  
B L A A K H E A R T Y K B L S

W C Y S A N G U I E I L B C  
E S E A L Y H A M B R I T M A  
S C T E B A H A I C E I A R A  
T E O B D S R V R L H N S N N  
H U U L L H A E A E C A T H X  
I L E E O L S O L H D E I N O  
G B W W V N E I E A R R O R F  
H Y S E H R I S T I N R O F H  
L R K E V I T A O T F D N B T  
A R B A E E T R L O R A C O  
N E C U R Y H E L R I C F R O  
D K L E L O R K A A P C S V M  
C U E S E L A S C C I N T E S  
T N H A C C R A X O F E R I W  
S B E D L I N G T O N P B I T

# SUDOKU

**Sagot sa nakaraan:**

## DOH, PSH LAUNCH PROGRAM TO CURB HYPERTENSION PREVALENCE

**TAGAYTAY CITY, Cavite** – The Department of Health (DOH) has partnered with the Philippine Society of Hypertension (PSH) for a joint project initiative aimed at addressing the increasing prevalence of hypertension and non-communicable diseases (NCDs) in Cavite province.

The program, Cardiovascular Risk Assessment and Management Initiative, which is anchored on DOH's Package of Non-Communicable Disease Interventions (PhilPEN) initiative, was officially launched before cardiologists from the public and private sectors at the Taal Vista Hotel here Friday.

In his keynote address, DOH-4A (Calabarzon) Director Dr. Eduardo C. Janairo stressed that "the greater progress in addressing cardiovascular diseases can be achieved through the cooperation of different sectors."

Janairo added that while it can be seen that NCDs are driven both by health and non-health variables, the health sector cannot adequately prevent and control these diseases on its own and a multi-sectoral approach (MSA) is required to establish enabling environments in the community.

"So that healthy choices become the most attractive choice," he said.

Due to the high cost of diagnosis and treatment of hypertension and NCDs, Janairo said a strategic ap-

proach to these diseases relies on early detection and care using cost-effective and sustainable health care intervention that are integrated in the primary health care facilities, such as the barangay health stations, rural health and other community health centers.

"We see our future focusing more on prevention, especially on the four modifiable behavioral risk factors – unhealthy diet, physical inactivity, harmful use of alcohol, and tobacco use," he said.

The joint project, set to pilot in Cavite province, is seen to result in more Filipinos being assessed, screened and diagnosed early to prevent debilitating and sometimes fatal complications.

"Once successful (in its pilot run), we shall look forward to its duplication in the whole Region 4 (Calabarzon and Mimaropa) and eventually in the entire nation," PSH president Dr. Alberto A. Atillano said.

The program seeks to bring down the diseases' prevalence by 3 percent in the next five years.

Hypertension prevalence in adult population (18 years old and above) in the Philippines increased from 11 percent in 1992 to 28 percent in 2013, with high incidence reported in Cavite.

Based on DOH data released in 2009, cardiovascular disease remains one of the leading causes of death in the country, with

170,000 Filipinos dying each year.

Heart attack and stroke are the top killer diseases in the country while 60 percent to 70 percent of Filipinos have not been treated or have seen a cardiologist, according to 2016 data from the Philippine Heart Association.

During the launch, the participants were treated with lectures on the matter.

The participants in the forum, composed of cardiologists from the public and private sectors, expressed their commitment of support for this health initiative. (**Gladys Pino-PNA**)



**ONE WITH THE BATTLE.** Department of Health Region IV-A (Calabarzon) Director Dr. Eduardo C. Janairo (leftmost) and Phil Society of Hypertension President Dr. Alberto A. Atillano led the pledge to the Cardiovascular Risk Assessment & Management Initiative at the Package of Non-Communicable Disease Interventions (PhilPEN) Summit held at Taal Vista Hotel, Tagaytay City on Friday (Jan. 11, 2019). (**PNA photo by Gladys S. Pino**)



Naging panauhin sa 'Talakayan sa Punong Baliang' si Ilocos Norte Governor Imee Marcos at inihayag nito na panahon upang tutukan ang alternative energy na nakukuha mula sa hangin (Hydro Energy) at araw (Solar Energy). Binigyang diin pa ng gobernadora na dapat muling buhayin ang agrikultural na pagsasaka sa mga rural areas ng bansa upang ang kakulangan sa pagkain ay matugunan. (**Christian Heramis**)

## CALAX operations to start a year-early with funding secured

Province of Cavite (PIA) – The Cavite-Laguna Expressway (CALAX) project is seen to start commercial operations of some segments in the Laguna side as early as July 2019 with the funding for the construction and concession secured by a loan.

Metro Pacific Tollways Corp. (MPTC) Chief Financial Officer Christopher Daniel C. Lizo disclosed that the company had closed the P24.2-billion loan with six banks namely: BDO Unibank, Inc.; Union Bank of the Philippines, Inc.; Rizal Commercial Banking Corp. (RCBC); Bank of the Philippine Islands (BPI); Security Bank Corp.,

and Land Bank of the Philippines.

The loan is intended to finish the P35.43-billion (45.29-kilometer) CALAX project, funding the Laguna and Cavite segments.

The first 10 kilometers of CALAX on the Laguna side is scheduled to open in July, a year earlier from schedule while the entrance from the Cavite side might be delayed since substantial right of way from the Department of Public Works and Highways (DPWH) is not yet given.

"Some sections ahead, some sections delayed. We're opening Sections 6 to 8, which is from Mamplasan to Sta. Rosa, July. So that's ahead of schedule... Cavite, admit-

tedly delayed. Kulang pa 'yung right of way [Right of way is still lacking]," explained Mr. Lizo.

Meanwhile, MPCALA Holdings President and General Manager Roberto V. Bontia revealed that the Cavite side is targeted to start construction by first quarter next year.

"They will start hopefully first quarter of next year," he said.

CALAX is targeted to open by July 2020 which will connect the Manila-Cavite Expressway (CAVITEx) to the South Luzon Expressway (SLEX) giving much convenience to commuters with reduced travel time from the two points by half from one hour and 30 minutes to forty

## DBP partners with LGU GenTri

### General Trias City, Cavite (PIA)

– The Development Bank of the Philippines (DBP) recently entered into a partnership agreement with the local government of General Trias to further improve its administration and provision of services to its constituents.

The undertaking will involve projects for the automation of its human resource and payroll process

five minutes. (Ruel Francisco, PIA-Cavite/with reports from GoCavite)

ing and the setting-up of Point-of-Sale system (POS) and internet payment gateway (IPG) facilities.

"With the POS facility, residents and business owners in General Trias City can now pay their real property taxes using debit, credit and prepaid cards, while the IPG would facilitate online acceptance of payments of the taxpayers' real property and business dues," DBP president and chief executive officer Cecilia Borromeo said.

DBP will also install two additional ATMs in the city to

serve the local government's employees and its residents.

General Trias City Mayor Antonio Ferrer explained that these improvements will help the city government create payment options for the convenience of its resident constituents which will result to increase in tax collections as well as efficiency in services provided to residents and generate savings from decrease in operational expenses.

(**Ruel Francisco, PIA-Cavite/with reports from GoCavite**)

## MAESTRA, HINATAW NG BOTE SA ULO NG OBRERO

**SUGATAN** ang isang 50-anyos na high school teacher nang pukpukin ng bote sa ulo ng isang lasing na obrero sa isang batch reunion sa Bacoor City, Cavite.

Inaalampa ang lagay ng biktimang si Erenia Gaudier, may-asawa, ng 3224 Sulok St., Brgy. Panapaan 3, Bacoor City matapos itong umwi nang nakaramdam ng pananakit sa katawan.

Naaresto naman ang suspek na si Rico Medina, alias Ogie, 50, ng Ugalde compound, Brgy. Panapaan 2.

Sa ulat ni PO3 Edison Fetalcurin ng, Bacoor City Police Station, dakong alas-

9:30 ng gabi nang naganap ang incidente sa Nestor St., SMDP2 Brgy. Panapaan 2.

Nagtungo umano ang biktima sa nasabing lugar para sa batch reunion ng kanyang asawa at habang kausap ang ibang kaklase ng mister nang lapitan siya ng lasing na suspek at walang sabi-sabing hinataw ng bote sa ulo.

Nagawa pang komprontahan ng biktima ang suspek subalit nang aam-bahan pa siya ay nahawakan na ng mga tao sa lugar ang huli habang ang una ay umalis dahil nakaramdam ng pananakit sa katawan.

**GENE ADSUARA**

## Alfonso town Vice Mayor surrenders firearm to police

**ALFONSO, Cavite** — Mayoralty bet and incumbent vice mayor Randy Salamat voluntarily surrendered his service firearm for safe-keeping at the office of the town police chief here in support of the campaign for a peaceful mid-term election.

Chief Insp. Rheden Manalo, Alfonso police chief, received the caliber 9mm pistol, Pietro Beretta, with serial number D91519Z, 1 magazine and 15 live ammunition from Salamat on Tuesday (Jan. 15).

Police have called on all 19 local candidates to voluntarily surrender their firearms to the station for safe-keeping.

Salamat, of PDP-Laban, is being challenged by independent bet Raul Rodis for the mayoralty, while incumbent 7th District Board member and vice mayor candidate Reinalynne Varias will challenge Madonna Pel of PDP-Laban.

Fifteen candidates are vying for eight council seats. (**Dennis Abrina/PNA**)



Alfonso vice mayor Randy Salamat (right) surrendered his Beretta 9mm gun to local police chief, Rheden Manalo on Tuesday (Jan. 15). Salamat is vying for the mayoralty post in the upcoming mid-term elections in May. (**Photo courtesy of Alfonso PNP**)

## Kawatang houseboy, tiklo sa tulong ng GPS

**DAHIL** sa tulong ng Global Positioning System (GPS), natunton at naaresto ang isang houseboy sa Camarines Sur matapos nitong tangayin ang isang motorsiklo, laptop at iba't ibang gadgets ng kanyang amo sa Dasmariñas City, Cavite.

Dinampot ng pinasanib na puwersa ng Dasmariñas City Police at Del Gallego Municipal Police Station sa Camarines Sur ang suspek na si Ricky Jordan, 28, binata, ng Penafrancia Del Gallego, Camarines Sur dahil sa reklamo ni Jay Angelo Bumacod, 37, may-asawa, supervisor ng City of Dreams at residente ng Block 74 Lot 22 City Homes Subd., Brgy Sampaloc IV, Dasmariñas City, Cavite.

Sa reklamo ng biktima, dakong alas-8:30 ng umaga nang dumating ito sa kanilang bahay mula sa trabaho nang napansin na wala ang kanilang houseboy na si Jordan at nagkalat ang kanilang kabahayan at dito niya nalaman na nawawala ang kanyang kulay itim at dilaw na motorsiklong Yama-

ha Mio 125; 2 units ng Vivo Mobile phone; 1 unit ng Aurii Mobile Phone; 1 unit ng apple Tablet; 1 unit ng Grey Acer laptop at 1 unit ng Asus Laptop dahilan upang ipagbigay alam ito sa pulisya.

Sa tulong ng GPS ng isa sa unit na ninakaw ng suspek, na-monitor na si Jordna ay nasa Brgy. Del Gallego, Camarines Sur at alas-7:15 ng gabi, sa pamumuno ni Supt. Nerwin Ricohermoso, hepe ng Dasmariñas City Police ay nakipag-coordinate ito sa Del Gallego Municipal Police Station sa Camarines Sur kung saan natunton ang suspek sa kanilang bahay at nabawi ang mga ninakaw na gamit at gadgets.

Nabatid na ang suspek ay dalawang buwan pa lamang naninilbihan bilang houseboy sa biktima kung saan nakilala lamang umano nito sa Facebook.

Gabi nang tinangay ng suspek ang motorsiklo at mga gadgets kung saan tulog ang mga anak ng biktima. **GENE ADSUARA**

# KALIBRE

**ROMY SANTOS**

0977-7844136



## Maraming pasaway

**NATUKOY** na ng Department of Environment and Natural Resources ang mga establisyementong nagtatapon ng basura sa Manila Bay.

Alam naman natin na regular ang pagsasawa ng clean up drive sa tabing dagat.

Pero nanggaling na rin sa pahayag ng DENR na hindi sapat ang palagi o madalas na naturang clean up drive upang ikonsiderang malinis at ligtas na ang Manila Bay sa publiko.

Kung maraming pasaway na establisyimento ay ganoon din sa hanay ng mahilig maglubb sa karagatang ito.

Hindi alintana ang mga posibleng sakit na makukuha sa paglangoy o paligyo roon.

Walang pinipiling panahon o klima, kahit taglamig eh paano na kung tag-init mas lalong dagsa.

Ipinagbabawal subalit hindi sumusunod, patunay na marami talaga ang pasaway.



**COMMITMENT TO SERVE THE PUBLIC THRU UGNAYAN SA BARANGAY.** Cavite Governor Boying Remulla in his commitment to serve the public reached out to Caviteños through another leg of Ugnayan sa Barangay held at Landmass Subdivision, Biga, Tanza, Cavite on January 11, 2019. The governor extended assistance for the basic needs of the locals of Barangays Sanja Mayor and Biga where two lucky residents were chosen as recipients of a tindahan showcase as livelihood startup grant from the provincial government. Local leaders headed by Mayor Yuri Pacumio and Sanggunian Bayan members delivered inspiring messages to their constituents. They were also joined by 6th District Board Member Munding Del Rosario and Indang Councilor Ping Remulla.—PICAD