

HANEP

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ANAK NI 'TSERMAN, 7 PA DINAKMA SA DROGA SA CAVITE

WALONG katao, kabilang ang anak ng isang barangay captain at dalawang dati nang nakulong sa illegal na droga at 5 iba pa ang naaresto ng Cavite police sa isang buy bust operation sa Gen. Trias City, Cavite.

Kinilala ni Supt. Paul Bometivo, hepe ng Gen. Trias City Police Station, ang suspek na si Mark Anthony Mercado at Mark Pulido, 29, kapwa residente ng Tanza; Ceceno Siago, 53, alias "Paw" at Ali Guido 56, kapwa residente ng Tropical Village, Pabahay 2000, Brgy San Francisco, Gen. Tri-

as City; Francis John Bondoc, 26 at Jerome Glen Malvar, 25 at Jessabel Bongola, 35.

Nabatid na si Mercado ay anak ng isang barangay captain sa Daang Ama 1, Tanza, Cavite habang si Siago ay dati nang nakulong sa Quezon City Bureau of Jail and Management at si Guido ay dati ring nakulong sa Gen. Trias City Police Station dahil sa kasong illegal drugs.

Sa ulat ni PO1 Marck Raquel, ng Gen Trias City Police Station, dakong alas-2:00 Lunes ng hapon nang ikinasa ang buy bust oper-

ation sa Tropical Village Pabahay 2000, Brgy. San Francisco ng mga miembro ng Drug Enforcement Team ng Gen Trias CPS na nagresulta sa pagkakarerso sa walong katao.

Nakuha sa mga suspek ang anim na sachet ng shabu, marked money at mga shabu paraphernalias.

Paglabag sa Section 5, 11, 12 at 13 ng Article II ng RA 9165 ang isinampang kaso laban sa mga suspek na kasalukuyang nakakulong sa Gen Trias City Custodial Center. **GENE ADSUARA**

DTI to hold food safety orientation on Nov. 27

GENERAL TRIAS CITY, Cavite — Entrepreneurs in the food industry, including those thinking about investing in this sector, may take part in a free orientation on food safety at the General Services Office (GSO) building at the 2nd floor of the city government center on November 27.

This whole day orientation on "Food Safety and Hazard Analysis and Critical Control Points (HACCP)" is a project of the Department of Trade and Industry (DTI), in partnership with City Mayor Antonio A. Ferrer, 6th District Congressman Luis Ferrer IV, Vice Mayor Morit Sison, and the Sangguniang Panglungsod.

Liza Burgos, business counselor of the DTI Negosyo Center here, told the Philippine News Agency (PNA) on Tuesday that the orientation seeks to instill food safety awareness among current and prospective food entrepreneurs, for the benefit of their customers.

The seminar will also equip the business owners early on, in case they wish to expand, and later grow big through exportation "as the HACCP certification/seal is also being looked into in various exportation (requirements)," Burgos added.

Science-based and systematic, HACCP is a management system where food safety is ad-

dressed through the analysis and control of biological, chemical, and physical hazards from raw material production, procurement and handling, to manufacturing, distribution and consumption of the finished product, she explained.

The seminar will be managed by food safety specialist and professor at the De La Salle University Dasmariñas, Mario Luis Filart Jamoralin.

The morning topic will revolve around Sanitation Standard Operating Procedures while the afternoon topic will be on hazard analysis and critical control points, she added. **(Gladys Pino-PNA)**

20 Cavite MSEs scale up their productivity, marketability

CALAMBA CITY, Laguna – Around 20 micro and small enterprises (MSEs) from Cavite are leveling up to achieve business growth, productivity and marketability of their products through the Department of Trade and Industry (DTI) KAPATID Mentor Me Program.

Mia Angeline V. Cortez, DTI regional public information officer, said the Cavite MSEs undertook their DTI's Kapatid Mentor Me Program in the Calabarzon Region in partnership with the Philippine Center for Entrepreneurship Inc.-Go Negosyo.

Cortez told Philippine News Agency (PNA) on Monday that the 20 growing entrepreneurs who completed the KMME program sessions in General Trias City, Cavite are now scaling up their businesses following the coaching and mentoring program sessions with experts and industry leaders.

She said the batch was provided with a series of free mentoring sessions to assist small players scale up their businesses and contribute to economic growth and address issues of unemployment, job mismatches, and migration.

DTI Calabarzon Regional Director Marilou Q. Toledo welcomed the empowered 20 MSEs mentees who undertook the modular training sessions with technical concepts, equipping them with the basic jargons and protocols in running a business.

"I always emphasize that the world is our market because I want our micro, small, and medium enterprises to realize that opportunities for them are everywhere. Through KMME, we want to take our MSEs to a whole new level of success and grab these opportunities as we envision them to be globally competitive," said Toledo.

According to Cortez, the lecture presentations and materials were simplified for effective comprehension as coaches and mentors provided actual examples and illustrations on the subject matter for the MSE mentees.

She said that part of the program is the preparation and presentation of the Business Improvement Plan (BIP) to build the mentees' confidence and provide them the avenue to showcase their planned improvement strategies entirely banked on their Business Model Canvas.

"KMME taught me the value of knowing and loving my product. I learned that it is important to have continuous research and development to improve the product, to make sure to document everything that happens in your business, and to be open to critics and suggestions regarding your business," said one of the KMME mentees Lea Resa Panganiban of David's Faith Fruit Wine Manufacturing.

Starting her business in 2014, Panganiban's enterprise produces wine made from all-natural ingredients like the Insulin plant scientifically called "Costus igneus Nak" grown from the fertile soil of Tagaytay City.

Another single mom entrepreneur, Delia "Dhel" Gambol of Dhelightful Creations ventured into bead jewelry-making by using up-cycled materials like tahong shells, river stones, mahogany fruit and fish scales.

Despite her working single mom status, Dhel was challenged to explore various earning opportunities in sales, marketing, and tutoring while working full-time as

an employee to earn sufficiently enough for their needs. Cortez also said the MSEs were challenged when the panel of evaluators tested the mentees' competencies and acquired entrepreneurial knowledge during the presentations of their business investment plans.

The panel members were representatives from government, academe and private sectors such as DTI, Provincial Cooperative, Livelihood and Entrepreneurial Development Office (PCLEDO)-Cavite, VCargo Worldwide, Inter-Asia Bank, Windel Woodcraft, Delfa's Food Product, Tokyo Tempura, Café Amadeo Development Cooperative, and the De La Salle-Dasmariñas.

KMME mentees were graded based on the effectiveness of their presentations such as the organization, flow, time, and effectiveness to response to audience questions and comments, including their application of learning from the modules.

During the evaluation program, Em Cruz of Take-away Sisig and Bea Belardo of Belardo Coffee Enterprise were chosen as Kalye Negosyo scholars by Tokyo Tempura President Jorge Wieneke III.

Kalye Negosyo is the mentoring advocacy, which helps micro-entrepreneurs at the grassroots level become bigger and better entrepreneurs.

Paulo Tibig, president of VCargo Worldwide and an EntreChamp, also presented to Teresa Fernandez of El Rims Food Products the special award as Most Disruptive MSE, a promising MSE that would likely become successful in business. **(Saul Pa-a-PNA)**



UGNAYAN SA BARANGAY BENEFITS 12 BARANGAYS IN INDANG: Bringing not just message of hope but goodies to the people of Indang on November 19, 2018 was another leg of Ugnayan sa Barangay held at their municipal covered court. Cavite Governor Boying Remulla chooses to visit constituents and bring provincial projects/services down to the barangay level. Thousands received packs of rice, while some lucky raffle winners took home prizes that will help them finance their daily basic needs. Other guests who joined and added excitement to the program were Governor Jonvic Remulla, Vice Governor Jolo Revilla, Mayor Perfecto Fidel, Vice Mayor Sammy Rodil, Indang Municipal Councilor Ping Remulla and other members of the Sangguniang Bayan. —(PICAD)



Having big hearts that never fail to provide their constituents the basic services, especially on public healthcare CarSiG-MA Board Member Ivey Jayne Reyes together with General Services Officer Ferdinand Belamide, who both hail from the town of Silang, visited the locals of Barangay Biga II during the conduct of medical and dental mission by the provincial government on November 15, 2018. On behalf of hundreds of beneficiaries of the outreach project, Biga II Barangay Captain Josephine Revilla took the opportunity to thank Governor Boying Remulla for sponsoring such event, as well as to BM Reyes and her staff for extending assistance for the success of the mission. Likewise, the head of the barangay expressed appreciation to the team of volunteers comprising of doctors, dentists, and technical staff of the Provincial Health Office and the Office of the Provincial Governor-Extension for the time and expertise they shared that truly touches the lives of the people in their community. Some medicines that were given for free can help patients with hypertension, diabetes, colds, cough, flu and allergy.—PICAD

EDITORIAL

Makamit na sana ang hustisya

MARAMI ang nalulungkot dahil sa sinasabing sa unang bahagi pa ng susunod na taon malalaman ang kahihi-natnan ng naganap na Maguindanao massacre na ikinamatay ng 58 katao na 32 rito ay mga mamamahayag.

Ano kaya ang magiging hatol na ipapalabas dito ni Quezon City Regional Trial Court Judge Jocelyn Solis-Reyes?

Naniniwala naman si Justice Secretary Menardo Guevarra na mahahatulang guilty ang mga Ampatuan at iba pang akusado.

Malalakas ang mga ebidensiyang iniharap ng prosekusyon kaya sana ay matamo ang tunay na katarungan sa darating na Marso, 2019.

Nasa 197 ang bilang na sangkot sa naturang masaker na pinangungunahan ni dating Mayor Andal Ampatuan, Jr.

Nitong Nobyembre 23 ay ginunita ang ikasiyam na taon ng madugo at karumal-dumal na krimen.

Makamit na sana ang hustisya.

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Driver na “ala”

SA harap ng mga eskuwelahan ay nakakakita tayo ng signboard na ang nakalagay o nakasulat ay ‘slow down, school zone.’

Para kanino ba ang karatulang ito? Siyempre sa lahat ng driver o nagmamaneho.

Mga sasakyan, single motorcycle, tricycle, pedicab at kahit sa mga nagbibisikleta.

Dapat ay irespeto at sundin po ninyo ang naturang karatula sa bawat paaralan.

Alalahanin na school zone kaya ibig sabihin ay

mga batang mag-aaral ang dapat isaalang-alang.

Mabuti nga at mayroong nangangasiwang gumagabay sa mga bata sa pagtawid kagaya ng ilang tauhan ng barangay na nakaksakop ng eskuwelahan.

Kaya dapat ay irespeto at sundin din silang ngangangasiwa, huwag balewalain.

Mayroon kasing ilang driver lalo na ang mga nagmomotor, tricycle at nagbibisikleta na pinahihinto na subalit dumidireto pa rin.

Kaya ko nababanggit ang paksang ito dahil ni-

tong nakaraang Lunes, Nobyembre 19, mga pasado ala-sais ng umaga.

Sa harap ng Bacoor Elementary School ay mayroong dalawang naturang karatula.

Marami naman ang nagmemenor o nagbabagal ng kanilang takbo subalit mayroong isang rider na medyo may kabilisan ang pagpapaandar.

Nag-over take sa mga sasakyan at mga kapwa motorsiklo ang rider.

Hayun, ang siste ay nabangga o nasagi niya ang isang karatula pero hindi naman siya sumemplang o bumagsak.

Diretso lang ang rider at pagkalagpas ng eskuwelahan ay huminto at sinipatsipat ang kanyang single motorcycle.

Tinitingnang mabuti kung may danyos o nasira sa kanyang motorsiklo.

Mabigat ang karatula, gawa sa bakal kaya bahagyang nausog o napalihis lamang.

Ibang klase ano po ang

rider na ito, sa halip na doon mismo sa harap ng paaralan huminto upang alamin dapat kung siya ba ay nakaperwisyo o nakadisgrasya ay pinasibat papalayo ang motor.

Sadyang maraming driver na mahilig sa pag-over take partikular ang mga nagmomotor.

Hindi naman siguro masama ang over take subalit bilang isang matinong nagmamaneho ay dapat nakakatiyak ka na hindi ka makakaperwisyo at makakadisgrasya.

Ang siste kasi ay iniaasa lamang sa “ala” ang pagmamaneho at hindi sa kasiguraduhan.

“Ala?” Ito iyong tinatawag na ang istilo ng pagmamaneho ay ‘ala’-tsamba.’

Akala mo kung sinong magagaling magmaneho pero ‘ala’ naman pala.

Nakupo! Bakit kaya nabibigyan ng lisensiya ang mga driver na kabilang sa ‘ala’?

Member: Publishers Association of the Philippines, Inc.

PAPI

PAUNAWA: Sariling pananaw o opinyon ng mga kolumnista ang nilalaman ng kanilang mga artikulo kaya wala pong kinalaman at pananagutan dito ang pamunuan ng publication

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DOH CONDUCTS FIRST ENVIRONMENTAL HEALTH SUMMIT IN CALABARZON

DOH-CALABARZON (Cavite, Laguna, Batangas, Rizal, Quezon) conducted The First Regional Environmental Health Summit for sanitary engineers, sanitation officers and health inspectors held in Makati City on November 15-16, 2018 with the theme "Healthy and Sustainable Environment".

"I call on all of you to work with the regional office to set up an effective service delivery network to ensure the preservation and conservation of our environment. We have to set up priorities in CALABARZON for health and environmental concerns especially at the local level," Regional Director Eduardo Janairo stated during his welcome message.

"We have to take good care of the trilogy of health - the family, the health system and the environment. And our main goal for this summit is to provide environmental CPR - conservation, protection and rehabilitation", he emphasized.

Janairo added that CALABARZON has been suffering from contamination from air, water and soil and residents are constantly exposed from environmental threats. "These hazards include lack of access to

safe drinking-water, inadequate basic sanitation in the household and the community, indoor air pollution from cooking and heating using coal, inadequate solid waste disposal and air pollution from motor cars".

"We need safe, healthy and supportive environments for good health. The environment in which we live is a major determinant of our health and wellbeing. We depend on it for energy and the substances needed to sustain life".

According to the regional environmental health unit, CALABARZON leads in the overall lowest percentage rate of zero open defecation (ZOD) in the country at 7%.

In addition, for a barangay to be certified ZOD-Certified the following characteristics should exist in the community at the time of assessment towards certification as stated in the DOH Department Memorandum No. 2015-0021: (1) the use of a functional toilet, (2) availability of soap and water at or near the toilet, (3) proper disposal of babies' and elderly's feces, (4) no visible feces in surrounding, and (5) the evidence of a barangay action plan to move up the sanitation ladder towards sustainable sanitation.

The regional also gave recognition to winners of the Regional Winners of the National Search for Barangay with Best Sanitation Practices (NSBB-SP).

Among the 2016 winners in Laguna were barangays Sampaloc in Pagsanjan, Bubucal in Sta. Maria and Bungkol in Magdalena and Pook in Rizal.

The 2017 regional winners are from barangays Balungay in Panukulan and Masalukot IV in Candelaria in the province of Quezon and barangays Miguel in Mabitac and Cueva in Sta. Maria from Laguna province.

The yearly search for barangays with best sanitation practices aims to give recognition to local government units (LGUs) at the barangay level who have demonstrated exemplary contributions in obtaining and sustaining the targets under the Philippine Sanitation Sector Roadmap and the Millennium Development Goals (MDGs) on Water and Sanitation.

"Health will not be complete without our environment that is why we need to protect and provide sustainable environmental protection programs and we can do this with your cooperation support," Janairo concluded

Binata tigbak, lolo grabe sa motorsiklo

PATAY ang isang 23-ayos na binata habang sugatan ang isang lolo nang salpukin ang minamaneho nilang motorsiklo sa magkahiwalay na insidente sa probinsiya ng Cavite.

Dead on arrival sa Gen. Emilio Aguinaldo Hospital ang biktimgang si Ryan Albert Panganiban, ng Brgy Inocencio, Trece Martires City, Cavite habang ginagamot naman sa Pagamutang Bayan ng Dasmariñas City si Romeo Montilla, 67, bala, ng Block 15, Lot 22 Amsterdam Summer Meadow, Brgy. Salitran III, Dasmariñas City.

Sa ulat ni PO1 Gideon Grijaldo, ng Trece Martires City Police Station, dakong alas-10:00 ng gabi habang minamaneho ni

Zosomo Atendido, 62, ng 243 Indang, Cavite ang kanyang pampasaherong jeepney (DWC 822) at binabagtas ang kahabaan ng Indang-Trece Road sa direksiyon ng Indang nang nag-overtake ito dahilang upang sakupin nito ang kabilang linya ng kalsada at nakasalubong nito ang paparating na motorsiklo na minamaneho ng biktima dahilang upang magkaroon ng head on collision na nagresulta sa pagkamatay ni Panganiban.

Paliwanang naman ni PO1 Norman Guerra, ng Dasmariñas City Police Station, binabagtas naman ni Rodel Barrandero, 34,

company truck driver at residente ng Ricuardos compound, Brgy Salawag, Dasmariñas City ang kahabaan ng Molino-Paliparan sa direksiyon ng Bacoor City dakong alas-5:00 ng hapon ang kanyang Mitsubishi Reefer Van (RJV 628) ni Montilla dahilang upang masagi nito ang kaliwang bumper ng sasakyan na nagresulta sa pagakakasugat ng huli. Si Atendido at Barrandero ay kapwa hawak ng pulisya. **GENE ADSUARA**

Imus City's 'GAD Bus-Libreng Sakay' project rolls out Monday

IMUS CITY, Cavite — The city government of Imus on Monday will start giving free rides to Imuseños, especially senior citizens, pregnant moms and women, persons with disabilities (PWDs) and students from Imus to Baclaran.

City Mayor Emmanuel L. Maliksi and Vice Mayor Arnel M. Cantimbuhan launched the free ride project, dubbed Gender and Development (GAD) bus program, "to provide convenience to our constituents, especially during the morning rush hours.

The project, a first in the province of Cavite, will initially have four bus units, three of which are provided by San Agustin Bus Company and another unit from the city government.

The free ride runs point-to-point, that is from its pick-up areas in Imus straight to Baclaran.

For easier recognition on the buses covered under this project, the buses are marked with tarpaulin signage 'GAD Bus Libreng Sakay,' and are found in the four pick-up locations in Anabu Kostal (Puregold), Anabu Doyetes (UCCP), Patindig Araw (Impreza) and Toll Bridge (680 Building).

The program runs from Nov. 19 until Dec. 31 this year and each bus is targeted to have two trips starting 6 a.m. to 9 a.m. daily. (Gladys Pino-PNA)

**IRESPE TO
NATIN...
ni Jojo Demetilla**



PASASALAMAT

Lubusan po tayong nagpasalamat sa mga kaibigan doctors at mga social welfare ng lalo na kay Dr. Wesley Laudes na tumulong sa inyong abang lingkod upang hindi tayo mahirapan sa gastusin at sanga papers mapadali ang karamdaman at gumaling gayodin sa kaibigan nating faith healer na si ka Dante at ka Cita ng Banyadero Calamba City at buong pamilya sa gastusin ibinigay sa akin, higit sa lahat sa Poong makangyarihan sa lahat at hindi tayo pinaayaan. Salamat sa lahat...

Now back to work na tayo sa susunod na mga araw at nakakasabik ang pag bobroadcast at pagkaaliw sa mga kaibigan nating tagapakinig sa pagbibigay ng kanikanilang saloobin at ang pagsusulat sa dyariong Hanep at tayoy nakakapaglibang sa pagbibigay ng sariling pananaw sa mga isyong nagaganap sa ating kapaligiran.

Halos 3 linggo tayong nawawala sa sirkulasyon sa dyario at radio na ating pinaglingkuran at pipilitin na maibahagi ang ating kaunting talento sa abot ng ating makakayanan upang makapagcontribute sa ating pamahalaan. Tulad mg isyo kay ginang Cong. Imelda Romualdez Mrcos sa awa ng maykapal nakapag piansa rin sa kasong kinahaharap. Hwag nating husgahan manalamin po muna tayo bago magtuturo kung ano

sa kapwa bago manghusga.

Sa pagdating naman ng pinunong o leader ng China na si Xi Jinping na sinalubong naman ng protesta ng mga ralyesta kung ano ang pakay dito sa bansa natin ang maliwanag dito ay ang pagpirmanan sa Memorandum of Understanding on Renminbi Clearing Arrangement. Ang maliwanag dito sa ilalim ng kasuduanmagagamit ang kwarta ng China na renminbi sa kalahatang transaksyon kung saan kasalukuyan dollars ang gamit ng pilipinas sa mga tansaksiyon. Na ang mga may hawak na negosyante hindi na magka problema sa foreing exchange na dollar ang gamit na sinaksihan naman ng 2 pinuno ng Pilipinas at China sa mga reglamento.

Sa susunod na isyo marami pa tayong tata-lakayin. Subaybayan sa pahayagan HANEP at sa Raio ng RJ 810 khz gabi gabi Monday to Friday 6:00 hanggang 7:00 pm pwe-deng tumawag at magpahayag ng kanyakanyang opinyon at kurokuro tumawag lamang sa 8978374 at 8954460 o kay sa cellphone number 09154796581 lahat ng mensahe ay akin pong binabasa on air Pwede ring making sa website live or youtube rj am Makati or fb rj am Makati and streamline dzrj 810 am. Salamat po.



DOH Regional Director emphasizes the importance of environmental CPR - conservation, protection and rehabilitation to sanitary engineers, sanitation officers and health inspectors during the First Environmental Health Summit for CALABARZON on November 15-16, 2018 in Makati City. **BOY NAMORA**

THE SEARCH FOR TOP PERFORMING LGUs ON RABIES PREVENTION AND CONTROL PROGRAM FOR A RABIES-FREE CAVITE IN 2020

In relation to the Cavite Search for the Top Performing LGUs on Rabies Prevention and Control Program, the Provincial Validation Team rendered the on-site validation in cities/municipalities who obtained a rating of 70% and above based on a table assessment conducted by the Provincial Assessment Team on November 12-16, 2018 at the municipalities of GMA, Noveleta, Amadeo, Magallanes, Ternate and cities of Cavite, Imus, Dasmariñas and Tagaytay.

The search aims to increase the people's awareness on rabies prevention and control, encourage people to become responsible pet owners,

and increase the participations of non-government organizations, civil society organizations, and people's organization. Likewise, the activity intends to strengthen LGU efforts of providing personnel who will fight against the eradication of rabies and recognize city/municipal officials and employees who have displayed outstanding work performance in connection with the rabies prevention and control. Moreover, the search seeks to declare Cavite as rabies-free province by 2020.

The Assessment and Validation Team is composed of members of the Provincial Rabies Coordinating Council from the Department of Interior and Local Government (DILG),

Provincial Veterinary Office (PVO), Department of Health (DOH), Provincial Health Office (PHO), Provincial Social Welfare and Development Office (PSWDO), Department of Education (DepEd), Provincial Government-Environment and Natural Resources Office (PG-ENRO), Provincial Planning and Development Office (PPDO), Provincial Co-operative, Livelihood and Entrepreneurial Development Office (PCLEDO) and Provincial Information and Community Affairs Department.

Presentation of validation results, announcement of winners and the awarding ceremony will be held on December. —(PICAD)



HELMET ni FREDDIE MANALAC

2018 PRHTAI 7th TRAINERS DAY RACING FESTIVAL

MAGANDA ang naging mga line-up sa bawat race sa naging karera noong araw ng Sabado at Linggo ng PRHTAI 7th Trainers Day Racing Festival noong nakaraang Nobyembre 17 at 18, 2018 sa karerahan ng San Lazaro Leisure Park sa Carmona City.

Sa natapos na siyam karera noong araw ng Sabado namayani dito ang mga dehado o tinatawag nilang mga "Multong Kabayo" na walang TIP sa mga racing program.

Nagkaroon dito ng Carry Over ang Winner Take All (WTA) na pinaglaban ng araw naman ng Linggo.

Noong araw ng Linggo ng Karera sa unang set ng Winner Take All (WTA) ay may tumama na One Winner dahil nakuha na niya ang anim na nanalo.

Ang mga nanalong kabayo na tinatawag ng Bayang Karerista na "MULTONG KABAYO" o mga "Longshot" sa betting ay, sa race1 Magnificent Seven na nirendahan ni Jockey J.A. Guce, sa

race 2 Alfie ni Jockey JA A. Guce, sa race4 Agent Zarto sinakyan ni Jockey E.G. Guerra, sa race6 Classic Gee ni J.L. Lazaro at sa race7 dehado pa rin ang nanalo ang Honeywermypants ni Atty. Narciso Morales na sinakyan ni Jockey E.G. Guerra.

Sa second set ng Winner Take All (WTA) may isa rin suwerteng mananaya ang nanalo dahil halos na nakuha niya ang mga "Multong Kabayong" nanalo.

May balita na taga Tondo, Maynila ang masuerteng nagwagi sa first set ng Winner Take All noong araw ng Linggo.

Nagpapasalamat ng buong puso ang mga opisyal at miyembro ng PRHTAI Trainers sa mga sponsors at tumulong sa kanilang pakarera upang maging matagumpay ito.

Saludo ang Bayang Karerista sa magagandang pakarera ginagawa ng Philippine Racing Commission (Philracom).

Abangan po natin ang 5th PASAY The Travel City Racing Festival 2018 na hahataw sa Decembre 2 sa karerahan ng Manila Metro

Turf, Malvar, Batangas City.

Tiyak mamayani naman dito ang mga dehadong kabayong mananalo, dahil tuwing may malalaking pakarera ay madalas laban lahat ang mga kalahok.

ABANGAN!
OOO

Palapit na ng palapit ang gaganapin bonggang Christmas Party ng TIPO Kong Kabayo sa CEES OTB Bar sa 5th avenue, Caloocan City.

Magsasamasama dito ang mga magagaling magTIP sa karera ng kabayo. Meron TIPO GOT TALENT contest para sa mahuhusay (sabi nila) na kumanta, magsayaw, komedyante at higit sa lahat magaling kang MAGBAL-ATO.

Ano pa ang hinihintay ninyo mga ka-TIPO Sali na malay mo ikaw ang maging kaunaunahang maging pinakasikat na Ka TIPO.

OOO

Binabati natin ang mga miyembro ng KA TIPO at Happy Birthday Boss ARI KING. Sama na rin natin si Mr. Santos, Rogelio Bigtas at Kram King alyas Jason at ang mga admin ng Tipo kong Kabayo at mga miyembro.

Happy racing din kina Col. Alex Yanquiling, Jr. at Major Maying Dela Cruz. Mr. Tony Dizon isa sa mga magigiting na pulis ng MPD, Boss Dante Recto ng Tokyo 88 Karaoke Bar and Restaurant. Boss Danny Dorendes ng OYAS Kambingan and Food Haus Catering at Roland Sanchez ng Lightmoon Karaoke.

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
BRANCH 23
TRECE MARTIRES CITY

UNITED COCONUT PLANTERS BANK,
Mortgagee,

FORECLOSURE CASE NO. F-300-18

-versus-

SPS. RONNEL F. BAAY
and ANNA MARIE M. BAAY,
Mortgagors.

X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, **UNITED COCONUT PLANTERS BANK** with business address at UCPB Executive Bldg., Makati Avenue, Makati City against the Mortgagors, **SPS. RONNEL F. BAAY AND ANNA MARIE M. BAAY** with residence and postal address at 714 Bldg. C Jaime Cardinal Sin Village, Punta, Sta. Ana, Manila and Lot 19, Blk.2 Kensington Ph-9, Brgy. Navarro, Gen. Trias, Cavite to satisfy the mortgage indebtedness which as of September 13, 2018 amounts to **ONE MILLION THREE HUNDRED THIRTY ONE THOUSAND NINE HUNDRED FIFTEEN PESOS and 50/100 (P1,331,915.50)**, Philippine Currency, inclusive of interest, penalty as of said date, & attorney's fees but exclusive of other obligation and charges that shall still accrue up to the date of the public auction, the undersigned Sheriff will sell at public auction on **January 9, 2019** at 10:00 o'clock in the morning at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for **CASH** and in Philippine Currency, the following described properties with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE No: 057-2016019373

Lot No. 19 Block: 2 Plan No. Pcs-04-027752

Portion of: Lots 1640, San Francisco de Malabon Estate (RS-04-002490) and Block 13 & 14 Pcs-04-027575, Decreed No. 4270, LRC Rec. No. 5964

Location: Barangay of Navarro, Municipality of Gen. Trias, Province of Cavite, Island of Luzon

Boundaries:

LINE	DIRECTION	ADJOINING LOT(S)
1-2	SW	Lot 17, Block 2 Pcs-04-027752
2-3	NW	Road Lot 2
3-4	NE	Lot 21, Block 2, Pcs-04-027752
4-1	SE	Lot 20, Block 2, Pcs-04-027752

Area: ONE HUNDRED SQUARE METERS (100), more or less

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event of public auction should not take place on the said date and time, it shall be held on **January 16, 2019** without further notice.

Trece Martires City, **November 19, 2018**

LUCIO C. ALEJO III
Sheriff IV

Copy Furnished:
GAL SERVICES GROUP
United Coconut Planters Bank
Floor, UCPB Executive Building
Makati Ave., Makati City

SPS. RONNEL & ANNA MARIE BAAY
714 Bldg. C Jaime Cardinal Sin Village, Punta, Sta. Ana, Manila
and Lot 19, Blk.2 Kensington Ph-9, Brgy. Navarro, Gen. Trias, Cavite

WARNING: It is absolutely prohibited to remove deface or destroy this Notice of Extra-Judicial Sale on or before the date of sale.

PUBLICATION: HANEP November 26, December 3 & 10, 2018

LE-
Counsel for
9th

FIDE arbiter seminar sa Makati City

NAKATAKDANG maganap sa bansa ang **FIDE Arbiter's Seminar** na inorganisa ng **National Chess Federation of the Philippines** under ng auspices ng **FIDE sa Disyembre 7 hanggang 10, 2018** na gaganapin sa **Tiara Oriental Hotel Malugay corner Talisay Streets, San Antonio Village sa Makati City.**

Una ditto ay magiging lecturer si **International Organizer at International Arbiter Casto "Toti" Abundo**, **FIDE lecturer** na gagamitin na lengguwahe sa **Seminar** ay English.

Ang nasabing Seminar ay may pagkakataon ang mga kalahok na makakuha ng **Fide Arbiter norms** at ti-

gles ayon sa **Regulations** for the titles sa **Arbiters.**

Samantala ay tuloy na tuloy an ang **Challenger Division**, 2249 and below ng **17th Asian Continental Chess Championships** na tutulak sa **Disyembre 10 hanggang 18, 2018** na gaganapin sa nasbaing lugar.

Bukas sa lahat ng manlalaro ng kani-kanilang national federations na may **FIDE rating ELO 2249** and below. Lahat ng kalahok ay may **FIDE ID number** sa event na may top purse **P50,000** at trophy.

Nakalaan sa **second hanggang tenth placers** ang tig **P35,000, P25,000, P15,000, P10,000, P8,000,**

P6,000, P5,000, P4,000 at **P3,500**, ayon sa pagkakasunod. May naghihintay naman sa **11th hanggang 15th place** na tig **P3,000** at **16th hanggang 20th place** na tig **P2,500.**

Ang tatanghaling category winners para sa **Best Female, Best Junior under 20 below, Best Kiddie under 14** and below at **Best Senior 55** and above ay makakatanggap ng tig **P750.** Ang registration fee ay **P2,500.**

Ang huling araw na pagpapatala ay sa **Disyembre 9, 2018** mula **1:00 hanggang 7:00pm** sa nasabing venue at dahil sa limitado lamang ang space ay tatan-gapin lamang ng organizing

committee ang **120 players.**

Para sa pag request ng invitation ay mag email **saphichessournament@gmail.com.**

Hanapin din sina **Asian Chess Federation Technical Delegate Casto "Toti" Abundo** Casto sa **abundo@gmail.com** o **BOTIM: +971-50-3544938**, **Project / Tournament Director GM Jayson Gonzales** sa **jayson_1gonzales@yahoo.com**, **Viber / WhatsApp / Botim / IMO / Messenger +63925 895 2308** at **Mr. Patrick Lee** ng **National Chess Federation of the Philippines** sa **patricklee2012@gmail.com** at **VIBER: +63 995 542 1266** para sa dagdag detalye. **(Marlon Bernardino)**

Tanasas, Lu nanguna sa MAPPA 10-Ball Xmas Tournament

SINA Charles Tanasas at and **Michael Lu** ang nanguna sa talaan ng kalahok sa pag sargo ng **Makati Pool Players Association (MAPPA) 10-Ball Christmas Tournament** dakong alasiete ng gabi sa **Nobyembre 29, 2018** na gaganapin sa **AMF-Puyat Superbowl** sa **Makati Cinema Square, Makati City.**

Matatandaang naghari **Tanasas** sa **Elite Class** kamakailan lang habang si **Lu** naman ang nagkampeon sa **Advanced Class** sa **P32,000** total pot prize event na may pabuyang **P10,000** sa magkakampeon, habang ang next two placers ay magbubulsa ng tig **P4,000** at **P2,000**, ayon sa pagkakasunod.

Ang mga iba pang kalahok ay sina **Ronnie Gonzales, Leslie Mapugay, Jesse Gonzales Cambosa Sr., Michael Sison** at **Anthony Capco.**

Si **Capco** naman ang dumaig kay **Sison** sa titulo ng **7th annual J&P 10-Ball Cup Championships** na sinuportahan ni **Navigator Japan CEO Ryotaro Horiuchi** at kamakailan ginanap sa nasabing lugar.

Samantala, ipinahayag ni **Makati Pool Players Association president Architect Eric "Teod" Salud** ang pagdaraos ng **MAPPA** election para sa bagong magiging opisyaes ng nasabing asosasyon kasabay ng

pagsasagawa ng kanilang **christmas party** sa **Disyembre 1** sa nasabing lugar. Hinihikayat ang lahat ng miyembro ng **MAPPA** at kanilang mga opisyaes na lumahok sa nasabing okasyon.

Ang iba pang opisyaes ng **Makati Pool Players Association**, ang kinikilalang pinakamalaking billiard club sa bansa ay sina **Arvin Arceo** (vice-president), **engineer Vergel Recaido** (secretary), **engineer Manuel Hernandez** (treasurer), **Kaye Lugtu-Padlan** (auditor), **Vic R. Trinidad** (tournament director) at **Cheward Bonode** (assistant secretary). **(Marlon Bernardino)**



UAAP 81 CHEERDANCE - NAGPAKITA ng kagalingan ng ibat ibang pamamaraan sa **Cheerdance** ang **NU Pep Squad** na kung saan ay nakamit ang kampeonato sa katatapos na **UAAP81 Cheerdance Competition** sa **Mall Asia Arena, Pasay City (RGN)**



PCU TEAM - ANG koponang ng pilipinas **PCU Philippine Christian University** kasama ang opisyal ng **AUBF Asian University Basketball Federation** kaugnay ng ginanap na **opening ceremony** para sa **10th Asian University Basketball Championship** sa **TUP Technological University of the Philippines Compound, Ayala Boulevard, Ermita Manila.** Kalahok ang bansang **Russia, China, Japan, Malaysia** at **Philippine. (RGN)**



CERTIFICATE OF PARTICIPATION - TINANGGAP mula kay **Casto "Toti" Abundo** ng **Asian Chess Federation** ni **Daniel Millare** ang certificate of participation ng katatapos na **9th Asian Seniors Chess Championships** sa **TICC Tagaytay International Convention Center. (RGN)**



MAGNOLIA VS ALASKA - WALANG kahira-hirap na nagbasket si **Magnolia import Romeo Travis** na hindi naman kayang pigilan sa depensa ni **Nonoy Baclao** ng **Alaska** kung saan ay sila ang maghaharap para sa **game best of seven finals** ng **2018 PBA Governors Cup** sa **Smart Araneta Coliseum** ngayong **December 5 2018 (RAMON C. VECINA)**

CAVITE TO OPEN TOURISM, CULTURAL AFFAIRS DEPT. ON JAN.1

GENERAL TRIAS CITY, Cavite – Starting Jan. 1, 2019, the Cavite Provincial Tourism Office (PTO) will no longer be under the office of the governor but a regular provincial department that includes cultural affairs.

PTO Head Elinia Imelda Rozelle S. Sangalang bared this during the opening of the three-day educational conference aimed at deepening Cavite's growing population on the knowledge and appreciation of Cavite's rich historical past held at the Cultural and Convention Center here on Monday.

Sangalang said that the soon to be regular provincial government body would be tasked, among others, to perpetuate and promote Cavite's culture, heritage and history, most especially on General Emilio Aguinaldo, and the other revolutionary heroes.

Organized by the Cavite government through the Provincial Tourism Office, in collaboration with the Dept

of Education (DepEd) School Divisions of Cavite and Cavite Historical Institute (CHI), the conference was staged to build up activities in line with Aguinaldo's 150th birth anniversary slated March 22 next year.

The PTO's establishment into the Provincial Tourism and Cultural Affairs Office (PTCAO) is pursuant to Provincial Ordinance No. 217, introduced and sponsored by First District Board Member Ryan R. Enriquez and co-sponsored by all SP members.

Sangalang said the provincial legislation was crafted in response to Cavite's increasing tourism projects and programs, including culture and arts preservation and the province's promotional activities to achieve socio-economic and sustainable development.

"We are currently in transition and are completing the various activities lined-up for this year," Sangalang said, citing PTCAO's orderly delivery of services in tar-

geting next year's full-blown operations.

Cavite Governor Jesus Crispin Remulla has approved the ordinance last Oct. 8 and is now on its preparatory stage to attain a full provincial department headed by a Provincial Tourism Officer (PTO).

PTCAO will serve as the primary planning, programming, coordinating, implementing and regulatory agency of the provincial government in the development and promotion of the tourism industry, both domestic and international.

It encompasses various cultural affairs in the province in accordance with R.A. 9593, otherwise known as the Tourism Act of 2009 and would be responsible in policy formulation and conceptualization of plans and programs on tourism and cultural product development and promotions.

The office is also tasked to coordinate with local government units (LGUs) and national government agencies for the integration of provincial tourism and cultural agenda through development plans.

The newly-created tourism culture and arts office shall also be responsible to oversee provincial government-owned tourism facilities, monitor standards and accreditation of tourism-related establishments and services, supervise various cultural affairs that promote and preserve cultural heritage and growth of the province; as well as develop partnership and establish linkages between local government units (LGUs) and stakeholders in the sectors of culture and tourism.

PTCAO's creation is in line with the provincial government's thrust to develop tourism as a major and sustainable socio-economic activity in the province, generate community awareness and support on tourism and develop culture of tourism among Caviteños and to maximize Cavite heritage, culture and arts development as a foundation of tourism in the province.

It is also geared towards the promotion of cultural heritage growth and preservation, capacitate of various tourism industry stakeholders, establish linkages and partnerships with other agencies and the private sector and generate sus-



IMUSEÑOS THANK GOV. REMULLA FOR UGNAYAN SA BARANGAY: Blessings overflow to Imuseños as the provincial government of Cavite spearheaded the Ugnayan sa Barangay on November 20, 2018 at the covered court of Abad Homes Subdivision in Barangay Medicion I-B. Congressman Alex Advincula, Vice Mayor Ony Cantimbulan together with Team One Imus joined Governor Jonvic Remulla and Vice Governor Jolo Revilla on providing assistance to constituents while hearing out the needs, especially those of the concerns of senior citizens. With messages of hope brought by guests and other city officials, thousands of Imuseños who attended the event and received packs of rice went home happy, inspired and motivated to cooperate on programs of the community that will uplift their lives. —(PICAD)

BUHAY-KARERA

MARLON BAGUS

0999-7060160

email: champ22mb@gmail.com



OBRA MAESTRA, NAGWAGI

Nanalo pa rin ang kabayong si Obra Maestra sa kabila ng dalawang beses niyang pagkasubsob mula sa paglabas sa aparato sa naganap na 2018 PCSO 'Special Maiden Race' na idinaos sa karerahan ng Metro Turf sa Malvar Batangas. Mabuti na lamang na naging alisto at malakas ang braso ng hinete niyang si Jesse Guce at naagapan kaagad sabay galaw sa ibabaw kaya maagang nakaagapay sa bumanderang si Mood Swing ni Amon Raquel Jr. Dahil sa maagang nagalawan at kumamot si Obra Maestra ay naagaw kaagad nila ang bandera bago pa man pumasok sa ultimo kuwarto (400 meters) ng laban sabay kaunting galaw pagsungaw sa rektahan kaya biglaang lumayo na sa kanilang mga nakalaban. Pumangalawang dumating sa meta ang segundo liyamadong si Claudia's Pride ni Deo Fernandez, pangatlo ang kay Amon Raquel Jr. at pumang-apat si Dugong Bughaw ni Carlo Saulog Pare Jr. Naorasan ang tampok na pakarerang iyan ng PCSO sa tiyempong 1:11.6 (23'-21"-26") para sa distansiyang 1,200 meters. Makakatanggap naman ang proud owner ni Obra Maestra na si Mayor Sandy Javier Jr. ng halagang P780,000 at breeder's prize na P65,000 bilang primera premyo na magmula sa tanggapan ng PCSO na patuloy rin na sumusuporta sa industriya ng lokal na pakarera sa ating bansa.

'Modus' ng mekaniko, bistado

ARESTADO ang isang 47-anyos na engine mechanic nang mabuking na ang pangalang kanyang ginamit upang makapagsanla ng lupa ay matalik na kaibigan ng mismong pinagbebeentahan nito sa Naic, Cavite.

Hawak ng Naic Municipal Police Station ang suspek na si Marlon Agasam, binate, ng 31 Aquino St. Brgy. Pinagbuklod, Imus City, Cavite dahil sa reklamo ni Nicasio Torres, 69, negosyante ng Brgy. Kanluran, Naic.

tainable influx of tourists in the province.

The department will have 3 main divisions, one being the research, planning and tourism product development division which provide support services in the areas of policy formula-

Sa ulat ni PO3 Richard Atienza, ng Naic Municipal Police Station, nagsangla umano si Agsam sa biktima ng isang Certificate of Land Title na may 250 square meters na lupa na matatagpuan sa Brgy. Calumpang, Lejos, Indang, Cavite na nagkakahalag ng P350,000.

Nagpakilala umano ang suspek na siya si Valiente F. Cruto at nagpakita pa siya ng isang Postal ID ng gayunding pagalan.

Lingid sa kaalaman ng suspek na kilala ng biktima

at matalik nitong kaibigan si Valiente F. Cruto na nagtrabaho ito sa ibang bansa dahilan upang ipagbigay alam ito sa pulisya.

Dakong alas-3:00 Martes ng hapon nang isagawa ang entrapment operation at sa aktong tinatangap ng suspek ang P350,000 sa biktima ay inaresto ang una.

Paglabag sa Estafa thru Frau ang isinampang kaso laban sa suspek sa Cavite Provincial Prosecutor's Office. **GENE ADSUARA**

agencies, local communities and other stakeholders in the industry.

Other divisions include tourism services, promotions and cultural affairs; and administrative management. (PNA)



SUNSHINE CRUZ, MAY KARAPATANG LUMIGAYA

BAWAT isa sa atin, artista o karaniwang indibidwal lamang at kahit ano o sino pa man, ay mayroong karapatang lumigaya.

Kagaya ni Sunshine Cruz, ang lahat ng karapatan ay nasa kanya upang siya ay lumigaya.

Masasabi bang dagok o kabiguan ang pinagdaanan ng aktres sa piling noon ni Cesar Montano?

Kung ano pa man ito ay

tapos na ang lahat, heto na ang ngayon o ang kasalukuyan.

Let's take a look with Sunshine, sobrang pretty at walang kakupas-kupas ang kagandahan at kaseksihan.

Parang hindi nagkaanak o mistulang dalaga pa rin ang aktres.

All because is masaya o maligaya si Sunshine sa kasalukuyang estado niya.

Karapatan ni Sunshine ang maging maligaya kaya



tama lamang na nakabukas ang kanyang puso.

Walang itinatago at buong ipinagmamalaki ng aktres ang relasyon niya sa ngayon kay Macky Mathay.

Sige nga, bawal ba? Masama bang mak-

ipagrelasyon o makipagno-byo si Sunshine?

No, no, no... Tama lang lalo at walang bisa ang kasal nila ni Cesar.

Go lang Sunshine, be happy.



@@@
WALA SA BOKABULARYO

NI WILLIE REVILLAME?

Nabanggit lang din natin ang mga Mathay, ano kaya ang magiging pinal na desisyon ni Chuck Mathay?

Nov. 26-Dec.2 po ang issue ng aming dyaro, kaya naman sinusulat ko ito ay nag-aabang tayo.

Kung ito bang si Chuck ay aatras sa kanyang kandidatura bilang alkalde ng Quezon City.

Hanggang Nob. 29 lamang ang ibinigay na taldang araw ng Commission on Elections para sa

mga unang nakapaghain ng certificate of candidacy na makapagpalit ng itatakbo niya o nila sa puwesto.

Wala namang say si Ara Mina hinggil dito, ama ng aktres itong si Chuck.

How about Willie Revillame? Knowing na marami ang nais na maupo bilang 'ama' ng lungsod ang 'Wowwowin' host.

Iyon nga lamang ay wala sa bokabularyo ni Willie ang pagpasok sa pulitika.

Sabi ko nga, hanggang Nob.29 pa kaya mag-aabang-abang na lamang po tayo.



@@@

CONGRATS CHRISTIAN

Batiin natin ang singer-actor na si Christian Bautista sa pakikipag-isang dibdib sa kanyang non-showbiz girlfriend na si Kat Ramnani.

Last November 17 ang kasalan na ginanap sa Ocean Chapel sa Tirtha Uluwatu Resort, Bali, Indonesia.

Humayo kayo at magpakarami, hahaha....

MANANANGGOL

Sa panulat ni Kuya Arman

(ika-91 labas)

BUO naman na ang pasya ni Dagul na kung hindi kakagat sa last card ay iwan at bibitiwan na niya si Caloy.

Ang mahalaga naman sa kanya ay nalaman na niya kay Caloy ang tungkol kay Aling Tita.

Pero kahit paano ay mahalaga pa rin kung ano na ba talaga ang estado ng naipundar na ari-arian ni Aling Tita.

"Sabihin mo na Caloy kung nasaan ang passbook at ang titulo ng lupa."

Bitin na bitin si Dagul dahil wala namang binabanggit na payak na kasagutan si Caloy.

"Sa ano po 'atorni, naroon po sa ano."

Puro ganito ang ibinubuka ng bibig ni Caloy at hindi mabanggit-banggit ang eksaktong kinatalagan ng hinahanap at tinatanong sa kanya ni Dagul.

"Naglolokohan na lang yata tayo Caloy eh, marami pa akong gagawin at aasikasuhin."

"Inuna lamang kita dahil humingi ka ng tulong sa akin na gusto mong makalabas d'yan sa kulungan."

"Alam na alam kong alam mo kung nasaan ang mga hinahanap ko sa'yo."

"Pero ayaw mong

sabihin kaya 'di naman kita pinipilit kung ayaw mong magsabi."

"Humanap ka na lamang ng ibang abogado na maaaring makatulong sa'yo."

Hindi naman napipika o nagagalit si Dagul pero ayos lang naman sa kanya kahit hindi magsabi si Caloy.

"Kahit nawala na ang mga ari-arian ni auntie o pati mga savings niya ay 'di naman mahalaga pa 'yun."

Bumubulong-bulong si Dagul sa sarili, para sa kanya kasi ay magagawa naman nilang palitan ang mga iyon.

Lalo at nakasuporta at handa ring tumulong ang mga kapatid niyang sina Bert at Jerome.

"Sakali kuya na ayaw talagang magtapat at magsabi ng Caloy na 'yun ay wala namang problema."

"Pagtulong-tulungan nating tatlo na makapagpundar para kay auntie."

"Ang mahalaga ay nakita na natin si auntie at alam kong gagaling s'ya."

Habang hinihintay ni Dagul ang kasagutan kay Caloy ay saglit na naalala niya ang usapan nilang magkakapatid.

(Sundan)

Pahiram ng Oras

ni Ate Josie

(ika-92 labas)

IKINUWENTO ni Kardo ang naging eksena sa huling araw ng kampanyahan.

Pero ligaw o lihis ang mga kuwento ni Kardo at mabuti na lamang at hindi masyadong interesado si Lyka.

"Nagpaalam lang ako kay Inday na aalis lang ako at gagabihin na ng uwi."

"Katwiran ko sa kanya eh ayokong maghintay ng counting o bilangan ng boto."

Nagtataka lamang si Lyka at nagawang makapunta sa kanya ni Kardo.

Samantalang araw mismo ng botohan iyon na dapat ay naroon lamang sa kanila si Kardo.

"Bilib naman talaga ako sa'yo at mahusay ka na sa pagpapalusot, 'buti at 'di na masyadong nag-usisa 'kumander mo?'"

"Pero masaya naman ako at napadalaw ka sa amin ng anak mo ngayon."

"Alam mo bang 'di ko naman inaasahan na darating ka ngayon eh."

"Ang expected ko after ng election ay mga ilang araw ka pa makakabisita rito."

"Kargahin mo muna 'tung anak mo at mag-aasikaso ako ng makakaian natin."

"Tamang-tama at mayroon akong stock sa ref ng paborito mong ulam, 'yun ang lutuwin ko."

Aawatin sana ni Kardo na kumilos si Lyka at sasabihan na sa kasambahay na lamang ipagawa iyon.

Pero mas gusto ni Kardo na mismong si Lyka ang magluluto dahil tiyak niyang masarap.

Marunong din naman si Inday sa pagluluto subalit mas nakakalamang si Lyka.

Kaya naman hinayaan na lamang ni Kardo na kumilos at nilibang na lamang niya ang sarili sa kanilang anak.

"Hay...grabe ang busog ko. The best ka talaga magluto, talungtalo mo s'ya."

(Itutuloy)

HUNDREDS OF CAVITE MSMES JOIN E-COMMERCE AND DIGITAL MARKETING FORUM

General Trias City, Cavite (PIA) – Almost 200 entrepreneurs participated in the recently conducted E-Commerce and Digital Marketing Forum for Cavite MSMEs at Gen. Trias Convention & Cultural Center here.

The forum with the theme “Engaging Consumers through Digital Marketing,” was initiated by the Cavite Information and Communications Technology Council (CICTC) in cooperation with the Provincial Information and Communications Technology Office (PICTO).

CICTC President Teresita Leabres welcomed the guests and participants, encouraging them to take advantage of the information that could be learned from the topics for discussion during the program overview which was presented by CICTC Board of Adviser Engr. Nelson Remulla.

Department of Information and Communications Technology (DICT) Regional Director Engr. Reynaldo Sy who represented Usec Monchito Ibrahim delivered the secretary’s message which gave emphasis on the “technical training and services that the agency can provide in today’s changing world due to technology.” He added that with digital technology, MSMEs would be able to improve their business and grow economically.

DICT Senior Planning

Officer, ICT Industry Benchmarking and Promotions Division, Yvette Cabrera explained the objective of the DigitalcitiesPH (a website that assesses and ranks cities according to their viability as the next growth center in the IT-BPM sector), as well as DICT’s role in the ICT industry and countryside development.

Cabrera stressed that aside from the training and information provided by DICT, it is still “one’s passion and commitment” that will secure the success of every businessman be it online or not. He assured “that DICT will continue on educating and capacitating individuals to uplift the lives of the people, especially for those fascinated in the digital world.”

Representing Mayor Dahlia Loyola was Carmona ICT Officer, Angelo Macha who proudly shared Carmona’s best practices and projects which include the Community E-Center, ICT tutorials, auto cad training, laptop loan assistance and many other sustainable programs that continue to help the residents to be technologically competitive, confident, and productive towards a gainful employment or be economically independent.

During the program,

Rural Impact Service Technical Training (RISTT) scholars from Carmona namely: Marissa Caasi, Vilma Lastimado and Janine Vicente were introduced by Mr. Macha who shared their success stories.

Caasi provided for her family through her online job earning income within the confines of their home while Janine Vicente shared that working as online freelancer gives you the luxury of time.

She stressed that responsibilities are not that easy and discipline can truly turn ability into achievement.

RISTT MSME Partner from Bacoor City Vilma Lastimado who is the manager of PJJ Tours presented the advantages of being accredited by the Department of Tourism and how social media and digital marketing helped their business with increased sales and public trust.

The program also gave way for the Department of Trade and Industry, the Department of Science and Technology, and the Technical Education and Skills Development Authority to present their programs and projects in support of the ICT industry. **(Ruel Francisco, PIA-Cavite/with reports from PICAD)**

DOH and PSH signs MOA on CVD Risk Assessment and Management for CALABARZON

DOH-CALABARZON (Cavite, Laguna, Batangas, Rizal, Quezon) and the Philippine Society of Hypertension (PSH) yesterday signed a Memorandum of Agreement (MOA) for the launching of a program that aims to improve cardiovascular (CV) Risk Assessment and Management through expanded implementation of the Philippine Package for Essential Non-communicable Disease interventions in selected areas of the region to help build a strong foundation for primary prevention strategies among health workers and primary care physicians in the community including those in the private sector.

“With this program we will be setting up standard rules and regulations and hope that it will become a national policy for the benefit of the people that we serve. Let us give them justice because they need and expect better service from us. And we need to start it now with DOH, PSH and the support of Pfizer through this collaboration we can make this happen,” Regional Eduardo C. Janairo stated during the

MOA signing held at Novotel, Cubao, Quezon City.

“There are certain risk factors that precede deaths caused by hypertension, high blood and even chest pain, hence, there is an opportunity for early intervention; These indicators will be used to control the CV prevalence in the country the soonest possible time,” he added.

DOH listed cardiovascular diseases (CVD), cancers chronic respiratory diseases and diabetes (DM) among the leading causes of mortality in the country. These are known as Lifestyle Related Non-Communicable Diseases (NCDs), particularly because they have common risk factors which are to large extent related to unhealthy lifestyle.

According to Philippine Hypertension Society President Dr. Alberto A. Atilano, they will strongly promote and encourage the advancement of scientific research and knowledge and its application to the prevention and management of heart disease and stroke in hypertension and related CVDs in the Philippines.

Under the MOA, the Program shall focus on the objective of providing total CV risk assessment of hypertensive patients in the identified pilot areas for appropriate management or timely referral. The Program components shall consist of education and training information dissemination, service provision and health monitoring.

Janairo added that the regional office will secure commitment from private hospitals and government corporations in the pilot areas to participate in the program. “We will review the Philippine Package of Essential NCD (PhilPEN) processes and areas for improvement to adapt a program appropriate for the participating hospitals/clinics”.

Also stated in the MOA is the development of a training curriculum based on PhilPEN; establish baseline statistics/disease distribution in the chosen pilot areas; conduct PhilPEN Summit; train participating healthcare practitioners; implement the program; and monitor and evaluate the program.



DOH CALABARZON Regional Director Eduardo C. Janairo and Philippine Society of Hypertension President Alfredo A. Atiliano signs the Memorandum of Agreement for the launching of a program that aims to improve cardiovascular (CV) Risk Assessment and Management through expanded implementation of the Philippine Package for Essential Non-communicable Disease interventions in pilot areas of CALABARZON held at Novotel, Quezon City on November 19, 2018. (L-R) With DOH CALABARZON Medical Officer III Marilou R. Espiritu, Assistant Regional Director Noel G. Pasion, PHS Vice President Leilani B. Mercado-Asis and PSH Treasurer Dolores D. Bonzon as witnesses. **BOY NAMORA**

Local stakeholders attend “E-Power Mb” multi-sectoral forum

SARIAYA, Quezon (PIA)- A total of 350 attendees composed of students, barangay officials, officers and members of Gilas-Sariaya attended the “E- Power Mo” multi-sectoral forum at Sariaya Sports Complex, Sariaya, Quezon recently.

The forum, which aims to educate the local residents of this town on energy conservation and efficiency, was organized by the Department of Energy (DOE) and the Philippine Information Agency (PIA)-

Quezon, Region-4A in cooperation with the municipal government of Sariaya.

Resource speakers in the forum were Engr. Mark Angelo de Guzman and Engr. John Salamero of MERALCO-Lucena City who discussed the tips on energy conservation and efficiency while Anna Lisa Ramos also from MERALCO-Lucena City explained MERALCO-Online.

An open forum followed after the discussion of resource speakers where

questions asked by the attendees were answered by the speakers.

PIA-Quezon Infocen Manager Joselito Giron, in his closing remarks, thanked Sariaya Mayor Marcelo Gayeta and the media practitioners composed of Celine Tutor and King Formaran of Monday Times and Rustom Alvarez of Radyo Pilipinas-Lucena City for supporting the forum. **(Ruel Orinday, PIA-Quezon)**

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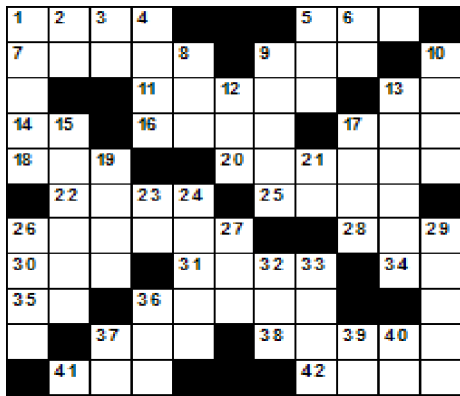
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CROSSWORD



- PAHALANG**
- Pinaikli at gamit sa tula
 - Lalo
 - Ligaya
 - ___Gear; anime
 - Dali-dali
 - Tipo ng dugo
 - ___
 - Filibusterismo; nobela
 - Kasalungat ng mayron
 - Isang probinsya sa Pilipinas pag inulit
 - Titik sa lapida
 - Ihatid
 - Manipis na pang-atip sa galbanisado
 - Isang bansa sa timog kanlurang bahagi ng Asya
 - Kamoteng-kahoy
 - Big___; isang tali
 - Sinisa
 - Mabutong prutas
 - Isang pang-ukol
 - Simbolo ng Beryllium
 - Gayahin
 - Makapangyarihang bansa
 - Pagsasa-ayos ng tunog ng piyano
 - Primera
 - ___da Bakod; tv show

- PABABA**
- Ang kabiserang lungsod nito ay Niamey
 - Simbolo ng silver
 - Pananong na kataga
 - Hindi gusto
 - Dating tawag sa NAIA
 - Simbolo ng argon
 - Barkilyos
 - Tawag sa nakatira sa Middle East
 - Hayop sa himpapawid
 - Al___; isang lungsod sa Saudi Arabia
 - MS. Morisette; mang-aawit
 - Susi
 - Tangis
 - Nangangahu lugang bigat sa kastila
 - Kasalungat ng PM
 - Simbolo ng radium
 - Pangulo ng US
 - Korporal
 - Isang pangkat-etniko na nasa Panay sa Kabisayaan
 - Isang pulo sa kabisayaan
 - Negrito
 - Nasa kamay
 - Unang bilang
 - Istasyon sa LRT-1
 - International Business
 - Northeast

- PAHALANG**
- Pulgada
 - Pihikan
 - Tangway sa Japan
 - Alaska; daglat
 - Simbolo ng Lanthanum
 - Umigib; ibang anyo
 - Log-out
 - Oman; daglat
 - Ina ni Birheng Maria
 - Una sa takdang oras
 - Guhit
 - Ang pinaka malaking ilog sa mundo
 - Isang pang-ukol
 - Ingay ng daga
 - Masyadong mabilis
 - Sining ng Pag-ukit
 - dating kalihim ng DOH
 - Nanay
 - Pananong na kataga
 - English; daglat
 - Sakit ng tiyan
 - Kurso sa STI o AMA
 - Rhode Islands
 - Taba ng alimango
 - Gapas
 - Daloy

- PABABA**
- Pera sa Iraq
 - Sangkap ng tinapay
 - Posisyon
 - Buti
 - Surisong pinausukan at nilagyan ng pampaanghang
 - Alingawngaw
 - Pamalit sa kabiguan
 - Gayundin
 - Itlog ng babae
 - Simbolo ng Gallium
 - Mr. Taulava; basketbolista
 - Hindi ikaw
 - Diyos ng kagandahan at pagnanais sa mitolohiyang Griyego
 - ___b___, kuneho
 - Kasalungat ng off
 - Kaliglig
 - Kumanta ng Taralets
 - ___e___; sakit galing sa katag ng aso
 - Ganyan ka pala!
 - Yata; ibang anyo
 - Panahon
 - Isang komunidad sa Georgia sa USA



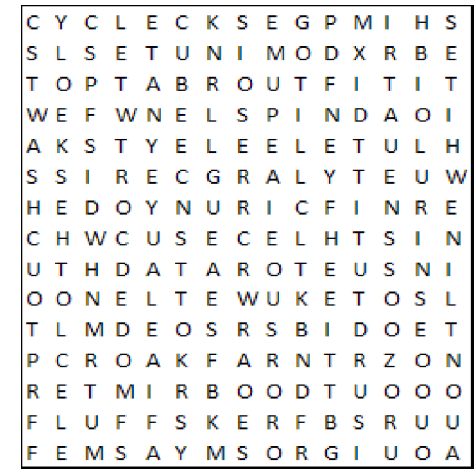
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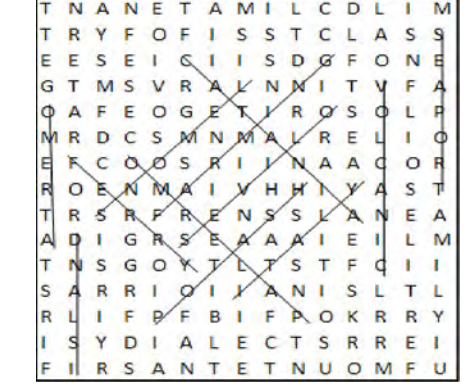
- ARMOR BATTLE CASTLE CREST
 DRAGON FIGHT FLAG HELMET
 HERALDRY HONOR KING MAIL



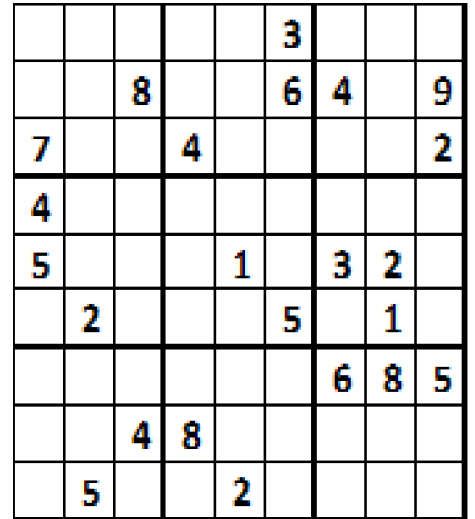
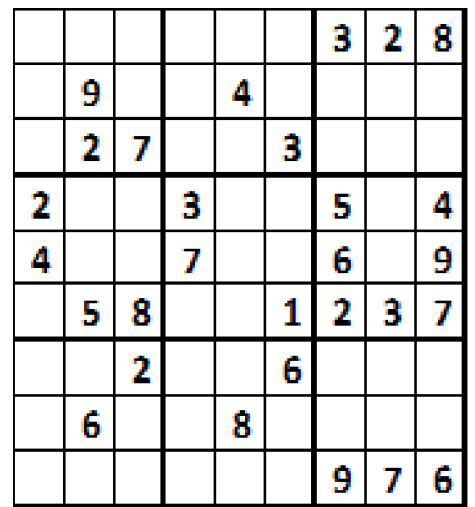
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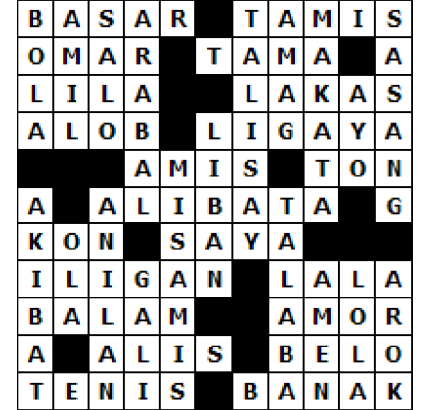
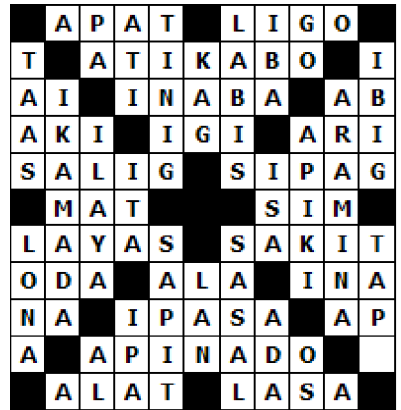
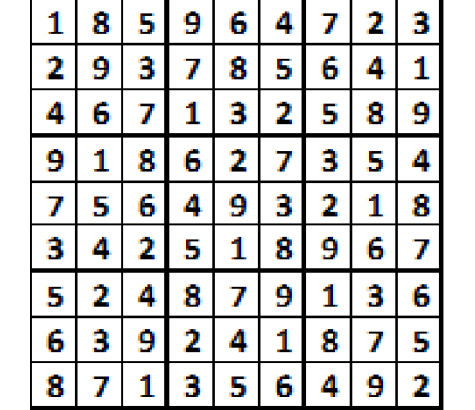
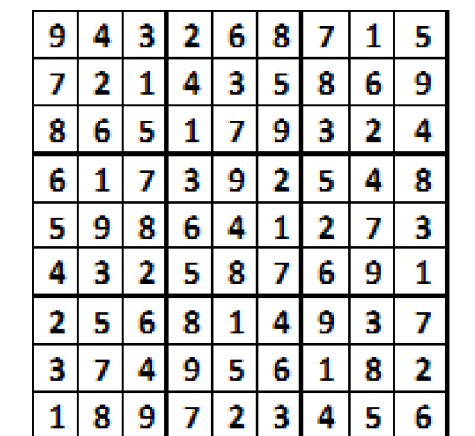
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ORGANIZER NG GAY CONTEST SA CAVITE, KALABOSO

HINDI nakaporma ang isang 24-anyos na organizer ng isang pam-beking contest nang palibutan siya at bitbitin sa presinto ng mga nanalo sa patimpalak matapos na ibulsa nito ang tinatayang P90,000 cash na papremyo sa Bacoor City, Cavite.

Nakakulong sa Bacoor City Custodial Center ang suspek na si Adrian Songco, alias Duke Adrian Kim Songco Feliciano, founder ng Cavite Bisexuals na may tanggapan sa Brgy. Muson San Jose City, Bulacan at residente ng 189 Ledosaren St., Brgy Bucal, Silang Cavite dahil sa reklamo nina Gretes Cunanan, 23; Jerome Mantilla, 31; Wency Villanueva, 23; Marlon Beambeam, 21; Bon Sydney Cabigao, 21 at Jarrel Ramitere, 21, pawang mga

nanalo sa Mr and Ms Cavite Bisexual.

Sa reklamo ng mga biktima kay SPO2 Michael Legaspi Jr., ng Bacoor City Police Station, dakong alas-9:00 ng gabi noong Sabado nang ginanap ang patimpalak para sa Mr and Ms. Cavite Bisexuals – HIV Ambassadors 2018" sa Bacoor City Strike Gymnasium sa Brgy Bayanan, Bacoor City.

Gayunman, matapos ang patimpalak na inabot ng hanggang alas-3:00 Linggo ng madaling araw at ipahayag ang mga nanalo ay hindi ibinigay ang kanilang napanalunan na umabot sa halagang P90,000 dahilang upang sugurin nila ang suspek at binitbit sa presinto.

Estafa ang isinampang kaso laban kay Songco. **GENE ADSUARA**

Rider, patay sa 'semplang'

PATAY ang isang 42-anyos na motorcycle rider nang sumemplang ang minamaneho nitong motorsiklo sa gilid ng kalsada sa Bacoor City, Cavite Martes ng gabi.

Natagpuan na lamang ang wala ng buhay na katawan ng biktimang si Kenneth Claveria, may-asawa, ng 65 Mathew St., Duplex Subd., Brgy. Molino 4, Bacoor City.

Sa ulat ni PO1 Edilberto Reyes, Jr., ng Bacoor City Police Station, dakong alas-11:30 ng gabi nang naganap ang insidente sa Molino-Paliparan Road sa harapan ng Sitio Mataas na Sampaloc, Brgy Molino 4.

Sa inisyal na imbestigasyon, hinihinalang sumemplang ang minamanehong kulay metal gray na motorisklong Yamaha ng biktima na nagtamo ng mga sugat sa katawan.

Nitong Linggo lamang, 1 ang namatay sa Trece Martires City habang 1 ang nasugatan sa Dasmariñas City dahil sa insidente ng motorsiklo.

Ang bagkay ng biktima ay dinala sa Mesina Funeral Homes para sa awtopsiya at safekeeping. **GENE ADSUARA**

25 'tulak' nasabat

NADAGDAGAN na naman ang bilang na mga presong magsisiksikan sa masikip at kulang sa benti-lasyon sa mga Custodial Center makarakaang dalawampunt limang hinihinalang tulak sa ipinagbabawal na gamot ang dinampot ng Cavite police sa magdamagang buy-bust operation sa magkakahiwalay na lugar sa probinsiya.

Sa ulat, ikinasa ng mga elemento ng Drug Enforcement Team ng Cavite police at Philippine Drug Enforcement Agency (PDEA Pro4) ang buy bust operation sa pagitan ng alas-7:30 ng gabi hanggang alas-4:30 ng madaling araw sa magkakahiwalay na lugar sa Cavite.

Sa Imus City ay isinagawa ang buy bust operation sa Greencity Subd Brgy. Malagasang 2-A at

Villa De Primarosa Phase 5 Brgy. Buhay na Tubig na nagesulta sa pagkakaaresto ng 6 na suspek.

Ikinasa naman ang buy bust

operation sa Brgy Buro 1 Dasmariñas City na nagesulta sa pagkakaaresto sa 5 hinihinalang tulak.

Isang 68-anyos na lolo na kilalang si Rafael Ocampo ang naaresto naman sa isinagawang buy bust operation sa Belmont Homes Brgy. Halang, Naic habang 4 na iba pa ang dinampot sa Daang Sabang Brgy. Sabang at Brgy. Bancaan.

Sa Tanza, 6 na katao naman ang pinagdadampot sa ikinasang buy-bust operation sa pamumuno ni Supt. Freddie Dantes, hepe ng Tanza Municipal Police Station, sa Brgy. Punta 1.

Dalawa naman ang binitbit sa buy bust operation sa Brgy. Panapaan 4, Bacoor City; at isa naman sa Brgy. 41, Cavite City ang dinampot sa buy bust operation.

Nakuha naman sa isinagawang buy bust operation ang mga drug paraphernalias at buy bust money. **GENE ADSUARA**



Balitaan sa Maynila- Naging panauhin sa forum sina Mr. Orlando Marquez presidente ng Liga ng mga Tsuper Operators ng Pilipinas (ikalaw mula kaliwa), Mr. Jess Aranza ng Anti-Crime Council of the Phil. At Rep. Salvador Belarzo, Jr. ng 1-Ang Edukasyon. Nasa larawan ang dalawang moderator ng forum na sina Angelo Almonte at Dave Veridiano. Tuwing araw ng linggo ginaganap ang forum sa Tinapayan Festival (The House of Bread) nasa kalye Dapitan kanto ng Don Quiote, Sampaloc, Maynila. (FREDDIE M. MANALAC)



PGC DISTRIBUTED MOTORCYCLE UNITS TO PAF: In order to reinforce the safety and security in the province, the Provincial Government of Cavite led by Governor Jesus Crispin "Boying" C. Remulla spearheaded the distribution of five (5) motorcycle units to Philippine Air Force (PAF) received by LTC Engelberto A. Nioda Jr., PAF-Group Commander 730th Combat Group and 2LT Gilbert A. Maramag, PAF-Director for Materiel 730th Combat Group on November 19, 2018 at the Provincial Capitol Grounds in Trece Martires City to attend on their constituent's needs during calamities and emergencies. Beneficiaries confirmed their commitment that the units provided by the government will be used in strengthening the surveillance and promoting the peace and order in the community. — (PICAD)

HANEP

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Gising 24-oras; judge, nasaan na ang tunay na hustisya?

ANG mamamahayag ay kabilang o isa sa mga propesyong maaaring sabihing gising 24-oras o ang 24/7 na pagbibigay serbisyo o pagtupad sa tungkulin.

Literal na bawat tao ay nagpapahinga o natutulog kahit ano pa man ang katayuan o maging pangulo ng bansa.

Nangyayari ang pagbabakasyon o paglilibang subalit sa isang sulok ng isipan ay daladala pa rin ang iyong propesyon bilang isang mamamahayag.

Nasa kasagsagan ka ng pahinga o bakasyon subalit bigla-bigla o hindi inaasahan ay darating pa rin ang 'tawag' ng tungkulin.

Mas lalo siguro ang mga mahuhusay nating judge na mistulang kulang ang 24-oras o isang araw sa kanila sa pagtupad sa trabaho nila.

Maaaring habang kumakain o bago matutulog ay nagtatrabaho pa rin dulot ng napakaraming kasong hawak na pinag-aaralan.

Napakaselan ng tungkulin ng bawat huwes dahil sa ilalabas nilang hatol o desisyon nakasalalay kung tama o mali ba at maituturing na makatarungan.

Kagaya sa aming mga weekly newspaper na naghahain sa mga korte ng aplikasyon para sa akreditasyon o re-accreditation upang mapabilang sa judiciary o le-

gal notices raffle, natural na nasa kamay ng mga hukom ang pagpapasya.

May akma ng batas mula sa Kataas-Taasang Hukuman na ipinatutupad hinggil dito.

Ako na bago pa lamang sa larangan bilang isang publisher ay hindi pa ganap na aral o wala pang sapat na kaalaman para sa nasabing batas.

Mahirap magdunung-dunungan lalo at usaping legal na dapat bago sumabak sa ano mang argumento ay kumpleto sa kaalaman na kumbaga sa giyera bilang isang sundalo ay sapat ang kagamitan o mga armas.

Maaaring ang isang judge bukod sa naturang batas ay may karapatang magdagdag ng kanya o kanilang sarili pang ibang mga alituntunin.

Sakaling ito ay kuwestyunable, makabubuting 'dalhin' sa wastong kinauukulan para mabigyan ng kaukulang kasagutan at aksiyon na nararapat.

Walang sino man ang hindi handag ay tamang katarungan lalo at alam mong ikaw naman ay nasa tama.

Masakit nga lamang sabihin na kung minsan ang batas ay hindi ganap na pantay o parehas na naipapatupad.

Kaya ang tanong sa ating mga pinagpipitang judge, nasaan na ang tunay na katarungan o hustisya?

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